

HIGHLIGHTS OF 2010

—Toni Morgan died. So did Ruth Putnam.

--Wilma, Lettie and I went to Idaho guests of Shirley Olson and Wanda Wood, Popes. Shirley and Wanda wanted Neva's four siblings to share early memories of Neva. On our way home stopped at Bryan and Tina Smith's Open House for their new home. Impressive. Shirley spent about a week with me. Such a special person.

--June mammogram showed questionable tissues in right breast; another mammogram. Determined might need a surgical biopsy. Consultation with Dr. Regina Rosenthal who did my lumpectomy and Dr. Schlisman suggested waiting for six months and another mammogram. Proved to be a good decision as another mammogram in December showed no further change and suggested another in a year.

--Diagnosed with clogged arteries; surgery too risky. More meds. Currently wrestling with high blood pressure.

--Jo Jones and a relative of her late husband Fritz were in Salt Lake en route to Yellowstone. Went to the tabernacle broadcast and later dinner with them. Jo is such a charming person.

--Barbara Quadri spent a night with me. Earlier her husband, Abe, and Pam Warner spent a night with me while they attended a seminar.

--Robbie and Anne Robertson moved back to Virginia. He died a week before Christmas. I miss them greatly.

--Wilma spent Christmas with daughter, Paula and I spent Christmas with Willmores.

--Wanda Wood moved in with me in September. Back and forth to Orem. Very successful with Sparrow genealogy.

1 JANUARY 2010, FRIDAY

Slept long and well. Did laundry, changed bedding. Visited Alice m. Didn't sleep well; heart problems. Had lunch with Wilma and her family (12) at Little America. Prices have gone up. She and I shared a liver lunch. Got home about 3:30; a nap. Visited Betty J. Paula came over; took quite a number of Christmas tree decorations. Gave her a couple of other things: a pie server, monkey pod salad server set and the ceramic Girl in Prayer. She seemed pleased. A sweet young woman.

Talked to Wanda W. And Becky J. Watched Julia Andrew M.C. the Vienna New years Eve concert. Beautiful. Anne R. Gave me some black eyed beans.

BLESSING: Seeing Wilma enjoy her family.

2 JANUARY 2010, SATURDAY

Ruth Putnam's viewing. Probably would have gone if I wasn't picking Gladys up at 11:15. She was on time. Home with a cough, broken glasses. Had a nice time but seemed to be glad to get home. Read short Christmas stories in my Christmas folder and filed them away. Wrote Shirley Olson and sent her Clive's Christmas letter. A good nap. Talked to Don Wilmore and Vivian Pope. Luke did receive his endowments today. His dad drove from Colorado to be with him. Averaged up my electric and phone bills for the year. Shredded 2009 bills. Ate most of the black eyed peas Anne R. gave me. Ono. She also brought a samosa that I imagine Dava A. Made. Ono. Watched the DVD Gay loaned me. Quite cute. A Christmas Story about a nine year old boy in the '50's. visited with Betty and Alice M.

BLESSING: Roads snow free when I picked Gladys up at the airport.

3 JANUARY 2010, SUNDAY. Papa's birthday. 115...

Another three o'clock wakefulness. Sat by Cher Painter in Sacrament meeting; such a nice person. Dorothy Andrews was there. Gave me a thank you note; on envelope: Mary Ann harper. That's al right. A new member bore her testimony in RS and commented on how thrilling it was to be in a ward where people "rushed up" to bear testimony. Linda Stewart gave RS lesson on setting goals. Brother Grismore taught the Gospel doctrine class.

An hour's nap and home and visiting teachers came. Talked to Fullmers and Wanda. Naomi Jergensen called. Julia Carver is in LDS Hospital; blood sugar was very high, erratic. Talked to her. Made a few preparations for Paula and family lunch tomorrow.

BLESSING: (for Julia) Naomi J.'s friendship in the truest sense.

4 JANUARY 2010, MONDAY

Wonderful night's sleep. Fun to have Paula, Adam and children. The latter enjoyed the magnetized marbles. Left at noon on the dot. Felt a little faint as I finished cleaning up after Paula et al left. By the time I cleaned up Lidia Rawska called to see if I would take dinner to the Jewkes. Thanks to my "cupboard" and Vivian and Clive's potatoes and carrots I made a stew.

And visited Julia at LDS. Reed, her nephew, was there trying to find a place for her to go. After FHE Naomi J. Told me she has gone to Highland Care Center. Janice was hostess for FHE.

BLESSING: was able to get dinner for Jewkes and visit Julia.

5 JANUARY 2010, TUESDAY

woke about two; finally got up at five. Did sheets on double bed. Picked up AnneMarisse at 7:40 and after I dropped her off at SL Community college I did ten initiatory. Very few patrons when I went in but loaded as I left just before ten. Via Credit union and the DI truck in stake center parking lot. Couldn't get in it so will take my bag to DI myself. Lunch and a long nap. Ruby Haws called. She had surgery on a clogged neck artery New year's Eve. Long visit. What a

5 JANUARY 2010, cont.

good woman she is.

Learned Anne R. Will be attending a funeral Thursday. She will be missed. Jane Berry, Frances Hutchens, Betty Johnson, Jan McMillan will be there. I do hope there will be a decent attendance. Ann hamby called re taking a class at a time. I'm pleased she will be attending.

Talked to Naomi J., Julia C., Winnie M., Wilma H. And Lettie W.

Blessing: WAS ABLE TO TAKE Annemarissee to school and go to the temple.

6 JANUARY 2010, WEDNESDAY

Slept well. Blessing. To Vosens, Walmart and Rite Aid and Credit Union.

Fatigue, little faint, pressure... quick lunch and took Eloise R. To Moran Eye Center. Home via Fresh market for milk. Home and a rest. Visited Betty, Anne R.. for Thursday "bag", and waymans. Set up folders for registration; called Bp. Taylor, Bro. Holladay and Frances H. And Donna B. She will give the opening prayer tomorrow. Said her husband had surgery recently. Gladys came up for a half hour visit. Is feeling better. Called Eloise to see how her procedure went. Julia Carver to see how she is: cold.

BLESSING; good people: Bp Taylor, Bob Holladay, Betty J., Frances Taylor.

7 JANUARY 2010, THURSDAY

Slept well until about five. Made meat loaf. Took cart to stake center with all the stuff. Missed half Bro Iba's lecture trying to finalize registration. Even so took two hours after I got home. Never mind. Lunch, a nap and Bp Taylor called. One person didn't sign a \$48 check. Will next week. Pam called twice while I was in class. Wanted to take a later flight. Didn't. I would have taken Julia C. Some bed socks if it hadn't taken me so long to balance registration money. Sun was out today. Even so a biting little wind. Christmas card from Eric and family. Amanda looks quite different with braces and glasses gone.

Pam came good to have her here.

BLESSING: Balanced money with registrants.

8 JANUARY 2010, FRIDAY

Up 7:30, breakfast. Pam off to library. I visited Julia C. Blood sugar still erratic. Was dressed and a therapist came to take her for a walk. Took her bed socks. To Costco, to Rite Aid. Began to feel sick. Home and quick lunch and a rest. Pam; and Bryan Smith took us to dinner. Just can't eat dinner portions. Pleasant to visit especially with Bryan re his family, house, work church and responsibilities at ATK where he works. Plan to be in their house in April. From the restaurant to Wilma's. No parking. I went with pam and had to sit down to rest before we took the elevator. The stairs in front of Brigham do me in. Back to my apt. Bryan and pam changed my vacuum bag and put windshield fluid in my car. I folded up at ten leaving then to visit. Too exhausted to sleep.

BLESSING: Good nieces and nephews.

9 JANUARY 2010, SATURDAY

Up a little later than usual. Short night for me. Pam to library. Had my hair cut. A Christmas letter, pictures from Shirley Olson. A nap. Pam called from airport to see if I wanted to go over to Wilma's for a visit.

9 JANUARY 2010, cont.

she was picking up her friend, Dorothy, who will be staying with Wilma. Gladys came over for a visit. Betty gave me pina and kiwi.

Pam is removing material from research binders and will take the "innards" with her if boxes can be found/weight not too excessive.

BLESSING: the energy of the young.

10 JANUARY 2010, SUNDAY

Pam picked up Abe. Short lesson on Family Search. To church. All three meetings were good. Delighted by Sister Dunn who taught the RS lesson. "Right on" in following the material in the manual. Young. Paid attention to comments and commented re. To Wilma's for lunch. Her table looked beautiful. Soup, cheese, bread, crackers. Lots of left over Christmas goodies for dessert. Dorothy came back with us. I had a rest on Gladys' couch. When I came back about five thirty Pam, Abe and Dorothy were gone. Locked out. Got a key from Betty; Pam left a note; someone had called so they left early. Went to Fireside; watched The Joseph Smith Papers on the Pratt Brothers. Made up the couch for Abe and to bed shortly after nine.

BLESSING: Sunday and church meetings, the sacrament and rejuvenation of the spirit.

11 JANUARY 2010, MONDAY

Woke about three; finally got up about five. Pam and Abe left before seven. I went to the eight endowment session. The Wilsons were the couple. Nice. Sr. Ewer and Donna berry were on the session. Had a rest from eleven until two. Visited Betty, waymans. Finished up spaghetti for dinner. Gladys shred her ADK carrot cake with me. Talked to Wilma H., Julia C., Linda Herbert's father died. Was 80. Caroline H. Came in; stayed quite a while and reviewed her challenges of the year. I think I have a cold. BANK STATEMENT CAME.

BLESSING: Pam and Abe took binders to my car.

12 JANUARY 2010, TUESDAY

Up at 5:30 A. M. Pam and Abe left about 6:30; Pam restored my E-mail. She left me a flashlight along with a thank you card. Abe left a large package of batteries and a cute card. He was evidently "converted" to the supplement yesterday. I did laundry from all three "beds".

Wilma and I got our flu shots. I picked up my Coreg and some wind shield wash from Rite Aid. Dropped the binders off at DI. Called Sharylanne at BYU Religious Education Programs for on line enrollment for Thur. Education Class.

Five. Betty j. and Alice M. Did three hour stints at DI yesterday and today

Betty was beat; Alice seemed tired but seemed to be glad she went.

Betty brought dinner (ate too many chocolate covered pecans, Auwe). Enchilada and green beans with mushrooms. Ono. I

m going to call Wanda and Alicia Sugrue. Going to suggest Alicia watch "the Browns".

BLESSING: Don't think I have a cold. Flu shot.

13 JANUARY 2010, WEDNESDAY

A lazy day. Did write Linda Herbert re the death of her dad. Packed bag for tomorrow's class. E-mail from Brother Iba; attending a funeral so has a substitute. Susan Winslow called. Judy Craig died. Funeral the 23rd in Draper. Betty J. And I went to the new Red Iguana. Bright, cheery, noisey. I didn't get what the reviewer mentioned as I'd planned. Was \$16. Too pricey.

Talked to Julia C. Too long a nap.

BLESSING: Rode bike thirty minutes.

14 JANUARY 2010, THURSDAY

To class. A substitute. Pleasant man Brother Grossen. Too much discussion. Lunch from Betty's enchilada Tuesday. A LONG nap. Woke up drugged. (Didn't sleep well last night). Talked to Lettie. Did load of whites. A call in to Susan W. Re. Judy Craig's death. Mary B. Called. We have hale theater Saturday. Fog/smog swooping in.

BLESSING: Betty, Frances and Jane Berry willing to help with registration.

15 JANUARY 2010, FRIDAY

Good night's sleep. Finished Ben Carson's book. To see Julia Carver. Took two prs. of bed socks. Cut the balls off one which she chose. She was sitting in her chair asleep when I got there. Has a cold. Conversation is difficult. Therapist came as I was about to leave. To Smiths and Sweet library. Lunch and a short rest. Barbara Nolan had called when I got home canceling V. T. We visited Shari Stagg as planned. Later in afternoon Barbara called to see if I'd rec'd her message. Concerned about us climbing the steps in vain. Thoughtful of her. We will visit her Monday. Called Lettie and Wanda Wood.

~~BLESSING: Walked to visit Shari, made it though I was puffing.~~

16 JANUARY 2010, SATURDAY

Went to see Shirley Hyde. Stayed about fifteen minutes and she was off to therapy. Looked good. Was putting on her make up. I fluffed her hair up a bit. Took her three Clementines.

To Hale theater to see the Importance of Being Ernest. Liked it better than I

thought I would. No nap today. Read MacLachlan's other book: Edward's Eyes. Washed Christmas tablecloth. It is a winner. Spread it on the bed to dry. No ironing. Talked to winnie; watched The 5 Browns. Channel 11 is raising money which is a bit annoying.

BLESSING: went to see Shirley Hyde.

17 JANUARY 2010, SUNDAY

Good night's sleep. Sat by Cher Painter in church. I would like to know her better. Michelle Manwaring sustained as gospel doctrine teacher. Too long a nap. Talked to Wanda. She went to the governor's funeral Saturday. Jacob wood and family are in Maumelle for the night. Called Barbara Pederson to wish her happy birthday. not at home. Talked to Wilma Will call Vivian. They leave for Washington on Tuesday.

BLESSING A good night's sleep

18 JANUARY 2010, MONDAY

Snowed during the night. Slept well--again--blessing. Visited Barbara N. Went in pants. Don't plan to do that again. Too long nap. Visited Alice, Waymans, Betty. FHE at Gladys'.

19 JANUARY 2010, TUESDAY

Slept quite well..and too long. Spent most of the morning getting income tax material ready. Only need to tidy up medical costs then will just have to wait for the W-2's.

Had a strange bout this morning; blurry eyes, faint, weak.

Wilma called to my attention the obituary for Helen Hales Pearson. Nice long letter from Shirley O. I sent her copies of letters from Barbara and my letter to her.

Took books back to Sweet. Taking a look at some of family history am left. Anne R. Stopped in, leaves tomorrow. Back on the 4th of Feb?

BLESSING: I feel better.

20 JANUARY 2010, WEDNESDAY

sorting family history info. Wrote Pam and we agreed on chucking some IGI lists, Temple Ready, etc. which is certainly on Family Search. Went with Wilma H., Karna and Andrew chair shopping, five stores, nothing found which she wanted. Lunch at Zupas. Great sandwich, noisy, I was hungry. Home and a very long nap. Visited Gladys. Continued to shuffle through FGS's etc.

Talked to Amy mackley; had her shoulder surgery. Talked to Winnie

A Republican won the senate race in mass. Replacing Ed Kennedy. Nice letter from Barbara nee Smith.

BLESSING: Felt better today.

21 JANUARY 2010, THURSDAY

BP. TAYLOR SET UP TWO TABLES, PROJECTOR. DON'T KNOW WHAT I'd do without him. Jane Berry came early and Frances H. Came un-asked. Six new registrants and four walk-ins. Makes 75 registered. Called BYU and she said no more had registered. More than that attending. Lunch and a rest; set alarm because I wanted to make sure I got to see Julia. Didn't really sleep but did rest. Glad I went to see Julia as she goes home tomorrow. Will have home health Care. Her blood sugar was 300 plus when it was taken while I was there.

Got milk and fruit on my way home. Late dinner after visiting with Betty, Alice M. Talked to Lettie; shared Barbara's letter with them. Don has an appointment with a wound specialist tomorrow. Right foot. Scary with diabetes. Talked to Wilma; she didn't go with her friend; didn't sleep last night. Eye. I do hope she goes to the Dr. tomorrow. Card from Steven Smith family with pictures.

Spent a little time with family history. Tired. Will go to bed early.

BLESSING: I think the class enjoyed Brother I.a.'s class today.

22 JANUARY 2010, FRIDAY

Did a load of wash, bedding. To Dillards and Nordstrom. No shoes. Ordered a pair. A nap, Too long. Shuffled a few more FH papers. Made Mediterranean Lentils. Gladys shared bread, ate a slice; betty shared muffins, ate one. Auwe. Julia is home; Reed, her nephew, called. Just talked to her. Health Home Care is coming in twice a day.

Talked to Lettie; Don has an infection in/on his foot. Antibiotic making him sick at stomach. Can't eat. Talked to Wilma; slept well last night; eye much better.

BLESSING: Wilma's eye better/slept well. Julia home. Lettie looking after Don.

23 JANUARY 2010, SATURDAY

Visited Wilma, took some med. Lentils, rice and feta; she gave me potato salad and fettuccine. Chose a couple of my tickets: one opera, one ballet. Her eyes are a bit better, still look pretty bad. Dropped off things at DI. Looked around. Didn't buy anything. Only a tad of snow. Plenty in mountains. Vacuumed. A restless rest. Visited Gladys, Betty and Alice. Made chicken noodle soup and got through a few more FG sheets. Edgertons. Watched a Lincoln Center program with Joshua Bell and friends. Enjoyed it. BLESSING: Snow up the mountains; valley driveable.

24 JANUARY 2010, SUNDAY

A good ward conference. Pretty day. Sat with Cher Painter; had a chance to talk to ginger Reed re the delay in asking for her help on Family Search. A nap. Shared chicken noodle soup with Gladys. Visited Julia Carver. Looks better. Didn't go to church but had lunch with her home teacher.

I've shuffled some more FGs. Labeling by family. Visited Alice and Betty. Patricia is back from Nicaragua, cleaning for Alice Monday.

Talked to Lettie. Don was eating. Ron dressed his foot; seems some better. Watched Joseph Smith papers.

BLESSING: don feeling better.

25 JANUARY 2010, MONDAY

went to see Winnie. Dog scared me. Big. Rambunctious. By Pendelton Mills and Macys. Nothing of interest. To \$ store for birthday cards and hair conditioner. Home and lunch of Med. Lentils and rice. Ono. Also fried apples. Nap and a visit to Waymans. Had radio on. Loud. Met Gladys at elevator. One seemed to be stuck. Walked down. Saw her car pull away. Rode back up to two.

Gladys stopped in after her dinner. A little down re helping her niece.

BLESSING: Was able to visit with Winnie.

26 JANUARY 2010, TUESDAY

In bed until eight. Auwe. More FGS shuffling, labeling. Ross W. didn't have a heart attack; things looking a bit better. Talked to Shirley o. Missionaries came. Showed me the DVD By small and Simple things. Left me a copy of the Book of Mormon. I'm to write my testimony and present it to someone. A challenge. Talked to Don Willmore. Eating. Children rallying around. Also talked to Lettie. Talked to Shirley Olson. Called Delma Coston, not home. Called Becky J., not home. Cali having baby? Talked to Alpine Medical. Won't call again until I hear from them. Shredded medical bills pending/paid. Totals for health costs except cost per mile for travel. Now a waiting game for W2 forms. Talked to Popes, Costons, Wilma and Julia C.. Jane Berry called. Can't be there Thursday as has her daughter and baby from Idaho. Called Jan M. Declined. Called Cher painter and Frances H. Neither home. Alice M. called, doubled over with pain, moaning. Couldn't find her nitro. Gave her a couple of mine. Eased off; found her nitro. Left her about nine.

BLESSING: Alice didn't have a heart attack.

27 JANUARY 2010, WEDNESDAY

A short night's sleep. Up late. Packed bag for Thursday class. Cher Painter will help/do registration, bless her. Bp. Taylor and Liz may go to Idaho tomorrow. A long/good night's sleep. Talked to David harper. Visited Alice M, and Betty and Taylors. Reading

2 FEBRUARY 2010, TUESDAY

ROUGH NIGHT. Breakfast and a three hour sleep on the couch. Went through more FGS's. Started Maisie Dobbs. Talked to Mary B. re Hale tickets for another year. Lettie called. Luke Bateman has to personally bring his visa to SL on the 9th. Possibility of a temple session. Don cooked dinner tonight. Went to see Alice M. Gave me gingerbread. To see Gay M., she was on her way out. Shared the people book with Betty J. Played around a bit with Family Search. Both of Joe and pearl Stuckey's sons are dead. Picked up three prescriptions. \$156. To Walmart for Halogen light bulbs, cetaphil and Fe pills.

BLESSING: I felt better this afternoon.

3 FEBRUARY 2010, WEDNESDAY

Slept well. Such a blessing. Much of the day sorting FGS's. to see Shirley Hyde. New facility. Spacious entry, foyer. Hard to find. Thought she looked good. A nap. Visited with Betty. Gladys stopped in. Shirley told me that her brother-in law, Jim Bonner is 93. Living with his daughter Anna and her husband who just had both knees replaced. Anna is a very compassionate person. Jim evidently likes living with them

BLESSING: Good night's sleep.

4 FEBRUARY 2010, THURSDAY

I slept quite well again. Blessing. Anne R. called. Good to have her "take over" registration. Came home via Eloise R. She seems so alone. She and her son are going to NC for her sister's 100th birthday in march. I wish she could stay longer. But that's her choice. Lunch and a rest. Utah Symphony order forms for the year. They do have four 10 AM Finishing touches concerts. Think I'll buy those. More organizing FGS's. RS annual Board meeting. On my way theme of meeting was unity. A large board. Even so all weren't there.

BLESSING: Anne is back manning registration.

5 FEBRUARY 2010, FRIDAY

I think I have a urinary tract infection. Have an appointment for a hair cut at ten-thirty; will go to InstaCare from there. My hair appointment wasn't until two-thirty.

Went to InstaCare and didn't have to wait too long. Drank a couple cups of water before going in. Yes, I have an infection; antibiotic. Total visit and med \$38. By smiths for milk, bananas, cheese fish, and sourdough bread. Lunch and a long nap. Drinking, drinking...Gladys came to type letter to Anne. I suggested she print it to read and she hit the wrong button—lost it. Auwe. Worked some more on FGS's. Finished Maisie Dobbs.

BLESSING; Caught the urinary tract infection.

6 FEBRUARY 2010, SATURDAY

slept quite well. More FGSS sifting. Early rest. Lunch and to barbara Hiatt's 70th birthday party. People were out golfing en route. Talked to Vivian p., Carl m., and Afton Bateman. On return from the party voice mail from Sonia Aycock and Dava A.; we will visit Barbara n. tomorrow after church. Talked to Wilma H.; she bought a chair.

BLESSING; Feeling some better.

7 FEBRUARY 2010, SUNDAY

Some A. M. Insomnia. Concern re high blood pressure. Sat with Ann hamby and Thelma Hisatake at Sacrament meeting. You can see more people. Sharon Crandall sustained as choir Director. Heidi Andersen gave an emotional appeal in RS to be friendly, talk to sisters, etc. Lunch and a much needed rest. Planned to visit Wilma but couldn't pull the body out. Christy Werner is engaged. June wedding plans.

27 JANUARY 2010, cont.

Winspear's book. Another W-2 form.

BLESSING: Noon nap helped. Victor to Seattle.

28 JANUARY 2010, THURSDAY

Class went quite well. Eight walk-ins. A restless rest. Got milk and bananas for Alice M. Learned Diane Gustuson died. Gus came to class. Funeral on Saturday. Jacob Wood called for Wilma's number. Later learned she hadn't heard from him. She went to their Humanitarian Day. Took Imogene B. A care package wasn't in class. Called her; she was taking advantage of a podiatrist visit there in her building. Thought I'd go with Gladys to her lecture tonight but she wasn't home when I went up. Beautiful day. No new word re Ross W.

BLESSING: CLASS SEEMED TO GO WELL.

29 JANUARY 2010, FRIDAY

Up later than I should. More sorting of FGS's. some throwing away. To library to return a book and pick up two; both Lettie referred. Had a hold put on Camille Fronck Olsen's book Women of the Old Testament.. Stopped at Imogene's to leave her the care package I took to class yesterday. Visited with Gladys. Napped too long after a big lunch finishing up the Mexican frozen meal left over from Wednesday. Betty brought some curry for dinner. Only ate a third of it.. Did a little more on my income tax. Blood pressure in the 190's. Panic...

BLESSING: Found parking place in front of Imogene's building.

30 JANUARY 2010, SATURDAY

Not a good night. Blood pressure 181. To Diane Gustuson's funeral. Different in that her son was "the" speaker and interspersed his talk with five different musical numbers. Presidents Sorensen and Christensen were there. The former gave closing remarks. Long line in viewing, slow as each seemed to want to talk to Gus and his son. Virginia and John Griffin were there. They really like where they live. Don Ballou and Richard Fluhman were there also. To Fresh Values for milk, salad greens and bananas. Quick lunch (Betty's curry) and a rest. Finally relaxed about four-thirty. Sorted more FGS's. Blood pressure down to 150's. David Harper called while I was at the funeral. Joe and Pearl Stuckey's granddaughter wants Joe's father's picture. Visited Betty and Alice.

BLESSING: Blood pressure went down.

31 JANUARY 2010, SUNDAY

woke up to snow: wore boots and took an umbrella to church. Came home on dry sidewalks. Also brought home my rice cooker from the stew I took to Bryan and -----. Had dinner with Wilma, Eric and family. Wiener snitzel, mashed potatoes, beans, cuke and tomato salad, strawberry shortcake. Home about 5:15 super tired. Took Mormon times and Church news and Feb new Era and asked karna to give them to Lettie. Called Lettie and told her. Don went to church. Fri. Dr. felt his foot was improving.

BLESSING: Made it home after a super good dinner.

1 FEBRUARY 2010, MONDAY

Did two loads of wash. To ten endowment session; good to be back in the temple. New carpet in entry and halls; new seats, carpet in two of the rooms. Rather large session. Bp. Taylor there. Lunch and a nap. Some FGS sorting. FHE at Betty's; reviewed life of Elder Boyd K. Packer. Halogen light went out in lvg. rm.; can't believe I haven't kept a bulb on hand.

BLESSING: Being back in the temple.

7 FEBRUARY 2010, cont.

Read Gladys' book on the Topaz interment. So sad.

Will go to bed early.

BLESSING: the recuperative power of rest. Blessing of being able to keep warm

8 FEBRUARY 2020, MONDAY. Mama's birthday. Would have been 112.

Good night's sleep. To ten endowment session. Couple dozen young missionaries in session.

Sunny day. Wore my sunglasses. To Credit Union to transfer a little money to my time certificate which matured today. Lunch and a 'too' long nap.

Christy Werner is engaged. Gladys wrote another letter to her friend Anne in Spain. Went faster. She just needs to write more often. Talked to Wanda; she still sounds very congested. Blood pressure went down a bit.

Talked to alpine medical re bill for hose. Said she'd get aback to me tomorrow. Suggested she talk to Deseret Mutual.

BLESSING: Blood pressure at a more comfortable level (?).

9 FEBRUARY 2010, TUESDAY

Slept well until four. Up at six. To Winnie's for an hour. She is afraid she will get sick before her trip with Naomi and Elaine. Hadn't realized she was such a worry wart. Stopped by Cassandra's closet on 33rd 22nd E. Nice store. Costly. Dropped income tax off. By Reams for cherry tomatoes and a cuke. Big lunch and a too long nap. Rec'd bank statement. Talked to Wilma. Thought I might visit her and Julia. Too long a nap.

Wrote Bro. Iba a note re enrollment. 81.

BLESSING: think my urinary tract infection clearing up.

10 FEBRUARY 2010, WEDNESDAY

Slept well. Read E-mail and "Cancer Warriors". Lovely letter from Shirley Olson; what a thoughtful woman she is To \$ store, Walmart and RiteAid. Got a lemon pie for Maureen, Gladys' sister, some birthday cards, frozen shrimp, clementines, prescription. Went to lunch with Betty at Zupas. Enjoyed my lunch. Sandwich and half a salad which was BIG. Napped/rested two hours. Too long to go visiting. Auwe. Hope to finish the Wienspear book tonight. Took the birthday balloon to Gladys. Sorted and made some copies for Thursday class. Made checks for Lettie and Luke. Wrote the latter a note saying I wouldn't be going to his Sacramento meeting Sunday.

BLESSING; Lovely letter from Shirley Smith

11 FEBRUARY 2010, THURSDAY

Didn't go to bed until eleven last night. Finished the Wienspear book. Slept well. Woke to a beautiful wet snow. Trees fairylandish. Slushy to class. Enrollment now 86. Lunch and a two hour nap. auwe. Called Wanda Wood; was at the Doctor's. Sounded better but not well. Said she'd call me; hasn't. Visited Alice m.; and Betty J.

Baked potatoes and meat loaf. Cooked sausage. David Harper called about eight this morning. They don't have snow but from Virginia up to NY record snows. Ran off a few more handouts for class.

12 FEBRUARY 2010, FRIDAY

wrote Barbara Q. Took Wilma two of my folding chairs; impressed at how good they look, as she said almost like new. Also sturdy. Took her some tuna salad and some meatloaf. She gave me cookies. Ono. To Staples for new ink cartridges and paper. To Paradise Bakery; got a brownie to take to Barbara Nolan tomorrow. To Sweet library and Smiths. Lunch and was

12 FEBRUARY 2010, cont.

bushed. A nap and found celery one my door. Voice mail from Alpine medical bookkeeper. Re-filed stocking claim. Am to wait three to four weeks. Visited Betty J. And learned Alice had given me the celery. Olympics Opening Ceremonies tonight in Vancouver. One death of a luge athlete. Saw Gladys off; Pat had called, Wayne, her brother, in hospital. Good she is going down.

BLESSING: finally wrote Barbara.

13 FEBRUARY 2010, SATURDAY

Slept well. Two loads of wash. Went through and threw out a little from four files. Read E-mail; two delightful ones from Linda nee Smith. Flowers. Visited Barbara Nolan. Her son is treating her to a week in Washington D. C. For her 80th birthday. Leaves Wednesday for CA to have her implant put in. A long nap. Gift card from Evelyn Isgrigg for Deseret Book. Visited Alice M. And Betty J. Talked to Gordon Haws; they had a good time in NC despite inclement weather. Six of their children and one daughter in law went. Visited Cameron where uncle Charlie was born/reared. Talked to Carl Mellor. Leaves for Israel tomorrow. Calls from David Harper; Lathan Wiggins died. 93. They had six inches of snow. Winnie called; is home, a wonderful trip. Took Gladys' mail to her apartment; lights all on, startled me; LeAnne A. Was there watching the ball game.

Ruth Willmore offered to pick me up for Luke's Sacramento meeting tomorrow.

BLESSING: Lathan died in his sleep.

14 FEBRUARY 2010, SUNDAY

watched Olympics until eleven and did crossword puzzles. Knew I wouldn't sleep if I went to bed my usual time. Slept too long in the afternoon. Slept well. Church. Young couple, new to the ward from Tennessee and Texas spoke. Tony taught SS lesson and Alicia Fluhman taught RS. Lunch and another two hour nap. Up and to see Julia Carver. Parked on So. Temple. Reed, nephew, had sent her a pretty Valentine bouquet. Home in the dark. Gave me two Reader's Digest condensations. Said she didn't see Wilma t church; I'll call her. Came home to a Valentine from the Bp and family. Robertsons left cookies on our "doorsteps" this morning. She was at church. A sister she and Erwin sat with welcomes her and makes her feel special. Talked to Don W. Luke did well with his talk at Sacramento meeting, much family support.

BLESSING: visited Julia.

15 FEBRUARY 2010, MONDAY

not a good night. Went to ten temple session. Large. Nice. Salsa on meat loaf helped it considerable. Had two calls while in temple: Vivian P. And Ruby H. Had a nap after lunch then called Vivian. Son Arden sustained as stake president Sunday. Long visit with ruby. They spent a week in NC. Despite weather a wonderful time. Re-acquainting of six of their seven children, meeting cousins; stayed at a condo in topsail Beach owned by Henry Maples' son Duane's Bp. Spent time in Monroe county where uncle Charlie was born., to Nahunta and environs. A sealing session in the Raleigh Temple. I'm so pleased for ruby and Gordon.

FHE at Margie's. Learned Dorothy Andrews is moving and that Mary Behra fell last night.

Edith Gerrard has been diagnosed with Alzheimer.

BLESSING: Doug Banks is flying out to see Wayne, his dad.

16 FEBRUARY 2010, TUESDAY

to see Dr. Schilsman. She had read my folder; asked a few questions; I asked mine re CA, Avalide and prescription for compression hose. To DI, Deseret book. Evelyn's gift certificate

16 FEBRUARY 2010, cont.

is for \$50. Auwe. Generous. To Nordstrom's Rack and home. Lunch and a nap.

Anne R. Called while I was napping. When I went to see her she told me their son Glenn has cancer. Coming to the Huntsman Center tomorrow. They are going to Roosevelt to baby sit. Sounds serious.

Conner sugrue has been accepted to BYU; he called while Gladys was here. Lettie got the piano check today. Gladys told me about her weekend, a busy productive one. Wayne, her brother, is in rehab. son Doug is here. Has leaking heart valves. Sounds like the winding down time.

Visited Waymans. He was getting ready to vacuum. belt on vacuum broken and he couldn't find his replacement. I brought one of mine up but didn't fit.

BLESSING: I like Dr. Schilsman.

17 FEBRUARY 2010, WEDNESDAY

Wrote a long letter to Shirley Olson. Copy to Pa. Visited Mary Behra. Doesn't look too bad. Took some Clementines and a small brownie. Short visit with Alice M. and Betty. Went through Janice h.'s apartment. Everything pristine except bathroom taps very hard to turn. Lunch with Wilma at Marie Calendar; we both enjoyed our meal. Brought half of mine home. Two hour nap which meant I got up at five. Auwe.

Message from Dr. Schlisman lab work all good: liver function, thyroid, blood sugar aggregate and current.

Took book People to Gay M. No answer to door. Left it for a few hours, returned. book there and still no answer, will call her. Said good bye to Anne R. Asked Frances H. To take her place tomorrow. She was on her way to the temple, bag on her walker. What a good woman. Dava A. Called. Appointment with Shari S. on Friday. Another good woman.

Later: went to see Gay; she did come to the door as I was leaving. Need to remember it takes her a long time to move/walk.

BLESSING: Finally wrote to Shirley.

18 FEBRUARY 2010, THURSDAY

Little or no sleep. Glad to get from class and a long nap. Big class. Nine walk-ins. Ran out of one of the hand outs. Sunny when I got out of class. Talked to Lettie and Don. Wanda, Winnie. Gladys and Wilma enjoyed the ballet last night: Swan Lake. Winnie has a cold. Betty brought me dinner. Ono. Problem with e-mail. Slow in responding. Finished the McCall Smith book. Going to have an early night.

BLESSING: made it through the class.

19 FEBRUARY 2010, Friday

to Abravanal hall with Gladys for the Finishing touches concert. Enjoyable. Quick lunch and a short rest and visited Shari Stagg. Dava gave the prayer before we left and at Shari's. Sweet, to the point prayers. Snow flurries. I drove to Shari's and from there to \$ store. Visited Betty J. And tried to visit ALICE M..door locked for the second day; called but no answer. Enjoyed my left over Marie Calendar's meal. Talked to Sonai Aycocok. Cold.

BLESSING; To hear Dava pray.

20 FEBRUARY 2010, SATURDAY

After breakfast I had my hair cut. Some confusion re appointment. Look skint but nice line in back. From there to visit Shirley Hyde; en route stopped at Wal marts for milk, bananas and Clementines and Feta cheese. Shirley had just returned frm therapy. Visited about forty-five minutes when Ruth Hobson and Edith Garrard came. Home. lunch and a rest. Betty J. And I we

20 FEBRUARY 2010, cont.

went to the ward dinner together. Liz Ballou was there, sang the Star Spangled Banner word for word. The Davises last activity; I suppose they'll be released tomorrow. Duane is now SS President. Janice Harris called today; will be back Monday or Tuesday.

BLESSING: Walked all halls twice today.

21 FEBRUARY 2010, SUNDAY

Sacrament meeting topic was Moral behavior/responsibility. Fern Wakefield died last night or this morning. SS classes met together; Michelle Manwaring taught the lesson on hazards of pitching our tents toward Sodom. Julia Kirkland taught the RS class.

Lunched on leftover ward dinner chicken and half a sweet potato, limas and salad. Ono. A nap and the day was gone. Nice long letter from Shirley Olson. Gladys picked up her letter from Anne in Spain. Talked to Lettie; she had a migraine. Got Don's E-mail address again to discover I had put it in my address book some time ago. Auwe.

BLESSING: thoughtful people such as Shirley Olson.

22 FEBRUARY 2010, MONDAY, Wilma Fullmer's birthday.

Another sleepless night. Two loads of wash. Betty helped me flip my mattress. Good to wash mattress cover. To temple. Cold. Ten initiators and my hair looks as if it has had an oil treatment. Lunch and a two hour nap. Discovered I have Carol Lynn Pearson's BEGINNINGS, the book Shirley Olson wanted to locate. Wrote her a brief note offering to give it to her.

Wilma took her car in for repair. We'll have lunch tomorrow at Su Casa. Fern Wakefield's funeral will probably be Friday. Betty brought me a piece of pina upside down cake. Will take Gay Mitchell the carrot cake from my freezer. Janice Harris is home. Talked to Wilma Fullmer. She's 60 today.

BLESSING: restorative power of sleep.

23 FEBRUARY 2010, TUESDAY

good night. Shuffled some genealogy material. To \$ store with Wilma for rubber bands, paper clips, etc. to Su Casa for lunch. I had a tostada. Brought half home. Long nap. Visited Waymans; he's still shuffling income tax material. Walked the halls. Anne r. brought a bud vase e of flowers. So thoughtful.

Letter from Clara Bruey. She's 89. Problems duplicating the spring term class schedule for spring class. Visited Alice about eight. She'd been out most of the day. I DON'T FEEL SO GOOD.

BLESSING: A comfortable home, a bed.

24 FEBRUARY 2010, WEDNESDAY

Rec'd key to the safety deposit box today. Made scones using a Christmas mix of 2009. Very sweet, chock full of cranberries. Cooked speckled limas and ham hock. Ate half of remaining tostada from Su Casa lunch for lunch. To post office and Vosens. A loaf of bread to Nancy Wakefield and one to Shirley Hyde. Numerous phone calls. Stopped in to see Verl S. And Kathy Paschal after Vosens. Verla will help set up for funeral Friday. Talked to Amy Mackley, or she talked to me for a half hour.

BLESSING: People are willing to help.

25 FEBRUARY 2010, Thursday

Another "night". Class seemed to go well. So good to have Anne R. At registration. Carl gustuson gave Brother Iba Diane's Joseph Smith Papers. Bor. Iba couldn't read BYU's communication calendar either. Came home, had lunch, another satisfying meal on Su Casa's tostada lunch. A "hard" two hour sleep. Picked up a nitro prescription and a can of frosting for

25 FEBRUARY 2010, cont.

frosting mix. Making my cake tonight. I feel drugged from my nap.

Cake made/iced. Ready for bed. Four sisters filling each of the three slots for the funeral.

BLESSING: Willing ward sisters.

26 FEBRUARY 2010, FRIDAY

a wonderful night's sleep. To the ward/stake center at 9:30; home about four. All showed up for assignments. The only left-overs was a little cake. And I was/am tired. I'm sure Margie was too.

Sharylann is sending the spring-summer request form by mail. E-mailed me in answer to my phone call before I left for funeral responsibilities.

BLESSING: Response of sisters to funeral responsibilities. A GOOD night's sleep.

27 FEBRUARY 2010, SATURDAY

good night's sleep. Still a bit tired. To ward for Humanitarian. Took about thirty minutes to assemble a hundred Hygiene kits. Home and a bit of a rest. Wilma and I went to Costco for a hot dog. Bought milk, cookies, she Japanese pears and I a chicken. Home and a two hour rest. Cut chicken, fro

Froze cookies. Filthy degree weather. Rec'd via mail the form for spring-summer class from BYU.

BLESSING: Pleasant time with Wilma.

28 FEBRUARY 2010, SUNDAY

Good meetings. Betty Smithson and Floreyn Forsyth gave excellent talks on Talents in Sacrament meeting. Quick "packaged lunch" not very good and left over rice. Napped from three until 5:30 when Gay Mitchell called re bill Waymans going to the hospital. Went up and he was home. Big toe infected and he broke the skin and it spurted blood; daughter Helen was there and he went to emergency. Stopped by to tell Gay and she gave me a loaf of banana nut bread as I left.

Got two birthday cards ready and addressed envelope to Shirley Olson with book Beginnings.

BLESSING: Helen was with parents when he started to bleed.

1 MARCH 2010, MONDAY

Up earlier than usual; made custard. Patricia came to clean. Set up an appointment for her to clean for Wilma H. Later this month. To the temple; did ten initiatory for Anne Robertsons and left the names. Auwe. To post office to mail The New Era to Alicia S. And Two envelopes to Shirley Olson including the book BEGINNINGS. Stopped in to tell Anne re the names; she said they would pick them up from Family file tomorrow. What a relief. My rest was restless. Talked to Wilma; she had gone to Abravanel to hear Amanda play in her orchestra; never did see her. Cher Painter told of her conversion at our FHE; she has had a challenging life. The custard turned out quite well. Short note on Ross Werner's "site"; starting round six of chemo.

Visited Shirley Hyde and Waymans. Waymans children want them to move to Idaho with daughter Bobby. Shirley is "flat" on her back.

BLESSING: Initiatory. Short line at P. O.

2 MARCH 2010, TUESDAY

Up at seven; washed "whites" and left before nine for my appointment with Dr. Miller, ophthalmologist. Was taken in quickly. Pressure good; scrutinized my left eye and took pictures of what he called a birthmark on my lid. To Winnie's; had a big lunch prepared by Elaine. Qia, her dog came in and seemed to accept me. Big beautiful bruise. Meant to stop by Macy's

2 MARCH 2010. cont.

on my way home. Too tired. Two hour rest/nap. Talked to Wilma H. (gets her car tomorrow). Talked to Wanda W. And Lettie. Went up to see Gladys: she must've been at Ruth Hobson's for an 8th floor "get together".

BLESSING: Felt more rapport with Dr. Miller than I usually do. Elaine's care of her mother.

3 MARCH 2010. WEDNESDAY

woke about seven. Called Rite Aid re Avalide. Called optimal health: they've been trying to get in touch with me. Lots of questions and turned me over a MEDCO rep who gave me the name of three alternatives to Avalide. Called Melesia. Dr. S. Assistant. She was to've checked with the Dr. Faxed to MEDCO and called me. No call from her on my return from DI, Talbots, Alpine med where I got one pair of compression hose. Stopped at Reams for some items. By Zions Bank to cash a check and get anew bankbook cover. Lunched on Anne's liver (only half of it) and vegies and rice banana. Two hour rest/sleep. Notes form Nancy Wakefield and Maria wright. Maria said Milo is doing better and that she was too. Thanked me for my concern/friendship. Cooked apples and bacon.

Gave the whole milk from the custard to Alice: she gave me two muffins: shared one with betty. Betty shared her avocados and mangoes with me. Tried calling Carl Mellor, no answer. Will call him again and check with Wilma re her car. Early to bed. I'm tired.

BLESSING: confirmed at Alpine that Desert Secure pays for 12 pairs of compression hose a year. (I don't need that many)

4 MARCH 2010. THURSDAY

Up at seven. Washed a load of wash. Brother Iba was at the stake center before. Had a DVD from the one I gave Gladys at Christmas, on sacrifice. He was in it! He was nervous as to whether it would work. It did! And was very effective. Donna and Leroy Holladay gave the prayers. She prayed that the projector would work. As he got up to give the lecture he said, "She was inspired." Donna always give a meaningful prayer.

Had the rest of Anne's liver for lunch. A two hour rest but for some reason too tired to sleep. Worked a little on genealogy material, consolidating pedigrees and FGs by surname. Thinking of sending them to Pam Werner. Gladys stopped in and she updated me on her brother, Wayne. Rain mixed with snow as I prepare for bed.

BLESSING: class seemed to go well.

5 MARCH 2010. FRIDAY

woke to snow. Wet. Picked up Coreg meds, \$73! For a month. Cut up vagies for chicken noodle soup and had an early nap. Woke to sunshine. To P.O. for box to send FG's and pedigrees to Pam. Got bread for Shirley Marlene Hyde and Maria and Milo wright. Went over to share soup with Betty. She shared curry, quinoa and ratatouille with me. I feel stuffed. Calls from Shirley and Milo re bread.

Wanda Wood called; has an appointment with Hunstman in American Fork on Tuesday. Wilma says it sounds like hers. She got her car back; says it looks great. She and Eric are going to the symphony tonight. I look forward to an early night.

BLESSING: generous people such as Betty J.

6 MARCH 2010. SATURDAY

Up about seven. Did bedding. Wrote Jim Holland. Rested a bit before going to Hale theater. Fiddler on a Roof. Quite fun but I was tired when I got home. Message from Marlene Hyde re Shirley's need for a lance and test strip. Went up but no answer to door: ditto phone. Finally

glad of the DVD booth. Winded when I got home. Mail had been delivered. Rec'd spring-summer semester material from BYU. Lunch on meat loaf. Was a good one and a nap. To Costco for Vitamins, rice crackers and mini hamburgers. To Rite Aid for xalatan and Nitro. Talked to Wilma H. And Wanda W. Wanda hadn't been to the Dr. Talked to Don. Dr. Pleased with his healing. Also talked to Lettie. FHE at Gladys' to view the Harry Truman book based on McCullough's book.

Sr. Ewer brought me a copy of the script used at the RS luncheon. Stayed for a bit.

Wrote Wendell and Bro. Iba E-Mails.

BLESSING: Wilma has heat.

16 MARCH 2010, TUESDAY

Went to Kinko's again, to Saam Weller; didn't have the book on elder packer nor a Peter Spiers' book. Bought a paperback of A Lantern in Her Hand. Eric Hirschmann called to say that Bettie Aycock's name was with "ie" as we thought. On Family Search has been submitted as Betty.

Visited Waymans and Eloise Richensen. She gave me two cans of fruit cocktail. Wrote to Ann Marie McKinney and have envelopes ready to send pictures to her, Wilma and Shirley.

Wanda called: good news and bad news. Doesn't have cancer: immune system has shut down.

Gay Mitchell brought back Speir's People. Stopped at Wrights; was going to lend it to them. No answer.

BLESSING: Wanda doesn't have cancer.

17 MARCH 2010, WEDNESDAY

Mailed census today. After nine temple session with Floreyn Forsythe and Elsa Mae Ewer mailed the pictures to Wilma, Shirley and Ann Marie. Got gas. Short but hard/refreshing nap talked to Wendell: he'll come tomorrow with his grandson. Took bread to Gladys Kalama and Napua Baker. Napua bought me a smoothie and invited me to dinner Tuesday. I should be inviting them. To Wilma's RS birthday party. Saw Julia Carver and Naomi J. Nice party but I'm tired. Crocus, daffodils in bloom.

BLESSING: Wendell is coming to look at my printer.

18 MARCH 2010, THURSDAY

A good night's sleep. Brother Beckstead, Brother Iba's replacee, was there, early, with his wife. I can't find his name on the registration. A guest of bro. Iba's

A short rest before Wendell Smith and his grandson came. He "unjammed" my printer and got both halogen lamps to work. Bless him. Grandson a cute little boy. Headstrong.

To the soup night. Homemade bread better than the soup tho' the soup was good. Ten people there.

David harper called. Reported an old boyfriend of Vivian's died.

BLESSING: feeling more comfortable in the Thursday class. Wendell's help.

19 MARCH 2010, FRIDAY

Took Eloise R. Some fruit and a container of my fruit mix. Wilma and I went to Bountiful. I bought the Boyd K. Packer book and a paperback of short stories by Rosamunde Pilcher. Wilma bought a purse from the shoe store there and I bought a top and two pairs of pants from Wight House. Via Mrs. Cavanaugh's for fruit chips for me and Gladys. To F. Wong's for lunch. I enjoyed my lunch and think Wilma did too. Picked up my shoes and bought groceries at Reams. Weather ran the gamut today; sun, wind, snow, rain. Got an E-mail from Shirley: she got the pictures. Parked in the wrong parking spot. Auwe. Pinned up both pairs of pants. One will need to be cut off.

11 MARCH 2010, THURSDAY

Up a little before seven. Went up for a quick visit with Maureen, Gladys' sister before leaving for class. Class went well. Brother won't be here next week. He was amiable re dropping the 17th class for spring-summer. Lunch on the last of the rotisserie chicken. After nap went to see Julia: returned her books. Nurse come only once a day now. Missed the bank's closing. Did stop in Deseret book; they're moving the last of month west of where they are. Didn't have the Boyd K. Packer book I wanted. Visited Gladys. Maureen and girls are still here, with LeAnne. Debbie's car is in Lehi in need of repair. Gladys was feeling pretty helpless/low. Walked the stairs and baked the last of pope's potatoes and a sweet potato but had shrimp and fried apples for sinner. A sweet note from maria Wright. Neither of my halogen lamps work.

BLESSING: Julia's friendship.

12 MARCH 2010, FRIDAY

WOKE A LITTLE EARLIER THAN USUAL. DID A LOAD OF WHITES. Tried to eat lightly. To Kinko's where I had copies of pictures made for jim Holland of uncle Furnie; to Post office to mail pam the three pictures I mentioned on the Smith Family E-Mail, and my state tax. To the Distribution Center to buy a new Ensign holder; also bought the O. T. DVD. From there to take my shoes to the repair shop. Home by eleven, a profitable morning. Lunch with Betty at Sage Restaurant, an organic, vegetarian place. Neither of us will probably go again. A two hour nap. Refurbished a couple of notebooks. Got Jim's envelope ready for mailing. Walked and visited with Gladys and Betty. Her family finally got off.

BLESSING: A drawer full of clean garments.

13 MARCH 2010, SATURDAY

Lovely RS birthday party today. Theme: temple. About seventy sisters. Rain and snow mix. Afterwards I mailed Jim Holland's pictures and Alicia's New Era. Home for a rest and went to the \$ store for envelopes. Didn't have any but Big lots did. E-mail from Shirley and Wilma F. Fullmers have paid off their house and Wilma is retiring this year. Stopped by Wilma's; she's having problems with her furnace. Gave me some pimento cheese. Ono. Shared with Betty and Gladys. Betty gave me tortellini soup and a roll. Have set my clocks. Still rainy/snowy. Have a paper jam in my printer. Auwe. Think I'll go to bed daylight savings time.

BLESSING: Beautiful, spiritual RS program.

14 MARCH 2010, SUNDAY

Glad I set my clocks and went to bed DST. Not too hard to get up. The Ashtons spoke at Sacrament meeting on Self Reliance. She gave a particularly good talk. A quick nap before the Wilsons came to visit and home teach. Talked to Lee in the rest room today; said one R. Felt they had "got" the cancer, another felt should "watch it". I could hardly hear him give the lesson. My hearing...Talked to Sonia Aycock, Don w, and Vivian P. Popes will be through here on the 25th. Gladys came down to read her E-mails as I can't print. Trying to get in touch with Wendell.

BLESSING: Didn't need a nitro pill today.

15 MARCH 2010, MONDAY

A rather restless: got up with a sore neck and shoulder. Did bedding. Love the first night in clean sheets. Walked to Zions bank. Stopped once on temple square. On the south of temple crocus in profusion. Royal blue. Closed out safety deposit box. Brought the car title and copy of my will home via Hagerman deli and where Deseret Book will be moving. Stopped at church history Museum, thoroughly enjoyed the entry art and spent about an hour upstairs in the exhibit of South American and Central American saints. Need to go back a couple of times to see the rest. Was

24 MARCH 2010, cont.

Betty J. Shared spare ribs, veggie marinade, and two kinds of bread. Still haven't finished Anne's left overs and Gladys and Napua's dinner leftovers.'

BLESSING: Alpine district has offered Wanda a possibility of full retirement.

25 MARCH 2010, THURSDAY

a pretty difficult night. Not much sleep after three. Up and added noodles to soup. Maybe a few too many. Lots of fat from chicken. Was able to soak up quite a bit of it. to class. A good one. Joshua, according to Iba, is the most difficult of the Old Testament. Mentioned much of OT if made in a movie you wouldn't want your children to watch. Home and made salad. Popes came about one. Nice visit. Clive brought fish. Two each for Wilma and I. When they left at four I went to sleep. Until five-thirty. Vivian left her purse; I had a hard time finding it: behind the bathroom door. But I did find it.

Visited Alice and Betty. The latter has had an "aching" day. Talked to Winnie.

BLESSING: Vivian and Clive. Sisters.

26 MARCH 2010, FRIDAY

Slept in. Snowy when I woke. Beautiful, jewel like drops on the two trees outside my balcony. Visited with Gladys. Walked the halls. Read/wrote a bit of E-mail. Note from Wilma; said she'd pick up Shirley's things today. Talked to Lettie. Lunched on left over Anne's food, fried rice and chicken from Gladys and Napua. Ditto rice pudding. Another LONG nap. Auwe. Watched "Who do You think You Are" and had a late dinner. Mushy chicken soup. Read in Pilcher's book of short stories; talked to Lettie and both Wilmas.

BLESSING: Beauty of the rain/snow drops on trees.

27 MARCH 2010, SATURDAY

Woke about four: up at five; read paper and back to bed. Ruby Haws called. Always so good to talk to her. To Maya Santos' baptism. A long time since I'd been to one. I enjoyed it. Exactly an hour. To Kinko's for more pictures of Shirley, Denzel and NEA and to make a copy of one of me and Julia Carver. Took Julia the picture and clematises. From her place to Smith for milk and salad things. A quick lunch and about to lie down when lacy Thomas came. Visited and for a nap at almost four. Gladys came by and she told me about the opera. Wilma did go with her; I'm glad. Dinner and watched Young women's Conference. Pres. Uehdorf gave a great talk. So did the YW's Presidency. Talked to Janice Harris; thinks she has a cold. Called Rhonda pope to get Gail nee pope's phone number; I couldn't remember her last name; neither could Wilma! Vivian and Clive will probably spend tomorrow night with Arden and Rhonda. I was concerned about not being here when she needed to pick up her purse.

BLESSING: Sweet experience of attending Maya's baptism. Pres. Uehdorf's talk.

28 MARCH 2010, SUNDAY

Slept well, and long. Checked E-mail and Cancer Warriors. Ross' blood pressure was low; transfusion; will remain in hospital another night. Sunny day; didn't wear coat but should have. Lots of visitors. Elder Choi from South Korea was there. With his wife. She attended RS and I assume he was in priesthood meeting. Forgot to take my contributions. Auve. Felt a little sick through SS and RS. Almost came home early. Had a frozen dinner for lunch. Needed to be used. Could hardly wait to hit the couch. Vivian Pope called from Arden's. They'll be through here around 8:30. Nice of her to call. E-mail from Shirley Olson: she would like the seed. Not sure how I'll get it to Wilma. Think I'll just mail them. She spent six hours in the hospital in Memphis having her lung drained. Barbara Hiatt's son-in law died of a massive heart attack. A

28 MARCH 2010. cont.

real shocker.

BLESSING: Woke feeling much better.

29 MARCH 2010. MONDAY

Talked to Evelyn I. Last night. She asked about Alice Mitchell. Was Evelyn's birthday. Woke several times during the night but was able to go back to sleep; got up a little after six and packed a bag of fruit, bread and cheese for Vivian and Clive. They came about 8:15. I went to the nine temple session as they left. Lunch, a two hour rest, no sleep, to Credit Union to deposit income tax refund. Took envelopes to Bp. Taylor for Thursday class. Took Anne the registration forms. Visited with Betty and Alice. Talked to Wilma and Don W. Talked to Wanda (thought I was calling Willmores); she had just taken Jacob to the hospital; Sarah may be having her baby (six or seven weeks early). Read Sister Beck's talk at the 2009 talk at the Seminaries and Institutes of Religion Satellite Broadcast on August 4th. FHE at Janice's. Her brother died today. Theme was "small and simple things" make a difference.

BLESSING: Ease of getting up this morning. Pleasure in making a care package for Vivian and Clive.

30 MARCH 2010. TUESDAY

Spent a lazy, mainly unproductive day. Went to Smith Market Place with Wilma H. An early lunch; too long a nap. Visit with Waymans. Didn't get test strips. Have one more. Feel blah. Windy, dirty day. Ate both pieces of the cake Wilma gave me.

BLESSING: Pam is with son Ross; he's home.

31 MARCH 2010. WEDNESDAY

Up to snow. Up later than usual (8:00). Snowed all day. Wet, pretty, a little on the grass; streets wet. Did bedding and another load of wash including all hose except the pair I wore: on hand wash. Went through a number of files but haven't thrown a great deal away. Marami E-mail. On reading. A notch above health insurance. Talked to Wanda. . No baby yet but found the baby is six and half pounds so even thought supposedly not due until May certainly not as premature as their son Nicholas was. She has definitely decided to retire. Yesterday and today she couldn't open her hand. Talked to don; asked him to ask Rachel to join us. Made copies of my history of the church in the Philippines for Luke. Called Shirley Hyde re visiting; never heard from her (Suggested she have Marlene call when I could go see her.) Betty gave me ceviche; haven't eaten it yet. Anne R. brought flowers and banana nut bread.

BLESSING: Sara didn't have her baby yesterday.

1 APRIL 2010. THURSDAY

Another one of "those nights". Up at 2:30 to find rice pudding in crock pot a mess. Four is high. Rather sparse attendance in class. World a fairyland of snow covered trees. Took Dona Price her birthday card. Wilma H. Came just as I got home with bean salad; lots of vegies in it. Had a serving of Betty's ceviche and hit the ouch. Three hours later got up feeling like a zombie; visited Betty and Alice. The latter had a bad night also. My test strips came. And another Census form. The Boffees also got another; met them in the elevator. Smith E-mail is full of Smiths reading. Neva must be pleased. Went to Jill Bogley's husband's viewing. Was glad I made the effort. Call from Vivian re the crock pot rice and Paul Johnson inviting me to go out for ice cream Friday. Called both. Will go with Paul and Desiree on Monday. I am super tired.

BLESSING: to and from viewing without mishap.

2 APRIL 2010, FRIDAY

TO OREM WITH WILMA. Stopped at Eric and Karna's; Wilma signed her tax forms and we visited a bit. On to willmores. Lettie, Wilma, and I went to Savers; I bought a blouse; Lettie gave me a "top". Wilma bought an afghan and yarn, a book. Rachel and don went to KFC and bought chicken, etc. Conner was home working on a history paper. Six of us for lunch and ruth stopped in. I had a rest. Brennen came home. Also Alicia. Don showed us his toe. Not his big one as I understood, 2nd to big one. We got home about 6:20 P. M. I didn't get really nervous once. Lettie gave us the rest of her short bread; Rachel gave us a quiche and Don had bought bacon for us. Rachel also made an artichoke dip for us to try and we each brought some home. When I asked Rachel about Heather she told me she is pregnant. Someone (Anne?) Left a loaf of fruit bread on my door nob.

Gladys stopped by to tell me about George B.'s funeral. Barbara N. Called to ask me to look in on Alice. She was having trouble breathing. I did and but she had all sorts of reasons not to get on her oxygen. Did do one ?? On her nebulizer.

BLESSING: Safe travel to and from Orem.

3 APRIL 2010, SATURDAY, GENERAL CONFERENCE.

Slept well. Enjoyed conference. Not surprised the primary Presidency was released as one of the counselor's husband has been called as a mission president. Talks concentrated on strengthening families. Elder Bednar's talk was his usual unique variety. And Elder Holland's on Pornography. I thought of Barbara Nolan's daughter. Elder packer spoke seated again. Looked hunched back. Not as natural as president Faust used to. I had about a forty five minute rest and was pleased I didn't get sleepy during the afternoon session. Steven's David and Emily sang in the afternoon choir. Stopped in to see Alice three times. After conference she looked much better. Called Vivian before morning session re her rice; said rice never swelled; gave it to her cats. Will try again.

BLESSING: conference.

4 APRIL 2010, SUNDAY

Rec'd. An Easter egg from some anonymous bunny and a cup cake and card from Lacy T. Gloried in Conference. Pres. Uchtdorf and Elder Donald Hallstrom's and President Monson's. Many/most talks concerning family. David Smith called; he and family had attended conference; brought lunch. Their girls are pretty. Amanda's boy friend, Austin, was with them. Leaves this month for a mission in Mexico City. Shelby is 11. They went home just as the afternoon was starting; watched it and had a rest from four to five-thirty. Kaitlin has another year at the "U". Alice M. Is feeling better; her door was locked when I went down before conference. Stopped in after first session and she seemed back to normal.

BLESSING: David and family's visit. Conference; was able to see both sessions without a rest.

5 APRIL 2010, MONDAY

To the ten endowment session. Large; biggest one I've attended in a long time. Conference attendees... From there to Deseret Book. Big. The south side of South Temple is almost completely open; just a little place by Utah Woolen mills seems to have workmen. Lunch a rest; phone call from Steven Smith saying engineers will be working on Wanda's condo. He is enjoying his chairmanship.

Visited Waymans and know for sure Bev S. Gave me the cute egg yesterday. Not sure re the bread. Stopped by to see Christensens; they were on their way out.

E-mail from Barbara nee Smith. They are moving to Sunnyvale, CA. Having their dog Truman

5 April 2010, cont.

put to sleep. She is leaving Nordstroms. Lots of changes for them.
Paul and Desiree Johnston picked me up at six; dinner at Leatherby's I had "soup and a scoop".
Stormy. Got home before snow. Visited Gladys afterwards. Too full.
BLESSING: Temple session. Paul and Desiree's kindness.

6 APRIL 2010, TUESDAY

Woke to snow laden trees; stayed on until afternoon. Went to Smiths via Lacy Thomas' work place; shopped for Alice M. and Betty J. to Sweet library where I picked up Fronck's Women of the Old Testament. Bought some long rice; will try it for pudding. Also some oatmeal; will have some for breakfast tomorrow. Several sweet E-mails from Tammy S. One to Wanda, one to Barbara and one to me. She's sick. Hemmed the "top" Lettie gave me. Difficult. Black. I wrote Barbara and Tammy. Talked to Wilma H. She went to her dermatologist; several things removed/frozen. Recommends her. She will use my last ballet ticket.

BLESSING: Recuperative power of a rest.

7 APRIL 2010, WEDNESDAY

Up 7:30. Went through files; didn't throw away as much as I thought I would. Enjoyed re-reading some things. Talked to Sonia Aycocock; she did get my check; I'm relieved. 75 degrees there. Talked to Delma Coston; not very satisfactory. Sad. Talked to Lettie and Don; requested FG's and Lettie suggested I contact Regan. A short letter in AARP describing a "grandson" scam almost identical with Clive's. Picked up prescriptions for both Coregs; bless the pharmacist managing to have both filled together. Took Eloise to Moran eye Center. Looked through Olson's women of the Old Testament. Impressive book. Visited with Gladys.

BLESSING: finally going through files.

8 APRIL 2010, THURSDAY

A very difficult night. Class and home for a rest. An hour without sleep but finally about an hour. Lunch of stirfy and shrimp after three. Feel like a zombie. Ginger Reid will help me with Family Search on Tuesday. Cher painter is the one who gave me the lovely loaf of bread. Had two slices. Also beautifully wrapped. Talked to Vivian P. Visited with Gladys and walked the floors. Lovely day.

BLESSING: Beautiful day.

9 APRIL 2010 FRIDAY

Made an appointment with Ginger Reid. Also an appointment for another mammogram on right breast. Helped Frances H. With laundry. Made her bed. Nice mattress; heavy bedding; a far cry from a single bed. Tried to get into Family Search; re-registered but can't get the E-mail acknowledged. Wanda took a look at it. Sent a card to Sarah Wood. Talked to Vivian> I have a fairly complete FG sheet for her and Clive.

Lunch with Wilma at Zupas. Busy, noisy. Liked my choice of half soup and half salad. Glad to get home for a two hour rest/nap. Heaviness of chest; some pain.

BLESSING: Was able to keep my commitments.

10 APRIL 2010, SATURDAY

Did a load of whites. Visited Frances H. Gladys was there, with soup. Washed windows of my car. Made another 3 cup milk rice pudding. Better; still not as good as Gladys'. Talked to Vivian and Wilma. Went through more files. Two hour rest. Spent some time on an envelope of pictures, etc. of Nancy Greene Harper. Also some time on certificates; papa's military record. David Harper called. His niece Mary Ann Bucham Jones was baptized today. 73 years old; born

15 APRIL 2010, cont.

an appointment to see one of the condos in the new high rise on So. And No. Temple.

Alice Mitchell gave me two big muffins and strawberries. Generous.

Shared Luke's letter with Vivian. Talked to Wilma Fullmer and Wanda Wood. Wanda is able to roll over her annuity to get the money she needs to get her full retirement. I am so glad.

BLESSING: Wanda able to get full retirement.

16 APRIL 2010, FRIDAY

Did a load of wash. To Kinkos and bank. Carl and Dimple Mellor came about ten-thirty. I gave Dimple a picture of Aunt Hilda. She asked if she could keep it and when I said yes she said, "thank you. I was touched. Carl admitted to not liking to drive on the freeway anymore. Wilma came over; had forgotten her hearing aids.

Lunch and to Staples to have copies of the Thursday class fliers run off; to \$ store. A restless rest. To Leatherby's. Ate only one chicken finger. Brought home two and marami fries. Had a dish of ice cream. Too much. Frances' knee doesn't hurt! Shot worked. Has some dental issues.

Mail was late. I haven't gotten any for two days! Gladys gave me a [piece of her FHE dessert and some rice pudding; food coming out of my ears. E-mail from Shirley O. Also from Wendell; he mentioned going to Priesthood meeting with Paul ----. I've eaten too much today.

BLESSING: Dimple spoke; asked if she could have the picture and thanked me for it. How much she understood I know not but I felt good I had followed the impulse to give it to her.

17 APRIL 2010, SATURDAY

Sent pictures of Aunt Beatrice, Aunt Bertha and Sister Peal Sttuckey and one of papa, Jim Cooper and I to Vivian and Lettie and one of Aunt Hilda to Ruby Haws. Checked in on Alice M. Patricia and daughter were there. Wrote Vivian Halverson. To lunch with Wilma to Red Iguana 2; Charming waiter, lovely day, Wilma enjoyed her chimechanga. My toastado could have used some guacamole. Stopped by DI where I bought a sweater. Drove by Fredas where we had planned to eat. Not open for lunch Saturdays. Was more than ready for a nap when I got home. Beautiful day. Great stake conference. Families. Elder hallstrom was great. Spoke up.

Differentiated between the church and the gospel.

BLESSING: Elder Hallstom's discussion of the church and the gospel.

18 APRIL 2010, SUNDAY

Gladys, Betty and I left for morning conference session at 9:15. Beautiful day. President Fitts from Ensign Peak Ward is our president with a Brother Hussey and a Brother Baker from Capital hill 1 and 2 wards his counselors. Elder Hallstrom commented in some details re the uniqueness of getting a new presidency in the church. Concluded the last thirty minutes of his talk discussing Reverence. Afterward we walked the N. Temple exit through the square. Trees, flowers breathtaking. Lunch of chicken finger, fries and salad part of yesterdays' toastado. A long rest and a visit with Julia Carver. She was at Naomi's. I am so glad she is Julia's friend and neighbor. Milo Wright went to the hospital.

BLESSING: Stake conference. The smooth transition from one presidency to another.

19 APRIL 2010, MONDAY

Slept soundly. Oiled two tables. When Patricia came I went to Smiths where I got cetaphil and Olay lotion and ziplock bags. Saw Bev and Jo Madsen several times. To Kinkos to have more pictures made of aunt Hilda and Sr. Stuckey, Aunt Beatrice and Aunt Bertha. Love my clean apartment. Oiling the other tables make all look nice. Wilma gave Patricia the jade plant she was trying to get rid of. Long hard nap. Wrote Jim Holland. Washed car coat. Will it last another

10 April 2010 cont.

same day as my brother. They just finished their Adrian Harper family reunion.

He is a fun person to visit with.

BLESSING: Frances (and I) are feeling better today.

11 APRIL 2010. SUNDAY

Good meetings. Bev Stephan and Errol Wiscomb spoke at sacrament meeting. Home for a quick lunch via Frances H. And a quick rest before Wilsons came for visiting and home teaching. To Fireside. Fern Hennesey's brother and sister-in law reported on their Humanitarian mission in Lebanon. Chest heavy, slightly nauseated.

Steven Smith called from Tampa. Long visit.

BLESSING: to be a part of church humanitarian process via contributions.

12 APRIL 2010. MONDAY

slept quite well. To the nine temple session. Small. After a rest picked up Wilma and we went to Smiths for a case of evaporated milk which we split. I got milk and strawberries. Took Frances H. A couple pieces of chicken. She had a leak in her closet, from Waymans. FHE at Gladys'.

Call from Becky while I was out. Dava set up our visiting teaching for tomorrow.

BLESSING: Feel better than the past few days.

13 APRIL 2010. TUESDAY

Had a delightful session with ginger Reid re new Family Search. She is a VERY good teacher. Dava and I visited both Barbara and Sheri. I deposited money in Credit union and paid for next years Finishing Touches Concerts. Dava gave candy from Maxfield's Easter candy sale. Visited Waymans, Shirley Hyde and Frances Hutchins. Talked and to Lettie and Don, at great length to Ruby Haws and Wilma. Cold wind today but saw some beautiful flowering trees. One in particular at Marlinda Thompson's house. Talked to Janice H. and visited with Betty J.

BLESSING: feeling better. Ruby Haws. Ginger Reid.

14 APRIL 2010. WEDNESDAY

Did bedding and another load of wash. To rite aid for prescriptions, to library to drop off books: didn't see anything I wanted to read; to WalMart, no Cetaphil. To vovens and post office. To Imogene Brown's. Left her a care package; she gave me two Easter cookies. To Staples for ink cartridges and \$ store for Olivia. Should have bought more. Did everything except have copies of pictures made. Quick lunch and a two hour rest. Visited Frances Hutchins: she had heard nothing and out of frustration made a pot of soup; gave me some. Anne Robertson brought registration material and some Chinese food. Visited Betty. Becky Johnson called. Cher painter will substitute for Anne tomorrow. I'm registered for New Family Search. Letter from Luke Bateman. Leaves for the Philippines on the 19th.

BLESSING: Cher Painter's willingness to substitute. Luke Bateman's testimony and enthusiasm for his mission.

15 APRIL 2010. THURSDAY

Wrote a note to Luke Bateman. E-mail from Vivian Halverson. Just as she thought her medical care was finished found cancer of her breast. lumpectomy scheduled for the 23rd. To class a little early. No walk-ins. Asked one "brother" to pray: said he'd just had surgery. When I asked the type he said it was esophical cancer. Ouch. Nice man. No mail. Picked up Wayman's mail and visited Frances H. She had a cortisone shot. Was having dental work done this afternoon. A rest: no real sleep. Discovered I hadn't taken meds this morning. Auwe. Called willmores: Lettie was almost in tears over Luke's letter. Talked to Wilma re last night's ballet. She tried to make

19 APRIL 2010. cont.

season? Janice Harris called from ER; had gone up earlier with a nose bleed. Wanted me to tell Anne R. That her daughter would be picking her up.

BLESSING: a clean apartment.

20 APRIL 2010. TUESDAY

Warm night; winter bedding too much. Vivian Pope called as I was about ready to leave for the temple. She does want Aunt Hilda's picture. Did ten initiatory. Was shocked when I walked across the east and south side of Temple Square to find the trees were no longer a shower of blossoms. To Deseret Book where I read Jerry Johnson's little booklet on women. Nice. To Church History Museum where they have a new entry exhibit. Home before twelve; a quick lunch and a restless rest. Went to see Janice H. And Waymans. Bill will be ninety his next birthday. He has difficulty telling things. He's earned it. Barbara Hiatt picked up my Hawaiian quilt to be used as a backdrop for a book signing by a woman who has written a book entitled Hawaiian Quilt at Kings English Bookstore. Can't spell or pronounce her last name but I have read some of her books. I'm a little embarrassed at the quality of quilting...Talked to Lettie and got pictures for David Harper, Elva Parker, Vivian and Lettie ready for mailing. Also paid credit card bill and made out may contributions. Think I'll watch Dolly Madison on TV tonight.

BLESSING: Profitable morning.

21 APRIL 2010. WEDNESDAY

Phone rang at six. Janice Harris; nose bleed; 911; shortly after the ambulance, fire department her daughter, Stephanie, acme and took her to ER. Mindy brought her home. Nancy Wakefield is moving. Took Pam Kipper's birthday card to her and visited Eloise R. Loaned me three Lucy Walker books. She doesn't feel too well. Had my hair cut. Lillian heil called; she and Doris Warner are coming next Tuesday. Called willmores. Betty J. Took Lydia Rawska for foot surgery. Visited Alice M. And Gay Mitchell; the latter gave me banana nut bread. Betty gave me some fruit cake. Gladys typed a letter to her friend Anne. Two hours. Jai fatigue.

BLESSING: Janice seems okay as of nine P. M.

22 APRIL 2010. THURSDAY

Took a look in at Janice before I left for class. Asleep. Took a banana and orange juice with paper to find she had a half gallon of juice in her fridge. Took another peek when I came home from class; she was still in bed. After a lunch and a nap I checked again; she had shampooed her hair and was putting it up.

Cool morning. I wore a skirt and sweater and coat to class. Class seemed to go quite well. Bro. Iba is concerned about the probable attendance for the next semester. Finished Red Iquana's toastado for lunch. The third meal. Looked in on Nancy Wakefield. Betty helped her this morning. Still lots of things. Nancy looked tired. I am tired too.

BLESSING: Nancy seems to have a number of people helping her.

23 APRIL 2010. FRIDAY

spent a couple hours at Nancy Wakefields'. Got gas, went to Famous Footwear; nothing. To Nordstrom's penthouse. Found one pair I could wear. Color didn't go with anything I have. Rainy, cool. A long good rest. Saw Janice Harris before she went to the Doctors and talked to her later. She liked her new Dr. Visited Betty and Alice. Took Arthritis Mag. To Gay Mitchell. Talked to Wanda Wood. Been out of school all week but paper work for retirement is well on its way. She and Wilma F. Are coming to SL on the 19th of May to complete the retirement work.

BLESSING: Wanda is retiring with better arrangements than anticipated.

24 APRIL 2010, SATURDAY

a difficult night. Checked Nancy Wakefield's door; locked; took Thelma H.'s birthday card to her door and saw Nancy coming from Garden's. she was in with a woman checking out furniture for sale. Declined any help so I went to humanitarian day via Barbara Nolan's with her birthday card. Just as I hung it on the door and started to leave, checked it and it was Olivia Pollock's. Auwe. On to the ward and stuffed a few dolls. Home and a quick lunch and delivered the right card to Barbara and Olivia's to a couple from the ward going to Olivia's party. To western nut for bridge mix: to Walmarts, no near parking so on to King's English Bookstore. Delightful store but I was too weary to really enjoy it. Neighborhood houses beautiful with flowering trees, tulips, etc. Home and a nap. Just as I woke doorbell rang; Marlene Hyde with a bouquet of tulips and a note from Shirley Hyde. Tried them in three vases before I found one that seemed right. Have enjoyed, and will yet enjoy them immensely. Shirley Olson called while I was out. To Rite Aid for CA pills. Pharmacy closed. Need synthroid.

Looked up Joe Stuckey and made a pedigree of what I found in Family Search for the Stuckey line.

Gladys' brother Wayne is now on Hospice. She is concerned. Had been to a funeral and a shower. I'm ready to call it a day. Thought I'd get over to see Wilma.

BLESSING: Nieces the caliber of Shirley Olson.

25 APRIL 2010, SUNDAY

Beautiful day. Tony Morgan and Neal Anderson spoke at church. Napped from 3:30 to five. Soundly. Went to see Wilma. Her hair is short. Plants and apartment look nice. Doorbell doesn't work. Talked to Shirley Olson and Rachel W. Visited Shirley Hyde and Gladys. Tulips Shirley and Marlene gave me are just beginning to open. Beautiful. Shirley is on oxygen at night. Has been on only five nights. Has helped the fluttering of her heart. I saw lilacs in bloom in Brigham Young Park.

BLESSING: Refreshment which comes from a good "sleep".

26 APRIL 2010, MONDAY

Up and load of wash: clean bedding. To Credit Union. Lettie and Rachel came about eleven. Had stopped at Wilma's first. Visited and to Coachman for lunch. I enjoyed my trout filet. Back and visited until about three. I gave them the trout Clive gave me. Napped until five. Visited Betty J. And Alice M. Took Marge W. a few oranges, crackers. Betty told me Lacy had her purse stolen. Just came back from a visit with Lacy; taken at Trax station. Think she has made calls and covered all areas. Will take time for card replacements.

BLESSING: sisters, Rachel.

27 APRIL 2010, TUESDAY,

Picked up prescription and got bleach and a \$ bag of cookies from a new "\$" section at Rite Aid. Visited with Gladys; she's leaving for St. George today. Nephew Doug is there. I canceled her appointments with Wilma and Annemaris. Doris Werner and Lillian heil came about noon. Hard time finding a parking place at little America; not crowd in restaurant. Our "orders" looked good. My fruit was hard and cottage cheese not very fresh. Pleasant to visit. Would be more satisfactory to visit with each separately. They left as soon as we returned. I had a not so satisfactory nap. Visited Waymans. Talked to Wilma H. Betty shared romaine lettuce and went to Lindon for the night.

BLESSING: friends.

28 APRIL 2010. WEDNESDAY

Fatful night's sleep. Ten temple session, nice, sat on the front row all the way through the session. Short of workers at the veil. Terribly tired when I got home; could barely eat a little lunch and a two hour rest/sleep. Did cross word puzzle, visited Alice M. and Betty J. Mary Behra called; need money for tickets to hale by may 15th. Finished reading the last of Eloise's Lucy Walker books. What can I say. ...As she said no sex to embarrass. Meant to go to the Republican precinct meeting. Flesh weak. Talked to Lettie and Don, they were having fish tonight; I'm glad. Talked to Wilma H. Ankle some better. Need to call Margie Whitehead.

BLESSING: made it to the temple.

29 APRIL 2010. THURSDAY

Took signs to stake center "No class, New semester May 6th". Four doors; at last door somehow I fell up the step. Cut/scoured/bruised my left brow above eyebrow. Grateful no bones broken, no stitches needed. Betty put a tape on it. Snowed off and on all morning. Went back about eleven and removed the signs. Returned Eloise's Walker books with an apple. Wanda came a little before twelve; in SL re her retirement. Did a little adjusting on computer; we had lunch. Barbara Hiatt brought my quilt back, with two pictures and an autographed book (the Aloha quilt). A short not so restful rest. Quick dinner and to the Genealogical program with the Tabernacle choir. President Erying and David McCullough. Not as full as I expected. Excellent. I'm just tired. Betty and I sat with Wilma H. She seemed to enjoy it. Ward members behind us and two rows in front of us.

BLESSING: Barbara Hiatt's kindness in taking pictures of how my quilt was used. No bones broken when I fell. Wanda's kindness.

30 APRIL 2010. FRIDAY

Little sleep last night. Up late, ate late, early lunch. Sleep. Talked to Wilma H. Scrapped idea of going to library for nap. Wanda called; Gladys returned. Wrote to Jo Jones, via E-mail and sent her an info card from SL Plaza Hotel. Visited with Gladys and Betty. To WalMarts for groceries; via Vosens for bread; took a loaf to Shirley Hyde. Winnie called; loved the program last night in the Conference Center. Watched who Do you think You Are? which has attracted so many viewers. The fifth one which traces one individuals ancestors. Sponsored by Ancestry.

BLESSING: I have milk to drink.

1 MAY 2010. SATURDAY

Slept well. Blessing. To library where I made a cursory look at The Anne Franck exhibit; checked out a few books and looked at the florist shop there. Lots of very attractive things. To Costco where I "tasted"; bought four items. A quick lunch and a long nap. E-mail from Barbara nee Smith but I couldn't open the tour of their house which is now up for sale.

My eye is turning black'n blue. Wanda Wood called. Jacob took his wife Sarah to the hospital for the delivery of their baby. I pray all will go well. Talked to Shirley Olsen.

BLESSING: I'm feeling better than I did this morning.

2 MAY 2010. SUNDAY

I look a mess. Blood into eye and below, on both sides of my nose. Didn't sleep after 3:30 until six or so. Cold. Sat by Eloise R. in Sacrament meeting. Brother Fager was released from bishopric and Bro. Berry sustained. Fagers have been called to the LDS Hospital Branch (?). Heidi was released from RS and Elsa Jane Ewer sustained. After a quick lunch I had a wonderful nap on the couch.

Phone call on voice mail from last night announcing Harper Adele Wood's birth: 8 lbs. and

2 MAY 2010, SUNDAY, cont.

13 ounces. Do hope she is healthy and if so she has a good start.

A message from Darla nee Olson. Sweet young woman; thanked me for being an example to her. Didn't go to fireside tonight. Silly but my appearance engenders too many comments; do hope it will be considerably better by Thursday. Vanity ?? Kathy Paschal bore her testimony in RS; has her temple recommend and expressed gratitude for it.

BLESSING: Safe arrival of Harper Adele Wood.

3 MAY 2010, MONDAY

WONDERFUL night's sleep. Did a load of whites. Spent day in and around preps for the missionaries dinner. Betty ate with us. Asked Gladys but she was having dinner with her ADK group. Wrote a long letter to Neva's girls. Meant to print it. Erased it instead. Auwe.

Wrote to Bro. Iba. Visited with Anne R. re registration. Asked Betty to help Thursday.

Registered for class via phone. Talked at some length with Lettie. She was a listening ear. Don has an appointment tomorrow. Ulcer on toe doesn't seem to heal. Talked to Wilma Fullmer.

BLESSING: dinner for elders seemed to go well. Bruise healing.

4 MAY 2010, TUESDAY

Insomnia night. Looked a fright when I got up. Betty called to say she wouldn't be going to the temple. I went but felt rather spaced the whole morning. An energy bar, milk and a good, hard nap. Had a bowl of stew, only one little piece of milk. Came home to a vase of flowers on my door step. Fragrant. Combined yellow tulips with them. Most of yellow tulips pau. Visited Waymans. Rang Ruth Hobson's doorbell; no answer. Learned flowers were from Marlinda T.'s yard. Thanked her and Pauline as well as Anne who I'm sure was the instigator.

Wrote another letter to Shirley Olson. Sent a copy to Vivian P. Called Winnie to thank her for the Family Search paper she sent. She is thrilled by info she is finding. Beautiful day but I'm cold.

Went back to Ruth H. to find door cracked; heard voices from Edith G.'s cracked door; left Clementines on ruth's door and sure enough she was with Edith. Visited a bit. Ruth is feeling better. Had cortisone shot. Good for Edith to have her nearby; and vice versa.

Talked to Vivian P. Lettie.

BLESSING: After a rather spaced out day feeling better. Sisters.

5 MAY 2010, WEDNESDAY

A big fruit bowl. To LDS Radiology for another mammogram. Dr. Talked to me; if I were 60 definitely encourage a biopsy; am to consult my Dr. Compared it to a 90 year old man with prostate cancer who dies of something other than the cancer. Stopped by Wilma's; she gave me her overcooked brownies. Have enjoyed them immensely. To grocery store for milk, butter. Visited with Anne r. returned her vase and gave her the \$ bills and quarters I had. A rest. Edith G. Called concerned about me. Ruth H. Called thanking me for the Clementines. Visited Alice. M. Guess it was her daughter in-law who was having lunch with her. Didn't offer to introduce me. Letters from Shirley O. (offering to make my quilt label) and a letter from Pam thanking me for a "newsy" letter. Talked at length with Barbara Hiatt re her quilt labels. Rachel willmore sent me a copy of Luke's letter. He had been so "down" and had an interview with his mission president. What a wise man. He told him he was "where he should be" at this time; to give himself another six months; he was concerned about his language deficiency.

Betty may not be able to help with registration tomorrow; management is replacing her kitchen appliances. Asked Eloise R. To help but it's her shopping day with her son. Anne brought some chicken masada (?). Ono. It's almost time for Amy Mackley to arrive. I'll be ready for bed.

5 MAY 2010, cont.

I'm enjoying the bouquet from Marlinda T.'s yard. Amy came about nine. Quick visit and to bed.
BLESSING: Shirley's offer to make a label for my quilt.

6 MAY 2010, THURSDAY

Amy left shortly after nine. She is easy to have as a guest. Went to the ward a little early to find Frances H., Betty J., Jane Berry and Anne r. not to mention Bro Holladay and Bp. Taylor already there. Donna and Leroy Holladay gave the prayers. I do like to hear Donna pray. I counted 76 in attendance. Just got the "on line" registrants (10). It looks as if there might be about 80 in attendance. I'm glad.

Just learned (at 7:15 P. M.) I didn't take my morning meds. Auwe. Upon return from class messages from Ruth W. That Don was home, surgery went well. Wanda called and said she'd call later. I tried calling her but didn't get her. Couldn't sleep when I lay down; did rest about an hour and a half. Went to bountiful checked the bookstore, shoe store and white house. Bought shoe polish. To Rite Aid for three prescriptions and grocery store for cherry tomatoes. Visited Shirley Hyde. Walked halls. Finished up Wilma's brownies. Stew tasted pretty good tonight with a big salad. Visited with Gladys. Talked to Wanda; she won't be going back to school except for her retirement Open house and to get her stuff. (The latter when the children aren't there.)

BLESSING: class went well, seemingly a pretty good attendance.

7 MAY 2010, FRIDAY

Dis laundry. Met Wilma at Abravanel Hall for Finishing Touches. We enjoyed the pianist. Had lunch at Hagerman's where we sat by her neighbor Connie. We could've shared a sandwich. Each of us took half of our sandwich home. Stopped in Deseret Book and bought a Jerry Johnson's book for Ruby Haw's birthday. Also bought Lewis' Screwtape Letters. Glad to get home for a nap. With Betty J. To the Stake Appreciation dinner. Roast beef. Sat by Bowmans and four ladies from the 19th Ward across the table from us. Message from Winnie on my return that granddaughter Rebecca is going to the Independence MO mission. Talked to Janice Harris re going to dinner with us. Not up to it. Impressed with sister Fitts circulating around tables, getting acquainted. ((Stake president's wife)

BLESSING: I can still walk from the cultural hall home.

8 MAY 2010, SATURDAY

Delivered birthday cards to Lydia Rawska and Mary Behra. Went to RS sponsored Shopping Guru. Dynamic speaker. Twenty or so in attendance. He touts coupons both manufacturer and store. Says he can save up to 70% on grocery bill. Home for a rest, lunch and shopped for a plant for Gladys. Finally got one at Flowers in Bloom. Dinner with Robertsons eating Dava A.'s Indian food. Talked to Lettie and Don. He is trying to stay off his foot. Conner and Brennen mowed the lawn today. Don got bandage wet so re-wrapped; said it seemed to be healing.

BLESSING: Caring Anne and Dava.

9 MAY 2010, SUNDAY

NOT a good night. The Berry's and Marianne Errebo spoke at Sacramento meeting. Sat with Dava A. Eloise R. Wasn't there. I will call her. Hurried home and had dosa and mango chutney and fruit for lunch. Ono. A good nap. Felt like a zombie. Gladys called as I was waking. Went to Lynn Coon's surprise birthday party just long enough to sing happy birthday then Gladys came for stew and fruit and went into some detail re her brother Wayne's funeral. She felt it went well. Called Eloise; her son did take her out to eat.

BLESSING: I made it to all three meetings.

10 MAY 2010, MONDAY

SLEPT WELL AND UNTIL 8:10. Did a load of wash. To eleven session. Lunched on Dava and Anne's chicken masala, okra and rice. Ono. Karna called re Wilma. I had forgotten she was having her surgery. She didn't answer the phone. I went to her apartment. Dozing in her rocker. Left eye almost shut: five hour ordeal. Her Relapsing polychondritis has flared up again (last was four years ago. Miserable. I SHOULD have gone with her. Did her dishes. I should have stayed with her. Late to FHE: Gladys was looking for me. Betty had worked hard on her book review. Bank statement came. Talked to Lettie and Don. All of Lettie's children acknowledged her on Mother's Day. Don's foot looking good. He sounded stronger. Rachel sent another letter from Luke.

BLESSING: Karna's call to remind me of Wilma's surgery.

11 MAY 2010, TUESDAY

to Wilma's for the morning. She looked pretty miserable. Finally took a pain pill and went to bed. I did a bit of work in the kitchen, did the crossword puzzles and scanned the latest Newsweek. Home for a nap. Message canceling appointment with Dr. Schlisman for today. Glad. Took the rest of my missionary stew and salad to Wilma's for dinner. She seems a little perkier. Got gas on my way home. Talked to Frances h., problems with her arm. Betty and Cher will help with registration Thursday. Bless them.

BLESSING: Wilma seems to be feeling better.

12 MAY 2010, WEDNESDAY

Slept well; rose early. Took car for oil/lube change; Hansens also did my inspection. When I picked it up it had also been washed. I stopped in as I left to thank them. Gale smiled, then laughed when I said I'd had trouble finding it because it was so clean..

To DI for a notebook, \$ store for birthday cards and fabric softener. By Zupas for soup and to Wilma's where we had dinner; shared two kinds of soup, neither of us very hungry. Wrote Shirley Olson. Have felt rather 'spacey' all day. Visited Frances H. She had a cortisone shot for her arm/shoulder. Betty J. brought me two little chicken pot pies. Talked to Wanda. Jacob and Sarah were moving; hoped to sleep in their apartment tonight. Sarah's mother left Monday.

BLESSING: a clean car gratis Hansen Service.

13 MAY 2010, THURSDAY

Nineteen more registered for class giving a total thus far of 62. I counted 76 in attendance. Lunched on Betty's chicken pot pie. Enough for another meal. A nap and mailed Ruby's birthday book, pictures to Amanda Howard and Carl Mellor's picture when he ran for UEA. Talked to him last night. He is busy with his garden. Jean nee Maples and her two children are helping. He complained about getting tired so quickly. Picked up prescriptions and bought some ham and chicken. The latter for Wilma H. Took it to her apartment and before talking to her got her mail. Her box was stuffed with her mail and the grocery ads. I think she looks a little better. Was making hats. Blood under skin moved down to her chin. Shared ham with Betty; she gave me ham. Had bacon and tomato sandwich for supper.

Anne R. Brought me lilacs. Smell so nice. Son Glenn has a clean bill of health. Ensign and New Era came today. Gladys came up for a visit. When I called for tickets to hear Laurel Ulrich they were "sold out".

BLESSING: Wilma seems to be healing. Lilacs. Class seemed to go well.

14 MAY 2010, FRIDAY

.Slept well. Talked to Vivian P. to Alpine Medical for two pairs. Of hose. To Fashion Place Mall. To Nordstroms and Dillards. No shoes I wanted to try on. Walked through women's wear. I'm too old for anything I saw on hangers. Stopped by Diabetic Specialty to pay them the 37 cents I owed them. Reams for milk, carrots. Lunched on Betty's second chicken pot pie. Rest and a visit from the hot water installers just as I was going to sleep. After he left I slept long and hard until 4:30. Went to see Wilma. Picked up her mail; think she looks a little better. Stir fry for dinner. Visited with Gladys. Washed tablecloth, pink and white sweaters. Note from Amy Mackley. Visited with Betty and Alice M.

BLESSING: Wilma seems to continue to improve.

15 MAY 2010, SATURDAY

Slept well. Regan Willmore called. He and Trish had attended an 8:10 sealing and needed a hanging out place until the wedding breakfast. I was glad to have them. Gorgeous day. Mopped kitchen floor and vacuumed the balcony. Talked to Wilma H. Talked to Dorothy S. Met Mary Behra for Hale's Three Musketeers. Was fun. I was beat however when I got home. Need a little rest before I go .

Talked to Wanda W. Jacob and Sarah have moved but they were having a family barbeque. Called Dava A. And tried to get Barbara N. for a visiting teaching appointment. Not home.

BLESSING: getting to and from hale safely.

16 MAY 2010, SUNDAY

Slept quite well. Addressed envelopes with pictures to Dorothy S., David Harper and Elgie Stuckey. Church. Sat with Carolyn Gibson. Afterwards we visited Barbara Nolan. A quick nap and a visit to Wilma H. She had taken her bandage off. Her closed eye is more open. Did agree to let me take her to her Dr. Appointment Tuesday. Betty gave me a pork mixture and some strawberry pie. Late to eat but had lunch late. Ruth willmore called re the temperature to cook a pork loin. All quiet on E-mail.

BLESSING: Wilma looking better. Betty's generosity.

17 MAY 2010, MONDAY

Betty j. called to cancel our temple appointment. Leg collapses on her and is very sore. Nice session with three new patrons. Lunch and a quick rest. Wanda W. And Wilma and Keith Fullmer came. Wanda and Wilma completed their retirement paperwork. Wilma has been diagnosed with rheumatism. Medication has helped her feet considerably. Keith fixed my caller ID and did whatever needed to be done so I can have sound on my computer.

Lacy Thomas's mother died. Janice H. Is arranging for money for Lacy. I ordered tickets for Saturday night concert by BYU ambassadors (?) In the Conference theater. Wilma took the New Era, Church News and Mormon times to give to Lettie and Alicia. Talked to Wilma H. David harper called; reminded me that it was William Walter Harper jr.'s birthday. He is getting produce from his garden.

BLESSING: temple session. Keith and Wanda's computer. electronic expertise.

18 MAY 2010, TUESDAY

RACHEL shared Luke's letter. Spent a night in the hospital with his urinary tract infection. Spirit upbeat. Wrote Shirley O. a long letter.

Somehow I've lost a day

19 MAY 2010, WEDNESDAY

betty J. called and canceled our lunch date. Washed two loads of laundry including my mattress

19 MAY 2010, cont.

cover. Need anew one. Went to see Janice Harris; nose bleeding; spent some time with her; stopped bleeding, then started again. Went to Macy's and got a mattress cover; tried on one shoe on sale. Nutralizer, 7 and ½ but seemed too big. Price was right! Knew I had a bladder infection; stopped at InstaCare on my way home. And yes I do. I KNOW I haven't been drinking enough water. I liked the Dr.

Returned to find Janice with nose still bleeding. Daughter Valerie took her to ER about 3:30 PM. Talked to Anne R. Feel badly that I'm not going to Lacy's mother's funeral.

Mattress cover fits. Took off winter quilt.

BLESSING: Infection diagnosed; addressed.

20 MAY 2010, THURSDAY

Called Marge to learn of Janice H. She reported they had come home from the hospital at 2:00 AM. Class. Five more enrolled. Wilma sent me a cooky and half loaf of bread. Lunched on Betty's pork concoction. My third meal. Still have a bit left. A restless nap. Talked to Wilma. To Family history Museum. Watched the DVD the Stone Cutter and the video or DVD in the Latin America exhibit. Touching stories told by individuals. Don't think Janice would go if I had FHE in the museum. Gladys brought me a copy of The Stone Cutter. May just have to settle for it. Got gas and returned books to library. To Sweet as the street was closed by the main library. Picked up milk at Smiths and looked for the mango smoothies couldn't find them. I will have drunk at least eight cups of water today. Last night I lost tract of the times I went to the bathroom. Wanda Wood sent two down loads of Hawaii music. Nice. Bev Stephan brought a "plate" she must've served at DUP. A very ample dinner.

BLESSING: generosity of people. Janice seems to be feeling better.

21 MAY 2010, FRIDAY

Three o'clock insomnia. To P. O. To mail Pope's book; to bakery for bread. To lunch with Betty J. at California Pizza Kitchen at Gateway. We shared an appetizer and a pizza. Brought a piece home. Noticed McGrath's is closed. Wilma H. stopped in with two boxes of smoothies, mango and strawberry. A good nap. Talked to Lettie and Wanda and later Ruth W. Wanda said she'd work with Brennen. Suggests they wait until he is out of school. The place he is in now charges \$43 an hour. Auwe. Offered Wilma H. The ticket to BYU Ambassadors. Declined. I picked the tickets up this morning.

Met lacy T. In the hall. Was glad I could tell her I was sorry I missed the funeral. She went in some detail re the week before her mother's death; talks so softly I have trouble hearing her. Need hearing aids?...

BLESSING: Chance to see Lacy. Wanda willing to help Brennen.

22 MAY 2010, SATURDAY

Slept in a bit. Did a small load of wash. After talking to four people got "rid" of my ticket for tonight. Frances Hutchens. To rite aid for Isosorbide to learn I renewed it May 12th. Auwe. Did get Fe pills. Took a bag to DI. To Costco where I bought the four items on my list. To \$ store for frozen blueberries and graduation cards. Really dragging by the time I got home. An energy bar and a glass of milk and a long nap. The BYU Young Ambassadors were excellent. Fast paced. colorful costumes, vivacious, attractive young people. Little loud for my taste, long.

Talked to Winnie M. Her grandson Marty had a heart attack. Talked to Julia C., sounded good. I'm weary.

BLESSING: Good solid ladies like Frances Hutchins..

23 MAY 2010, SUNDAY

Too tired to sleep for awhile last night. Learned that I can't do much past nine at night. Lovely morning, cool. The Bowman's spoke at Sacramento meeting. Carolyn Gibson was at church again today. Wasn't there when I went in but I think (hope) Ruth Hobson sat with her. Fitful rest. Visited Janice. Anne Robertson brought both of us a salad from her dinner tonight. Talked to Winnie. Mary is home. Dr. Said heart attack brought on by the virus, that he will be all right. Talked to Wilma F. She helped Wanda with her room Saturday. Med is helping her feet. Good sister. Talked to Wilma H.

BLESSING: Thoughtful people such as Wilma Fullmer.

24 MAY 2010, MONDAY

Another night. Woke to snow! Did ten names in initiatory. Stopped by Deseret book and bought two books by Bro. Henry Eyring re decision re college for Jordan Pope and Conner Sugrue. Quick lunch and on the couch. I was feeling pretty rocky. Tony Morgan died of a massive heart attack. A shocker. Visited Alice M. In a stew re missionary meal. FHE at Gladys'; my DVD doesn't work or I don't know how to use it. Showed The Stonecutter and served Wilma's mango creamies. They seemed to enjoy. Stopped in to see Sr. Kingsford. She is still sore. Thanked me for the bread. Talked to Wilma H. And Wanda Wood.

BLESSING: the therapy of sleep. FHE group seemed to enjoy the Stonecutter DVD.

25 MAY 2010, TUESDAY

to Dr. Schilsman fasting. She started immediately re the May mammogram. Disagreed with radiologist and felt should be addressed immediately. Biopsy can't be done with a needle. Needs surgery. She's sending info to Dr. Rosenthal who has moved to Murray. I'm to call her nurse tomorrow. Came home to find beautiful iris on my doorstep. From Marsha Thompson via Anne Robertson. Anne is SO generous. Had my dermatology records sent to Wilma's dermatologist. Visited Waymans and Eloise R. Talked to Wilma H. A call from Wanda offering to take us to the cemetery on the 31st.

Not feeling well. Went to movie night in the social room: I Am David.

BLESSINGS: Wanda'S generosity. Dr. Schlisman and generous Anne R.

26 MAY 2010, WEDNESDAY

Called Dr. Rosenthal's office. She offices in the same building as Dr. Bertin who did my knee surgery. Have an appointment with her a week from Friday. Made an appointment to have my hair cut. Mailed Jordan Pope and Shirley Olson's books. Drove through Gateway; saw Barnes and Nobles but no parking place. Didn't feel like walking. Home, quick lunch and too long a nap. To see Wilma H. Took books from Lettie and the two New York Times Janice II. Gave me. Her ENT was pleased with her nose situation. Has an appointment with the cardiologist tomorrow. Gladys came ot type her letter to friend Anne and I rode bike and finished the priesthood session talks. Gladys was able to send her letter without help. Wrote to Shirley O. Freda N. Called; she'll stand at the "crossroads" at the funeral. Cher will do table decorations and Gladys will help "set up" despite her busy day.

BLESSING: willing people. Dr. R. willing to see me.

27 MAY 2010, THURSDAY

WENT EARLY TO MEET CHER PAINTER TO FIND RS room CHAIRS ALL STACKED UP AGAINST THE WALL. Carpet had been cleaned. Bob Holladay, Cher and Bp. Taylor got them rearranged. Six more registered. Plumber "reamed out" my kitchen sink drains. Restless rest. Talked to Lettie and Don. Called for funeral luncheon help. Need two more. Pants came.

27 MAY 2010, cont.

wrinkled. Hadn't notice the rayon content. Washed them with two other pair of pants and other colored. Did a lot of phone calling for help at the luncheon Saturday. Many refusals, all legitimate. Need two more people. E-mail from Shirley Olson.

Wrote Cinda Morgan a note. My handwriting, auwe. Janice Harris called re her heart. She'll be having a pacemaker put in on June 8th.

BLESSING: willing people anxious to help at luncheon.

28 MAY 2010, FRIDAY

Slept well. Asked Lacy T. to help with the luncheon tomorrow. She accepted. Puzzled, said she'd never been asked to help before. To Barnes and Nobles in Sugarhouse and got a Betty Crocker cookbook; only had one copy. To DI, \$ store for AA batteries and to my hair appointment. Collin really butchered me; feels good. To Sam Weller's and found the same cookbook. Bought it. For Janae and Christy's wedding gifts. Home for a rest and a late lunch. To Smiths for milk and other groceries. Used two coupons. Shared bread and rolls with Betty and Gladys.

Janice Harris called to say she will be having a pace maker and later some surgery.

Gladys got a long e-mail. Got new appliances. Visited for a while. Took Mary Ann Parker's birthday card to her. Also Gladys'. Gladys will be 81 tomorrow. I feel a little nervous about tomorrow.

BLESSING: Found both cookbooks.

29 MAY 2010, SATURDAY, Toni Morgan's funeral.

Picked up crushed ice and to ward for set up for luncheon. Good help. Finished in half hour. Cinda Morgan and her three siblings greeted people. Large funeral. Detailed, picture filled program. Hour and a half funeral. I left before the final musical number, Bp. and President Sorensen talks. Five beautiful salads, good rolls, pretty tables. Thanks to Cher Painter. Home about two-thirty. A rest. Back to ward and picked up two salad bowls for delivery and my shopping cart. Gave Betty a piece of cake lasagna and butter. Talked to Liz Taylor and Marge Whitehead. Wilma H. Gladys stopped in. Had decorated graves for Rex, LeAnne and mark. They took her out to dinner for her birthday. Took a funeral program to Janice H.

BLESSING: Grateful that things went well with the luncheon and to those who helped.

30 MAY 2010, SUNDAY

Took towels and dish cloths back to ward. Put dripper pan left yesterday in the RS closet. Met Cher painter and someone had put the vases and flowers in the closet. The new ward mission leader and Robbie Robertson spoke at Sacrament meeting. Robbie didn't have the time he wanted. Gave a good patriotic talk. Only one SS class. Michele manwaring. Combined meeting with priesthood. All three members of the Bishopric spoke. Quick lunch of the leftover spinach salad and toquitos. Ono. A good nap and Gladys drove us to the cemetery. Wilma took a pot of flowers and we drove by the military cemetery in Ft. Douglas. Watched the Memorial Day concert from the national capital. Gathered most of the things I'm taking tomorrow together. Hard cooked eggs and wrapped the two wedding gifts.

BLESSING: Was able to last the three meetings. Had a wonderful night's sleep.

31 MAY 2010, MONDAY, MEMORIAL DAY.

Nice day with Smith family at cemetery and picnic. Wanda took Wilma and me. Home about 2:30 PM. Tired. Rest. Visited Waymans. Gladys stopped in. Did a load of whites. Talked to Doris Werner re Lilian Heil; surgery a success; back hurts. Home from rehab tomorrow. To bed

31 MAY 2010, cont.

early.

Blessing: opportunity to rub shoulders with Neva and Theron's families.

1 JUNE 2010, TUESDAY

Did bedding, other darks before going to the ten temple session. Sat on front row through whole session. Mary Richards and husband in same session. Cooler than I anticipated. Wore only a sweater, and was cold. Rained a bit. A quick lunch and a LONG nap. Visited Alice M., Betty J. And Janice Harris. Called Wilma: she needed her birth certificate or a passport as proof of citizenship; can't find either. Betty gave me two slices of her daughter-in-law's bread and Alice gave me chicken soup. One both. Wrote an E-mail to Barbara nee Smith, Shirley O., and Wilma F. Don't feel too well. Julia C. Sent a copy of an E-mail full of old Burma Shave signs.

BLESSING: Made it to the temple. Betty and Alice's generosity.

2 JUNE 2010, WEDNESDAY

To Credit Union for some money; to Smiths where I bought two pots of orchids, some canned fruit, bridge mix and raisins. By Wilma's where I left one orchid and the green pants. We met on the elevator!. Lunch on Wilma's pimento and a small bowl of Alice's soup. Tried to rest. To Rite Aid for two prescriptions and Smith's on 12th for another orchid. Gave one to Anne R. Gladys stopped by; upset about her fridge and one of her great nieces. Has hot flashes. Predicts along hot summer. Betty J. Frustrated with her flight plans. Borrowed my suitcase. Sent a copy of Barbara's letter to her sister. Have felt badly most of the day.

BLESSING: Wilma was pleased with her orchid.

3 JUNE 2010, THURSDAY

SLEPT QUITE WELL. Didn't feel too well. Went early to class and returned Mary Richards' cake pan to her. Went home via Hansens and he showed me where to send with my tax. I thought they'd given me other papers and that I had put them in my car file. So-o relieved to find I had them. A quick lunch. Voice mail from Amy Mackley. Had rec'd Toni Morgan's funeral program. As I got up from my rest and was going to see Betty J. Wilma, Ruby Haws and Shirley O. Came off the elevator. Nice visit. Anne invited me to dinner. Pasta salad, a roll and dessert. Other guests were Janice H., Marlene and Shirley Hyde. Visited with Gladys. Sister Maureen in hospital. Learned Bps' wife, Julia, is pregnant.

BLESSING: visit with Ruby, Shirley and Wilma. Robertson's hospitality.

4 JUNE 2010, FRIDAY

Slept well. Did a load of dark pants. Read, wrote E-mail. Ross Werner having a rough week. Talked to Gladys; checked Betty's plants. A rest and lunch about one. Went out to car to go to Rosenthal appointment; wouldn't start. Called AAA and Dr.'s office. AAA arrived in ten minutes. Started for him. Auwe. Suggested that I push PARK back a bit. Said it had happened to him. Checked battery. OK. Got to Rosenthal's office about five minutes late. Waited for her. Had my records. I had seen her last in 2003. Didn't remember it was that recent. I felt at home with her. She wants to talk to Dr. Brann re my heart. There is a less strenuous way of doing the biopsy. Her assistant went over care following "surgery" in case I do have it. I was super tired when I got home though the actual driving home was quite painless. Just very warm.

BLESSINGS: AAA coming SO quickly. Kind. Arrived to my appointment almost on time. Dr. Rosenthal, felt as if I were with an old friend.

5 JUNE 2010, SATURDAY

Slept well but still felt extremely tired by the time I'd showered and had breakfast. Called Wilma

5 JUNE 2010, cont.

re dinner at Siegfred's. Gladys is also going. Checked Betty's plants; still moist. Moped around most of the day. Did put more pictures in my Family-Friend book. Talked to Lettie and Vivian. Tried to find Jesse Lee's name on Family Search. Did find his death date on the social Security info. Saw Janet Nielsen as we finished eating. Our three meals were a little over \$25. I treated them for their birthdays. Talked to Winnie. Visited with Alice Mitchell.

BLESSING: feeling better than I did this morning.

6 JUNE 2010, SUNDAY

Beautiful summer day. Sat by visitors at Sacramento meeting. Hardly made it home, a quick lunch and a two hour rest-sleep. Trouble opening E-mail and Werner's Cancer site. Finished reading the General conference addresses. Visited Gladys. She loaned me some green thread for my pants.

Don't feel very well.

BLESSING: good feeling as I read the conference talks.

7 JUNE 2010, MONDAY

Told Wanda re internet problem. I called quest. After a number of automated questions put on hold for a real person than the operator told me to hang up. Auwe. Wanda called while I took Wilma to the airport, did a bit of shopping and found needed a new prescription for one of my meds. Using the number Wanda gave me finally talked to areal person at Quest. Learned what a modem is and after some pulling of wires, checking colors she feels the modem is pau; sending me a new one.

A rest. Realized Janice isn't having her surgery until tomorrow. Took paper to her about two. She showed me her "book" re her family. Beautifully done. Picked up Betty and visited Jean Christensen; Vaughn is in the hospital. Visited Waymans. Made Wilma Fullmers dressing for spinach salad. Ono. After a warm day, cloudy and rain. Latter smells so good. Some flooding in some parts of Salt Lake.

BLESSING: Safe travel to and from airport. Wanda's help with computer. Feeling better than yesterday.

8 JUNE 2010, TUESDAY

to the ten temple session; walked through south visitor's center. Quite a few people around the Model of the temple showing the inside. To Blue Lemon restaurant; picketers outside re labor dispute. Just across from Deseret Book. Tired when I got home. Letter calling me to jury duty. Modem came with wires etc. I could have cried. Lunch and a nap. Mustered up enough courage to go to Wilsons to inquire re him installing my new modem. Feel guilty they are so busy. He's coming at nine in the morning. Lettuce from Betty and roses from Anne. Message from Steffanie, Janice's daughter saying surgery went well. Will be released from hospital tomorrow; going to Steffanie's. Mauled over pictures. I'm ready to finish up.

Wilma h. called from Paula's. Arrived safely and they're celebrating her birthday Thursday rather than tomorrow. Talked to Vivian; got the lavender top ready to mail to her.

BLESSING: Janice's surgery went well. Made it through the day.

9 JUNE 2010, WEDNESDAY

Short night. The Wilsons came at nine. An hour and a half later modem in. Packed up old one. Had 66 E-mail. One from Bryan S. Telling that Brienna had a full scholarship. And a number of helpful monetary gifts from family, friends. A short rest. Lunch on rest of Siegfried's dinner.

Third meal. With spinach salad. Called ruby H., not home, talked to Gordon. Dr. Didn't find any reason for Dorothy S. Being jaundiced. Probably from one of herbs she's taking. Talked to Keith

9 JUNE 2010, cont.

fullmer. Wilma went to Dr. early: painful side effects from meds.

A call to Dr. Brann's office and got refill for other coreg med. Picked them up and bought a few groceries. Visited Alice (Barbara Nolan was there) and Betty. Thought of calling Wilma: decided to let her just enjoy her family. Had conference with Marge W. Re visiting teaching. In lieu of tomorrow's appointment. A call from ruby Haws: will call her back. Glad to find that old telephone books are acceptable in the paper dumpster. Anne's soup for dinner. Sent my jury questionnaire in.

BLESSING: the Wilsons for giving me an hour and a half to fix my computer. Janice is feeling better.

10 JUNE 2010 THURSDAY

To class. Brother Gary Beckstead a nice man. Had quite a number who stayed to talk to him. One, a long time. It was after twelve before I got home. Lunch on Anne's soup with added sausage. A rest and sent the modem to Quest and the New Era to Alicia and the "top" to Vivian. To Staples for ink cartridges and carrot cake (for Gay M.) and two cookies from Paradise Bakery. To smiths and paid for the orchids I wasn't charged for, also some day old rolls: shared with Betty. She put a new bulb in my bedroom. Gave me raspberries. Talked to ruby and Winnie. Talked to Janice. Read E-mail. Shirley wrote a long letter. Took raspberries and strawberries to Wilsons.

My rose is still pretty. Received a graduation announcement and picture from Brienna.

BLESSING: Ruby and her positive attitude. Ditto Shirley

11 JUNE 2010. FRIDAY

Had a productive morning. Did all my day's list except write to Shirley and pam via e-mail. Did two loads of wash and ironed my new pants and two blouses. Rainy, cool. Wilma had a good trip. Commented that flying is still as bad as she remembered. Seems well. Talked to Ann Hamby: feeling better. Stopped in to see Jean Christensen and Gladys after taking Wilma home. Neither home.

Talked to Janice Harris. Will be going to daughter Valerie's on Sunday for a few days. Tried calling willmores again, no answer. Disappointed that I haven't heard from Dr. Rosenthal.

BLESSING: Accomplished most of my to do list. Wilma arrived safely, well.

12 JUNE 2010, SATURDAY

Finally. Wrote to pam and Shirley. Jean Christensen called. Vaughn is in a care center (Avalon) in Bountiful. Took a bag to DI and bought two blouses. Bought some groceries. Fruit, frozen fish filets. A rest and talked to Lettie at some length. Took Eloise r. a picture of her, Helen Hales, and me on our 50's Colorado river trip. From there to the ward dinner. Quite good Thai food. Rained off and on all day. I dressed winter.

BLESSING: I have felt pretty good all. Blood sugar has been in the 90's.

13 JUNE 2010. SUNDAY

Another cool day. Lacy Thomas and Marlinda Thompson spoke in Sacrament meeting on Magnifying Our Callings. Both gave good talks. Heidi Andersen taught SS class. Good job. Shelby ? Taught in RS. New members from the condos in City Creek building project. Visited Barbara Nolan as she leaves for CA on Wednesday. Not a very good job. By Toni Morgan's apartment: daughter Cinda having friends choose something of hers. Felt as if we were vultures. I took a Othello Cliff Notes. A nap and to Fireside where two couples spoke. A little long but inspiring. Watched part of a Miss Maple mystery. Many murders. Auwe. Gladys gave me

13 JUNE 2010, cont.

"dinner", macaroni and sausage. Quite good. Tried to call Wilma. Voice mail.

BLESSING: Made it through all three meetings. Visited Barbara. Did talk to Janice H. This morning. Not going to daughter Valerie's

14 JUNE 2010, MONDAY

To the temple for E-mail. When I reached east elevators of conference sign stating they weren't working. Walked up the steps. Auwe. Nice young man offered to help me across the street. Made the garlic grits I have had a recipe for. My apartment smells very garlicky. Tried the fish fillets I bought Saturday. Almost tasteless; very disappointing. A rest but little sleep. Visited Waymans. Pasted some more pictures. The end is in sight...

Betty brought blue berries and an avocado.

BLESSING: made it to the temple.

15 JUNE 2010, TUESDAY

Found Jesse and Grace Lee's death dates via social security. Betty and I had lunch at Hotel Monaco's Bambara restaurant. I had rainbow trout; she had halibut, a drink and soup. I brought a cooky home. Found a parking place on the street! Talked to Wanda at some length. She has a bronchial infection. She offered to pick us up for Christy's reception. We'll see how she feel. A restless nap. Anne shared her roses with Betty, lacy and me. Visited a bit. Asked about me.

Amy Mackley called; will only use my place as a stop-over Thursday rather than spend the night.

A grandchild will pick her up. Dava is back. Told her re visiting Barbara Nolan Sunday.

Order came: two flash lights, bra and microwave rice cooker. Anxious to try the latter. Bill

Wayman gave me a box of raspberries.

BLESSING: Anne's generosity. Good neighbors.

16 JUNE 2010, WEDNESDAY

A very short night of sleep. Drug around all day. Finally after lunch slept and now feel groggy. E-mail from Shirley Olson. Betty gave me some of Alice Mitchell's chicken soup and watermelon. Finished my spinach; had begun to get slimey. Picked up nitro at rite Aid. Windy, cloudy, cooler. Talked to Winnie; it's her birthday. Auwe. I didn't remember. Guess I never have. She is very anti Obama. Called jean Christensen. She can't find their health insurance policy.

BLESSING: beautiful roses. Generosity of Anne, Betty.

17 JUNE 2010, THURSDAY

Class went well. Overtime ten minutes. Early rest. Janice H. sent me a \$30 gift certificate from Smiths. Auwe. Amy M. came and left almost immediately to take care of her errands. Went to julia Carver's; took her the raspberries bill Wayman gave me. Nice visit. She doesn't drive anymore. Concerned about Wilma Hein. Learned she had colon cancer surgery. Nothing since. When I got home Amy was back. A bowl of Alice's chicken noodle soup and she left about seven.

BLESSING: Finally made it to see julia.

18 JUNE 2010, FRIDAY

Wanda picked us up and we had a bring in lunch with willmores: Lettie, Don, Alicia, Brennen, ruth, Rachel and heather. I had a rest and we were early for the reception. Before we left for SL I had read the E-mail re Ross Werner's bleeding of the brain and a tumor on brain. On reaching the ward where the reception was found Wayne Werner in the kitchen; had learned the tumor was

18 JUNE 2010, cont.

benign, not death threatening. Victor and Janice's parents were there.

Chapel was decorated across ceiling with white Christmas lights. Buffet table with a chocolate fountain and MANY dipable foods. Wedding cake, quite simple. Gold fish bowls as centerpieces with rose petals around and mints and nuts on table. No formal line. Bride and groom late. Christy looked lovely. Timothy there in a white shirt. Impressed with Adams parents: father tall, erect man. Pam's Relief Society president was there. Rebecca nee Werner is prettier than as a "girl". David and family, Becky, Danny and family and Wilma and Keith there. We got home about nine. Bad traffic at construction area around American Fork and pleasant Grove. I was so tired. Too tired to call willmores and Wanda..

19 JUNE 2010, SATURDAY

Took a while to go to sleep, too tired. Went grocery shopping at Smiths: milk, found the lindtl chocolates Wilma mentioned. Raspberries, strawberries. By vosens for bread, one for me one for Shirley and Marlene Hyde. Shirley came home last night. Cooked rhubarb and shared with Alice Wayman. Called willmores and Wanda. A rest but am still tired Wilma and I are going to "dinner" at Village inn. Talked to Janice Harris. We did go to dinner. I planned to have a waffle with strawberries but had one of their early bird dinners. Very adequate with a piece of pie. Full. Brought pie home.

BLESSING: Not as tired as I was last night when I got home.

20 JUNE 2010, SUNDAY

Slept quite well. Enjoyed Sacrament meeting and SS. Glad to get home. Lunched on Anne's enchilada. Two hour rest/sleep. Feel spacy. Went to see Sandy Hopkins: gladys stopped in and I ran off her friend Anne's E-mail. Janie wrote on Cancer Warriors. Staring on radiation. Margie called re someone to pick up Kathy P. On Tuesday. We have an appointment for visiting teaching Tuesday afternoon.

BLESSING: peaceful Sabbath.

21 JUNE 2010, MONDAY

Up early and did a load of whites. To Dr. Brann, Wilma accompanying. I was nervous. I did like him better though have little new info. He seemed to think the biopsy should be no problem. Didn't agree with pharmacy re not lying down when I take a nitro pill. Kathy Paschal called. She should be ready for "pick-up" following her hernia surgery after ten. Stopped answering "no name" phone calls. Many re the senate race. A rest, little sleep. Went to Costco. Bought cetaphil and cookies. Froze the cookies. Patricia and daughter cleaned. Did it in an hour. Gladys stopped in. She is concerned that Maureen's girls aren't as attentive now as before. Talked to Wilma and Wanda. Ross W. back in ICU. Pam and Victor flew to Seattle this morning. Wilma had trouble with her van overheating taking Wayne and family to the airport.

BLESSING: More comfortable with Dr. Brann.

22 JUNE 2010, TUESDAY

Slept well. Rode bike for a change! Kathy was bumped from her surgery schedule to give way to two emergencies. Finally picked her at two. A good nap and went to visit Shari Stagg. Wanda sent the first of Neva's journal. Ten pages. Shake my head at all the people who came/went/ate at their house. Gladys stopped in. So did Anne. Te latter will be gone for five Thursdays. Enjoying the rhubarb/strawberry/yogurt combo. Ross Werner has come paralysis: moving him to another hospital. Christy and Adam's reception will continue as planned in Maumelle on the 25th.

22 JUNE 2010, cont.

After visiting Shari I went to the main library to pick up four books I had asked to have held.

BLESSING: Picked up Kathy with little difficulty.

23 JUNE 2010, WEDNESDAY

To the ten endowment session. A rest. Called Dr. Rosenthal's office. Ten minutes later Dr. Schlisman called. Had talked to Dr. Rosenthal. Suggested a "conservative" approach to breast situation: another mammogram in six months. I am so grateful to these two women, Dr. R. Who evidently went back in her records to recall the kind of cancer I had before. Bless them both. Called Wilma to share the news, mine and Ross. She invited me to lunch tomorrow.

Two E-mails from Pam re Ross's condition. Serious but things looking up a bit. Victor will return to AR for Christy's reception. Pam will remain in Seattle a few more days. Took Robbie r. some lint rollers and saw her orchid. It is beautiful and I'm so glad. Mentioned to him that Anne is difficult to find something to give her. He said he'd given up. Visited Waymans and Gladys. She had her temporary dental bridge(?) in. Two weeks from now will have it replaced by the permanent one. A two and a half hour session. Called Kathy P. And Jean Christensen. She wasn't home but called later. A strong woman.

BLESSING: Drs. Rosenthal and Schlisman.

24 JUNE 2010, THURSDAY

Slept well. Good class. Introduction to Isaiah. Brother Gary Beckstead will teach during July. Completed form for fall semester. To Wilma's for lunch. Home about 1:30 PM. Baked beans, watermelon and tomatoes and cukes for lunch. Ono. She showed me her 72 hour emergency bag Karna had made for her birthday. Impressive. Her apartment has the nicest cross breeze. Sleep eluded me during my rest. Made tuna salad and cooked the two turnips I have had for I don't know how long. Made fruit salad using the grapes I'd also had for too long. Visited Alice Mitchell. Not feeling well. Wrote a check to Betty for our joint Costco card. Did July contribution check. Always a good feeling. No news of Ross today.

BLESSING: a good class.

25 JUNE 2010, FRIDAY

Got gas, bought a croissant for Gay M., by Western Nut for pecans and bridge mix. To distribution Center for Andy Crapo's wedding gift (FHE manual and a hymn book By smiths for milk, peanut butter. Ruby Haws returned Erwin's bio; a note telling of Joyce nee Chesnutwood's death on 21st of June. A rest, no sleep. Turned on air condition. Sister Kingford brought me blackberries and strawberries. She was on her way to Logan and Idaho. Afraid they wouldn't "keep". Polished my silver. Visited Gladys. She liked The Wedding Singer. Pam wrote an update on Ross. Some improvement; expressed gratitude for Janie and her faithfulness in being there for him. Finished the Medicott book. Shouldn't have finished it. Adultery, gay lifestyle told with great acceptance. Walked in halls; stopped in on Sandy H. Seems in good spirits. Met the Richard Gurgels when I got to the second floor. Three children, two more years of school. Janice Harris is home. Mailed Fall Semester form for the BYU Adult Religion class.

BLESSING: Ruby Haws; her newsy notes, positive attitude.

26 JUNE 2010, SATURDAY

A load of wash. Talked to Janice; shared berries with her and Gladys. To see A Wedding Singer. Didn't care for it at all. Neither did Mary. Bought two cookies. Not worth price. Rested on my return; talked to Wanda. Went with Gladys to hear Emma Lou Thayne. My hearing? Walked home; Gladys stayed to hear Bro. Busch. Note from Imogene B.

26 JUNE 2010, cont.

To bed early.

BLESSING: JANICE Harris is HOME.

27 June 2010. SUNDAY

Someone left six apricots on my door. To church. Not quite as tired when I got home. Made a sandwich before I left for lunch. Disappointed in the ham. Doesn't taste like Back Forest. A rest. Called all three sisters and Dorothy S. Visited Jo Madison. She sat in the back at church with Edith Gerrard the reason I didn't see her. I wondered if she was ill. No Bev. Bev was at Jo's apartment when I visited; she had been to Yellowstone with her son/family. Jo does look frail. Wrapped Andy Crapo's wedding gift. Update on Ross W. Some feeling in left side.

BLESSING: Kindness of the giver of apricots. (Anne)

28 JUNE 2010. MONDAY

A bad night. To temple and did five initiatories. A noonish nap. Called library to reserve three books. Tried to call Wanda. Visited Waymans. Changed bedding on double bed. Electric bill \$32.32. Talked to Winnie. Son Cody in hospital. Grandson's wedding went well. Neva and Theron's wedding anniversary? Mavis Coleman came over. So nice to visit with her. She and Bob have a mission change. In charge of the 70 or so young missionaries in the Family History mission.

BLESSING: made it to the temple.

29 JUNE 2010. TUESDAY

Did a load of wash: double bed sheets. Left early for appointment with Laurie Ellis. I like her. Efficient. Sprayed a few places. Scraped a rough skinned place on my left ankle; tested it and gave me ointment. I'm to use it two times a day for ten days. Finished by 10:30 so went for an hour plus visit with Winnie. Saw her the dresses she wore to the wedding activities. Good to visit with her. Straight home and lunch and a rest. Wrote about three pages to Shirley Olson and lost them. Auwe. Called her and talked at some length: Gladys came and I hung up, called a gain. A call from Amy Mackley: need to return her call. Took waymans some banana nut bread in the plate he gave me yesterday of his sweet potatoes. Visited Alice M. Told me her problems.

BLESSING: Shirley Olson. Laurie Ellis. Like 3 of the 4 Drs. I have.

30 JUNE 2010. WEDNESDAY

Fitful night's sleep. Wilma and I went to village Inn for brunch. Lots of people; having a special, four choice breakfast. Ate too much and NOT the waffle and strawberries I'd planned. Free piece of pie. Limited selection. Stopped at store and Fresh Values on our way home. Also at Fresh Values for Wilma to get her prescription. She bought cherries. Felt sickish all day. Did get all my mission letters organized chronologically. Rested but didn't sleep. Gladys stopped by after she had her hair done. Shared cherries with her and Betty. Talked to Lettie and Don. She had her tests today and will await the results. Ruth and children arrived in CA safely. Talked to Evelyn Isgrigg.

BLESSING: Mission letters organized. Safe arrival of Ruth and family to CA.

1 JULY 2010. THURSDAY

Delivered a birthday card to Roberta R.; to class. Bro. Gary Beckstead taught. From class to Sweet library and to Smiths for milk, cherries. Lunch and a rest. Long one. Sr. Kingsford is back: cutting mission to go home for shoulder surgery. Called Afton Bateman: heard re her husband's death. Talked to Dorothy s., ruby haws. Gladys invited me to ride with her to Orem. Leave at 11:30 and return at 3:30. Will decline. Would need to rest most of the time I'd be there.

1 JULY 2010, cont.

Such a good opportunity. My energy is nil. Took fruit to Sr. Kingsford.

Bp. Taylor called. Liz is doing quite well. They gave her a spinal.

BLESSING: Liz Taylor's surgery seemed to go well.

2 JULY 2010, FRIDAY

After breakfast took my two new flashlights and an enchilada over to Wilma's. She checked them; couldn't get them to work either. I will buy new batteries. Stopped at the ban to cash a check. Drove to Sugarhouse but no parking at Deseret industries. Feeling sickish so probably shouldn't have been driving anyway. A rest, lunch, another rest. Read the second pages of Neva's journal. Gladys stopped in and told me about her trip to Provo. July Ensign and New Era came. Read the new Era so I can mail it to Alicia tomorrow.

BLESSING: made it home safely.

3 JULY 2010, SATURDAY

NOT a good night's sleep. Load of whites; changed twin bedding. All set to go help clean ward/stake center by nine. Knew I couldn't last. (Later learned from Betty it took them two and a half hours as there were so few people). Mailed the New Era to Alicia and piano money. Got a loaf of bread from Vosens for Shirley and Marlene Hyde. Then for cherries and salsa. Two rests during the day. The last one made me feel better. Visited with sister Kingsford, met her daughter. They look as if they will be out by Monday. Visited Lettie and Don by phone. Wilma came over with the first section of Neva's journal. Dropped her off on my way to P. O. She had walked. Visited Betty J, Lacy T., and Alice M. Ran off the last two sections of Neva's journal and talked to Wanda. Read the 3rd one. Wilma took the second one home. Reading an English mystery. Frances Hutchens offered me a ticket for the band concert tonight.

BLESSING: I'm feeling better than when I got up. Was able to make copies of Neva's journal.

4 JULY 2010, SUNDAY

Disappointed to not get the choir broadcast because of the tennis tournament which took precedence on ch. 5. Auwe. Did spend the time reading Neva's journal. The Bp was away; Jason Anderson conducted and spoke quite a while. Eleven others bore testimony. Some quite lengthy. Heidi Anderson gave an excellent lesson on the Psalms; didn't realize it was the longest book in the OT. She started out playing a hymn by the Tabernacle choir. The Book of Psalms is a book of hymns. Commented that our hymn books are similar to Psalms as the songs are hymns of praise or prayers. Sister ewer gave the lesson in RS. Started off re her mother's hands. Had a picture of them. Spoke re us being the hands of the Savior, a continuation of Pres. Uchtdorf's talk. Lots of participation. Good feeling.

Frances Hutchins invited me to dinner at four. Rushed home, had a banana and crackers and settled in for a nap. Note re on door. An hour later a knock, then the doorbell: Jean Orgill in search of a phone; don't think she ever realized there was a note. Called Janice H. And I guess went over there. Nice dinner with Frances, her guest, Faye, and Roberta r, Sandy H. And Dava A. Nice dinner of chicken, potatoes, peas, string beans, green salad and mixed fruit with jello. Shouldn't have eaten the half slice of bread. Gladys at museum for afternoon. Will try to finish Neva's journal. Later: Did finish the journal.

BLESSING: Inspiring SS and RS lessons.

5 JULY 2010, MONDAY

visited Sr. Kingsford; almost all packed; apartment clean. She gave me her address, phone number, a box of Pepperridge Farm cookies. Surgery a week from today. Visited Gladys; we'll go

5 JULY 2010. cont.

to dinner tonight at Village Inn. Shirley Olson called: nice long visit. She has the originals of Neva's journals now and both Neva and Theron's journals while on their mission. Lunch and a rest. Vivian P. Called. One of the orchids I gave her is in bloom! Dinner with Wilma and Gladys as planned. Wilma gave us each a container of her cookies. (Vivian had told me she was making cookies.) I brought home my pie and part of my stir fry. Had a call from Wilma Fullmer re Herring genealogy. I need to call her. Finished the mystery Wilma told me about.

BLESSING: Calls from Vivian and Shirley.

6 JULY 2010. TUESDAY

Slept well. To the bountiful Temple for the ten session. Timing worked out well. Lunch and a stop at Mrs. Cavanoughs. Wilma can hear the film much better than the live sessions in SL. Got my fruit chips and some penoche for Eloise r. ready for my rest when I got home a little after one. Went to rite Aide for Coreg prescriptions plus Xalatan and nitro. Total bill over \$200. 90 days for Coreg. Also bought some AAA batteries. Tried to read Catcher in the Rye. Couldn't. Gladys came to read an E-mail from Linda from the Museum. Told me of an incident of double vision. Went to her Dr. Today and she had test on her neck artery and has an appointment on Friday for a face frontal scan. Evidently some concern of a possible stroke. Sobering. Visited Betty and Janice. Had a call from Winnie: will call her now.

BLESSING: Temple session with Wilma.

7 JULY 2010. WEDNESDAY

Spent a very lazy day. Did rearrange my freezer. At least I know what I have and where it is. Finished the last of the letters Gladys gave me. I DID write a lot. Took Eloise richensen a few cherries and the penoche I bought yesterday. A possibility her son may move/transfer to St. George. If so she will move there. Visited with Anne a couple of times. Brought me her gardenia plant. buds, no flowers. Also a bouquet, patriotic she used on her table. Jane Berry will take her place tomorrow. Gladys stopped in; results from the scan of her carotid artery indicated a possibility of a slight stroke; no diagnosis until after her frontal scan on Friday. Talked to Lettie: ruth and family seemed to've had a good time.

BLESSING: Anne's generosity; Jane Berry's willingness to substitute for Anne.

8 JULY 2010. THURSDAY

Slept well; class went well. Five walk-ins. Comfortably cool. Finished the Marie Calendar frozen chopped steak lunch. Lydia rawska asked me to help "box Nellie Leighton's things" as she is moving to #405. Helped about an hour; packed four boxes and my back ached. Wanda W. Called re Shirley's additional pages of Neva's journal. Rather than having her come to pick them up I'm sending all sections to her tomorrow. Went to Sweet Library and on to Wilma's to pick up the sections she had. Picked up a "Cat" book and

Lark Rise____. She gave me blueberries and celery. Earlier I picked up milk and cherries and cantaloupe at Fresh values. I'm tired. Outside windows washed today. Bp Taylor stopped by for the money rec'd in class today. What a good man he is. Predicts another two or so weeks before wife Liz comes home.

BLESSING: Wilma's generosity. Wanda and Shirley's dedication to their parents journals.

9 JULY 2010. FRIDAY

Mailed neva's journal to Wanda: no standing in line! Priority mail and clerk said it should arrive tomorrow. Not as expensive as had imagined. Amy Mackley and her granddaughters stopped by. Such pretty girls, all in orange T-shirts and pretty scarves. To Nellie's. Didn't need help. Think

9 JULY 2010, cont.

she got moved out of her old apartment. Gladys had her MRI (?) On the front of her face. Nephew Doug is in town. Delivered Shari Stagg's birthday card after getting Dava's signature and from there to \$ store for more birthday cards, tissue and soap. Had stir fry for dinner. Windows washed. Seems so-o good. Can't close my balcony door with screen closed. BLESSING: Sent Wanda Neva's journal; no standing in line at the P. O.!

10 JULY 2010, SATURDAY

I slept well. Delivered Beth L.'s birthday card. To Self reliant program. Well organized, three classes: Temporal, Spiritual and Financial Reliance. Exhibits and demonstrations. I ordered a porto potty, Picnic lunch. Home before dessert. A nap resulting in a stiff neck. Used a heating pad. Have gone through about fifty files. Is hard throwing away. Talked to Wilma H. And Lettie. The former is expecting friend Glenda when we have tickets for Logan Opera.

BLESSING: Brother and sister Ewer.

11 JULY 2010, SUNDAY

Slept in and so didn't get a salad made before lunch as I planned. RS presidency spoke at Sacramento meeting. Excellent talks. Scripture from Alma broken up among the three of them. Sat by a young man in SS from Fayetteville, AR. RS lesson on Priesthood. Thought of Winnie's grandson's wife aversion to dictatorial men in the church. Quick snack and a good nap. Shelby Evans sustained as new RS secretary. Her husband was made new Elders Quorum president in the Quorum. She also gave the lesson in RS. To Singles Fireside. A Brother Tobler spoke of three young men in Germany as Hitler gained power. Their anti movement lost one his life, others imprisonment. Home and talked to Wanda W., Winnie M., Popes and Wilma H. I wonder if I'll sleep tonight.

BLESSING: Good meetings. Clive's warm invitation for all Vivian's sisters to visit her.

12 JULY 2010, MONDAY

Did a load of wash. To Murray to see Liz Taylor. Via Alpine medical where I got a pair of compression hose. Never did find her. Could've used a cell phone. Stopped by Reams. Bought carrot cake for Gay M. She is so appreciative. As I drove in carport met by Alice M. Car wouldn't start. Wanted a ride to the grocery store for "a couple of items". Should've taken my crossword puzzle. She came back, after what seemed a long time, a cart full. Dropped on the couch. Visited Waymans. Sr. Kingford's daughter called. Her surgery went well. Wanda and Shirley O. Called. Haven't been able to get Shirley. Gladys got reports from her scan. No stroke. A relief.

BLESSING: Means of "cooling".

13 JULY 2010, TUESDAY

To Jordan River temple. Trouble finding a parking place. Enjoyable session. They start a session every twenty minutes. Interesting to see how each temple does things a little differently but yet the ordinance is the same We had lunch and came back half the way on 13th West. Was super tired though when I got home about two. Good to have had the sessions with Wilma the past two weeks. Rested and eventually got a copy of Neva's missionary journal as recorded by Shirley. I finished reading it. I'd forgotten I'd considered going to England before they came home. They had a good two years despite Theron's heart attack.

BLESSING: to and from the temple safely. Opportunity to read neva's mission journal.

14 JULY 2010, WEDNESDAY

Betty's turn to choose where we eat this month. To a barbecue place. I expect the "sweet kind."

18 JULY 2010. cont

Two hour rest/nap. Feel groggy. Betty shared a new recipe. Gladys came to tell of her trip and that her sister, Maureen, broke her foot. Having trouble with her stomach. Milkshake and a piece of chicken for an eightish dinner. Up to the 300's in my file.

BLESSING: Sr. Brielford's RS lesson: sharing the experience of having her Bells palsy healed.

19 JULY 2010. MONDAY

To the nine session. More refurbishing during the two week closure. Home a little before twelve. Spent the day not sleeping, eating, visiting Waymans and Gladys going through files. Getting more ruthless in throwing away. Helped Betty turn her mattress. Several phone calls with Wanda W. She'll be coming up Wednesday.

BLESSING: the temple, accessibility.

20 JULY 2010. TUESDAY

To WalMart and \$ store. Lunch, rest and visited Shari Stagg. To Credit union. Shared mangoes with Betty and Gladys. Gladys is now on a statin for cholesterol, will have to have a crown on the tooth that's chipped. Called Barbara Nolan. Dr. gave her another shoe and suggested a cane: took her mine. Long conversation with Amy M. Went through some more files. Rec'd items from mail order.

BLESSING: Something (mangoes) to share. Cane.

21 JULY 2010. WEDNESDAY

Dream filled night. Spent much of day going through files. Early rest. Poor lunch. Took Wilma a few things from file. To Sweet Library and Smiths. Rachel Willmore sent me Luke's address. I found his letter a little disturbing. I wonder what I could write that might me uplifting.

Called Winnie: she was in the hospital from Sunday until yesterday: not going to Wyoming.

BLESSING: Progress on file.

22 JULY 2010. THURSDAY

Class. A handout to be run off, stapled. Ran out and after rerunning and having some left over as they left several asked for copies. Auwe. I did enjoy/appreciate the part of the class I heard. Bro Beckstead told me he had a call from Brother Iba and he'll be back for the last two classes. Talked to Lettie. Rachel called and they will be up in the morning. Not heard from Wanda. Shirley O. Sent Theron's first missionary journal and a couple years following their marriage, up to expecting Shirley. Have gone through all of the files in my bottom file drawer. Cleaned counters in kitchen and first bathroom with homemade cleaner.

BLESSING: Rachel's concern care of/for Lettie.

23 JULY 2010. FRIDAY

Put tablecloth on table and decided to have lunch here rather than eat out. Wanda came shortly after nine. Wilma came over with celery, carrots, croissant and a can of chocolate ???. Rachel and Lettie came shortly after. Lettie with yarn for Wilma, rhubarb, crossword puzzle books and two other books: What you can do with common things and a Question and Answer book. I browsed the first and have read 26 pages of the second. Rachel brought cucumbers, zucchini and yellow squash. We had chicken, cukes with Wilma's relish plate and Rachel stir fried some squash. Ono. Used the bread sticks I was given. Wanda helped me get on New Family Search. Rachel and Lettie left shortly after we ate and Wanda and Wilma left as I admitted I needed a rest. A bit too tired to rest but stayed down until four. Shared cuke and squash with Betty. She gave me two kiwi. Rode my bike and read from Gen. Conf. Talks. Have done better riding bike this week. I like myself better when I ride.

23 JULY 2010, CONT.

Not too hungry; had a bowl of cherri oats for dinner. Guess we've about got our visit to Idaho settled. Will mean I will be missing two classes.

BLESSING: Rachel, Lettie and Wanda's visit.

24 JULY 2010, SATURDAY

Did two loads of wash. Watched parade. Went through "RS file". Hard to toss it all out. Lessons and talks. Watched the parade, most of it. Talked to Winnie. Sounds weak. Cooked squash and rhubarb. Talked to Lettie and Don. Mail came. I was surprised. Blair Olson is having gall bladder surgery.

BLESSING: Generosity of Willmores .

25 JULY 2010, SUNDAY

What a night! Still awake at five A. M. Did make it to all church meetings. Quick snack and a short rest before the Wilsons came for home/visiting teaching. Blair Olson's surgery postponed until Monday. Visited Liz Taylor (came home Friday) and Shirley Hyde. Liz is still in a lot of pain. Shirley seemed depressed.

BLESSING: made it to all meetings.

26 JULY 2010, MONDAY

slept wonderfully. To temple for initiatory. Never seen it so busy. Only did five names. Walked through temple grounds, over to Deseret book, Utah Woolen Mills, FH Library, and the Museum. Betty gave me a generous container of watermelon; took some to Waymans. Daughters Janet and Trudy were there; didn't stay long. About three people have told me Waymans are moving. Called marge w. and apologized for my comment yesterday re not wanting anyone to know of her surgery. Also asked her re going to the canyon with Bev Stephan on August 2nd. Bev's annual picnic for her FHE group and ours. Janice declined. Gladys brought me half of her watermelon and an ear of corn. Corn tender and I could eat it. Half an ear. I gave her the last of the squash and cucumber from Rachel.

Blair's surgery went well; will be home tomorrow. Talked to Wanda and then called Vivian re our trip to Idaho. 19-21 August.

Am sent a letter from Janie's mother re Ross. Back in hospital after bad reaction from some drug. Not in the rehab they had planned. Rode bike. Cooler. Betty helped me take Anne's orchid to Gay Mitchell.

BLESSING: Good feeling after apologizing to Marge W. For my rude referral to her secrecy re her surgery yesterday.

27 JULY 2010, TUESDAY

Janice H. called. Concerned re asking Jean Orgill to join FHE group. Some long held concerns about Jean. Picked up prescription, Fe, cetaphil, sun screen, mixed nuts, bread, milk. Two loaves, one for Hydies, one for Taylors. Asked Bro. Taylor re the 5th and 19th; declined. Will ask Carl Gustason. Shir will help with registration this Thursday. Betty gave me curry. Ate it all for lunch; good with mango chutney. Too much. Mixed nuts, bridge mix, "fish", pecans, almonds, mixed nuts for next week in Logan for Maples cousins. Pretty. About three cups per bag. Talked to Winnie and Afton Bateman. Made brownies. Betty told me re the bread give-way. Got too many "sweets". Shared with Gladys. Reading letters in file. Nostalgic.

BLESSINGS: Kindness/generosity of people.

28 JULY 2010, WEDNESDAY

Slept quite well. Dropped Darlene Houtz's birthday card off to her and went to the ward to pick up

28 JULY 2010. cont.

my porto-potty. To Main library and checked out five books. Bought gazpacho soup from the little food place in the library court. An early rest. Worked more on files. Think I've about been through them all. Talked to Wanda. Woke up and her left hand wasn't swollen shut. I'm glad. An E-mail from Brother Iba. Jason Andersen brought the copies of the Thursday class files last night about ten. Bless him. Anderson must be super busy. No news re Blair Olson today. BLESSING: have about gone through my files.

29 JULY 2010. THURSDAY

Slept quite well. Did a twenty minute ride and New Era reading before class. Bro. Beckstead had a handout to be run off. Two pages but Bob Holladay, bless him, put the second on the back of the first thus no stapling. Talked to Pauline H. re Robbie Robertson; surgery today. Hip surgery. I got a call from Anne but wasn't home when she called. Must be exhausted. Took walk in money up to David Taylor; Liz was in tears from her pain.

Wilma H. Came over with Newsweeks and a cleaner (POOF) cleaned most of the oil spots by my table. Googled it to try to find out who sells it here in SL. No luck.

Betty gave me apricots and green and yellow beans. Talked to Lettie. E-mail from Shirley O.; Blair was on campus giving the last of his summer exams!

BLESSING: found Wilma's car key in the bag of things she brought me.

30 JULY 2010. FRIDAY

A little insomnia interlude thus up a little later than usual. Had a few things run off for Thursday class. Staples Reward \$ paid for the printing. Mailed Alicia's new Era and some pictures. Gladys asked if Dorothy would mind if she spends the night with us (if she doesn't want to drive back after the opera Friday night. I called Dorothy. Cited the old story of the camel putting head in door.....she was very gracious. To Shirley Hyde's 90th birthday Open House. Reading the new # 1 Detective Agency book.

BLESSING: Was able to use the back of some of the old registration forms for next semester.

31 JULY 2010. SATURDAY

Did a load of whites before going to stake center for an hour and a half of cleaning. Home and a rest; lunch and another rest. Glad I went even if I was super tired. Not enough people. To see Wilma H. And Julia C. Wilma gave me chocolates and trifle. Gladys came to type a letter to her friend Anne.

BLESSING: was able to help clean.

1 AUGUST 2010. SUNDAY

Bill wayman, his daughter Billie and Caroline Hobson bore testimonies today. Heidi Andersen gave a very good lesson in SS on Elisha, the passing of the mantle; Naaman. It's too bad the class attendance is so small. Rushed home for a snack and a rest. Sleep did not come. Visited with Betty; called Gay Mitchell, no answer. Visited Alice Mitchell, very short of breathe. Took peaches to Taylors for her

BLESSING: Good spirit during church meetings.

2 AUGUST 2010. MONDAY

Took birthday cards to Jo madsen and Jason Anderson. Slept wonderfully well. To nine session in temple. Drove. Returned library books to Main drop in. A rest. Picnic with Bev Stephan's FHE. Eleven of us. Nice. In Millcreek Canyon. Calls from Wanda and Amy Mackley. Amy will be her the 9th, 10th, 11th.

BLESSING: GOOD PEOPLE LIKE Bev Stephan.

3 AUGUST 2010, TUESDAY

Slept so hard I was tired when I got up. Two loads of laundry including bedding. Wrote a thank you note to Bev S. And delivered it and Shirley Hyde's birthday card. Shirley is 90 today. Early nap. Lunch and got gas and went to Walmart's (en route to Jane Berry's to leave registration bag for Thursday class) they didn't have 1% milk. Went through a pile of papers on my desk, talked to Pauline Harwood; things looking up for Robbie Robertson. Visited Waymans. Started a mystery; decided not to read it. Pam Werner wrote that Ross is hemorrhaging again. Asked for prayers, participation in a fast Wednesday. Kaitlin Smith shared some of her blog; asked me if she could interview me. Her blog concentrated on her grandma Smith and her thoughts re her journal recently put on the Smith Harper web site.

BLESSING: Anne R. more optimistic re Robbie.

4 AUGUST 2010, WEDNESDAY

A period of insomnia so slept a little later than usual. Picked up a nitro prescription, milk. Got hair cut. To Kinkos's for to have some pictures copied. Made salad for sandwiches; added capers, little salty. Order from StarCrest came. Pleased with birthday cards. And got the batteries in the flashlight correctly; it came on. Will take it to Logan for my bathroom trips. Talked to Dorothy S. Rachel willmore called. Luke is home. I feel so sad. Asked Janice to pick up my papers while I'm in Logan. She is so conscience of her appearance.

BLESSING: Robbie r. is out of intensive care.

5-7 AUGUST 2010, THURSDAY-SATURDAY

Left for Logan about 9:30 AM. A very short rest and Gladys and I met Rex Abeggan at the theater to see Sound of Music. Saw the Bob Wineagars there as well as president Monson, wife, daughter Ann and Elder Ballard. Colleen Ballam made a lovely Maria. Could hardly wait to get back to Dorothy's for a rest. Forty minutes later dinner at ruby's with her Gordon, Shirley, Wilma Dorothy. I was smitten with her barbecued pork and cole slaw and lots of fruit. Ono. Back to Dorothy's for the night. Breakfast with Dorothy and to the matinee of Guys and Dolls. A short rest and to ruby's for another dinner. Gladys and niece LeAnne joined us. Slept wonderfully Friday night. Not so Thursday. Ruby and Shirley came over with Wilma and we left Dorothy's at ten. Stopped at Horlacker's for barbecued pork, at the cheese factory, for raspberries and in Brigham City at Niensens for tomatoes. No local tomatoes. Home about one. Unpacked, delivered raspberries to Alice, Taylors and after my rest to Betty. Shared bread with Betty. Checked Voice mail. Two messages from Becky J. Saying they would be in town Friday and invited me to lunch. Sorry I missed them. When I checked Cancer Warriors, one sentence. Am pronounced terminal, a matter of weeks. My heart aches for pam, victor and family. Found two twenty dollar bills in one of my cosmetic bags. LeAnne? Talked to Gladys: Rex had given her money; she shared with me. That simple. Gladys gave me dinner.

Called Becky J. In answer to the voice mail she left. They're in CA with Barbara in anticipation of their sibling reunion. Thus she knew re Ross from Barbara. They were attending a session at the Oquirrh temple when she called re taking me to lunch.

To Rite Aid to pick up prescriptions. Said I had 90 coreg on July 10th. Couldn't have. Or I would have taken three a day. Wilma was calming influence on me when she said check with Dr. Or Pharmacy. I had already partially decided to go back to Rite Aid and she solidified my decision to go to Rite Aid Monday.

BLESSING: Safe travel. Maples cousins.

8 AUGUST 2010. SUNDAY

Sat in the back during Sacrament meeting with Jane Berry. I simply don't hear well. "Did" my little spiel in Gladys' class re the temple. Not quite what she wanted I'm afraid. Her lesson went quite well. Sat by a new member in RS. Kamie Bird, newly wed. Janet Bingham's membership was read in at Sacrament meeting. Lives near the Brailford's Quick lunch and a rest from 3-4:45. Problem with my right hip....used Amy's coming as an excuse not to go to Fireside (?).

Wrote thank you notes to the three Maples' cousins.

Janice H. Called this morning to say her daughter, Valerie, has been laid off. She's concerned for both Valerie and her son Mark.

Amy isn't here yet but I'm going to close "shop".

BLESSING: Made it through all three meetings quite well.

9 AUGUST 2010. MONDAY

Amy came shortly after I finished writing last night. While eating breakfast Caroline called for help in cutting off some tape the therapist had put on her back. It had crumpled up. I went to the pharmacist as soon as it opened. He was very nice. Gave me sixty more capsules for 20 and 40 mg. He didn't say but a mistake was made. The bottles have 30/bottle and they slapped the 90 number on with dates etc. Unusual to have prescriptions for 90 evidently. Came home and changed clothes and went to the eleven endowment session. A skimpy lunch and to the couch.

Visited Waymans, Alice, and Betty. When I came home Amy was here. Her son-in-law picked her up about 7:30. Gave me a bracelet watch; the kind her granddaughters made. Pretty.

Alan Fullmer sent pictures from their camping trip. Beautiful scenery: sky, water, trees.

BLESSING: Pharmacist gave me the rest of the 90 day Coreg prescription.

10 AUGUST 2010. TUESDAY

A couple in somatic hours otherwise slept well. Pimple or whatever under eye much better. Got to Dr. Miller's office early. Even so took me in and I was on my way home. \$ store and Wilma's by five after ten (my appointment time). He gave me a sample of tear replacement. Pressure was twelve in both eyes. E-mail from Pam reporting a good sibling time in CA and more pictures of their camping from Alan. Great pictures.

Patricia came at twelve; did a good job cleaning. Quick lunch and a couple hours sleep. Amy came back about four and left for the library again. Washed whites including her pants and one pair of garments. Talked to Winnie, Janice, Anne R., (things looking up for Robbie) and Betty. Had barbecued [Had barbecued port and half ear of corn, half orange for dinner. Barbecue is sweet. Needs slaw, a call re the Thursday class.

BLESSING: Good eye pressure, sample for tear replacement from Dr. M. Clean house.

11 AUGUST 2010. WEDNESDAY

Amy left at 9:30. I went to the Credit Union, western Nut, walmart (to get the advertised 50 cent mangoes; had only 89 cent ones, not very good so on to Alpine Medical; Nick with whom I've dealt most often wasn't in. Struggle with another staff. Policy not to accept returns after 30 days. Finally decided to accept the knee high but no thigh highs. I wasn't my best self. Is to order and call me when they come in. Time will tell. Stopped by Reams and got bananas, mango some \$1 Banquet frozen meals. And a couple of carrot cakes for Gay Mitchell. Gave her one and froze the other. Took it to her. She has an alert?. She does look frail. Removed the two yellow leaves from her (Anne's) orchid. Did two loads of wash. Amy put clean sheets on the bed. Bless her. E-mail from kaitlin: she's coming Saturday.

Pictures from the Smith sibling reunion, thanks to Alan.

12 AUGUST 2010, THURSDAY

Brother Iba was back; class appreciative. Carl Gustason is having sinus surgery and won't be able to conduct on the 19th. Donna H. Talked to me about when to visit teach her. Decided on Monday at ten A. M. Talked to Dava re. She had just finished cooking some Indian food; gave me some. Ono. One of the most satisfying meals I've had in some time. Had a very long nap. Took "walk-in money" to David Taylor. After a very long day Liz seemed to be feeling quite perky. Tomorrow is her last therapist day. Went to see Eloise; she wasn't home. Hung my lottle care gift on her door. Long talk with Lettie via phone. Alicia is on the varsity volley ball team. Conner was ordained an elder, at home, Sunday. Has a job with the custodial help on campus. BLESSING: Class went well. Jane can help with registration next week.

13 AUGUST 2010, FRIDAY

Slept well; up early and rode bike in my nightgown. Breakfast and to car wash. Sears to have glasses adjusted, \$ store, dropped books off at library, checked out the Elizabethan tearoom. Mostly decor and price change. Loud music. Lunch at the Himalayan with betty; home for a rest; sleep escaped me. To credit union and visited Eloise. She had been to a podiatrist. Said she'd help with the 26th registration. Visited gladys and home to one of Dava's dosas. Not really hungry. Took wilma papers for lettie and her Logan gas money and some hirschmann pictures. No room in guest parking; parked on street and a woman let me in and I went up to 730. Banged and knocked. She never heard me. Tired and came home and called her. Glenda leaves Sunday. Sorry I wasn't able to do something for her.

Visited Frances Hutchens. She had 140 at her reunion. Great success. I'm glad. She will help with registration on the 26th. Bless her.

BLESSING: Dava's generosity. Eloise and Frances and Betty willing to help register for Thursday class.

14 AUGUST 2010, SATURDAY

Finished August Ensign as rode bike this morning. Had a second dosa for breakfast. Took packages of marlinda T.'s apricots to Betty, Bro. Wiscomb, Lacy, Janice , Gladys and and Dava. Kaitlin came bout 10:15, via bus, Trax. After her questions we went to Mini's for lunch. Only one person there. A rush to get Kaitlin on trax by 1:15. She is such a little thing. Made curried summer squash from Shirley's zucchini. Doesn't quite taste right.

To \$ store looking for Humanitarian notebooks. Zilch, on the Big Lots (going out of business)and Rit Ad. The latter had some 99 cent ones but wrong size. Will call marlinda.

Wanda called. Shirley was in las Vegas. Needs oxygen; hope she will go on down to Wanda's Victor has been with Ross the last day ? Or two? Concern that pam gets there before ross's demise. LATER: Ross died at 5:15 PST.

Barbara called before ross's death. They had a good sibling reunion. Becky was there; Danny wasn't. (Couldn't get get time off).

Wendell is picking up shirley at the airport. Wanda is concerned about her oxygen.

BLESSING: time with kaitlin. Barbara said pam and Victor have faith that things (Ross) will be what is to be. I call it faith.

~~15 AUGUST 2010, SUNDAY~~

15 AUGUST 2010, SUNDAY

Shirley and I went the Tabernacle Choir broadcast. I'm glad to know which door you go in for when Jo Jones comes. Good meetings. My hearing IS failing. Quick lunch and a rest. Wilma came over with peaches and squash from Lettie. Ross is being cremated. A memorial service tomorrow. All of pam and Victor's family will be there.

BLESSING: Shirley visit.

16 AUGUST 2010, MONDAY

LeRoy Holladay is going to conduct Thursday's class. Pauline H. Reported that Robbie has fluid on his lungs: can't go and drain because his blood is too thin. Anne is tiring. Dava and I visited Donna H. She was very gracious and supplemented Dava's lesson: "with now getting our temple recommends for two years it is incumbent upon us to honor them by being worthy the two years". Shirley and I went to Walmart's; thanks two Shirley I bought two notebooks, from there to pick up her oxygen tank and then to the Distribution Center. She bought several things. Quick lunch and a rest. To Wilma's for a visit; she gave Shirley one of her hats. Shirley was pleased. Wilma has an appointment for eye surgery on the first of September.. A late dinner using the frozen salmon I bought which was really very good.

Wanda sent me some information on Jesse lee. His parents, where he was born and listed in the Walter Harper 1930 census. A professional genealogist looked it up for her.

The thank you note I wrote to Dorothy S. Came back. I'd scrambled her address.

BLESSING: Wilma's contact with the Dr. at Moran eye Center.

17 AUGUST 2010, TUESDAY

We went to the ten A. M. Temple session; lunch in cafeteria. Shirley went to Deseret Book, Family History library and church museum. I came home for a rest. We met Lacy Thomas on our way to get more notebooks. She told us of a "bargain" at Smith marketplace. Went there with an attached coupon 8 notebooks for 89 cent! Marlinda was picking things up at Lacy's so we took them to her at her invitation. Visited Waymans. Piano gone and bookcase emptied, packing boxes. Alice a little stressed. Leisurely dinner of left-overs. Gladys brought tomatoes and raspberries. Talked to Wanda; she's feeling better and plans to leave about six! Talked to Lettie; need to call Vivian.

BLESSING: the temple. Wanda feeling better.

18 AUGUST 2010, WEDNESDAY

I went to InstaCare; now on cipro. Took Verla S.'s birthday card to her. Felt wrung out. Wendell and his two grandchildren came. Had lunch with us. Had a wonderful nap. Shirley went to see the Cobb, the stake president with whom Blair was a counselor. Service missionaries in the FH Library. Shirley made dinner for us, nice stuffed squash. Bp. Julia and Cleo came. Gladys and Wilma and Gladys came for dinner.

BLESSING: A good bishop. Having Wilma and Gladys for dinner.

19-21 AUGUST 2010, THURSDAY-SATURDAY

Wanda picked me and Shirley up shortly after 7:30. Lettie was perky. Painless trip to Gooding with a couple of rest stops. Immediately had lunch. Corn straight from garden and corn each meal until we left. We visited, visited, visited. Shirley and Wanda went with Clive to the rodeo. Friday morning Clive took us on a wagon ride through the corn, bean fields, up and over the hill. The fields were either green or golden where grain had been harvested. Wilma and I hosted lunch downtown Gooding. Wanda, Clive and I went home for a rest. Vivian, Lettie, Wilma and Shirley went to the hospital thrift store. Lettie bought me a blouse. Shirley bought a

21 SEPTEMBER 2010, cont.

Patricia did the tops of the cupboards in the kitchen. Quick bathroom and vacuum job. I'm trying to clean my toilet. She earned her money. Concerned about her daughter getting slapped. Didn't understand the details. Picked up Simvastatin and xalatan from Rite Aid. Long wait. Betty loaned me a degreaser cleaner for Patricia to clean the tops of the cupboards. Greased Lightening. Not in Rite Aid or Fresh Market.

Wrote Bryan Smith.

Dr. Kim told Wilma her surgery was a success, to give it another month. Still hasn't completely healed; I'm glad. Talked to Winnie; she's feeling well.

BLESSING: Kitchen relatively clean. Wilma's surgery a success.

22 SEPTEMBER 2010, WEDNESDAY

To Zions for a new checkbook cover; to WalMart for milk, and a few other items. Lunch and a nap; visited Shirley Hyde. Took things off two of kitchen cupboards highest shelf. Removing labels from possible jam jars and storing them back on top shelf. Brought raised toilet seat from locker. A period of fairly heavy rain with hail. Talked to Wilma; she'd been to see Dr. Schilman; said she was doing well. Have taken two Tylenol rather than the one last night. Will see if my arm/shoulder has a better night. BLESSING: Three tidy shelves. Wilma's oxygen was 93 this morning at the doctor's.

23 SEPTEMBER 2010, THURSDAY, first day of autumn.

Five more registrants for class. Ezekiel the book for this and next week. Lunch of pizza; not bad; not ready for another soon. Rested and used up all tomatoes for a crab cold soup. Talked to Wilma H.; her last Dr. Appointment for the week. All well. Tried to call Lettie several times but only got her voice mail. Someone left me two peaches and two tomatoes. Not too interested in anything I had in my fridge to eat for dinner. Made a cheese omelet and had tomato slices and a half nectarine. Feel stuffed.

BLESSING: Shoulder pain has subsided.

24 SEPTEMBER 2010, FRIDAY

Two small loads of wash. To library and to Cummings where I bought a bag of "seconds"; shared with Betty and she gave me tomatoes. Cherry ones so sweet. A long rest. Wanda called re hangers and later to say she is coming tomorrow. Dusted "her" room and tucked the four big towels away. She might like them. Reading the book on the SL Temple which Gladys loaned me. Two Bess Streeter Aldrich's books from the library, also two of Marilyn Anrols' haven't read. Alice Mitchell came for a visit; apologized for not turning off TV yesterday. I apologized for barging in when she was so engrossed.

BLESSING: Printer functioned quite well.

25 SEPTEMBER 2010, SATURDAY

Finished reading the book on the temple. Enjoyed it. Wanda came about noon. A rest and will go to the Stake R. S. dinner. Need to call Eloise. She called while I was resting.

Went to the dinner; soup. Home because it was an hour before the RS meeting started. Went back to chapel and listened to the meeting; general RS Presidency talked and president Monson. Came home and gave Wanda a pedicure and foot massage.

BLESSING: Saw/heard the Prophet speak.

26 SEPTEMBER 2010, SUNDAY

RODE WITH Wanda to church. Sat on the 'cold' side; just right for her. Brother Ewer taught the Gospel Doctrine class for both classes. Good teacher. Wanda responded three times. Lunch and a

19-21 AUGUST 2010, cont.

dress and top, Wilma yarn. Another night of visiting. Saturday morning we left about nine with corn, cukes, apricots. Good and environs were beautiful Shirley and I slept in the sun porch with fragrance of lavender and mint wafting through. A full moon. Clive gave Wanda a blessing. From Gooding to Brigham City where I had a short rest. Toured Bryan's house. Wendell and Jayden, Steve and Maria, Wilma and Keith, Jason, Emily and twins were there. Lunch. As we left David and Tammy came. Beautiful house. They had taken Brienna to Weber for her freshman year in college. Her room was pretty bare. I went right to the couch when I got home. Shirley made us a toasted cheese sandwich for supper. We went to bed early.

BLESSING: Safe travel, sisters, two special nieces.

22 AUGUST. Wilma Fuller took Keith to the airport and had breakfast with us. Shirley made an omelet. Ono. Wilma bought cantaloupe and peaches. Went to Sacramento meeting with me. Nidia and Sean Pollock spoke, both gave excellent talks on the place of light in our lives. I left church after SS and could hardly make it home. An hour on the couch and a tomato sandwich and cantaloupe for lunch. Another hour and my visiting/home teachers came. Caught up on E-mail. Afraid I deleted Kaitlin's blog re the interview she did with me. Shirley and I read it last night. She did a LOT work on it, using pictures, a collage.

BLESSING: inspirational Sacramento meeting, Wilma and Shirley.

23 AUGUST 2010, MONDAY

Slept well. Hip(?) Hurting. Decided to not go to temples. Two loads of wash; delivered Ann Hamp's birthday card; picked Thursday class bag from Jane Berry. Took Wilma the check and peaches. Bought milk. A rest. Late lunch. Visited Waymans. Leaving the 27th. Talked to Becky (feeling better) Lettie, Wanda. Jacob and family will be moving in with her. Visited Ruth Hobson. Leola Wilson helped her re-arrange her living room. Lovely letter from Shirley Olson. Have most everything ready for registration Thursday except I need to run off one set of registration sheets. Gave Betty my Hale theater ticket.

BLESSING: Clean sheets. Letter from Shirley O.

24 AUGUST 2010, TUESDAY

To the temple for initiatory. Little different waiting procedure. Nice. From there to Vossens's for bread, got to find it didn't have sesame seed. Auve. To Staples for some Thursday class registration copies, water and a ream of paper. A nice young woman took it to my car and I put most of it, bottle by bottle in storage. A rest and lunch; another rest and visited Shirley Hyde, Alice M., Betty, and Gladys. Four have registered for the new Adult Religion class. I registered after Sharylane made the list. Visited the Taylors. Liz got a shot for her hip.

BLESSING: set up for Thursday class; bp. Taylor for setting up tables.

25 AUGUST 2010, WEDNESDAY.

Slept well until about four. Got up and made salmon salad. Back to bed around five. Mailed Alicia's new Era. Renewed mine and the Ensign and started the new Era to Alicia. Called Alpine Medical and Nick is sending me hose. Nice young man. Realized I'll need to return the knee highs. To \$ Tree to get envelopes, glass cleaner. A long hard nap after Ruby Haws' call. She'd finished reading ViAnn's book. She is having trouble with her lower dentures, gums aflame. Vivian sent the hose I left. Bless her. Checked with those helping at registration tomorrow. Answered Cali's letter re permission to write a "book" re me.....Took Shirley Hyde rice crackers and made a care package for Imogene Brown, long overdue.

25 AUGUST 2010. cont.

JTS grandchild list completed by Rebecca. 43.

BLESSING: Ladies willing to help with registration: Frances, Jane, Eloise, Betty, Cher.

26 AUGUST 2010, THURSDAY, Lettie's 78th birthday

to class, early, drove. Registration bag heavy, Betty forgot to go. Was alright, Eloise managed well. Good class. History of Israel and surrounding environs mind boggling. Had a real struggle getting numbers, money to balance. Finally got it ready to deliver to Bp. Taylor around three. Forty-five enrolled "on site". An hour's rest and visited Waymans. They leave at six in the morning for Mitad. Wilma and I went to dinner at Village Inn. Made wrong choice. Won't do it again. Came home with my Key lime pie and ate half of it. Almost more cream than Key lime. Will call Lettie, Wilma F., and Winnie and call it a day.

BLESSING: Registration went well; good class.

27 AUGUST 2010, FRIDAY

Not my best night. To Alpine medical; got gas en route. Nick was there. Returned the knee highs and brought home my new ones that they were to've mailed. Stopped at Reams and got some groceries/milk. Barbara Q. Called from the airport to see if I'd be home. Just as almost dropped off to sleep Alice Mitchell called to see if I'd bring some nitro down. She was bent over moaning; didn't know where her's was. Was afraid I'd miss Barbara and Werner's call. No problem. I looked in four or five of Alice's purses and never could find hers. She seemed fine in a half hour or so.

Pam, victor and Barbara came. Barbara with two big mango and a big Hawaiian papaya. So-so sweet of her. Victor played the DVD her made as a Memorial to Ross. And got my DVD to work. So sweet of him as a little boy. We all cried. After they left I checked on Alice again. Was eating her dinner. A healthy/big one. Visited with Gladys; her TV wasn't working. Later found mine isn't either. John cook got hers going. Related to what victor did to get the DVD going; probably some small thing. Called Harvey Wilson, not home. No big thing. When he opened my DVD to put Ross's in found one there. I'm sure it is About Winn Dixie (Vivian had said they were going to play it and there wasn't a DVD there. I had taken what I thought was the DVD to them when we went to Idaho. And when she told me I had no recollection of leaving it my DVD player...Wrote to Shirley in answer to her research on roses suitable for Arkansas climate.

BLESSINGS: Barbara's thoughtfulness. Ditto victor and pam sharing the DVD on Ross.

28 AUGUST 2010, SATURDAY

Wanda called this morning; wants to stay with me for a while. She needs distance from her family. Jacob and family are moving back in with her. To Farmer's Mkt. For some sour cherry juice for Winnie. Took it to her; got caught in two traffic jams. An hour and a half to get there. I need to try to visit her more often. THE PLEASURE OF THE DAY: Half papaya for breakfast, half for lunch. Ono. Mind too busy to rest for a while but finally to sleep. To ward dinner. Not, as Betty said, their best. Tried to call Jo Jones at the hotel. Hard time finding their number.

BLESSING: Was able to do something for Winnie.

29 AUGUST 2010, SUNDAY

Met Jo Jones and her companion Barb at the conference Center for the Tabernacle Choir broadcast. Was lovely. HARVEY Wilson fixed" my TV so I can get my regular channels. And put in a new bulb in my light fixture. To church, made it through all three meetings. Quick lunch, rest and met them at JB's for dinner. Tired.

29 AUGUST 2010, cont..

BLESSING: Did what I planned to do.

30 AUGUST 2010, MONDAY

Rainy. Cool, wonderful night to sleep: can't think when I have slept so well. Talked to D. J. re another parking place . NO. To the temple and fretted about it most of the morning. Called Mary B. And to make a long story short I will be sub leasing her parking place for the next two months. I AM SO RELIEVED. Had a nap underneath my comforter. Vunderbar. Talked to Wanda: won't be coming until next week.

BLESSING: another parking place thanks to Mary Behra and Donna Price.

31 AUGUST 2010, TUESDAY

the comforter was too much cover last night. Washed my summer comforter and a load of whites this morning. Returned Shirley's oxygen: wheeled it downstairs without too much effort. An electrician working in the building was at his truck when I got to the car and graciously put it in the car. Took Wilma a couple of magazines and some salad. She gave me muffins. Met Patricia going to clean in the parking lot. To Fresh Values for vinegar and eye drops, light bulbs. Am using vinegar, baking soda to try to get the ugly goop off my glasses. Seems to be working. Am to pick Wilma H. Up at nine tomorrow for her appointment. Think I'll take her, come back and meet Barbara Q. and go back to get her.

Finished the glasses. Gladys got back about five. Talked to Julia Carver. Sounds better.

BLESSING: Julia feeling better. Parking all set for two months.

1 SEPTEMBER 2010, WEDNESDAY

Pam and Barbara came in time to take Wilma and us to Moran for her eye surgery. We visited until Pam needed to be at the airport and I went with Barbara to take her. Back before Wilma got out of surgery. Had a bowl of soup on the 6th floor and it was only a short wait before she was out of surgery. To Wilma's. She had some lunch ready and Barbara heated it for her. We left her to rest and went home where I had a rest. Barbara made us a salad and hash browns and I did the frozen salmon for dinner. Latter awful. She mopped my kitchen floor. Barbara gave me a manicure and Wendell and Jaydeen came. I went to bed about 9:15 .

BLESSING: Wilma's surgery went well. Opportunity to visit with Pam before she left.

2 SEPTEMBER 2010, THURSDAY

both of us were up about 6:30. She made oatmeal for us for breakfast. Ono. She left for the airport about nine and I went to the stake center about ten after. Drove. Nine more registered. 3 tables an overkill. From class went to the Credit Union for money, picked up prescriptions, and went over to see Wilma. Not as much swelling or black and blue as I expected. Thanks to Barbara's suggestion found her TV remote under the cushion of her platform rocker! Home for a rest. Got bookkeeping done and money from the class to Bp. Taylor. Liz feeling somewhat better. Bp. Said he got his first goodnight's sleep in some time. Regan and Trish willmore stopped by with watermelon, potatoes and corn. Helped Betty put together ceviche a la Lavina. She had everything cut up. Made a BIG batch. She gave me almost one half. Not fair to her.

BLESSING: Barbara's visit. Class seemed to go well.

3 SEPTEMBER 2010, FRIDAY

Gave Betty and Gladys two ears of corn. Took ceviche, corn, potatoes and a watermelon to Wilma after picking up a gallon of milk for her. She gave me some corn chips she didn't want. Had my hair cut-sheared. Nice cut but VERY short. Home and a rest. Read Smith E-mail and it was full of chat re the poll re Obama's lack of popularity.

3 SEPTEMBER 2010 cont.

Got caught up on my journal and now need to tackle the assignment Bev S. Asked me to do in RS Sunday. Still unsure as what she wants....

Cut my watermelon, better than Wilma's gave a quarter to Gladys and a quarter to Janice H.

Betty has watermelon. She gave me plums from her son Quinn.

Rode bike; paying for it.

BLESSING: Shared watermelon.

4 SEPTEMBER 2010, SATURDAY

Picked up Ecuadoran rug from cleaner; to Staples for ink cartridges and to have copies of Nine sons and the governess run off for Shirley; long line in the P. O. to mail. Home for lunch and a rest. Dimple and Carl Mellor came at four. Two bags, two boxes of fruit and vegies. Carl is so thin, strength a concern. The hotel sale turned sour in June. Banquet business practically nil. Took Wilma produce, shared with Betty and Alice Mitchell. Still don't know what I'll be saying tomorrow.

Wilma's eyes look a little better. A little blue under right eye. She gave me brownies. Took two Tylenol, one in the morning, one as I prepared for bed.

BLESSING: Carl's generosity.

5 SEPTEMBER 2010, SUNDAY

Slept quite well. Good Fast and Testimony meeting. Sat by a nice couple. Lots of visitors. New family moved in ward. Have three girls. Head of family a Seventy. Must be in one of the downtown condos. Feel sorry for the girls.

Bev gave a good lesson. Jane bowman and Jo Madsen also participated. It was not my most shining hour Jglad it's over. Caroline has a cold and didn't go to church. Not sure she appreciated all the fuss. "Spec she might have felt worse if no one noticed.

BLESSING: My leg manageable. Tylenol?

6 SEPTEMBER 2010, MONDAY

Slept quite well; glad for the blanket on my second bathroom trip. Took Eloise R. tomatoes, plums, peaches. I wish she could get back to NC for her remaining years.

Stuffed squash (too dry) and marinated some tomatoes in Julia Thornley's marinade. Peeled two mangoes and several peaches and put in fridge. Early rest. Gladys stopped in. Talked to Wilma and Winnie. Wilma started back on the treadmill today. Ruby Haws called. Concerned re Wilma. She is a very thoughtful person.

BLESSING: got the fruit and vegies Carl M. Brought under control. Wilma felt like riding treadmill today.

7 SEPTEMBER 2010, TUESDAY

To get milk, gas smaller plastic gloves. Back in time to go to Dr. Schlisman appointment. I do like her. Grumbled. Exray of hip. Encouraged me to take Tylenol and exercise. Lunch of ceviche, cantaloup and bagel with cream cheese. Ono. Late rest. Sweet note from Maria Wright re her birthday card. Talked to Wanda after her Dr. appointment. Dr. Feels her body effected by colitis complication; will work with Dr. Hemert. Do hope they can help her. Won't be coming up this week.

BLESSING: Dr. Schlisman. Wanda's Dr. to work with Dr. Hemert.

8 SEPTEMBER 2010, WEDNESDAY

A challenging night. Lunch with Betty at the Dutch Mill on Highland Drive, afterwards to Baskin Robbins for ice cream. Upon arriving home found a message from Dr.Schlisman; no

8 SEPTEMBER 2010 cont.

arthritis in hip: the problem ? Am to change Micardis HCL to regular. Just started a 90 day prescription of the HCL one. My NA low, the regular has no diuretic. Not sure how the insurance company will take to that. This must be one of the reasons why I'm so-o-o tired. Nice letter from Shirley O. Heather Olson's dad is dying and she wants to be with him. Asked Shirley to come and take care of her children. Dale is still in misery with his back. Shared tomatoes with Shirley Hyde and Bev Stephan.

BLESSING: Conscientious doctor who "gets back" to her patient.

9 SEPTEMBER 2010, THURSDAY

I goofed. At ten bp Taylor called to see if I was well; time to start class. Auwe, I was thinking class started at ten-thirty. Don't ask me how, why. It has always started at ten. He started the class, bless him. Jane Berry collected registration money. Cher Painter's son was in class with her. Cold, run the gamut weather day.

Freda Naicam's birthday. To Western Nut, vosens and Wilma's. Her eyes are still quite red. Do hope a week will make a big difference.

Wanda called: meeting Brennen seemed to go well. She liked his teachers. His English teacher has 35 classes. Auwe. She is optimistic re the communication, help she will behaving from them.

Talked to Winnie: she wants more cherry juice.

BLESSING: Wanda taking an interest/helping in Brennen.

10 SEPTEMBER 2010, FRIDAY

to the ten session. From there to Vosens: no WW bread with sesame seed: took Cher Painter's birthday card to her. She has moved from the last JoAnn to the first. Lunch and a LONG rest. Beautiful day. Picked up Anne's orchid from gay m. She gave me a cucumber and a loaf of banana nut bread. One bloom still hanging on the orchid plant.

Talked to Wilma, Winnie (Elaine got the cherry juice from the Murray farmer's Mkt.), Julia Carver. Had dinner with Gladys. Tacos good, would have been better with corn tortillas. Eric and family are coming tomorrow night to have dinner, on Wilma, at the Vienna Bistro.

Amanda's sixteenth birthday.

BLESSING: I feel quite well, hip-wise.

11 SEPTEMBER 2010, SATURDAY

Did bedding and whites. Drove to RS meeting on De-cluttering because I wanted to go to DI afterwards. Delightful meeting, very well attended. Dropped off things and looked at their glass ware thinking I might just buy new salad plates rather than try to take the scum off the ones I have. None on shelves. Glanced at books, nothing caught my eye. To \$ store thinking I'd buy vinegar. No vinegar. Lunch and a rest. Talked to Lettie and Don. Lettie was tired from their yard sale. Talked to Wilma, their dinner postponed until Monday. Mara throwing up. Balanced check book. Visited Alice M.

BLESSING: Beautiful day.

12 SEPTEMBER 2010, SUNDAY

A good "morning" sleep. Won't comment on the evening... Leg letting itself be known: took two Tylenol. Made it through all three meetings. Sat by Linda Brailford in Sacrament meeting and RS. And a young new sister in RS whose husband is Pauline Harward's grandson. Met Cher Painter's son. Much of her coloring, looks. Sharon Crandall and peter Tiechner spoke in Sacrament meeting. Both gave good talks. Quick tomato sandwich and a two hour rest/sleep.

12 SEPTEMBER 2010, cont.

Took another Tylenol. E-mail from Heather Olson; dad is out of ICU. Dale working with a therapist. Shirley must be exhausted. To Fireside to hear Todd Knowles who is a genealogist, Jewish ancestry. Seems to have specialized in it; travel world wide. Long but fascinating. The colemans were there with many of the young missionaries.

BLESSING: A good nap.

13 SEPTEMBER 2010, MONDAY

Slept quite well. Took two Tylenol this morning. Pain dulled considerably, though I feel a bit zombishy. Dava and I did our visiting teaching; she leaves for Georgia to visit one of her daughters Wednesday. A sweet lady. Enjoyed Donna. Still not too sure of "how" to teach her.

A rest and took Church News and Mormon times to Wilma to ask them to hld them for Lettie. A month's worth. To Fresh Market for vinegar, milk, and some ham. 88 cent/pound. Letter from Alice Wayman. FHE starts back tonight. Hope everyone remembers. Made a peach milkshake for light dinner. Used a little fo Barbara's soy milk. E-mail from Shirley Olson.

FHE was the first of four parts of Truman Madsen's DVD on the Savior. Carrot cake and ice cream, nuts. TOO much. All six of us there plus ruth Hobson.

BLESSING: easing of leg/hip pain. (Probably the Tylenol).

14 SEPTEMBER 2010, TUESDAY

to the ten temple session. Drove. Took the "old" vinegar and soda for Wilma but chickened out after the session and came home. Beautiful day. Tried to call Lettie; voice mail twice. Got my temple recommend renewed. No wait for Bp. Kirkland and not very long for the Stake president. Saw Carol Wood, Nidia pollock and Betty-----. Betty gave me some bran muffins. Ono. Ate one with left over peach shake I've drunk for three meals.

BLESSING: A new temple recommend.

15 SEPTEMBER 2010, WEDNESDAY

What a night. Auwe. Small breakfast; half Betty's muffin, half a peach. To Wilma's and "defogged" her glassware with vinegar and soda. We ate at a Mexican bistro on 7th S, between 5th and 6th W. Upscale. Interesting to visit. I'd liked to've tried a number of things. Home and deep; sleep for a couple of hours. Wrote the Bill Waymans. Betty returned with tomatoes. David Harper called. Reported Bob parker is undergoing chemo for prostate cancer. He is a sweetheart.

BLESSING: My hip is not as painful.

16 SEPTEMBER 2010, THURSDAY. Roger Smith's 65th birthday.

Slept quite well. Class went well; three new enrollees. Finished Jeremiah. To Costco and \$ store. Bought rice crackers, Cetaphil and aspirin. After a rest I went to Rite Aid, Fresh Values and chapman Library. Mid 80 day. Visited Alice M. Didn't turn TV off the whole visit.

Took Lis Ballou's birthday card to Don and Cathy's apartment. Her birthday tomorrow; they're taking her out to dinner.

BLESSING: Tylenol seems to be helping leg/hip pain.

17 SEPTEMBER 2010, FRIDAY

Did a load of "coloreds" and mailed the DVD to Popes. Stopped at Vosens for one of their "seedier" breads. Gift: three pastries. To Utah Woolen Mills and bought a navy skirt; same fabric as the navy pants that have served me so well. Price: unmentionable. Talked to Lettie; she gave me two quotes from their

17 SEPTEMBER 2010, cont.

Area Conference: Bother Packer: "What if he were your own boy?" (re giving up on a person) and from Julia Beck: "You're doing better than you think you are but you can do better." Also indicated that Wanda has had six sessions with Brennen and that Brennen likes her. And he is enjoying school. A blessing. Went to hear Heidi Swensen speak at the church History Museum. Wilma, Gladys and I. Wilma couldn't hear her. I strained. Afterwards a flutist and harpist from the Tabernacle orchestra did a program plus a former, twenty year member of the Tabernacle Choir for twenty years spoke and a 16 member choir sang three numbers. Wilma sat on the front row and maybe it made up for the hour she couldn't hear. Yes. I was tired but glad I went.

BLESSING: Good visit with Lettie; positive feedback re Wanda working with Brennen.

18 SEPTEMBER 2010, SATURDAY

Did two loads of washing, clothes which may or may not transition to winter. Vivian p. called. She is always a delight to visit. Has seven sisters she visit teaches.

Visited Gladys; cutout her crossword puzzles as I forgot to cut them out of mine. Visited Eloise R. She had taken a sleeping pill last night and as of eleven A. M. still sleepy. Lunch of peaches, cheese and toast, milk. A long hard nap. Left shoulder pains. Having dinner with Wilma at Village Inn. Their portions are about right on their Early bird 3-6 menu. Talked to Wilma Fullmer.

BLESSING: Two Tylenol seems to ease leg/shoulder ache/pain.

19 SEPTEMBER 2010, SUNDAY

Slept in. Good meetings; missionaries and Brother Bob Winegar were the Sacrament meeting speakers; Gladys taught in the RS room. Did quite well, took too much time as did Sr. Kirkland for R. S. I'm just intolerant of going over time. Repentance is in order. Quick lunch and along hard sleep. Struggle with printer printing Gladys letter from her friend Anne in Spain. No E-mail otherwise.

BLESSING: made it through three meetings.

20 SEPTEMBER 2010, MONDAY

Slept well. To appointment with Dr. Brann. Annoyed by new forms plus more (by error). Brann suggested a two week try of a relatively new med. Took me to Gen for explanation that Deseret Mutual has taken over Medicare (?) At least for billing and I'm not to acknowledge medicare anymore. An appointment with him in two weeks. Suggested I have an angiogram; when I said I'd had one, checked and acknowledged I did; didn't elevate my confidence in him, I'm afraid. From there to whole Foods; checked papaya. Bought a too sweet cooky; to smiths where I bought peaches, kitty litter and grated cheese and two orchids. Used my Master Card. Dropped books off at library; went by Brigham Apts., no parking. Home and crackers and milk and a rest. Lunch?, dinner? About three. Cooked cabbage Carl brought. Cooked it too long, soggy but tasty. Talked to Wanda; she's feeling better. Still coming...Called Meilisa re refill for statin refill. Kendall to see if Brann knows I'm taking one of the meds his new med suggested consultation with Dr. Assured me he did and to hale on.

Fire in Herriman seems to be almost controlled. Three houses burned. Took Wilma her orchid. Both are cute. Just read directions for care: water every 20-25 days or less if still damp.

BLESSING: Wanda is feeling better.

21 SEPTEMBER 2010, TUESDAY

Slept very well. To temple about 8:45. Did ten initiatory. Liberal with oil. I do like the way they expedite things now. Walked home via temple grounds. Planters beautiful.

26 SEPTEMBER 2010, cont.

rest. Visited Betty and Alice M. Latter offered her electric chair for Wanda's use. Nice of her and it would be a help to her. Betty and I are going to the temple tomorrow. Talked to Wilma H. And Julia Carver.

BLESSING: We were able to go to all three meetings.

27 SEPTEMBER 2010, MONDAY

Betty J. And I went to the ten endowment session. I left her with her son in the Celestial room. We sat on the front row all the way through the session. FHE at Gladys'.

Missionary couple living on the floor, in their early fifties, called to do stories of LDS chaplains in the "wars" and other LDS servicemen as well. Very charismatic couples.

BLESSING: The temple.

28 SEPTEMBER 2010, TUESDAY

Wanda went to Orem. I made chicken and egg salad. Did a lot of resting. Talked to Winnie. She is having back problems. Scared. Talked to Wilma h.

BLESSING: hip not nearly as painful

29 SEPTEMBER 2010, WEDNESDAY

Wanda is immersing herself in the Sparrow genealogy. I went to vosens, D. I., Smiths and Wilma's. She gave me the last two Newsweeks and some bean salad. Rested; made sweet potato chips and mac and cheese.

BLESSING: Having Wilma to talk to.

30 SEPTEMBER 2010, THURSDAY

to class. Finished Ezekiel. Wanda went to Orem. Call from Barbara Bates; wanted to know if I knew anyone with burning eyes. She has plus double vision. Talked a half hour or so. I wish I could've helped her. Betty J. Gave me sauerkraut, bratwurst and some beets with an interesting sauce. Wanda came with corn, tomatoes, squash, peppers and onion from Fullmers; apples, com and peaches which she bought. Shared with Jean C. And Betty J. Wilma H called; had talked to Paula; she has eczema and high blood pressure. Adam had bunged up his knee again. Anne R. called.

BLESSING: Jane Berry, Bp. Taylor and Bob Holloday.

1 OCTOBER 2010, FRIDAY

Shoulder problems. Took about forty years of conference issues of the Ensign to DI plus two notebooks (first I offered them to Betty; she took one of the three); had car washed and went to WalMart for some meat. Got meat balls, Tilapa, and salmon. Lunch and a rest. Wanda vacuumed the living room and kitchen. Bless her. Just as I was about to fall asleep Wilma H. Came but I let Wanda entertain her. Was good as they had a nice visit. Called Bp. Taylor re Carl Gustason's double registration; hadn't and won't deposit money until next Sunday. Picked up Gus's check; enrollment now is 75 for summer session.

When I took wet garbage to the dumpster found two sheets, a pillow case and a pillow. Washed the sheets (in good condition) and will wash the pillow and pillowcase and give them to DI. Wanda's toenails/toes are looking better. I'm rubbing them with lotion each night. She is really digging into the Sparrow genealogy.

BLESSING: Decluttered (Ensigns).

2 OCTOBER 2010, SATURDAY

great conference. Christy nee Werner, husband and friends stopped by after the morning session. Short rest between sessions. To Gladys' for dinner.

BLESSING: conference.

3 OCTOBER 2010, SUNDAY

Not a very good night. Was able to be alert through both sessions of conference. For which I'm grateful. A rest before lunch. Eleven of the Twelve spoke Saturday and Sunday. Elder Nelson spoke at the conference session. I'm super tired.

BLESSING: /was able to be alert through sessions.

4 OCTOBER 2010, MONDAY

A wonderful night's sleep. Dropped Wanda off at the FH Library shortly after eight. A load of wash; to appointment with Dr. Brann. Three month prescription of Ranexa. Home via Fresh Value for potatoes, mushrooms. Temps dropped, rain. Home in time to pick Wanda up from the library. She was disappointed that the things she downloaded from Ancestry.com weren't viable. Meat loaf, potatoes, etc. for lunch. Not particularly good. Also spaghetti squash Wilma F. had given us. Good. Loaf had been in the freezer some time. Too tired to sleep but rested. Wilma H. came with zucchini bread from Karna. Wanda doesn't care for it; smart to save her CHO for something she does. Shared with Gladys and Betty. Storm, cooler weather moving in.

BLESSING: Feel a little more comfortable with Dr. Brann.

5 OCTOBER 2010, TUESDAY

Wanda was at the library, in her car, by eight and I went to the ten temple session. Around seventy women. Many conference visitors, I expect. Many language cards at the veil. Tears by a number during and after session. Cooler. I wore my red jacket and winter white skirt. Wanda was home when I got here. We lunched on our own. Both of us had a rest. She hadn't slept much during the night..

My Ensign came. Beautiful edition on the temples. Called Winnie, not home; ditto Julia Carver and fullmers to thank the latter for vegies. Wanda cooked her mushrooms and Fullmer onion for dinner. Ono. Must remember she needs to eat before six.

E-mail from Wayne's wife, Julia and one from Rebecca nee Werner. Rebecca and Russ are buying a home in west Valley. Sonia Aycock called. Was at LDS Hospital with a daughter in law. Heading for NC in the next week.

BLESSING: Wanda's devotion/organization re Sparrow line

6 OCTOBER 2010, WEDNESDAY

I started shifting my journal envelopes and filing them in the empty Ensign files. The small ones are about an inch too small. To Distribution Center; they only had the small. To DI where I left the "rescued" sheets, pillow and pillow case, and the jeans which are too lone and too big.

Picked up a few groceries. Lunch and a long rest. Neatened up freezer. Gladys stopped in. Wanda should be arriving anytime. Cloudy. Cool. Wanda weather.

BLESSING: A better organized freezer and top closet shelf..

7 OCTOBER 2010, THURSDAY

Wanda stayed in Orem last night. Class went well. Enjoyed brushing up on Daniel and Shadrach, Meshack and Abendigo. 79 registrants for class. Lunch and a good hour's sleep.

Picked Coreg up prescription. \$216 for three months. Auwe. Alice M. back; brought me a little

7 OCTOBER 2010, cont.

bag of balsam. Fragrant. Wanda came about five. Brennen was emotionally upset as were many of the students in school as they learned about the death of a classmate. Didn't tutor so came home early to avoid the pending storm. Brought lots of food. In the process of helping her unload learned Jim Bonner died. Went to the viewing at Larkins. Spoke to Anna, the daughter I know, and looked at pictures. Anna is such a charming woman. I'm ready for bed.

BLESSING: thanks to someone for putting the obituary on the door of the building I was able to go to Jim's viewing.

8 OCTOBER 2010, FRIDAY

Breakfast and made a big pot of chili. Invited Wilma H. To come for lunch. Fullmers arrived about ten. The "name" label from Shirley for my Hawaiian quilt is beautiful; Wilma whipped it on beautifully also. Lunch of chili, crackers, fruit, cheese quite good. Wilma H. Brought bread. Fullmers tomatoes, squash, cuke and peppers. I was hurting by 1:15 PM. Keith went down to the social room to play the piano and Wilma H. took Wanda to the FH library and Wilma F. And I rested/visited. Wilma and Keith left about 1:45 and I slept a bit. Picked Wanda up about 4:30. Ate a biscotti Wilma F. Brought; killed my appetite. Gladys is coming over to write her friend in Spain. Wilma took my winter white skirt home to make it smaller in the waist. Bless her.

BLESSING: Kindness of Shirley, Wilma.

9 OCTOBER 2010, SATURDAY

Wanda went to the library; I went to Bountiful. Checked out shoes at Barton's and went to the Wight House then to Famous Footwear and the Dollar Tree. Bought fruit chips and stopped at a produce market on my way home. Bought some peaches. Also bought a loaf of bread for Shirley Hyde. Talked to Lettie. Made chicken noodle soup. Watched Lark Rise to--- and Dr. Martin.

BLESSING: Good conversation with Lettie.

10 OCTOBER 2010, SUNDAY

Didn't sleep too well and was ready lie down when I got home from Church. Slept /rested until almost four. I gave the opening prayer in Sacrament meeting and Barbara Nolan and Dan Delgado spoke. Wanda had trouble with the pew bench. Too wide for her. Wonders if she has a blood clot. Eloise Richensen came over to speak to Wanda to tell her of her love/esteem for Neva. Nice of her. Beautiful day. Went to fireside. A member of the SL Temple Presidency and his wife spoke. Very inspiring. Wanda is wondering if she has a blood clot.

BLESSING: Made it through all three meetings; a rejuvenating nap and felt like going to Fireside.

11 OCTOBER 2010, MONDAY

Slept wonderfully well. Wanda went to the library and I to the ten endowment session. Walked over with Maria Wright. She told me that the Dr. predicted two more months of life for Milo in 1996. A miracle each day he lives. Wanda was home when I got back, a little later than usual; fairly large session and I was one of the last through. Wore my new skirt. Like it immensely. Thinking of having it hemmed. Lunch and talked to Lettie. She will get peaches for us Thursday. Made chili out of the remaining meat loaf. FH evening; Marge hosting at Gladys' using the second section of the Truman Madsen DVD on the Holy Land. He does have a way/knowledge of the life of the Savior, the Holy Land area and New Testament to add new dimensions to the Savior's life and teaching. Chocolate cream pie, delicious but not exactly diabetic fare. Marge told us a little more about getting Pam Kipper settled in her care center. I do hope she will be

11 OCTOBER 2010, cont.

happy there. What a lot of work Marge has done/for her.

Made more (my version) of chili from the rest of the meat loaf. Used a can of kidney beans, corn, frozen pepper, and mushrooms. Wanda ate about half of it for supper. Talked to Lettie; she will be getting peaches for us. Talked to Kitty nee Harper today re her sister Mildred's death. Felt it a blessing. She has been involved with family weddings from coast to coast

BLESSING: visit with Maria Wright on my way to the temple. (What a nice person she is.)

12 OCTOBER 2010, TUESDAY

Slept in. Wanda left before I got up. Alice Mitchell came before I had breakfast. An invitation from her FHE group to go out to dinner for my birthday. Tuesday night (19th). Washed summer clothes. Packed a bag for DI of size ten pants, SAS sandals, skirt and scarf. After DI I went to Smiths for skim milk. Then to Staples and office Max to look for magazine holders. From there to Deseret Book in SugarHouse, Michaels and Nordstrom's Rack. No luck. Home about 1:45 PM bushed and rested for an hour before having lunch. Talked to Wilma H. She is taking us out to dinner on my birthday.

My day is all mixed up re meals. Only myself to blame. Talked to Dorothy Barker. Her mother fell and broke her leg on Labor Day. In a rehab. She will let me rent her place November and December.

BLESSING: Income from Zion Direct.

13 OCTOBER 2010, WEDNESDAY

Up about 7:30; Wanda made breakfast for us. I had a long conversation with Mary Behra. She has had her challenges. Wanda left for Orem. I had a rest about 11:30; scrapped shopping plans and another rest/long nap at two. Auwe. World has rejoiced as miners have been brought up from the mine in after months of being trapped. Lettie W. called; had a tooth extracted. Sending apples, pears and tomatoes along with peaches. Don's birthday. 81 or 82?

Watched the last two hours of Religion in America. It is 10:15, the latest I've stayed up in I can't remember when.

BLESSING: the rescue of the men from the mine in chili. A bonding of the world in joy of their freedom.

14 OCTOBER 2010, THURSDAY

Class. Brother Gary Beckstead teaching. Thought he'd never get to Daniel in his lesson. A very pleasant man. A purse left. Donna Berry's; her husband came for it as I was opening it. Saw Sr. Robie in an ambulance out front before I left for class; learned after I got home it was a nosebleed she couldn't stop; back home. Betty J. is home; brought tomatoes. Had a tomato sandwich for lunch and a long rest. Called Caroline; she is feeling better. Letter from the Wayman's daughters telling of their move. To the Church History Library to hear a lecture on Ruth Mae Fox. I particularly enjoyed learning of a poem, put to music after the announcement of the Hawaii Temple. It was sung at its dedication in 1919 and will be sung again when the temple is rededicated in November. Wanda is back with her walker.

BLESSING: Wilma could hear the lecture.

15 OCTOBER 2010, FRIDAY

Not a good night. We got peaches, pears, apples, and the puzzle books from Wanda's car. BIG peaches. She went to the FHL via her walker. Did laundry and went to Walmarts and Fresh Value. Shared peaches with Betty, Alice, Bev and Janice. We went to Zions thank you dinner

15 OCTOBER 2010, cont.

and afterwards I went with Frances Hutchins to a Suzuki concert. Lasted one hour; those playing from 3 to 19 starting with one hand and progressing up to more complicated pieces. At times ten playing at once. Well coordinated for so many participants.

BLESSING; concert lasted an hour. Just my cup of tea!!

16 OCTOBER 2010, SATURDAY

Slept well. Hair trim and made beef stew; could have used more meat. Wanda went to library. Rest and took Wilma H. Peaches, a pear and couple apples and the books Lettie sent. Sara, Wanda's daughter-in law and daughter, Harper, came as I was leaving. Her mother, brother, sister and Nicholas were taking a carriage trip around wherever they go. Someone brought zucchini muffins just as I was waking up; don't know who. Suggested she ask next time. Stew for dinner. Also the spaghetti squash. Stew could use more salt and as I said before meat. Big pot; shared with Gladys. She brought us melon, raspberries. Talked to Lettie; Rachel's house is progressing. She is excited.

BLESSING: Booklet for the candidates and explanation of amendments came.

17 OCTOBER 2010, SUNDAY

Rough night. The Fluhman's spoke at Sacrament meeting. Alicia spoke forty minutes, Richard ten. Two Gospel Doctrine classes for a change. We went to Gladys'. Sr. Brailford taught the RS lesson on Baptism. What a pleasant attractive woman. Rode home with Wanda; quick lunch and two hour's sleep. Gladys came down with her BIG birthday balloon and a lovely card. Had one from Mary Ann Parker and Donna Holladay earlier.

BLESSING: Was able to make it through the three meetings quite well.

18 OCTOBER 2010, MONDAY. HAPPY 86TH BIRTHDAY TO ME.

Dark at 7:30 when I got up; slept well. Betty and I went to Village Inn for breakfast; most enjoyable. Many cards, gifts. Phone calls from Anne R., Mary Behra and Barbara Bates. Wanda spent much of the day in the library. She is enjoying her walker; gives her more freedom of time to go. She talked to Pam W. re the Sparrow line for about an hour before she left. To Credit union and a visit to Eloise R. Wilma H. Took Gladys, Wanda and to dinner at Village Inn. Pleasant. Loxie Schabatka called. Nice to hear from her.

BLESSING: so many friends, family who remembered my birthday.

19 OCTOBER 2010, TUESDAY

To appointment with Dr. Schlisman; I do like her. She looked at my finger and suggested after four weeks from today if it was not healed I needed a biopsy from a dermatologist. Bought cake mix and Wanda made a peach cobbler. Shared with Betty and Gladys. Phone call from Richard Fluhman wishing me happy birthday; cars from Jan McMillan and Marge Whitehead. Talked to Lettie, Carl Mellor, Wilma H., Amy Mackley. Carl may be selling his banquet place. Admitting can no longer do what he once could. Reported positively re Dimple. Wrote a thank you note to Lacy. Owe Wrights and Bowmans one. My handwriting deplorable. Learned Boffeys are moving. Dinner with Alice M.'s FHE group at Little America. Nice ladies. For my birthday. Cards from Amy Mackley, Barbara N., and Kathleen Ammon.

BLESSING: Remembrances for my birthday.

20 OCTOBER 2010, WEDNESDAY

Wanda to Orem, I to the temple. Did ten initiatory. Wrote thank yous to Wrights, Bowmans and

20 OCTOBER 2010, cont.

Gay Mitchell. Dinner with Bev Stephan, Jo madsen, Alice Mitchell, Barbara Nolan, and Kathleen

Ammon at Little America. I liked where we sat. Had painted the parking area white. Nice and light. Called Winnie; she had a great night's sleep. Pain gone from her back; gave her too much insulin during before her surgery; had insulin shock.

BLESSING: friends; birthday remembrances.

21 OCTOBER 2010, THURSDAY

To class; cell phones went off twice, one in the middle of prayer. Auwe. Long nap. Wanda called. Dr. appointment; hole in her groin bleeding. Staying another night. Wrote thank you notes to my hostesses last night. Checks to Credit Union. A refund from IHC was addressed to Gladys. Called them to correct apartment number. Verla Salkeld came with a gift, card. Late because of her Sister's death. A beautiful apple and small toothpaste as a breath freshener. Set up time for visiting teaching and lunch with Betty next week. Not hungry. Made egg and tuna salad. Finished spinach; amazed at how long it lasted. Wanda brought it some time ago.

BLESSING: Verla's acceptance of her sister's death. She was 86.

22 OCTOBER 2010, FRIDAY

To get note cards at XPEDX and to Reams. Wanda came shortly after I got home. Is supposed to wash her yeast infection every three hours. It looks better. To Janice's for a demonstration by Valerie Harris on oils. I had told Janice stay an hour. Most smell good. I'm a skeptic that they cure so many things. I enjoyed the coolness on the ones she put on the back of my neck and on my forehead. Wanda and I both had a nap before her shower and subsequent salve, packing wound. Tried another seedy compact loaf of bread from vosens; I don't like it.

Anne r. is back; friends had already been packing for. She looked tired. I'm enjoying the puzzle book Lacy gave me for my birthday.

BLESSING: Wanda's yeast infection is looking a bit better.

23 OCTOBER 2010, SATURDAY

Wanda's wound is looking better. Had a rest before Mary and I went to Hale to see The Drowsy chaperone. Silly; fast moving. Cloudy. Used my umbrella from the car home on our return. A brief rest. Addressed Wanda's yeast and wound four times today. She stayed at the library until two. Visited Anne and returned her orchid plant. She had her granddaughter set it and another by the dumpster. To the Stake Leadership meeting. Good meeting on service. I'm tired.

BLESSING: Wanda's wounds seem to be healing.

24 OCTOBER 2010, SUNDAY

A great Regional conference; P res. Uchdorf presiding with Elder Nelson, the conducting Seventy who also spoke, Sister Wixon, Primary Gen. Pres., the Salt lake Temple pres. Bro. Childs and pres. Uchdorf spoke at some length. I'm enjoying my Utah Woolen Mills skirt. Talked to Lettie, Wilma and will call Julia Carver; had thought I'd go see her butCloudy, cool. Gladys came up and we visited at some length. Wanda's yeast is looking much better and the smaller wound is growing smaller and less inflamed.

Wanda had a lengthy conversation with pam W. And is thrilled at what Wanda is doing. She deserves a lot of credit.

BLESSING: Conference.

25 OCTOBER 2010, MONDAY

25 OCTOBER 2010, cont.

I got up before Wanda which is a first. She went to the library and I to the ten endowment session. She came home as I was beginning my nap. Little too long between treatments of her maladies. FHE with Betty using my DVD and moving to her house for dessert. Visited briefly with Anne R. Neal Anderson came in to help her. She has sold quite a few things. Learned Andersens are moving in Robertson's apartment.

My blood pressure was 190 plus tonight. Scary.

BLESSING: the DVD worked. Wanda's enthusiasm for her research.

26 OCTOBER 2010, TUESDAY

Did bedding. Betty and I had lunch at Minnie's. Jenny Barbara Hiatt's daughter, was to be in at two. The young man there took care of us quite well. Wanda and I went to WalMart's; she bought a vest and sweatshirt. Hailed as we went. She spent four or five hours in the library. Blood pressure was 179 this morning. Called Kendall Dr. Brann's assistant. Left message; didn't have a reply. Message may have been too garbled. Long nap. Talked to Wilma H. Re Thanksgiving and finishing touches. Long E-mail from Shirley Olson. Popped in on Anne r. a couple of times. She gave me the roses Marlinda gave her. Alice M. Gave me beef stew.

BLESSING: Knowing a woman like Anne who is super cool under stress.

27 OCTOBER 2010, WEDNESDAY

Wanda went to Orem; I to pick up meds, bread, deliver Kathy P.'s birthday card. Did our visiting teaching and to Staples to have my note cards printed. To Whole Foods for bread and bite sized brownies on sale. (impulse buy) disappointed that they didn't have nuts in them. Lunch on Alice's beef stew. Nap and finally turned up heat to 72. Took bread to Shirley H. Dinner and visited Alice. Partially filled out the winter semester Thursday class info. Voted. So ignorantly. Elaine got through her surgery okay. Should keep arm immobilized for a week. Hard for someone who has always "done" for others to be waited on. Pain may dictate it.

BLESSING: My shoulder hasn't been hurting.

28 OCTOBER 2010, THURSDAY

Left Anne a card; she was getting the last of her things on her suitcase. Went to class but didn't won't to pray; felt too emotional. Class seemed small today. Bp Taylor, bless him, said he will still set up and take care of our money. Cher said her mother is dying, six months to live. Hard especially since they evidently haven't been on the best of terms. A rest. Called Kendall at Brann's office; no response. Blood pressure still high. Lettie called; checked Morning-Moo powdered milk; on sale. She bought two cans and sent them by Wanda, plus apples, pears and tomatoes. Wanda brought chicken, apples, muffins, V8 juice. Visited Gladys; she's going to Milford tomorrow. E-mail from Steven.

BLESSING: Knowing good people such as Anne and Bishop Taylor; Wanda's enthusiasm, and success with the Sparrow research.

29 OCTOBER 2010, FRIDAY

In bed until 8:00; ditto Wanda; sbe to library and I to meet Wilma for the second of finishing touches series. I was late; she was already inside. Is concerned re her equilibrium; had her cane. Lunch at Blue lemon afterwards. Walked home through Temple Square; met Heidi nee Wilson half way. We walked together. An interesting young woman. Was just about asleep when Wanda came. Sixtyish day. Nice change after the forties. Talked to Richard Flushman and Eloise Richesen. Wanda "did" dinner.

BLESSING: My sisters.

30 OCTOBER 2010, SATURDAY

Slept well. Washed a load of whites. To ward RS humanitarian for two hours; Wanda walked. She, Frances H., and Lori tied one lap quilt. Jane Berry had made all twelve of them. Had a rest/sleep when I got home; Wanda te and went to the FH Library. After lunch I went to Smiths—parking lot in a mess; from there to see Julia Carver at Brighton Gardens. She looked better than I expected. Said she was hospitalized because of dehydration; Naomi J. Had told me also because of spiking blood sugar. Julia said she needed help dressing herself. Must be super week. From Julia's to Staples; picked up note card; they look nice. Rainy and dark out. When I got home Wanda had the chicken on with barbecue sauce. Got ready for Trick or Treaters. Thirteen children.

BLESSING: Slept well last night.

31 OCTOBER 2010, SUNDAY

Wanda drove to church; I walked. Linda and ken Brailsford spoke at Sacrament Meeting. Ginger Reid taught the Gospel Doctrine class. I am /have been super tired all day. Not a good night. Jean orgill taught the RS lesson. Had done a lot of work in preparation yet I never quite got what Elder Oakes message was. Don't remember his talk. Took some fish snacks to the couch and up at four for Wilma and Gladys were coming for a five dinner. The food was rather tasteless to me but it was good to have them. Richard Fluhman brought the Religion Class form back with President's Fitts' signature. He is good to work with.

BLESSING: Sisters, friends, nieces.

1 NOVEMBER 2010, MONDAY

Slept well. To ten AM temple session. Called Brann's office. On arriving home found Kendall had called; called back; not there. Keith and Wilma Fullmer came. A lovely lunch of chicken salad tomatoes, muffins. She left salad, tomatoes, peppers, brownies. She also brought my white skirt. Waited until five and went to see Julia. Naomi J. Was there; looked so tired. They were in the dining room. Went back to her room with her. Ran out of conversation. Did take Jo Jones' picture and letter with me. On return Kendall had called again and Wanda took the message; have an appointment at eleven tomorrow. Patricia is coming at 11:30. Blood pressure in 140's....TIRED...mailed the form for fall semester Thursday class.

BLESSING: slept well last night; Fullmer's kindness.

2 NOVEMBER 2010, TUESDAY

Slept quite well. To Dr. Appointment. An hour late. Changed Coreg med and deleted NaCl. Appointment in about four weeks. Patricia was a little later than her one time so rest not feasible. Meager lunch including a chocolate. Auwe. A much needed rest at four and my BOM reading. Talked to Julia re not visiting today. She doesn't have a phone in her room. Made egg salad and had what was still good of the asparagus and tomatoes and Wilma's chicken salad. Good. Wanda came a little before six. Pleased with her afternoon in the library.

BLESSING: Saw Dr. Brann. Good relationship with his Kendall his asst.

3 November 2010, WEDNESDAY

Sleepless after four; mentally wrote my Christmas card. Wanda to library and I to DI, the Gift Basket. Bought caramels for Gay Mitchell; to Smiths for groceries and to see Julia Carver. Depressing to see all the people in the dining room. Stayed about forty-five minutes. When I got home I could hardly maneuver. Took some snacks to the couch and was still there when Wanda came at 3:30. Visited Eloise (she hasn't had visiting/home teachers either. From there to Gladys's and to see Alice Mitchell.

3 NOVEMBER 2010, cont..

Jacob Wood has an appointment with Ancestor.com. Do hope it means a job for him.

I'm super tired; wonder if it is from a short night or med adjustment.

BLESSING; Glad I was able to visit Julia.

4 NOVEMBER 2010, THURSDAY

Wanda left a little before eight. Don't think she got much sleep. To class. I particularly enjoyed the review of Jerusalem's history. Barbara Cramer offered to sing a solo the last day of class.

Pauline Harward had just talked to Anne r. this morning; Robbie refuses to try to walk; gets angry with her when she presses the issue. Anne is a trouper. After lunch and a rest went to see Julia.

Not there; said she was out with her son ! Left her a note. Didn't/wasn't feeling well. Did my crossword puzzle and finally woke up. Talked to Winnie; Elaine's Dr. says she's healing well doesn't have to go back to him unless she has problems. Wrote to Shirley O. Maybe that's why I'm feeling better, the need has been bugging me.

BLESSING: Feeling quite comfortable with my "prayer getting" in class.

5 NOVEMBER 2010, FRIDAY

Challenging night. Wanda called to report her visit to the wound Center. They didn't "dress" the smallest one. Did a small load of wash. Wanda called re her wound care. Thoughtful of her.

Visited Betty; her grandson died. To see Julia. Was with a nurse when I got there. Evidently she has an infection; not sure what. Therapist came. Exercise seemed to be challenging. Had been sick after breakfast; didn't plan to go to lunch. Picked up Wilma and we had an enjoyable lunch at LaCai's. Home by two and immediately on the couch. Long, good nap. Visited Betty again, Alice M. And Gladys. A letter from Shirley Olson. Such a good person.

BLESSING: time with Wilma..

6 NOVEMBER 2010, SATURDAY

I slept well. What a blessing to have had a good night's sleep. Did whites. Wealth is having a drawer full of clean garments. Picked up a prescription. Strange to have the parking lot of former Fresh Values so empty. To Smiths on 9th and 8th. To Western Nut for penuche for Eloise and Vosens for bread. A rest and took Eloise the Mormon Times and the penuche. To see Julia; she was asleep in her room in her wheel chair. Had part of yesterday's lemon chicken and turnip greens for late lunch. Made a big pot of chili (?). Talked to Vivian; they are coming on the 11th.

Clive has had several cancer places taken off; on nose and chin. The leaves are still so beautiful especially around the house next door and the shrubs on our side of the Conference Center.

Talked to Lettie. Wrote Jo Jones; handwriting barely legible.

BLESSING: Seeing the truth of Brother Iba's statement re knowledge of bible in helping understand the BOM.

Talked to Lettie. Wrote Jo Jones; handwriting barely legible.

BLESSING: Seeing the truth of Brother Iba's statement re knowledge of bible in helping understand the BOM.

7 NOVEMBER 2010, SUNDAY

Slept quite well. Barely heard Wanda come in last night. Bore my testimony. Abruptly short.

SS classes merged. Heidi was released as was her husband Jason. Richard Fluhman released as stake executive secretary to be the new counselor in the 14th ward Bishopric. Jason to High Council. Weary when I got home. Took a small bowl of snacks from my cache and ate and had a nap. Cloudy. Almost dark at five. Daylight saving time over as of this morning. Clocks back.

Lydia Rawska asked me to take a meal to Carolyn Gibson. Got home from her surgery today.

BLESSING: finally bore my testimony

8 NOVEMBER 2010, MONDAY

SLEPT WELL. BLESSING, BLESSING. Made apple cake for FH evening and went to the bank, from there to see Julia, she was in therapy. Feeling sick at her stomach. Stayed about forty minutes from the time I entered the building. Snow mixed with rain. Enough to "frost" my back window. Umbrella was most welcome. Chili for lunch and just lay down when Wanda came. Didn't talk at that time but she got quite wet coming home. Talked to Ruby Haws at some length. Wilma called; Popes will be in SL Friday morning. FH evening and finished the fourth of the Truman Madsen tape about the Savior. Powerful in word, music and photography. They liked the cake; I thought it too sweet.

BLESSING: good night's sleep and was able to "do" the DVD.

9 NOVEMBER 2010, TUESDAY

A little snow this morning.. To the ten temple session; smaller than usual. A rest when I got home; more tired than hungry. Shopped and to see Julia. Has her legs wrapped to her knees and is going to the hospital tomorrow at ten for some test/check. Vague as to what/where. When I left Emeritus (new name of Brighton Gardens) the sun was shining. Wanda brought dinner from the Olive Garden where she met Jacob to get her insulin. Talked to Sister Fager re what she took to Gibsons for dinner and learned her husband is in the hospital. Heart out of rhythm. Cooking beef for the stew I'm making for Gibsons tomorrow. Called and there are no no no's.

BLESSING: temple session.

10 NOVEMBER 2010, WEDNESDAY

Slept quite well. Wanda to Orem. I made stew for Gibsons. A brief rest and picked up Eloise R. And to Moran Eye Center. Stopped by to see Julia; just coming back from therapy. She was more lucid than usual. Said she had an ultra sound of her liver. A spot on it. On return from hospital they brought lunch to her room; she ate and upchucked, evidently all over. She had a pan lined with plastic on her table. Told her of Susan Winslow's call, her visit to Hawaii, Laie, seeing norm K. And surfing at Waikiki. Came home for a rest and a visit to Nellie. Made cornbread and took the meal to Gibsons. Visited with Betty re her grandson's funeral. The "nicest one" she said she'd ever attended. Cold. Don willmore called to get Wanda's number. BLESSING: Was able to fit a visit with Julia.

11 NOVEMBER 2010, THURSDAY

Slept quite well. After rest to see Julia; she was playing Bingo. Looked better. First time that I wasn't able to park in front. Ate three pieces of the sugar free candy Gladys gave me for my birthday. Wanda came home about five. To the lecture re Emma Smith following the aftermath of the Prophet's death. I expected more about her marriage and the children.

BLESSING: Made it "up the hill" to Gladys car after the lecture.

12 NOVEMBER 2010, FRIDAY

Slept well until six. Up a little later. Did a load of wash including hose. Popes stopped by shortly after nine, just before Wanda left for the library. I went with them to Wilma's. (Clive got a ticket.) Visited and to lunch at Chuck o-Rama. They brought potatoes, carrots and beans. When they dropped me off I had a nap then went to the Credit Union and to see Julia. Needless to say wasn't hungry. Wanda has diarrhea.

BLESSING: the Popes' generosity.

13 NOVEMBER 2010, SATURDAY

Slept well—again. Wanda off to library. Washed whites. Made apple cake and bowl of Waldorf

13 NOVEMBER 2010, cont.

salad. Peeled apples for the latter. Back ached when I finished. Made a small apple cake for Caroline, without nuts. Andersens with John Cook's help are moving in. A forty-five minute rest, lunch and to John Grismore's brother's funeral. He died sixty-five years in the Philippines. Made me think of my 1945 visit to SL, Roger's birth and Theron still in the Philippines. But Theron came home. I team taught the Gospel doctrine class with John Grismore and Shirley Hyde a number year's ago is the reason I went. Felt it a privilege to be there. Bishop Kirkland conducted. John spoke, at length. From there for a short visit with Julia. She was watching the U of U and Notre Dame game. The U lost badly. Visited Betty J. Gave her several pieces of apple cake and she gave me rice/chicken casserole. Eric, Mandy and family came. Left the children with Wanda. Alexia perpetual motion. We looked at Lark Rise and Doc Martin. At least Wanda looked at the latter;; I'd seen it.

BLESSING: Was able to go to the funeral of John Grismore's funeral.

14 NOVEMBER 2010, SUNDAY

Had a good night's sleep so wasn't as tired by the end of the three meetings as the past few Sundays. Lunch and a rest. Cloudy, "raw" weather. Finally got my heating pad out after I'd put thermostat to 72 degrees. Talked to Carl; lots of challenges. Sister, Pearl, had heart surgery. Dimple "becomes more interesting" he said. Over watering plants, leaving hot water running... Insisting he go to the post office to get mail when mail wasn't delivered on Veterans' Day. He has a good sense of humor. Doesn't like this weather. Always has felt cold weather keenly. Sister Duncan taught RS class. Lesson on Holy Ghost well executed. Primary gave Sacrament meeting. Fourteen children! Russian Branch and ours. Lots of songs which the older children knew every word. Gladys taught the SS class. Eric and his two youngest visited Wilma tonight. I'm glad.

BLESSING: Made it through meetings well today.

15 NOVEMBER 2010, MONDAY

Slept well again. Amazing! To temple for initiatory. Lots of patrons among them Cinda Morgan and Ginger Reid. To see Julia, in therapy. From there to \$ store and then Smiths. Lunch and to rest about 1:40. Hurting. Up a little after four. Good nap. Wanda home about four-thirty. Another good day. Visited Alice. She'd been shopping; having FHE. Betty not home or door locked. Gladys brought us bean soup. Wilma didn't get her paper again today.

BLESSING: Wanda's wound seems to be smaller.

16 NOVEMBER 2010, TUESDAY

Not a good night. Wanda stayed home for the day perusing her library finds/organizing. Wilma and went to Barbara for lunch. Food good; noisy. Windy, cloudy, rainy day. Leaves flying; balcony has its share. After lunch Wanda and I both took a nap. She thinks she might have a "bug". I felt like a zombie. Wrote Shirley Olson. At last. Read all of the October priesthood talks. Spiritual feast. Still not sure what I'll discuss in VT tomorrow.

BLESSING: Spiritual boost from reading the conference talks.

17 NOVEMBER 2010, WEDNESDAY

slept well; Wanda to Orem. Visiting teaching to Donna Holladay. She asked me about being married. To see Julia; at lunch. Ate quite well. Bid her table companions "love you and leave you" as we left. Perkier..Home via vosens; bread for Hydies and Andersens. Two treats; shared one with Betty. A rest/sleep and to see Nellie L.; door locked. Walked and to see Gay Mitchell.

BLESSING: visiting teaching pau.

18 NOVEMBER 2010, Paula nee Hirschmann's birthday to class. Interesting re Malachi and challenge of keeping the doctrine pure and the World Training Session by the First presidency. New handbook. Two parts; one for Stake Presidents and Bishops and the other for other leaders of church, certain specific. All "old" handbooks to be turned in and destroyed. Had a rest when I got home but didn't sleep. Made macaroni and cheese. Had some of Gladys' bean soup and another rest. Very tired. Wanda came home loaded with various food plus tomatoes from Don w. Reported Jacob was excited about his job tomorrow his last day with the Olive Garden. Shredded registration lists for the spring/summer class. Windy, cloudy. Storm coming in. BLESSING: Frances Hutchins helped with walk-ins. A sweetheart.

19 NOVEMBER 2010, FRIDAY

Wanda's wound has definitely diminished in size. To smiths for some groceries, to Sweet to pick up two Marilyn Arnold books, to western Nut and to hair cut. He really CUT. Windy on 3rd So. And main. From there to see Julia; problem finding a parking space. Found her in the social room almost doubled asleep as others listened to a pianist. The social director was "doing" nails, one of his Friday activities. Wheeled her into lunch stopping en route for blood sugar test. 64 so the aid gave her a couple of crackers to nibble as we went to the dining room. I left her/them as she ate her toasted cheese sandwich after declining both entree choices. Arrived home tired to find my cart wasn't in my trunk as I thought. Took what I could carry in hand. Left my keys in the door. Auwe but remembered before I got on the elevator. Good lunch with Wanda. She spent the day organizing and at the computer. I had a two hour nap; so did she. Gail Davis brought me my mailbox keys; left them in my mailbox doors. I'm losing it !! Visited Gladys; walked halls. Talked to Barbara Bates and Sandy Hopkins. The latter about Nellie L.; she went visiting teaching today, better but not back up to par.

Nice E-mail from Steven answering my note to him re the UVU plane crash. Package from Julia C. with the usual yearly 3M gift box. Must've ordered it some time ago. Bless her

Read two mor General conference talks. What a spiritual treat. Called Margaret White's son. She will be "home" on Wednesday.

BLESSING: Able to do what I did today.

20 NOVEMBER 2010, SATURDAY

Decided from four until five while I was sleepless to give my Hawaiian quilt to Shirley. Will have it wrapped and shipped professionally. Finished the night on the couch. Made apple cake; Wanda did the apples. To Costco; I bought Wilma H. A gift card and a rotisseri chicken and my favorite cookies. Crowded. A cooky and froze them individually. Met Barbara Bates; wanted me to have a blurb re dry eyes. Windy, cloudy. Washed the "Neva potatoes", made big bowl of fruit mix. Wanda back sooner than I expected. Raining/snowing. Toilet ran over in first bathroom. Called the weekend number; Heidi came; a couple of flushes and it was okay. Visited Alice and Betty; Betty and I will have lunch together on Tuesday, her choice. Meant to go see Julia; spirit willing flesh weak.

BLESSING: Clean garments.

21 NOVEMBER 2010, SUNDAY

Woke to snow. Pretty. Sidewalks and streets clear. Dripped on my head when I went to church. Good meetings. A Sr. Fuchs of the stake YW spoke on gratitude. Jason Andersen now a member of the Stake High Council spoke on attributes of God the Father and His Son. Both excellent talks. Bev Stehan's grandson played a beautiuf piano solo. Ginger Reid taught the SS lesson. Good group in class. President Baker of the Stake presidency and wife attended the class

21 NOVEMBER 2010, cont.

and stayed for Priesthood and RS. Sr. Brailsford gave the RS lesson on The Gift of the Spirit. Good job. I had had a good night's sleep so found I wasn't so tired by the end of the meetings. Volunteered to have missionaries for dinner on the 13th of December and to help with the dinner our RS is doing for foster parents (?). Good letter from Shirley Olson. What a special person she is. Wrote up my favorite Christmas carol/s for Lacy Thomas.

BLESSING: Able to enjoy all meetings without extreme fatigue.

22 NOVEMBER 2010, MONDAY

to the ten temple session. Harvey Wilson one of the officiators. Did well. Bp. Taylor was in the session. Afterwards to see Julia. Got there about 12:30; she wasn't in the dining room; went to her room. In bed with a tray of food she had barely touched. Said she wasn't feeling well. The nurse came in to give her a shot. Mentioned it was probably too early for another anti nausea pill. Also expressed sympathy that they had got the "itch" under control and now the nausea. I am concerned. Spoke to the nurse on my way out; she said she'd take care of her. Would be reporting to the Dr. From there to Wilma's. she was sound asleep in her rocker. Gave me some stew. I gave her Reader's Digest and tomatoes and her Costco gift card. She told me of a call from Paula and her two children calling to invite her for Christmas. (When I got home found an E-mail from Paula thanking me for encouraging her to invite her mom.) Glad to get home and on the couch. Called Alpine medical re the long outstanding bill. Insurance company had paid!! Called re my shoe order; said should be here by 26th. Mailed on the 11th. Slow ...at least they're on their way. Wanda got here at five. Tedious/frustrating time with films. Jean O. Canceled FHE; her family was coming.

BLESSING: insurance settlement at last. Nice temple session.

23 NOVEMBER 2010, TUESDAY

Betty and I went to a Viet Nameese restaurant. Prior to I went to Smiths on 12th West for milk, etc. Wind COLD. Becky to library; a profitable time with wills. Early closure because of forecast of a blizzard. DJ Johnson and Krista had their little girl; nose problem and was air lifted to Primary Children's hospital. Storm moved in, still going at nine P. M. Cold. Shoes came; they fit!

BLESSING: A home teacher's concern for his sister's safe travel (John Cook)

24 NOVEMBER 2010, WEDNESDAY

Wanda went early to Hansen's and library. I did a small wash including hose. Checked potatoes, ones in bag at least partially frozen. Moved the ones in the cooler inside and washed and baked the ones frozen. Ten or twelve. Later made potatoes au gratin. Wanda thought it good. Freezing one, on the balcony for when the missionaries come for dinner. Wanda cooked barbecued chicken and with potatoes and a salad made a good meal. She had another profitable day at the library. Was pleased my car started. To see Julia. Reed, her nephew there. While she was in the bathroom I asked him her statues. Said, "Not good, she has a spot on her pancreas, may be cancer." I didn't stay long. Ordered two small fruitcakes from Figi's and a couple of things from Haband. Their asking re specials drive you crazy.

BLESSING: was able to visit Julia. Reed was there.

25 NOVEMBER 2010, THURSDAY. HAPPY THANKSGIVING.

Wanda drove Wilma and I to Orem; dropped me off at Lettie and Don's and then they went to Eric's, Wilma's son and Wanda to her son Eric's. Ruth, Alicia, Don and I went to see Rachel's

25 NOVEMBER 2010, cont.

HOUSE RENOVATION. Saw Heather's baby, a pretty child; table all set for their dinner. Back to Willmore's and helped cut up fruit for dinner. Ate a little after two. Their traditional food, minus mashed potatoes and hot piping rolls. Ron willmore came. His wife, Karmel, was in St. George with family; he chose not to go. He and Ruth had the dinner cleaned up and we didn't "turn a hand". Ron is a hustler. Conner was there. I quizzed him about college life. He loves BYU. Not particularly enjoying, but enduring, all his classes. Has had a raise in his job. Roommate born in Hawaii; family live in Sandy. RUTH TOOK Brennen to spend the night with Reed and Claire's Ethan.

BLESSING: Safe travel; warm hospitality.

26 NOVEMBER, 2010, Friday, Vivian Pope's 82nd birthday

Had oatmeal with Don for breakfast. Wilma H. Came over shortly after ten. Visited and had Thanksgiving dinner all over again for lunch. Beautiful day. They do have gorgeous views of the mountains from their front windows. Lettie gave me a sweater and salad dressing mixes. Rachel brought me a container of fruit from their dinner. Ono. Wanda came pretty promptly at three and we were home by 4:30 P. M. Gladys called soon afterwards. She didn't stay two nights as she planned. Marlene and Shirley Hyde came; brought me a huge red poinsettia. Took me a few tries to find a place to put it, too big for the small tables. Ended up on the floor by one of the orange chairs on a stand Wanda made me some years ago. I am/will enjoy. Talked to Vivian. Sweet note from Joe Bowman thanking me for his birthday card.! To bed early.

BLESSING: safe travel; generous family.

27 NOVEMBER 2010, SATURDAY

Slept wonderfully. To Staples to have Thursday class form run off; bought four ink cartridges; returned four. Bought Wanda some "stickers" to label for her research. To Sugar House and Bed and Bath for some of the liquid soap Anne R. Gave me for Christmas last year. Didn't get it from there but from ????. Stopped at Deseret book and Cummings; didn't buy anything from either. On to see Julia; she was at lunch, and eating. Thanked her for her "3M" gift. She ate better than I've seen her for a while. Did go to Reed's for thanksgiving. Wheeled her to the activity room and left her watching TV. First Christmas card, from Susan W. Visited Eloise R., she and her son and two grandsons went to her niece's for thanksgiving. Cold. Stopped in to see Alice M. Don B. Was looking at the last minutes of the BYU-U game. U won by one point. Alice was in the bedroom. Stopped by Betty's; tree up with only her bear decorations to go. Looks beautiful. Wanda made a big chicken soup; invited Gladys down; seemed to enjoy it. Talked to Wilma, Winnie and Carl Mellor.

BLESSING: Was able to touch base with Julia, Eloise, Winnie, Wilma and Carl.

28 NOVEMBER SUNDAY

Snowed all day. Several stayed home from church. Great RS lesson discussing talks by Elder Costa and Elder Duncan's talks including the 14 points re our current Prophet taken from elder Benson's talk twenty years ago. Had the opportunity to tell Brother Grismore I appreciated the Memorial service for his brother who was died in the Philippines in WWar II/ Richard Fluhman ran off flyers for Winter Semester BYU Adult Religion Class. Missed half of SS class. Wilsons did home/visiting teaching. Cold. Talked to Wilma; she got a ride to and from church.

BLESSING: Means of keeping warm. Not falling.

29 NOVEMBER 2010, MONDAY

Up at 7:30; Patricia called and asked if she could come at two. I did two loads of was; bedding and darks and whites. Love the feeling of having a drawer of clean garments and fresh bedding. Made June Berry's macaroni and cheese with tomatoes. Another time I'd add more cheese. An early rest so was up and had lunch before Patricia came. Wanda came home just before five as I left to have dinner with Gladys and the elders. They were on a pretty tight schedule; one out a month from Ohio, the other going home in two weeks from Tennessee. Gladys had all her Christmas decorations up. Like vacuumed carpet. Talked at length to Amy Mackley. BLESSING: Clean garments, vacuumed carpet, fresh smelling "home". a pretty, sunny, cold day; didn't go outside. Will go to the temple tomorrow.

30 NOVEMBER.2010, TUESDAY

To the ten temple session. Sunny and cold. Lunch, a rest. Wanda was in all day. Steven Smith called. He and Maria will stop in Thursday afternoon. Christmas card from Pat Tobin Ware. All three of her children are married now; oldest son finishing med school. So nice to hear from her. Made a Waldorf salad. Wanda put on her leg wraps tonight. BLESSING: Wanda is tolerating 73 degree thermostat.

1 DECEMBER 2010, WEDNESDAY

To vosens for bread, via library to return books, smith market place for groceries and to see julia. Snow piled a bit in back of my car, should have worn my boots. Julia was in the social room watching them put up Christmas decorations. So hard to talk to ber. But do I need to talk. Perhaps not. Home for a quick lunch and rest before taking Dava A. to Joseph Smith Memorial Bld. where she works/serves. A minature river where I picked her up in front of the West Temple Apt. Building. Streets are quite clear but snow where it has been shoveled melting so a problem. Got gas, some money and home. Set up registration forms for next semester's class. Wanda came home after five. Dark. Made an appointment for my mammogram Friday. Cancels appointment with Wilma to go to Maxfields candy outlet. Wanda wrapping her legs, ankle foot again. BLESSING: Did quite a number of things today.

2 DECEMBER 2010, THURSDAY

Class went well; an amazing number of class members came. I forgot Brother Iba's water. Auwe. Steven and Maria came about 4:30 P. M. Nice to see them. To the RS Christmas dinner/program. Cultural hall cold. Wonderful dinner. Two beautiful stories afterwards in a much warmer RS room. Jaywalked to and from. Wanda walked. Handed out a book of Christmas stories/poems after program/stories. I have a "bitch" in my left hip/thigh. Got fruit cake from Figi. Problem with my Micardis meds. BLESSING: good people such as Bev Stephan and Elsa Ewer.

3 DECEMBER 2010, FRIDAY

Verla called and we were eating breakfast, needed a ride to the Doctor's. Fortunately it was just a block from mine so picked her up early and got her to her building in good time. Helped Wanda wrap her legs before I had to leave. Mammogram pictures. Results: same as six months ago. Blessing. Verla has a much more on her knee. To rite Aid for prescription and Cetaphil and lotion. Home and quilt to be mailed to Shirley. Picked up a veto for lunch and a two hour rest. Gladys, betty and attended Nicholas Pollock's first birthday party. Bp and julia and two girls



3 DECEMBER 2010, cont.

were there. Cleo very active playing with the many toys the Pollock children had.

Wilma came as I returned from mailing the Quilt. A Newsweek, Mormon times and croissants.

Has her tithing settlement at home in the morning.

BLESSING: right breast mammogram same as six months ago.

4 DECEMBER 2010, SATURDAY

Picked up books at Sweet library, to Cummings for Christmas chocolates, to \$ store. Whole Foods and to see Julia. To InstaCare; urinary tract infection. Cipro. No CA. Fe cheese or milk within two hours of taking med. Quick lunch; really dragging. Up at 4:30 and took Eloise R.

Her birthday card, Mormon times, bananas and Clementines. She had been out with son Trent.

Good for Trent. Smog. Not so cold but not a pleasant day weather wise. Julia was at lunch.

Was eating. Shared whole food bread with Betty; she shared tomato cream soup with me.

Talked to Janice H., and Wilma. She said she sent me her Kansas City itinerary; didn't get it.

Got caught up on crossword puzzles.

BLESSING: the decision to go to InstaCare.

5 DECEMBER 2010, SUNDAY

Slept well. After turning heat to 73 cold air continued blowing out until my apartment was 63 degrees; called Zion's weekend number after I got home from church and found it still at 63.

The man who came didn't have a clue, got Jason Andersen and Jason put thermostat Emergency

heat. Eventually go up to 73. A rest. Watched First presidency Christmas Devotional with

Gladys as she got it at six and I would only get the re-broadcast at eight. Wanda called; plans to

come home tonight. Hasn't slept well either night. It is "soupy" out; don't like to think of her

driving in it as visibility is limited. Anne Robertson called.

BLESSING: Jason's thoughtfulness.

6 DECEMBER 2010, MONDAY

To appointment with Dr. Brann. LONG wait before being called in, while waiting for him.

COLD consultation room. Grumpy on leaving. To smiths to buy some \$ gloves and try to get a

little poinsettia for Julia. None small enough that was pretty. Home about one. Lunch and a late

rest. Vivian P called just as I was leaving. Couple of E-mails from Shirley O. Wrote her and

inadvertently lost it. Check from Putnam; always a nice surprise. Wanda made a pot of chicken

soup. When I got out of Dr.'s office sun was shining. Got stockings I'll be hanging out. Called

Vivian. She's always fun/good to talk to.

BLESSING: E-MAILS from Shirley

7 DECEMBER 2010, TUESDAY

Sleepless night. To temple to do initiatory. Walked through temple square and to the Church

history Museum on my way home. Their Christmas exhibit is simple, on the second floor but

nice. A quick lunch as I readied the hams for cooking. Much liquid and some spilled over in

oven; rest while they were cooking. Wanda came home from the library about three. Helped put

glaze on. More liquid so after Elsa and Neal A. Picked up the hams we set the oven to clean.

They plan to serve 200. FHE hosted by Janice. Nice Christmas stories. Christmas card from

Wilma and Keith Fullmer. It's 8:45 and the oven is clean, odor still lingering; Wanda wrapping

her legs. I'm ready for bed.

BLESSING: Good feeling from Christmas memories, stories at FHE.

8 DECEMBER 2010, WEDNESDAY.

A good night's sleep. To Credit union to cash a check and on to appointment with Dr. Miller. Extensive eye examination with eye dilation. Need laser surgery to remove film on left eye. Felt a hazard on road driving with dilated eyes. Lunch with Winnie, delicious salmon and spinach. Corn chips with flax seed. No slat. Ono. A rest. Wrote an E-mail to Shirley O. Elsa Ewer brought me ham and a ham bone. Called Delma Coston to wish her a happy birthday. Sounded chipper. On return from Winnie's a phone message from Ruth Willmore. Don had fallen, hurt his back and was in Emergency. Called her about 4:30; still there. Will call again if I haven't heard from anyone. Nice visit with Wilma H. She had been to the temple to Initiatory and on to Deseret Book to see Elder Scott's pictures and bought a few things. When she declined buying mixes (?) Because they were too heavy to carry home, young sales girl noticed they both lived in Brigham Apts. She offered to take them for her! What a nice thing for her to do. My left hip is "acting" up. Eyes burn. Some of the drops put in them is still accumulating on my lashes and the corners of my eyes. Winnie just called to see if I got home all right; I should have called her. BLESSING: Winnie's friendship. Safe travel with dialed eyes.

9 DECEMBER 2010, THURSDAY

Not a god night; eyes looked as if I'd had a crying jag. Uncomfortable. Embarrassed to conduct class but I did. Good class talking of the 400 years between the two testaments. What a span of history. Short class. Lunch and a rest. Spirt willing but flesh weak so I didn't go see Julia. Wanda home. Brennen had been kept after school so she didn't teach him today. Had her hair "done"; looks nice. Visited Alice and Betty. Huband order came; two sweaters and flashlights. Package from Shirley Olson. Letter from her saying she'd rec'd the quilt. Relief as I was thinking it was taking a very long time. I do not feel well. BLESSING: Shirley got the quilt. Class went well.

10 DECEMBER 2010, FRIDAY

Slept quite well but got up earlier than usual; Wanda still in bed. To rite aid for xalatan and the new/Dilt----Dr. Brann's adjusted prescription; blood pressure was 179 this morning; hope the new one will help. Bought Julia a small poinsettia and some eye ointment. Used a coupon thanks to the helpful cashier and my five plus bonus. Took the edge off the price. Also got Xalatan renewed. From there to see Julia; in therapy, a smile on her face. Barbara hatch, a former temple worker with her there also. Picked up Wilma and we went to Maxfields's candy outlet. Not as nice as last year; I bought caramel turtles and some pecans for Lettie. From there to Smiths for some groceries; succumbed to a small pork loin roast. Saw Gladys and Barbara Bates there. Had half of the sandwich I bought and went to the couch. Was raining quite hard when I put groceries in the trunk. Fortunately had diminished by the time I parked my car. Put ointment on my eyes and slept soundly until after four. Almost completely dark. Wand called; had made a late start and would be another hour. Baked four big potatoes; made a salad and with a salad dinner. Christmas card from Imogene Brown and Mikila and Connor family. Beautiful family. Wilma gave me a navy London fog jacket. BLESSING:: eye feels better.

11 DECEMBER 2010, SATURDAY

Slept quite well until four A. M. Did two loads of wash including bedding always good to have clean sheets and a drawer full of garments. Put up Christmas decorations as much as I plan to do. Quite enjoy cards on door and my three stockings and creche. We opened Shirley's box: fudge, granola with coconut, two fruit loaves and for each of a wrapped gift.. Wanda mulled over her

11 December 2010, CONT.

Library findings. Went with Gladys to the art exhibit at JS Memorial Building LDS artists. Many and well attended. We saw it in half an hour and were fortunate to find a parking place immediately. Spasmodic rest today. Sending new class flyers with Jason Andersen. Wanda put batteries in the four flashlights I ordered from Habands. Wanda used ham bone to make bean/ham. She added a number of other things. I'm tired. Auwe. What's new.

BLESSING: Christmas decorations up.

12 DECEMBER 2010, SUNDAY

Good meetings. Wanda didn't go; bowel problems; Gladys came late as she was having bowel problems also. Janet Bingham and Marla Kjar were speakers at Sacrament meeting. Spoke on a

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Patient. Janet gave a particularly good talk. Richard fluhman ran off fifty more class flyers. Brother price did yesterday. No luncheon will be held Friday after the funeral. Dinner with Napua Baker and a missionary friend of hers from Texas; been on a mission for three years. I couldn't eat all the dinner. Wrote an E-mail to Shirley Olson.

BLESSING: was able to make it through tithing settlement.

13 DECEMBER 2010, MONDAY

slept well. Nice visit/appointment with Dr. Schlisman. She took the micardis capsules. I'm glad. Talked about Ca & Fe., my mammogram, my eyes. And the need for a bone density test in the near future with blood chem tests at next appointment. From her office to \$ store, then to alpine medical where I got two pairs of hose, Maxfield Candy for more caramels, Costco where I got Wilma a gift certificate for a membership, Rams and by the time I got home dragging; couldn't fit all in my car. Oh yes got a hot dog from Costco. A rest. Wanda came and did the chicken. Elders came a bit late and were gone by six. The best part of the meal was the canned beans with sliced, toasted almonds. They ate quite well. Gladys brought ceiling fan lights for me. Wanda is wrapping her legs. Baby sitting Harper in the morning. Christmas card from Lorene and Harold Pukahi.

BLESSING: got compression hose. Elders for dinner. Sweetness of Elder Purcell's testimony.

14 DECEMBER 2010, TUESDAY

To the ten temple session. From there to Deseret book then stopped in to see Mary Ann at Utah Woolen Mills. Sidewalk open all the way to the corner. The condo is right on the sidewalk. Drug home. Lunch on Napa's salad and a sound sleep. Brought the rest of yesterday's shopping from the car. Thought I had some jars in storage unit. Not so. Christmas cards from Ruby Haws and Regan Willmores. Betty gave us Clementines and blueberries. Alice M. Four lovely Idaho potatoes. Much choral Christmas music on TV. Winnie called; long conversation mostly about her health status. E-mail from Shirley Olson.

BLESSING: Restorative power of sleep.

15 DECEMBER 2010, WEDNESDAY

Short night. To see Julia Carver and lunch with Wilma H. At Tucci's. Julia seemed a bit down. Had just finished therapy when I found her. Snowed in the night. My car and others covered with light, relatively wet snow. Much of the snow had slid off trees by the time I picked Wilma up. I gave her a little jar of mustard; she gave us muffins. With Wanda's help we made a recipe of jam. Two packages made the three cups needed for one recipe. I had to rest twice before we finished. Not sure I would have made it doing all the stirring. Short of jars. Jam looks pretty.

16 December 2010, Thursday

Last class of the semester. Brother Iba limping. Gave a Christmas Message at the end of class. Expressed the feeling that because of his knowledge of the Savior he is able to cope with wayward children and other challenges without giving up. Very touching ending of class on the reality, divinity of the Savior of the world. Wanda, Gladys, LeAnne and I went to the dress rehearsal of the tabernacle choir's Christmas Concert. "Grand" program. Even spectacular. Tickets thanks to LeAnne.

BLESSING: concerts such as this in walking distance.

21 December 2010, Tuesday

Shortest day of year; slept wonderfully; up at 7:45. What a blessing a good night's sleep. Exchanged gifts with JANICE. Such an artistic lady. Wanda left for Orem. Snowed/ing. Bread to Johnstones, bread and jam to Andersens. Jam to Alice M. Exchanged gifts with Gladys. Jam to Marge W. The Pollocks brought me bread pudding. To Wilma's I think she was/is pleased with the Costco membership and the little flashlight. And jam and flashlight to Janice. She gave me chicken pot pie. For dinner.

BLESSING: good night's sleep. Makes all the difference.

22 December 2010, Wednesday

slept well until four; up did various puttery things until 5:30. Back to bed and at seven Pauline Harward called to tell me Robbie Robertson had died. Called Anne. Had NOT realized his death was so eminent. Cooked sausage roll and had a piece with oatmeal. To vosens for bread; gave jam and bread out to 206, Bro. Wiscomb, Jean, and the Wilsons. Visiting teaching. Donna had books for us. Table set for her lunch guests. Dava gave me a piece of pumpkin cake. A good afternoon rest. Cooked the twelve chicken legs in oven. Ate one for dinner. Made a big container of fruit mix. After visiting teaching went to Smiths and the \$ store. Wanda got home about 8:30. Box from Elva Parker. A candle, red Santa stocking and a can of her homemade goodies. Called Paula and talked to Wilma. Paula had E-mailed me but it hadn't come through. Gladys and Leanne left. Flooding in southern Utah and CA. Hot packed my eyes twice.

BLESSING: Anne "knows where Robbie is."

23 December 2010, Thursday

Slept well until about four. To Rite Aid for prescriptions; to Smiths for more Clementines. To see Julia C.; had her "procedure" yesterday. Made up Clementine bowls for the West Temple staff and the missionaries in 207 and 209. Bowls back from two of the foregoing. To conference center to inquire re Savior of the World tickets. Holiday hours from 5:30 to 8:00. Home and a welcome nap. To see Eloise Richezen; she gave me a bag of gifts; Brazil nuts, precooked bacon and a CD. Back to Conference Center and got tickets for the 30th. Gladys called from Bakersfield; got there at one; drove through rain most of the way. Wrapped some gifts. Toffee from Jo Madsen and a puzzle collection from Gay Mitchell. Visited with her and took her the marzipan only to find she tries to avoid white flour. Offered to help her. She freezes when she walks if her meds aren't up and is the reason she takes so long to get to the door. I am not sure how long she can live alone. Hot packed my eyes twice.

BLESSING; Eyes seem a bit better.

24 DECEMBER 2010, Friday-26 December 2010, Sunday

Wanda and I left SI midmorning. She dropped me off at Willmores and went "home", drove my car. Lettie, Don and I went to see Rachel. She gave me a picture of her family before Jordan

24 December 2010-26 December, cont.

left for Germany. Heather's baby is a sweet little thing.

Christmas dinner Christmas Eve. Lasagna from Rachel, cheese cake from Ruth. They opened my gifts and Conner gave me a CD of the Tabernacle choir.

25th; Up at 7:30. Many gifts; Brennen excited, appreciative. Lettie gave me a bag of things; Ruth and family a box of gourmet cookies and a Hickory Farms box of cheese, sausage, etc. breakfast of nicely scrambled eggs and ham. Wilma and Keith Fullmer came around eleven bearing gifts from their kitchen and a box of canned items from Becky.

Reed and family came over as well as Ron. Reed gave me a bottle of his "pure" vanilla; he made it. Showed me four versions of iPods (?) which Wilma H. might be able to use. I can't judge. Wanda and I came home about 4:30. Fog bad in Orem; not much in SL. Gifts, cards at my door. Tired. To bed after Wanda put on her second wrap.

26th, Sunday

Excellent Sacrament meeting; four speakers; Jo Madsen, Caroline Hobson, Ruth Hobson and a brother I didn't know. Bro. Brailsford did an excellent job winding up the Old Testament from Zachariah and Malachi on the Great and Dreadful Day of the Lord. Snowing, mixed with rain on the way home. Hash browned a baked potato and broiled some chicken legs for lunch. Rested until 6:30. Auwe. Read E-mail. Opened Shirley Olson's wrapped gift. A beautifully monographed towel. Wanda the same, each of our name of ours.

BLESSING: great Sacrament meeting.

27 DECEMBER 2010, Monday

Did a load of laundry. Changed bedding. Got hair cut at \$ Cutters and bought milk for Wilma and Betty. To see Julia Carver. Lunch and took Alice M.'s blood pressure. Slept too long. Wrote a few thank you notes. Talked to Sonia Aycock and Afton Bateman. Sent a contribution to the Barnes and Charity Pike Aycock House. Thanked the Humphries (206) for chocolates. Christmas letter from Werners and a card from Sonia Aycock. Made a pot of chili without chili. Wanda seemed to like it. Ate some of am's Figi cheese with the whole grain cracker. Ono. BLESSING: Sonia's sweet spirit.

28 DECEMBER 2010, TUESDAY

Slept quite well. Wrote some thank you notes, to Credit Union, took Wilma milk and the other things I had for her. Patricia and her daughter came. Good to have a clean house, especially nice to have a vacuumed floor. She changed the vacuum bag. I can't anymore. Made another recipe of jam. Missed Wanda's stirring for me. Baked the fur big potatoes Alice M. gave me. Gave one to Betty. With yesterday's chili a good dinner. Went to the Tuesday night movie the Christmas Card. Call from Winnie. Wilma called after she returned. So glad Jan and her husband took and picked her up. Sent a contribution in memory of Robbie Robertson to the PEF. BLESSING: clean apartment.

29 DECEMBER 2010, WEDNESDAY

to the eight temple session; full of missionaries. Dressed for snow; boots, umbrella, ear muffs. Didn't start snowing until late afternoon. Went to Smiths for milk and bread. Wilma was there. Stopped to see her but all covered parking was taken. Came home and ate part of the sandwich I bought. Tried to nap. Cold. Talked to DJ. Skyler came, DJ came, then a man who is with the company which installed the heating system. A short nap. Wanda came. Tired. Talked to Vivian, Lettie and Carl M. No serious problems from his colonoscopy. Vivian and Clive packed for trip to Washington. Waiting on weather. Wanda is in bed and it isn't eight. Took down m

29 DECEMBER 2010, cont

All Christmas decorations in the living room except the cards. Card from Mary Holder. She is 95.

BLESSING: Temple session. Sister "saved" my seat when I took the elevator.

30 DECEMBER 2010, THURSDAY

To SI Regional for bone density test. Snow all over car, crusty. From there to see Wilma. She is sick. From her house to see Julia, in therapy. Not feeling very well. Wheeled her back to her room via nurse's station where she made an appointment to have her hair done tomorrow.

Streets better on my return home. Forgot to get prescription at Rite Aid. Auwe. Lunch and a too long nap. Janice H. Loaned me of her histories which she has spent a long time writing.

Beautifully done. Gladys called from Nephi about four.

Wanda is sick but insists she feels better and wants to go to Savior of the World. Hope it doesn't delay her recuperation. Cold in theater. Seemed long. I liked the colors of the costumes, muted colors, blended well.

E-mail from Pam. They're joining Olson in Branson for a few days.

BLESSING: Made it to SL Regional, Julia's and Wilma's without sliding or getting stuck.

31 DECEMBER 2010, SATURDAY

Slept well. Visited Gladys. Took jam to Bev, Jo, and Jane Berry. Picked up prescription and milk for Gladys. Called Wilma. Cough still center front. Added up medical costs for the year. Almost \$3,000. Ummm...Need to figure up transportation.

Made Rhonda Pope's Mediterranean Lentils. Little hot for Wanda. Rice dry, hard. Gladys visited. Johnny died. Fred's stepdaughter's husband. Expected. COLD. Took door/hall decorations down.

Will listen to Lincoln Center's New year's Eve concert and go to bed whenever.

BLESSING: Family, friends, necessities of life. The Gospel.