

2011 in REVIEW

DEATHS

David Harper, February
Naomi Jergensen, April
Thelma Hisatake , April
Julia Carver, May
Carol Smith, June
Lois Maples Outz, August
Alice Mitchell, November

Wilma Hirschmann

- Broken back, in and out of Emeritus Assisted Living
- Eight month leukemia treatment at Huntsman Center

Lavina

- Temporal biopsy in May. Negative.
- Laser surgery on cataract lens. October.
- Fell flat on face 20 December which would precipitate a collapsed lung 2 January 2012.

Released as Chairperson for the BYU Adult Religion class in December. Served three and a half years.
Released as Ward Funeral Procurement Specialist. Served about three years.

Brian Benedict, Darla's husband graduated from Medical School. Moved to Arkansas

1 JANUARY 2011, SATURDAY

Slept well; didn't hear a bell, siren or anything to welcome in the year. Awakened fully by Wanda's cell phone to wake her. Did a load of whites. Totaled up contributions, made charts for income and contributions for 2011, sent in membership to AARP and contribution to KUED. Made check for January contributions. Sunny and cold. Furnace went off. Wanda is keeping a log re when the cold air comes on. So far turning it off for ten minutes does the trick; heats up again on turning the heat back on. Summarized highlights of 2010 and put my journal to "bed". Wanda did beans and ham. Invited Gladys to eat with us. With a salad a good, attractive dinner. Talked to Wilma H. Will call Lettie. Asked Frances H. To help with registration on the 6th. Gave her a jar of jam. Enjoyed going through the Dec./Jan. Reminiscence.
BLESSING: Feeling of accomplishment at day's end.

2 JANUARY 2011, SUNDAY

last night Betty called to ask me to go over. She was cold and trembling. A touch of the flu? I slept well. Took Marge's thank you note to her. She is still away. Took towels to kitchen I washed after the Price funeral. Seventeen people bore testimony today. Ginger Reed taught the class. Wanda came home after Sacrament meeting. When I got home she had had a nap, feeling better. She spent the PM at the computer. I checked in on Betty; she was asleep. I slept until five. Auwe. Checked with Betty; up but still not feeling perky. Sr. Ewer gave the lesson today from Teach My gospel. Setting up goals of Christ like behavior.
BLESSING: Good night's sleep.

3 JANUARY 2011, MONDAY, papa's birthday. He would be 116 years old.

To the ten temple session. The Wilsons were among the officiators. Bro. Wilson is interesting to watch. Lunch and a nap and then to see Julia. Naomi came while I was there. Julia smiled a couple of times like her old self. Betty was feeling a bit better. About seven fell in her bathroom; wrenched her ankle and knee. Wilma has an appointment with Dr. Schlisman tomorrow. I'm glad. I have an appointment for my laser surgery on the 20th. Sneezing; hope I'm not catching cold.
BLESSING: Temple session. Velcro on shoe held on while I walked to and from the temple.

4 JANUARY 2011, TUESDAY

Slept in until eight. Wanda went to Orem. Some gentle snow. To \$ store and WalMart. Home to cold air blowing and 64 degrees. Ate badly today. Wilma didn't see Dr. Schlisman. Ill. After two attempts to get heat back on talked to Ric and DJ. Got under comforter and opened hall door. Betty's son took her to InstaCare. Ankle not broken; badly sprained. Wrote an E-mail to Brother Iba re any increase in grandchildren. Heat man came; copied my/Wanda's log. Will be ordering a part. Days before getting here.
BLESSING: Kindness of man from heating company.

5 JANUARY 2011, WEDNESDAY

Stayed in bed until 8:00; don't want to do that anymore. Need to remember if I don't get "it" done in the morning it doesn't get done. Assembled three packets together for registration tomorrow. To Smiths and \$ store. Quick lunch and a rest. Just as I was about to sleep maintenance came asking about the smoke defector. Letter from Jean and John Kapapa; they're in Washington. Didn't say why. Did say their son closed his restaurant in Lafayette. A number of pictures, one showing John and Jean in front of the laie Hawaii Temple where they attended the rededication. Nice long letter from Jim Holland.
BLESSING: Ready, I hope, for registration of winter semester Adult Religion class.

6 JANUARY 2011, THURSDAY

Registration went quite well; 51 registered and four walk-ins. Mostly former class members, a few new ones. Eloise called last night to say she was vomiting, couldn't help. Frances managed fine. Bro Iba is doing the N. T. Chronologically. Interesting class. Got carried away and went ten minutes overtime. Worked on balanced "the books", lunch and after a rest finished up about the time Wanda came home. Bryan Smith called; is attending state school board meetings. May come over; hope so. Bp. Taylor called and said there was a problem with the checks; fortunately we were able to identify the problem with a \$72 check that looked like \$20. Talked to Ginger Reed and Cher Painter to let them know that the money came out 'right'. Hope I wasn't talking to them when Bryan might have tried to call. Bryan came.

BLESSING: "Books" balanced .

7 JANUARY 2011 FRIDAY

To bed last night at 11:15. Cold. Added a comforter. Slept in a bit. Did bedding. Skipped lunch and had a warm three hour rest/sleep. Thought I was catching cold. Made an appointment with Dr. Miller for next Wednesday. Called Rite Aid. Had received ranexa prescription. Had to order. Will call when it comes. Forgot I signed up to clean the ward in the morning. Wilma H. Said she slept better than she had since she returned from Kansas City. Did a number of crossword puzzles and read December New Era.

BLESSING: don't think I have a cold after all.

8 JANUARY 2011, SATURDAY.

Went to the ward/stake center to help clean . Quite a few helpers. Brother M. And I did the waste baskets. Finished in about an hour and fifteen minutes. Took Kathy P. My old Christmas and birthday cards; disappointed that her service project is to take them somewhere not make or do something with them. From there to see Julia C.. Says they have given up on her in therapy. Wilma doesn't believe it. Found parking easily. From there to Wilma's. hadn't got the oxygen the Dr. Ordered. Helped her "sack" her Christmas tree. She gave us some tortellini. Home and had some lentils and rice. A too long rest, listening to some of the opera. Vacuumed a bit and Wanda took over. Betty j. is "down" again. Soupy day.

BLESSING: was able to help with cleaning without undue stress.

9 JANUARY 2011, SUNDAY

Pretty snow last night. Jaywalked as gutters only shoveled there. Former bishops Simmons and Taylor were the Sacrament meeting speakers. Big SS class with Bro. Brainsford. Alicia Fluhman taught the lesson in RS on Fasting. New directories, with pictures were passed out. Lunch and almost three before I had my rest; up at 4:45. Talked to Wilma h. and Mary Coomans. Vivian P. Called from Brigham city. Will be here in the morning around nine. Talked at some length to Naomi Jergensen. What a nice person she is. Julia c. has cancer. Nephew Reed has brought her a laptop computer which she doesn't use and a cell phone which according to Naomi she can't remember how to use. Wanda had a call from Linda Herbert. I'm glad.

BLESSING: Made it to and form church without anyone falling.

10 JANUARY 2011, MONDAY

Popes came about 9:30; went with them to Wilma's where I talked too much and Wilma made lunch for us. They dropped me off around one and I picked up meds from Rite Aid. A nap. Snowed during the night and on the way to Wilma's. Lettie called; Brennen ill. Marge's FHE at my house. I was going to make chicken soup but not enough noodles or pasta.

10 JANUARY 2011, cont.

Only Marge, Janice, Jean, Wanda and I for FHE. Sharing of spiritual experiences. Very nice evening. Marge had made a steamed pudding with lemon sauce. Ono. BLESSING; Popes safe travel.

11 JANUARY 2011, TUESDAY

To ten session; sat by Mary Richards. She saved "my" seat when I took the elevator. Bp. Taylor was in the session. What a faithful man. Returned home by the church history museum to see the new children's exhibit. Marami things. My glasses fogged up when I entered the museum. Couldn't see a thing. Christmas exhibit still up. "Drug" home. Lunch and a rest interrupted by the phone, doorbell and oxygen delivery. Should rest well tonight. To see Alice M. And took her blood pressure. Very good. Gladys stopped in to tell us re her weekend in Portland. Wanda did her Mandarin chicken. Ono. Balanced check book. Talked a long time with Amy Mackley. Her family gave her a cruise ticket to Alaska in May. Called Eloise R., Imogene Brown, Willmores. Brennen back in school. BLESSING: A temple session.

12 JANUARY 2011, WEDNESDAY

Up and out of the house by 8:10. Early for appointment with Dr. Miller. They must start at eight. Stopped xalatan, timoptic drops. Pulled inverted eyelashes on both lids. A freebie drop to be used once a day. Am to keep my laser appointment on the 20th regardless of eye situation. From his office to Diabetic Specialty the lancets that I was concerned about are "universal" so should work on my Breeze 2. From there to rams. And from Rams to Staples for paper and erasable pens which Amy M. Told me about. From there to see Julia. Reed has given her a cell phone. Nice looking; shows time and date. Not sure she can use it otherwise. Wheeled her down to lunch. Home shortly after noon. Finally down for rest at two. Slept soundly. And got warm. Up about quarter to five. Auwe. Visited Betty; she is feeling quite well. Went through Thursday class bag. Ready for class tomorrow. BLESSING; Drove accident free despite blurred vision.

13 JANUARY 2011, THURSDAY

bless Jane, ginger and Frances. Fifteen more enrolled in class. Next week we'll just have one table. Stewed over figuring out the money to turn over to Bp. Taylor. I am not CPA material. Cooked the frozen turkey breast and gravy, quite good. Made an apple cake. Wanda did the apples, bless her. Made a small one for Caroline. Wanda is putting to bed the Sparrows, starting on the harpers. Called Sharylane twice for the class registrants on line. Said she had sent them, would again; still haven't received them. Problem with my E-mail? Cal Kirby, Kitty's husband, called to tell me died this morning. BLESSING: balanced registration money.

14 JANUARY 2011, FRIDAY

Did three loads of wash. David Harper called to tell of Ivey Harper's death. Finally got the on line registrant's name from Sharlyanne. Took Robbie Robertsons's funeral program from Lacy and took it to Gladys where I cleaned out her "wound" and put Neosporon on it and a band aid. Looks sore. An early rest, lunch and to the Credit Union, gas, Vosens, Western Nut where they had their Bridge Mix on sale two for the price of one. On to see Julia. If I understood her correctly Reed is taking her to her apartment tomorrow morning. Decisions re ?? Wilma stopped by with a cup of blue berries; I gave her a piece of cake and a couple of Jane's shortbread. Earlier I had given Janice, Lacy and Alice a piece of four apple cake. Finally got Caroline on the

18 JANUARY 2011, cont

places she had checked. She is such a nice person. E-mail from Jim Holland.

Read In the Dark Street Shineth. Little disappointed in it. Barbara Nolan called. Concerned about Alice M. I will be more diligent in checking on her.

BLESSING: Good people like Bev Stephan

19 JANUARY 2011, WEDNESDAY

Up at eight. Couple of calls from Janice Harris. Last one re Gay M. moving..Did four loads of wash—one of bedding and the other three on “hand wash” to freshen up some pants, sweaters, etc. To bountiful. Mailed a book Lettie gave me some time ago to Popes. went to Barton Shoe Store and the white house where most of their clothes were on a 30 per cent sale. Nothing of interest. SAS shoes are now \$140!! A couple of Propet I think I could wear—\$100! To Mrs. Cavanaugh’s for fruit chips and was going to buy penocha for Eloise. Didn’t have any. Stopped at Smiths for eggs, hamburger and cottage cheese, bananas. Lunched on yesterday’s left-overs. Still have some. A rest. Made chicken noodle soup. Wanda came. Ate about half of it. Was/is good. Gay M. Leaves on Friday.

BLESSING: Diane helping Gay.

20 JANUARY 2011, THURSDAY

Went to class and on to Dr. Miller’s for my laser surgery on my left cataract lens. Painless but I waited about an hour before driving. Stopped at Wilma’s. found her in misery. Wanda came over and I called for an ambulance and went to SL regional emergency. That was about 2:30 and after tests. Drs. Finally saw her “installed” in a room. Home about 8:45 PM. Called Lettie and Wilma’s visiting teaching companion. To bed absolutely exhausted.

BLESSING: I think we made the right decision.

21 JANUARY 2011, FRIDAY

SLEPT QUITE WELL BUT WOKE FEELING AS IF I HAD BEEN BEATEN. Called Vivian. Visited Gay Mitchell and Alice Mitchell briefly. Took Thursday registration money to Bp. Taylor. 76 enrolled in class. Six walk-ins yesterday. Went to see Wilma. Eric and karna were there. “Joyce” who I learned later is in the RS presidency. Had been there hardly five minutes when a sister and two “brothers” came. Karna and I went to her apartment. Sacked up all the fresh fruit and tidied up a bit. I dropped her off and got home about one: Wanda had made me a turkey and potato plate, with strawberries and cucumbers form Wilma a good lunch. A rest. To Rite Aid on 9th and 7th before I was able ot get both of my perscriptions. To see Wilma: Eric had spent the day. Helped with the two more tests they gave her. Rather lengthy “ifs” and a need to find out if her leukemia has spread to her bones and caused the fracture. A super nice nurse. If surgery isn’t to be done she’ll need to leave the hospital and go home (???). A nursing home: question of Medicare paying for as long as she’d need to stay. All sorts of ifs pending results of scan. From there I went to see julia. Naomi J. Was with her in the dining room: left almost as soon as I got there. Spoke to Aileen S. Home a little after six. Wanda was concerned. Had called Eric. He went through the whole thing with her. To bed as soon as Wanda puts on her second wrap. A New year’s card from Steven and maria Smith.

BLESSING: Eric with Wilma for the day.

22 JANUARY 2011, SATURDAY

To the ward: did the water fountains and two rest rooms. The latter were not bad.

Dressed Gladys’ wound and went to see Wilma. Eric and Mara were there. Janet one of the sisters Wilma and her companion visit teach came, with tulips. The test yesterday did not find

22 JANUARY 2011, cont.

cancer. By Wilma's apartment to get her library books; dropped them off downtown library. Lunch and slept until 4:30; Gladys came.

Dr. replacing Dr. Wren said she wouldn't need to leave until Monday; case worker would help find a place which could accommodate her needs for two weeks and then a re-evaluation will take place as to whether surgery is an option. Cautioned her re the need to move to avoid pneumonia.

Soaked beans. I'm a little sick at my stomach.

BLESSING: Eric's ability to summarize the Dr's findings/recommendation.

23 JANUARY 2011, SUNDAY

To see Wilma before Sacramento meeting. The enema had been successful. To Sacramento meeting; a rest; lunch and back via her apartment. Stayed with her until a little after six. I have her purse and Eric and Karna need her medical cards. Auwe. My eyes are still bugging me: right one tearing, left still quite red and matting. Hopefully by Thursday when I no longer need the drop in the lasered one it will be better. Steven Smith called. Voice very raspy. Re Wilma.

BLESSING: Wilma was given the Sacramento.

24 JANUARY 2011, MONDAY

Did a load of whites. To appointment with Dr. Brann. Wrote two letters while waiting for him. Had car washed and to the hospital. Say Wilma not eligible for Medicare at a Nursing facility. Want her to go home with Eric and have home health care. Wilma opposed. Had another "test" she walked again. Drs. Don't agree. Janet came to see Wilma. The given of tulips. Millers came. He is a counselor in the Bishopric. I stayed while Eric got some lunch. Stopped by her apartment and talked to Connie. Gave her a key to her apartment. Told her I had canceled the paper. Took some food from fridge. A too short nap/rest. FHE at Betty's. Discussed books we liked. Ran out of drops for the post laser surgery.

BLESSING: Eric able to be with Wilma.

25 JANUARY 2011, TUESDAY

Wilma was moved to Emeritis (Brighton Gardens) at 5:30 P. M. Room 422. FHE. Almost too tired to really enjoy it. Betty asked us to share what we are currently reading and some of our favorite books. Wanda went to Orem.

BLESSING: Wilma moved. Dr. Baraldi is there.

26 JANUARY 2011, WEDNESDAY

Did a small load of wash. Slept wonderfully. To see Wilma. An Occupational therapist was just leaving her. A Physical therapist came in and took her for a walk after having her move various parts of her body. Karna came. I went to Smiths for milk and a package of CA sushi. Made an appointment to have my hair cut at three. Stopped by Wilma's apartment to get a clock for her. Took the sweet potato chips home and divided them. Ono. Sushi mostly thinly cut carrots and celery. Pretty. An hour's rest and go my haircut. At Emeritis about three; Wilma sound asleep. Will need to take something to read, or do next time. She is sleeping a lot; they're concerned re her lack of bowel movement. Aids came in to give her a shower. Home and took her hospital pan, etc. to my locker. Rubbed lemon oil on lower kitchen cupboards-drawers. The two Wanda "steamed" look very nice.

Me Diane. Gay Mitchell's sister as she had just checked the keys in; finished "cleaning out the apartment. When asked how Gay was doing and how she, and Gay, liked her new home just spoke very favorably. I'm so glad.

26 JANUARY 2011, cont.

Weary. What else is new? Another tax related form in mail. Wrote check for February contributions.

BLESSING: Wilma seems to be getting "good" care; at least attention.

27 JANUARY 2011, THURSDAY

Class went well. Brother Iba finished the Beatitudes. Sandy Lusty and her sister gave the prayers. Quick lunch and a rest until 2:30. When I got to Wilma's room, wasn't there. To make a long story short she was in therapy but even after looking twice I couldn't see her. Had on hot pink pants and a pink top. Her least favorite color. Not sure where they dug them up. Made her face look rosier, visited a bit with Julia C. And Aileen Sommerhays. Stopped by her apartment; emptied the dishwasher; checked to see when her appointment is with her cardiologist. She thought it was sooner than it is. In march. Dumped her newspapers, got her dental floss which she requested. Long walk to my car as I suddenly felt so-o tired. Wanda was home when I got there; took registration money to B Taylor and visited with Liz. She will be having hip replacement March 1st. Visited with Alice M. Dinner of a big salad. Met Elsa Ewer on the elevator and mentioned my eyes. She said her Dr. Told her to hot pack. I am going to start again tonight. Wiping tearing eyes is very time consuming.

BLESSING: Wilma had a BM last night.

28 JANUARY 2011, FRIDAY

went to Gladys' to check her wound but found her unwell. Back for thermometer and checked her temperature. Only slightly elevated. Hot packed my eyes. To see Wilma. Challenged her to find something positive. Nurse and supervisor came in and re-dressed her burn. Occupational therapist came and I went with her to the therapy room and to the dining room. Spoke to both Julia and Aileen. Lunch and a rest/nap. Back to see Wilma and took a pair of reading glasses and Paula's family picture which I picked up on my way home for lunch. Nurse concerned that Wilma isn't eating. She has a urinary tract infection and they are concerned with her breathing. In therapy oxygen down to 85. She has trouble swallowing without water. Did suck juice from the slices of a Clementine. Home and soaked my eyes again. To conference theater to see BYU Ballroom dancers. Wanda had time to wrap one leg before dinner/theater.

BLESSING: Saw the nurse. Learned of her concern re Wilma eating and told me she had given her an antibiotic.

29 JANUARY 2011, SATURDAY

Hot packed my eyes twice today. To see Wilma. Blood pressure low. A little low in spirits. Shopped at Smiths. Lunch and to rest about two. Back to see Wilma a little after four. Sitting in wheel chair waiting for dinner. Stayed with her through most of her dinner. Frances Hutchens gave us chicken noodle soup. Ono. Wanda made dinner, stir fry cole slaw with carrots and ham. Good. Went to vosens for two loaves of bread, one for Hydes, one for us. Washed my car coat, hose. Threw Gladys' amaryllis in the garbage. Never bloomed. She and I both disappointed.

BLESSING: Generous people such as Frances. Hutchens. Wilma has a talking table mate.

30 JANUARY 2011, SUNDAY

have been faithful in hot packing my eyes. Helping? Wanda and I both a ton the back row in the chapel. I heard very little. Eloise R. Was there so I did give her the last four weeks of Mormon Times. Wanda was having trouble with the inversion and I went to Emeritus where Wilma was eating at the same table as Julia. Just before we were leaving for the two Sacrament meeting her Bishop's wife and another lady came from her ward. Just got her in by two, close to the front.

30 JANUARY 2011, cont.

Home, a piece of bread/butter, Clementine and a rest before Wilsons came at four for VT and HT.

Gladys got home about 6:30 PM. Talked to Carl M., Lettie, Gladys. Will try Winnie.

BLESSING: Wilma went to Sacrament meeting.

31 JANUARY 2011, MONDAY

Hot packed my eyes. Helping? To the temple and did six Sparrow initiatories. New carpet in dressing rooms. Nice. Many patrons so I read my chapter in the BOM and was out about 11:40. Light snow off and on all day. To Wilma's in time to be with her for lunch. Home about 1:40 and a rest/nap for about an hour and a half. Picked up two prescriptions, by Wilma's apartment to pick up mail and a pair of pants, blouse. Took her a pair of my pants and a top. Her room was hot; 5:30 and she hadn't been taken to dinner. . Home well after dark. Yes, tired. Dinner: packed eyes. Gladys did her letter to Anne.

BLESSING: Wilma is able to get on the toilet herself.

1 FEBRUARY 2011, TUESDAY

Slept in until eight; washed a load of wash. Washed hair, hot packed eyes when I saw an ambulance in front of the building. Wanda had already gone. They came to assist Alice who had a prolonged nose bleed. Barbara Nolan called the medics. An early rest, some snacks for lunch. To see Wilma around three; sound asleep, mouth wide open. Rather nice visit. I took her a couple of books and some grapes. She also ate a Clementine while I was there. I left about 4:30 when an aide took her for a shower. Hadn't had one since Friday. Made a meat loaf, visited Alice, took poinsettia to garbage. Wind bitterly cold. Frances Hutchins offered to get tickets for the folk dance group on the 18th for us. I'm ready for an early bed.

BLESSING: Wilma had a bowel movement, on her own!!

2 FEBRUARY 2011, WEDNESDAY

Slept snug and well. A load of wash and to see Alice m. Sleeping like a baby. On to Wilma's and washed four or was it five loads of wash. Hot packed my eyes in between. Had a rest on her love seat; ate too many sweet things. Went to see Wilma. Eric had been there the night before. Took her for a walk and they visited with Dr. Baraldi. The latter skeptical re surgery. Data indicates best to let it heal on its own. Longer. Said hello to Aileen s. and Julia. Home before Wanda. Visited Alice after putting the meat loaf I made last night in the oven with potatoes. Meat loaf quite good. I'll go see Alice and have an early bed.

BLESSING: Eric had been to see Wilma and they'd discussed world events and "after" she leaves Emeritus.

3 FEBRUARY 2011, THURSDAY

To class. Three new enrollees. To rite Aid for two prescriptions. Car very sluggish. Felt impressed to stop at Hansens for Gail to listen to it. He did and kept it. Blessing. Called later to say it would take tomorrow to finish it. At 4:30 called to say it was ready. Blessing two. Went from there to Wilma's apartment; got her shoes and sock, poured water down her drain and checked potatoes in her pantry. They are sprouting. To see her. A parking place. It is now after five. A third blessing. She was talking to Glenda in the hall, left her dinner to do so. Back to dining room; she ate a little more of her dinner and we went to her room. Got herself out of her chair onto the bed. Admitting being in pain. Pain med reduced? Not sure. Home exhausted. Wanda had cooked chicken in the Dutch oven. Nice and tender..

BLESSING: Car runs so-o o smoothly; going to Hansens and parking places.

4 FEBRUARY 2011, FRIDAY

Did a load of wash. To DI; took some things and bought three cereal bowls and two hand towels. To Smiths for groceries and \$ store. No chocolate covered Gram crackers. To see Wilma about the time she was going in to lunch. An aide was brushing her hair. Went with her. She has a name plate where she sits. Good news: Medication increased to help pain; physical therapist congratulated her on doing well/better and she had a bowel movement on her own. Eric called to say he was coming up this afternoon. Home for lunch, a rest. Stopped in to tell Gail at Hansens I appreciated the work on my car. Went with Betty to the FH library for a class on LDS. Org. Neal Andersen taught it. Weary.

BLESSING: Wilma's news re therapy, BM, and pain help.

5 FEBRUARY 2011, SATURDAY

Made fried apples with bacon; scorched it. Even so was able to salvage most without too much damage. Wanda has asthma and a deep cough. To see Wilma via her apartment where I picked up her "Neva potatoes". Had begun to sprout. Also her mail. Took her two more Clementines and a few sweet potato chips. She had been nauseated the night before. Medication seemed to have taken care of it. Nose bleeding. Water on her compressor hadn't been replaced. Called and the aid came and did. Stayed about an hour and a half. From there to Whole Foods where I got some steel cut oats and a loaf of bread. To WalMarts where I got a frozen cobbler for FHE. Also some Clementine for \$3.25. Good juicy ones. Home about one and was more tired than hungry. Wanda and I both rested/napped until three. Lunch which threw my dinner off. Auwe. Visited Alice M. Ruby haws called. Nice long conversation with her. Wanda made potato salad from the potatoes. Big one. Took Alice M.'s blood pressure. Talked to Gladys.

VACCUMED11

BLESSING: Wilma talked about Janice at her dining room table. Feels so sorry for her. Good for her to be able to think of someone else, and realize most there are probably worse off than she.

6 FEBRUARY 2011, SUNDAY

Wanda's cough/asthma sounds so harsh. Plans to go to Orem and the Dr. tomorrow. Didn't go to church. I sat with Cher Painter; what a nice person she is. Such a good Fast and Testimony meeting. Bishop blessed their daughter. Two new couples in Sacrament meeting; spoke to the sisters and learned they were staying for all meetings. Learned in RS that they have condos on Richard St.reet. Lunch and a rest until 4:30. To see Wilma; took her Mormon times and the funnies. Back paining. Walked with a walker to the dining room. Visited a bit with Julia; talked to Don Smith re knowing Gladys. Wilma had a lovely primrose and a lovely vase of roses. Did hot pack my eyes twice. Helping? Talked to Afton Bateman.

BLESSING: Wilma walking.

7 FEBRUARY 2011, MONDAY

Wanda left shortly after eight. Cough still grating. Hot packed eyes. By Wilma's apartment. Fold, stowed away most of the things on the drying rack. She was in therapy, painfully lifting her leg. Stayed until she went in to lunch. A call from Wanda: Branchial pneumonia. Foolish lunch begun by a big cooky as I left Emeritus. Rest/sleep. Apple cobbler looks skimpy. 4:30 and it is beginning to snow. Snow didn't last long. Bob and Mavis came to our FHE. All were there except Janice. Seemed to enjoy them. Cobbler too sweet. And was sufficient. Talked to Wanda: she's coming back tomorrow.

BLESSING: Good people like the Colemans.

8 FEBRUARY 2011, TUESDAY

Mama's birthday. To Credit Union. Moved some \$ from Money Market to Time Certificate. Interest paid rather pathetic. To Western Nut for bridge mix. A skiff of snow. Visited Verla Salkield. Looks quite good. Waiting to get sodium up before releasing her to a rehab. She talks so fast I can barely understand her. Wanda called; feeling much better. Lunch, a rest. Gave Betty some potato salad. Had some for lunch myself; it is good. A short rest after doing crossword puzzles. To meeting re Wilma. Problem with car starting. Auwe. Both therapists were there, head of food service, case worker and Director of nursing. I was impressed. Plan: another two weeks (Feb. 23rd) possibly three and home to therapy and some home health care. Left Wil, Karna and Eric to they could take care of some financial matters. I was impressed with their organization/handling of meeting. Stopped in to see Alice M..

Can't get into my PAF programs. Wanda came back and I can now get in my PAF programs. Talked to Lettie, Vivian and Joyce Watson re Wilma's status.

BLESSING; Eric and Karna's care; concern for Wilma.

9 FEBRUARY 2011, WEDNESDAY

Slept well and did a load of wash before going to pick up meds only to find they were at the 7th East Rite Aid. On to Smiths and then DI. Late lunch. After a rest to Rite Aid on 7th for meds and to see Wilma. Had a BM today. While I was there I removed dead flowers from Glenda's arrangement and emptied the rose vase. Brought the wilted roses home and put petals in a bowl. Lovely. Two different health care ladies came in to talk to Wilma re pain, nausea, lack of appetite. Went in to dinner with her. Spoke to Alleyn S. Plans are still for to come home Saturday. Stopped in to see Julia as she was missing from her table. Diarrhea. A temp. didn't tarry. Think I have most of my data for income tax. Need help with Zions' account.

BLESSING: Wilma seems perkier I've seen her.

10 FEBRUARY 2011, THURSDAY

To class. Savior's Parables. Good class. Lunch and made the chicken bean chili. From Willmores's chicken. On eating it feel I wasted the chicken. Also put too much cummin in it. Tried to doctor it up with tomatoes and tomato paste.

Shirley Olson called. Such a lovely young woman. They had about five inches of snow. Melted quickly. To see Wilma and Julia; took the latter an orchid plant from Smiths. Really quite pretty. Trashed her poinsettia. Wilted. Wilma had been in more pain than she had experienced since she went to Emeritus. They had reduced her pain meds as discussed yesterday. Had delayed her therapy. Alice M. Has a badly bloodshot eye. Took her blood pressure which was very good. Wanda made a big bowl of fruit mix.

Blessing: Julia feeling better.

11 FEBRUARY, 2011, FRIDAY

One of those nights. To Bountiful to get fruit chips, a pair of shoes and to see Gay Mitchell. Car "jerky"; stopped at Hansens on my way home. A loose connection. No charge. To see Wilma H. Talked about more things than her!. Left after she went to dinner. I'm weary.

BLESSING: Car jerks addressed.

12 FEBRUARY, 2011, SATURDAY

Slept WONDERFULLY well. Blessing. To Walmart for some groceries. On to Smith market place for Wilma's orchid. The prettiest small ones had been purchased. Got an all white one with lots of buds. Whether they last long enough to bloom only time will tell. Emeritus has "lost" her clothes. Not bath. Went with her to lunch. Ate alone. She did try to eat. Paula had called.

12 FEBRUARY 2011, SATURDAY

She plans to come out when Wilma goes home. Her mother-in law will stay with the children. A late lunch, late rest/nap. With Wanda's help made an apple cake. Smells good. Wasn't hungry for dinner, lunch too late. David harper called.

BLESSING: Paula will be coming out.

13 FEBRUARY 2011, SUNDAY

Realized I probably had a urinary tract infection for sure. Took Wilma a pair of pants, top. She had a shower yesterday but was still in the same clothes. Also took clementines and Church News. Came home in time to go to Sacrament Mtg. Wanda had already gone; sat in back. Didn't hear Donna Holladay too well. Could hear her husband better. Large Sacrament meeting attendance. From there to instaCare. Less time involved than any visit I've ever made. Cipro for five days. Talked to Lettie and Don, Winnie, and made an appointment for visiting Donna H. On Wednesday. The Wilsons stopped by. Left a message from Elder Jeffery Holland from October Conference re the Savior's love for each of us. Have trouble understanding Harvey. His birthday is tomorrow. Gladys came down for her letter from Anne clegg. Gave her apple cake. While talking to someone Wilma H. called. Obviously has a cell phone.

BLESSING: Went to instaCare.

14 FEBRUARY 2011, MONDAY

Slept well. Always a blessing. To bone & Joint for seventh year check on my knees. All is well. By Reams for some fruit. Another late rest. VERY TIRED. To see Wilma and Julia. Wilma was asleep. Had pain this morning so physical therapy in the afternoon. Very nice cell phone. Karna had programed it with Eric, etc. numbers. Wrote explicit instructions of how to use. She got a blouse and pants and a pair of white sox back. Went with her to dinner. One wee little candle was all I saw of a candle light dinner" She ate very little. Left well after dark. Talked to Vivian this morning and gave her Wilma's cell number. Will call Lettie. Think I now have all my income tax statements with the one I rec'd from Zion Direct today.

BLESSING: safe travel tonight in the dark.

15 FEBRUARY 2011, TUESDAY

Not a good night. Wanda and I left about the same time. I to Dr. Miller's where I got a prescription for new glasses. Said the laser surgery did its job. On to Winnie's. Elaine was there. Stayed about an hour and a half. Elaine made a salmon dinner for us. Got home a little after one and had a rest. To see Wilma via her apartment. Got her mail and another change of clothing. Also got her sprouting potatoes. Stayed with her until she went to dinner. Said hello to julia. Super tired. Again. Alice Mitchell came and shortly after Betty with a thick soup. Stayed quite a while. Gave them the rest of the apple cake except a small piece Tried Betty's soup. Not hungry. Gladys' niece joy had a heart attack. In St. George hospital. Wanda went to Orem. Forgot to take some of the chili. Washing the tablecloth

BLESSING: Laser surgery a success.

16 FEBRUARY 2011, WEDNESDAY

Slept well most of the night but got up for abut an hour around four-thirty. Did bedding and Wilma's blouses and pants. Visited with Gladys. Niece Joy has pneumonia as well as her heart problem. A nap and to see Wilma. She is to go home on the 24th. Feels she can walk with her walker form her car to her apartment. Paula will plan to come the day before. Wilma, Janis (at her table) and Julia went to RS-Priesthood meeting last night. Just happened to meet Julia t the elevator and invited her. Worked a bit on my income tax info organizing.

16 FEBRUARY 2011, cont.

Wrote Jim Holland. Wanda was home when I got back from seeing Wilma. Windy.

BLESSING: Wilma is trying to put her brace on.

17 FEBRUARY 2011, THURSDAY

Slept well. Class was a little slow getting going. Snow falling from trees and the gate still closed from the digging in front of the building. No "stand" for microphone. Jane went home after the class started. A cold. Worked on income tax until I had a quick, not so good lunch and a rest.

To see Wilma. Helped her with her brace. She is getting better at it. Talked to Naomi J. In the D. R. Re Julia. She is in as much a quandary as I.. Said two months have passed since they told her she had three to live. Wanda cooked cabbage slaw and ham. Stir fry. Unpacked her new C-Pap (?). All info re income tax except the Zion's investment.

BLESSING: Wanda washable to help Betty.

18 FEBRUARY 2011, FRIDAY Nellie Leighton's birthday

went with Betty for lunch (her turn to choose this month) at the Italian restaurant west of P. LF. Chang's. enjoyable. A rest and to see Wilma. Alice Mitchell needs to see a Dr. But won't go to emergency or Insta Care. Went to Nellie Leighton's birthday Open House. She is 92. Wanda didn't feel like using her ticket for BYU Folk Dancers. Mary Behra used her ticket. A long wait to get in; late staring. Colorful. I was glad to get home and in bed.

BLESSING: Wilma looking better.

19 FEBRUARY 2011, SATURDAY

After an hour up about five when I looked at the paper back to bed and stayed there until about 8:45. Trying to stay until I was really rested. Didn't quite make it but id feel better than I have for a while. Down to see Alice. In bed and breathing. Most of the rest of the morning with her, Barbara Nolan, Betty Johnson and I trying to get her to go to Emergency. Barbara called an ambulance. They, the fire Department came and she absolutely refused to go. Betty and Barbara took her by car. I went to Wilma's and put her yarn in the closet and on her bed as she instructed in anticipation of Patricia coming to clean on Tuesday. Called Jan Hansen. Her mother just moved to the 3rd floor of Emeritus. To see Wilma with her mail, some Clementines and the Church News. Home to be updated on Alice. No pneumonia. Heart failure worsening. I increased lasix for swelling, More ???for her "puffer".

Sonia Aycok just called. David harper just died. About three EST. I'm stunned.

BLESSING: Sad as it is I know that David was/is a good man. A joy to have known hime through the years.

20 FEBRUARY 2011, SUNDAY

Slept in a bit after reading the paper. Wanda didn't go to Orem, cough bad. Nor did she go to church Snowed. Wet snow which when church was over was falling from the trees so we used umbrellas. Lunch on potato salad, cheese and crackers. A nap and to see Wilma and Julia. Left the Church News in Julia's room. Auwe. Watered her orchid. It is pretty. Got Naomi's place to park as she left. Wilma's friend Jan and some RS sisters visited Wilma today. Stopped in to see Alice a couple of times.

BLESSING: Alice seems better. Julia smiling.

21 FEBRUARY 2011, MONDAY

Did a load of wash. Got Alice a little breakfast. She has a terrible cough. As does Wanda.

To WalMart for some groceries and by Sears to order my new glasses. Was impressed with her

21 FEBRUARY 2011, cont.

professionalism. Went by Arlington Care Center to see Verla. No parking. On to see Wilma. Almost time for lunch. She is so fortunate to have Jan and Don as "seat mates" for meals. Is surely looking forward to the 24th. Home and a nap. To see Alice. Hosted by Jean.

BLESSING: Wanda's cough seems to be much better.

22 FEBRUARY 2011, TUESDAY

Finished the night on the couch. Wanda spent much of hers on the recliner. Problem breathing. Checked on Alice a couple of times before I left for Wilma's via vovens for bread for Hirschmann's and Hydes. Did a few things at Wilma's apartment. Stayed until Patricia came to clean. To Emirtus; Wilma was at lunch. Brought her last change of clothes for laundry. Late lunch and nap until 4:45. To see Alice. Mary Behra called; needs number on the entry card from Wanda. Janice Harris called re Wanda's willingness to talk to her family re her autistic grandson.

BLESSING: Wanda has a Dr. appointment tomorrow.

23 FEBRUARY 2011, WEDNESDAY

Started roast about five finished night on couch. Wanda called. Will be staying in Orem until tomorrow. To see/help Alice M. Shopped for Alice, Wilma Paula and me. Lunch and a rest. To see Wilma about four. Stopped by her apartment a second time. Ruby baws called. David's funeral was to be held today. Paula comes in tonight at six. Eric will pick her up and they'll go see Wilma. Called Wilma's neighbor, Connie Buie. Will call the RS counselor. Forgot to take my synthroid this A. M. Auwe. I NEED A HAIRCUT. BADLY.

BLESSING: Wilma will be going home tomorrow at ten.

24 FEBRUARY 2011, THURSDAY

class went well. A stand for the mike. Now 82 enrolled. Stopped by Eloise's with her Mormon Times, penocha and fruit after class. Wanda came home earlier than I expected. Had been to her Dr. More antibiotic. After checking on Alice I had lunch and a nap. Went to Wilma's. She almost fainted walking to her apartment. No oxygen en route. Was asleep in her bed. Paula out shopping. A sweetheart as usual. Will be here until the 3rd, time enough to go with Wilma to her first appointment with Dr. Schlisman. Made appointment with Frances and Gladys to go to the symposium of the 400th anniversary of the King James version of the bible tomorrow night at the Conference Center's theater. Plan to go to the temple in the morning. Hope snow will cooperate. John cook called; 4th Ward has scheduled a funeral Thursday the 3rd; class will have to be canceled.

BLESSING: Paula is with Wilma.

25 FEBRUARY 2011, FRIDAY

Went to the ten endowment session. Went to see Wilma and Paula after lunch and a rest. Went to the King James Version 400th anniversary symposium at the theater of the conference Center. Very scholarly presentations. Brain and body weary on returning home. Wilma had a busy day; ate well. Very active.

BLESSING: Return to the temple.

26 FEBRUARY 2011, SATURDAY

VISITED ALICE m. Her son had made her breakfast; she looked much better. To Hale theater to see A Tale of Two cities. Excellent. Beautiful voices; fast paced. From there to see Paula and Wilma. She had diarrhea fivish this morning. Wiped out. Paula called the nurse. She is to stop.

26 FEBRUARY 2011, cont.

stool softeners. Paula told Wilma she should give up driving. Dinner and visited with Gladys. We discussed the play, last night's symposium. Jacob came this morning with Nicholas and Wanda's meds. Visited with Alice M. She had a lot she wanted to say spent some time calling the Thursday class members re the canceling of the class on the 3rd. Winnie called. Thinks she has cracked a rib.

BLESSING: Paula is with Wilma and learning first-hand of her challenges.

27 FEBRUARY 2011, SUNDAY

Slept well. Went to Wilma's so Paula could go to Sacrament meeting. Wilma can't sit comfortably in her glider but was pleased that she could sit with feet up, pillows in back with legs stretched out and was quite comfortable. Got to my ward about half way through SS and went to RS. Stake president was the RS speaker/teacher. Dinner and to see Verla Salkield. Found a parking place. A little trouble finding her. Bonnie? Came just as I found her. A rather depressing place. The few personnel I met were nice enough. Forgot to sign out. Stopped in to see Betty and Alice when I got back. Alice groaning. Needed her water. Legs swollen; helped her get her nightgown on and pants and top off.

Wanda left after Sacrament meeting. Diarrhea. I worry about her lack of exercise.

BLESSING: Wilma doing quite well today.

28 FEBRUARY 2011, MONDAY

One of "those" nights. To the temple to do initiatories. Good to be back. Letter from Brother iba. Won't be teaching another semester. Called most of the class members re no class Thursday. Caroline Hobson stopped in to visit Wanda(?) Is paring down. A too long a nap. Plans to visit Julia C. Aborted. Called Wilma. Had a bout with diarrhea again last night. Needs Depends. I must be having sympathetic pains. My stomach feels queesey.

BLESSING; Paula is with Wilma.

1 MARCH 2011, TUESDAY

Slept wonderfully well. Clean sheets. To see Wilma and then Julia. Wilma was reading the paper when I got there. Moved to her love seat where she is quite comfortable. Before I left the Millers came. He is in her bishopric. Julia. What can I say. So hard to have a conversation. Saw Jan, Wilma's lovely table mate while she was there. After lunch and a nap I went to the \$ store and Smiths where I planned to get an orchid. No orchids.

E-mail form Sharlayne re a new teacher for the Thursday class. Stake president responsible for teacher. Called Richard Fluhman for suggestion re contacting Pres. Fitts. He volunteered to take the info to him. They have tried to contact Pres. Fitts with no success. Certainly above and beyond the call of duty. Stopped in to see Alice and Betty. As I was doing our stir fry Alice came for a visit. She had walked. Later she and Wanda walked together. Alice using Wanda's walker.

Talked to Paula and Wilma. Wilma had a little more diarrhea.

Dorothy barker called. She has permission to have someone use her parking place.

BLESSING Richard talking to president Fitts.

2 MARCH 2011, WEDNESDAY

Had frittata for breakfast. Washed compression hose and a sweater. To see Wilma. Asleep. Dr. Schlismann is concerned about "stopping the diarrhea. Wants a sample taken to be tested. Stayed while Paula picked up Glenda. . Call came early evening re my glasses. Spent most of A. M. Getting income tax material together. I'm ready to take it to the accountant. Income less this year

2 MARCH 2011, cont.

than last. Longer visit with Gladys than usual. In the last few days she has been to her Primary Care Dr., her ophthalmologist and her Dentist. The latter thinks she grinds her teeth. Wearing a ?? For a month to see. Looks uncomfortable.

BLESSING: Finished gathering income tax info.

3 MARCH 2011, THURSDAY

one of those nights. Wanda got off. Two trips to get her loaded. Long visit with Mary b. Thelma Hisatake has cancer. Is in a hospice facility. Got new gate pass and sticker from DJ for Dorothy's "spot". Long nap; woke to dark clouds. Lengthy visit with Lettie and talked to Wilma. Feces test and exray of bowels proved negative. She sounded stronger. Finished bridge mix. Auwe. Cooked potatoes for scalloped potatoes. Mixed a large bowl of fruit. Visited Alice M. Liz Taylor is home.

BLESSING: Negatives for Wilma's tests.

4 MARCH 2011, FRIDAY

Made brownies. I usually overcook them but this pan probably undercooked. Vivian called. And later Wendell S. Checked out gate passes for Garden. Had mixed the old one with new. Made two trips to check the gate out. One included trip to Credit Union where I withdrew money from Savings to accommodate the lack of checks. Met Thelma Hisatke's sister, Evelyn. She and several others were loading up things from Thelma's storage area. And apartment (?). Met Richard Fluhman on my first trip. Reported he had talked to the Stake president re Thursday class. I wrote Sharlyanne re the contact with president Fitts. Picked up my glasses. Visited Wilma. Diarrhea continues. Patricia came to clean. Bless her. I had a rest/nap on Gladys' couch. Hard and comfortable. To RiteAid for three prescriptions. To Smiths for grapes. Wanted a prim rose for Liz Taylor but they didn't have them on 8th So. With Gladys to see the five artists at the Family History Museum. Very interesting variety: a sculpture, a gourd painter, illustrator for children's books (did Fannie's Dream), leather, painter (long necks) and ?? /crowded. Enjoyable.

BLESSING: Wilma and Glenda seem to be adjusting to each other's differing ideas.

5 MARCH 2011, FRIDAY

to costco, Fresh Values, Cummings. Got a haircut. Short. Neck burning from razor. A short rest; to see Julia C. Naomi J. Came while I was there. Stopped in to see Wilma. More diarrhea today. Thelma Hisatake died. Mailed my last check to Dorothy Barker for her parking space through April.

BLESSING: Naomi's faithfulness in visiting Julia.

6 MARCH 2011, SUNDAY

Not a good night. Thirteen bore testimony in Sacrament meeting. Marge Whitehead gave a beautiful testimony but didn't mention moving. No time set for funeral yet for Thelma. Will be in ward. A lunch? Gladys left after participating in Marge W.'s lesson re impact of hymns in R. S. She had asked several including Gladys to tell their favorite hymn. Talked to Wilma before church. She was "wrung out". Had five bouts with diarrhea during the night. I am afraid she is going to become badly dehydrated. Glenda was out getting pepto-bismal which the Dr. on call for Schlisman recommended.

Had a badly needed res' after a banana and peanut butter, cracker, milk lunch when I got home from church.. Betty brought a pork , vegies dinner. Ate only a small part of it. Visited Alice. She had shopped to point of exhaustion for two days.

6 MARCH 2011, cont.

Looked up sweet and sour recipes. Will try one for the meat balls in the freezer.

Talked to Lettie at some length, also Ruth W. She is concerned re Conner wanting to pay for half his mission and that other people want to contribute and how it will all work out. Hopefully the bishop will have some advice. Called Sonia Aycock and talked to her about suggestions for someone to ask to be in charge of the dedication of my grave. Placed a call to Kenny and Carol Cogdell. No one home. Left a message.

BLESSING: ALL ENTHUSED ABOUT Conner's impending 19th birthday and his mission.

7 MARCH 2011, MONDAY

MARLENE HYDE'S BIRTHDAY. TO THE TEMPLE SESSION, SMALLER THAN USUAL AND NO NEW PATRONS. Had Betty's pork/vegies for lunch and still enough for another meal. Talked to Wilma H. No diarrhea last night. Hip, hip, hooray! A nap. Cloudy with rain. Snow up the mountains I presume. A rest. Janice canceled FHE until tomorrow. Short visit with Alice and Betty. Janice canceled FHE. Will hold it tomorrow night. Gladys got home about six-thirty. I'm glad. Snowing.

BLESSING: No diarrhea for Wilma last night.

8 MARCH 2011, TUESDAY

Another one of those nights...Up at six. Beautiful snow; trees laden with snow. Made a sandwich for a snack as I fasted for "blood draw" appointment with Dr. Schlisman at nine. Scraped car off and was there early. I do like Mailisa and Dr. S. As she finished our appointment asked how my ears were. I told her I thought I needed hearing aids. She checked them and said they were "packed" with wax. Mailisa spent at least 45 minutes trying to get the wax out. As I write this I feel as if there is still water in them. After the ear "wash" I had blood drawn and gave a urine sample. From there ate my sandwich and went to Smiths. Was going to stop at Wilma's but my head/ears were too uncomfortable. Was having a res/nap by 12:30. Middle of the afternoon lunch/dinner. My third of Betty's generous meal. FHE at Janice's; hard to hear. Talked about her husband and played a tape of a talk he gave at Temple Square. Talked to Wilma. No diarrhea but small bowel movement.

BLESSING: Marge W. Seems to have adjusted to moving to 1800 S. West Temple. Apartment sounds nice.

9 MARCH 2011, WEDNESDAY

good night's sleep. Visited Gladys. While there Ruth Hobson and Dr. Schlisman called. Tests from blood work good. She is very good about reporting the results. Ruth invited me to ride with her to Gay Mitchell's little get together on the 15th.

Took tax info to mark bound and on to see Winnie. Stayed about forty minutes and on to Alpine Medical for two pairs of compression hose. Stopped by Reams and got two baskets of strawberries. Took one to Liz Taylor, one to Wilma. The latter was asleep and Glenda was out. Didn't wake Wil. When I left Winnie's I stopped at Great Harvest and bought a half loaf of bread. Shared with Betty. Visited Alice. My head/ears back to normal after yesterday's dewaxing. Went to Sears; looked at vacuums. Too big; expansile. From there to western Nut where I bought some bridge mix, gone up two dollars/pound. Also bought ribbon coconut to send to Shirley via Wilma Fullmer if I can make connection with her before they go to Arkadelphia.

BLESSING: Finally got new hose.

10 MARCH 2011, THURSDAY

Shirley Olson called around nine. Still the sweet positive person she has always been.

10 MARCH 2011, cont.

Bro. Gary Beckstead taught class today. Such a pleasant man. Thought he'd never get around to Mathew. Lunched on a piece of a lemon pepper talapia. Ono. A rest and to see Julia Carver; she was playing Bingo. To See Verla. Miracle of miracles a parking place in front of the care center. She was in the social room, sound asleep; wrote her a note; didn't dare wake her. She looked so peaceful, and frail. To Smiths; bought an orchid, strawberries, grapes and a mango. On to Wilma's. Glenda is leaving next Tuesday. Paula comes on Thursday with her two children.

Wilma looks perkier, better color.

Bought some tulips. Couldn't decide if I should give Donna Holloday the tulips or strawberries. The former won. She has another appointment with her oncologist on Monday.

When I got to class Jane Berry asked me if Bro. Iba was leaving after this semester. Auwe. Her husband asked her. He heard in the bishopric meeting, I guess.

My checks came. Sent a check to the missionary department with a contribution to the General missionary Fund in memory of David Harper. Wrote Ocala. Long overdue.

BLESSING: Wilma looks better.

11 MARCH 2011, Friday

to Thelma Hisatake's funeral. Was pleased I was able to meet her brother, Russ, and tell her sister Evelyn and him how I would miss greeting her at Christmas and new year with Mele Kalikimake and houoli Maka hiki ho. Lunch and a nap. Gladys came to take her blood pressure. She had been having tests much of the morning. Bank statement came. Made out checks for Lettie (piano) and co-pay on laser surgery. \$100! Good to have bank account balanced. Cooked rice in the "Tanaka" rice cooker. It is a sticky rice. Betty shared the lunch she'd made for her son Quinn with me. Ono. Shrimp salad, vegies and lemon pudding.

Visited Alice. She had her hair done, pedicure. Feeling good/looking good.

Talked to Wanda. She was baby sitting Mandy and Eric's children. Has gone through all her school stuff except one box. Talked to Wilma and Glenda.

BLESSING: Attending Thelma's funeral.

12 MARCH 2011, SATURDAY

Slept well. Did a load of wash. Compression hose a challenge. All my old ones were worn too long I'm afraid; should toss them. Clean sheets. Bought a vacuum/bags. A little shopping at Smiths. Visited Verla S. Lunch/nap. To see Wilma. Sound asleep. Glenda out. Stayed about forty minutes; read the last Newsweek. Article re the new Broadway play, Book of Mormon. Blasphemous./repulsive. Receiving standing ovations. Auwe. To Sweet library. Picked up a Gilman book I think I've read. Visited Alice, Gladys and Jean Christensen, Dava.

Betty brought me a pot of two lovely primroses and one pansy; all so crisp, fresh; a joy.

BLESSING: Betty's generosity.

13 MARCH 2011, SUNDAY

Daylight savings time started. The Toones were Sacrament meeting speakers; also blessed their baby. Large group of family visiting. Walked to church with Shirley Hyde. Marlene took over after Sacrament meeting; took her home. Got sleepy during RS and came home and had some crackers, banana, strawberries and hit the couch. Woke up a little after four. Called Lettie, Vivian, and Carl Mellor. Ate dinner about six. Beautiful day. Went to see Eloise R. Her son, Trent, has retired at 50!

BLESSING: Carl's care of Dimple.

14 MARCH 2011, MONDAY

To do initiatory. Out about eleven. Flowers blooming on the south side of the temple: daffodils, hyacinths, and large clusters of crocus. Gardeners planting pansies. To Church History Museum to see the new quilt exhibit. Some beautiful ones. Too tired to see the other new exhibit. Got home just as it was sprinkling a bit. So see Wilma. Asleep. After about thirty minutes I woke her up. Told me of Glenda's "blow-up" All seems well now. Eric and karna are taking her to dinner on the roof. A mahalo for her stay with Wilma. Such a nice thing to do. Had a frozen dinner; disappointing. Gladys brought milk and cake from her DUP meeting. Realized that my old compression hose had lost their "compression" as the new ones are so-o hard to put on.

BLESSING: the temple. Beauty of flowers.

15 MARCH 2011, TUESDAY

Glenda drove us to the airport:: as Bro. Miller said it was quite straight forward. Bit the bullet and came home via freeway to 6th north. Quite painless. To Wilma's. Moved as much fruit as I could from her crispers to the bowl on the counter. Made sweet and sour sauce for meatballs. Had a brief nap and went to Bountiful with Ruth Hobson, Pauline Harward and Elna Christensen. With Bev S. And Jo Madsen a party in the atrium Two hours. Lots of laughs. Two games with prizes and cup cakes, cheese, crackers, banana nut bread and some candy. I was dragging when we got home. Visited Alice. Gave me a cream puff. Talked to Wanda twice; she had left a message. They had all been sick. Alan "fixed" my E-mail. 41 messages. Some "old". Couple letters for Gladys. Gladys got a blood pressure cuff. Paula and children came today will stay with Wilma until Thursday. Steven Smith called; will pick it up the coconut to take to Fullmers to take to Shirley when they go to Arkansas Thursday. I'd already put it in the envelope I bought. Never mind. Glad they will take it.

BLESSING: Paula and children are here. Steven will take Shirley's coconut to Fullmers.

16 MARCH 2011, WEDNESDAY

Steven S. Came about 8:30; stayed about forty-five minutes. Problems at work. Run-down on their children. Best news: Mathew has a full time job with health insurance benefits after three months. Lunch with Betty at Café Trang; fast service, prices "right". From there to the first day of sunflower, new store on 7th E, 2nd So. Crowded. Bought strawberries and cheese. Home and rest, sorely needed, at two. Up at four and to Wilma's. Paula and children there. Children center front. From there to wheel Julia C. to her room from the D. R. At emeritus. Spoke to "Jan" Wilma's tablemate when she was there. Sweet as ever. Rainy. Not too enthused about my lunch leftovers. Mainly not hungry.

BLESSING: Smith internet

17 MARCH 2011, THURSDAY

To class. Problem with my voice. An especially good class. Still no word from president Fitts. To Vosens after class for two loaves of bread, for Liz and Bp. Taylor and one for donna and lero. Lunch and a nap. To smiths for a few groceries for me and Wilma. Her cardiologist told her to gain weight. She picked up her shoes from the podiatrist. Nice looking. Paula and the children had gone to Orem. To Sweet Library for two books Lettie recommended. And a Martha Grimes book. Betty gave me bread and a pasta sausage dish which I had for Dinner.

BLESSING: Opportunity to be taught from the new Testament.

18 MARCH 2011, FRIDAY

Slept well until three. Voice a little less raspy. To Rite Aid for prescriptions. Stopped at

18 MARCH 2011, cont

bazaar/grocery store which now occupies what was a Fresh Values store. Interesting display of many things Mexican. Home via Vosens; a loaf of bread for Shirley Hyde. No charge!! Not sure why. A rest/nap. Late lunch. Washed sofa covers on three cushions. A struggle to get them back on but made it. Wilma sounded a little "down" when I talked to her. "Can't do anything I want to." Conditions are perilous in Libya. Elsa Ewer brought a lasagna for me to Bake for tomorrow. Talked to bp Taylor re Thursday class. Nice E-mail from Steven s. Alice M. Called. Reading the Doig book Lettie recommended.

BLESSING: voice a little less raspy.

19 MARCH 2011, SATURDAY RS Birthday lunch

Slept well until three; put lasagna in oven about 6:40. Smelled good Bro ? Picked it up as I left for RS. A lovely program on Hymns of church; Emma Smith and hymns sung were all in first hymnal except one. Vince, Michele Manwaring's husband sang A Poor Wayfaring Man of Grief. Nice voice. She was there in her Med ware. Nice lunch; colorful centerpieces; lots of desert by sisters of old and/or favorite recipes. Many hands helping with putting candy, taping Easter eggs. Beautiful colors. A rest/nap from one to four. Talked to all of my sisters. Also Winnie. Visited Alice. Bill from Zions providing opportunity to pay Master charge bill. Always a good feeling. Late, too late, dinner. Deviled six eggs. Continue reading the Doig book. Carol Clayton was at RS. Still the pleasant person I remember.

BLESSING: A lovely, well planned/executed RS program

20 MARCH 2011, SUNDAY

Two of the High council were our Sacrament Meeting speakers. Choir sang and marge w. was released as president. Sharon Crandall, Elsa E., Linda B. And Shelby E. Presidency. She will make a good president. A young sister from England taught the RS lesson. Comfortable with the language and lesson Just needs to be told time is out at 11:55!. Quick snack and a rest. Wilsons came visiting and home teaching around four. Afterwards I went to see Wilma. Not wearing her brace. Auwe. Visited Gladys on my return;; LeAnne there. Gave me some nice fresh torn lettuce. Had some with sandwich for dinner. Sharon Crandall called to ask me to stay with Eve shirts Wednesday form one to five.

BLESSING: Paula will be back tomorrow. Joyce Watson called re Wilma.

21 MARCH 2011, MONDAY

to the temple. Smaller session than usual for the ten. Felt in a fog most of the session. Came home and had a two hour rest. Drove to Wilma's but no parking place so I came home. Called her and she had discussed not wearing her brace with the nurse. She was adamant that she should wear it. She evidently "heeded" her when I asked Paula if she was wearing it she said yes. I feel relieved. Gladys had a Mary Lou(?) From the museum who brought her hats and spoke to us as a milliner. Delightful. Talked to Janice; she feels better. She would have enjoyed Gladys' FHE I feel tired.

BLESSING: Made it to the temple.

22 MARCH 2011, TUESDAY

Slept quite well. Went to Wilma's and Paula drove us to the airport. I drove home. Couldn't figure out how to turn her car off. She walked down with me. No oxygen. And showed me. Was going to rite aid to get the rest of my Coreg. Too late. Lunch and while I was eating Alice M. Came and wanted help in delivering soup to Barbara N., Darlene H., and Eve Shirts. A short rest and went with her. Gladys stopped in, visited Betty. Gladys shred soup with me which I had

shared

22 MARCH 2011. cont

for dinner with lettuce she gave me Sunday. Dava A. Called back from Lake Tahoe with her daughter. I'm missing my nap: will go to bed early.

BLESSING: Drove back from the airport safely.

23 MARCH 2011. WEDNESDAY

to rite Aid to adjust Corey med. Another prescription and some \$ purchases, mostly candy. Aurwe. To Smiths for milk and frozen veggies, fruit. Stir fried some cabbage for lunch. Quick rest. To Eve Shirts. I enjoyed getting to know her better. Was tired after four hours. Not much reading. From there to Wilma's. Short visit. Took her pres. Uchdorf's book on women and one of the books Lettie gave me Christmas. More stir fry for dinner. Made a care package for Imogene. Talked to Marge W. A couple of times. Will pick her up at the airport on the 8th of April. Hope I can get in her apartment on the 28th to await the phone co. man. Nice E-mail from Becky J. Appreciated her report of DJ and Krista's baby. I'm super tired.

BLESSING: Eve's positive attitude.

24 MARCH 2011. THURSDAY

Slept so-o well. Brother Iba announced that he wouldn't be back next semester. I'm glad. I think I'll definitely call President Fitts' secretary and write Bro. Iba to see if he is willing to recommend teachers. Good class today. The lost sheep the lost coin and the prodigal son. The latter really re two sons. Sr. Hook left her purse. Waited awhile then came home and called her. They came to pick it up. I'm glad to have it back to her. Lunch and a two hour nap. Talked to Lettie and Wilma. Visited Alice and Betty. Called Ginger re Marge's key. Reminded me of the cooking class tonight. Alicia Fluhman. I'm meet ginger there. Took registration money to bp. Taylor. Liz just called to tell of Bp's accident Saturday. A truck by the construction on 2nd W. Almost ran over him. Knocked him down. bruised but nothing broken. Blessing. Scary. Went to the cooking evening with Alicia Fluhman. Nice salad, rice dish, beef and fried plantain. Well attended. Had the BYU game on. Mute until the end. Ginger R. Brought Marge's key.

BLESSING: bishop didn't break anything.

25 MARCH 2011. FRIDAY

Another night...Did two loads of laundry. Visiting teaching. To pick up income tax. Owed much less state tax than I expected and get twice as much as I pay tax back. Stopped by Smiths and then Wilma's. while there her therapist's supervisor stopped by and put her through a few exercises (?) Came home and visited Alice and Betty. Talked to Winnie. Betty shared her chicken casserole and soup with me. Finished the Baldacie book. Wrote a check for my state tax.

BLESSING: Made it through the day without much of a rest.

26 MARCH 2011. SATURDAY

Slept much of the night on the couch. Wanda called. Will be returning on Monday evening. Washed and ironed Wilma's green pants. To Marge whiteheads. Lovely apartment. To Costco. Saturday is no time to go. Stocked up on canned fruit. Bought Wilma and I Polish dogs and took them to her apartment. Tired when I got there. A short rest and I ate half of mine, visited a bit and came home. A two hour nap before putting things away. Ruby Haws called. Having surgery on her other neck artery Monday. Gladys brought dinner she cooked for the week. Smelled good but after two cookies I wasn't hungry enough to do it justice. Watched Young women's meeting. President Eyring spoke.

BLESSING: Dry run to Marge's.

27 MARCH 2011, SUNDAY

ENJOYED ALL THREE MEETINGS. Elder Gong was last to bear testimony. Fourteen in all. Walked with Jo Madsen to church. Bev was taking Nellie Leighton to the hospital. Vertigo. Sharon Crandall told of her calling to RS and her enthusiasm for the call. Sr. Brailsford gave a good lesson based on Bro. Uchdorf's October Conference talk. Quickie lunch on the remainder of my Polish dog from Costco with a broiled tomato. A rest and did want to get up. Went to Wilma's. took her the rest of Betty's squash soup. Went to fireside. Too many people to fit in the RS room so moved to Cultural hall. Long. I couldn't hear well. Left a bit early and called Bro. Sykes, the Stake Executive Secretary. He was driving, on his cell phone, and I'm to call him at 9:40. Wrote Bro. Iba to see if he would be willing to make suggestions for a teacher to replace him. Bev S. Brought me four luscious chocolate dipped strawberries.

BLESSING: inspiration from testimonies born, especially Brother Grismore's.

28 MARCH 2011, MONDAY

Spent the morning at Marge W.'s apartment house to let Quest in. They never came. Wanda returned. Body, legs, ankles terribly swollen.

Forgot to write. This until Tuesday. Called Lettie, Wilma, Shirley Olsen re Ruby Haw's surgery things went well. And Winnie M's daughter, Naomi's bag not found. Talked to Marge W. Re aborted wait and no phones. Daughter home and in her care. Talked to the Stake executive secretary, Brother Sykes and am to meet with someone in the Stake Presidency re the Thursday Adult Religion class tomorrow night. Talked to Vivian and learned of their plans.

BLESSING: an appointment re the Thursday class.

29 MARCH 2011, TUESDAY

To the temple. Full parking lot; no need for a parking ticket. I expect it slows the traffic down. Conference meetings must be underway. Initiatory not particularly crowded. To St. Marks to see Ruby. Nathan evidently had driven them Another night in the hospital. From there to Wilma's. Frustrated without her hearing aid functioning. Millers were taking her to the audiologist and when I called later they had simply removed the wax and told her to come in every three months. She sounded happy to be able to hear again. Met with President Baker. He was very nice; had no clue re the class other than he had heard of it and knew some of his ward members attended. I had talked to Sharylanne earlier and she feels it is probably too late to plan a spring summer class. Promises to call me tomorrow. I was glad I had taken some of the material re the class from my file.

Anne Robertson stopped by while I was napping. I went to Dava's but she was out walking with Pauline and Marlinda.

BLESSING: Talked to a member of stake presidency. Ruby doing well.

30 MARCH 2011, WEDNESDAY

Anne Robertson came by. Stayed a couple of hours. To Emeritis in time to push Julia to lunch. Has a high backed wheel chair. Could only get out a word and not many of those. Lou and Margie her table mates are quite fun. From there to Smiths and then Wilma's. will take her and her vacuum back to where she bought it tomorrow. Was 2:5 before I lay down for my rest. Up at five, very reluctantly. Made a big pot of rice before I left this morning. Made Betty's rice salad and froze three containers. Jacob, Sara and the children stopped by. Cute children. Sent a check to Alan for zoo.buh. My hip (?) Aches especially when I bend. Haven't heard from President Baker. Wanda went to the library today.

BLESSING; Finally made it to see Julia.

31 MARCH 2011, THURSDAY

Good class. Anne R. Was there; gave opening prayer. A rest, nap. Picked Wilma H. Up and took her vacuum in. Needed a new belt. Beautiful day. 60ish.

BLESSING: Good people; Anne Robertson, Pauline Harward

1 APRIL 2011, FRIDAY

What a night. Auwe. Wanda did fried eggs for us for breakfast. To see Gay Mitchell. Also bought a pound of Bridge mix from Mrs. Cavanaugh's. Ono. To Wilma's in time for her conference with the woman from Meals on wheels. Vivian and Clive came. Home and a nap. Woke up feeling like a zombie. BEAUTIFUL DAY. Wanda and I went to see Wilma, Popes. Dinner with them. Home and a call from Barbara Nolan re checking on Alice. She was very tired. Got her inhalator for her. Waiting for Wanda to finish her first leg rap. Her ankles are still very swollen. Vivian and Clive left potatoes at our door. Will have to transfer them tomorrow. BLESSING: Was able to visit Gay. A good family; Vivian, Clive, Wilma, Wanda, willmores.

2 APRIL 2011, SATURDAY.

Slept WONDERFULLY, ALL NIGHT LONG. Enjoyed both sessions of conference. Fought sleep the second half of the PM session. Washed potatoes. Shared with Johnstones, Alice, missionaries in 206 and Betty and Brother wiscomb.

BLESSING: conference.

3 APRIL 2011, SUNDAY

Great conference. We heard the afternoon session from four to six so we could have a nap in between sessions. Woke to a beautiful snow but it kept David Smith and family from coming. BLESSING; conference speakers. Feeling of the spirit.

4 APRIL 2011, MONDAY

Went to the nine A.M. temple session; sat on the front row. From thereto rite Aid on 7th; no halogen bulb 300 as I wanted. Did get eye drop prescription, from there to Sunflower for grapes and bananas, then to \$ store and on to see Vera S. Had gone home! Took Jane Berry's birthday card her and with Jane's encouragement as I was blocking her drive way went in to see Verla; her sister was there; lunch was ready. They had gone to a session of conference! Home and a quick lunch. Nap from two til four. Wilma called. She will be having surgery on the 20th. Sobering. Janice's daughter had a heart attack. Wasn't at FHE. Only three of us. Betty took notes at conference and I think enjoyed it. Jean came as Gladys and I were leaving. Wanda spent the day at the library. Tired; double and/or tripling her wrap time. Hopefully the swelling is going down. Talked to Vivian; they enjoyed conference immensely.

BLESSING: An opportunity to review and enjoy the inspiration of conference

5 APRIL 2011, TUESDAY

A night. Auwe. Made chicken soup using chicken Lettie and Don gave us some time ago. The best. The noodles cooked a little too long. Wanda got bulbs for the halogen lamp. Does make a difference. Took Wilma to the bank. Didn't take her Oxygen. It is seven ad I'm so-o sleepy. Wanda's wrapping seems to be paying off. Patricia called; laryngitis therefore canceled appointments with me and Wilma.

BLESSING: Light. Wilma got to the bank. Quite painless

6 APRIL 2011, WEDNESDAY. Happy birthday to The Church of Jesus Christ of latter-day Saints

SLEPT SO-O-WELL. Blessing. Anne Robertson stopped in for about an hour. Got bread from vosens and to emeritus in time to take julia to lunch. Didn't see conference...Asked about Wilma. Talked a little more than usual. To DI. Tried to look at pants for Wilma. Gave up. Bought four forks, a couple of big spoons and a big fork, a hand towel and The Little Princess in paperback. Home by two. Nap. Ruth Hobson called re compassionate service. Ruth and Conner called re his mission call. To Tampa Florida Mission. Took Wilma potatoes from Popes. "Neva potatoes." Millers had shopped for her. I'm SO glad she is willing to ask them. Went all day without her brace; Tomorrow will wear it all day. Betty gave us chicken curry. BLESSING: Conner, et al's, enthusiasm for his mission call.

7 APRIL 2011, THURSDAY

Up at seven. showered, dressed by the time Patricia came to clean. Good to have her. Vacuum seems to have worked well. Class. Questions re next semester. Auwe. Went to see Eve shirts after class. RayLynn Rogers was there. (Used to live in Eve's basement apartment.) She is still wearing her collar. Looks frail. Lunched n Betty's curry. Too long a nap and to see Wilma. Started to rain. Later at the Taylors it started to snow.. Visited Alice m. and Betty J. Many E-mail. Kaitlin Smith's questions are rather general. Will be difficult to be specific. Made a copy of 25 of the questions from Newsweek which could be asked for those taking the test for American citizenship. Wanda cooked dinner. Also read the little princess and did laundry which delayed her wrapping until a little later than usual A call from a pharmacist from the new mail order drug company Desert mutual has changed from MEDCO. Lovely letter from Shirley Olson. Received refund from Federal tax return. Thought it was being sent to my bank account. BLESSING: Clean apartment. Vacuum works well.

8 APRIL 2011, FRIDAY

Slept well. Did bedding. Look forward to bedtime and clean sheets. Visited Eloise and went to the Credit Union. Deposited income tax refund. A banana sandwich for lunch. Snowed some. Shari Stagg called to tell me Naomi Jergensen had did. A heart attack. Talked to Ginger Reid; said she was married. I could tell marge. Marge called said plane was leaving on time. Went to the airport to find it was delayed. Got home about quarter after eight. Chilled and tired. Answered another of Kaitlin's questions. Two more to go. Gladys went to Idaho with leAnne for a family wedding. Called from Jeff's as she forgot to turn down her heat. BLESSING: Being warm after being cold.

9 APRIL 2011, SATURDAY

SLEPT QUITE WELL. Finished Kaitlin's questions. To rite Aid, to drop books off at the main library and to Emeritus in time to "wheel" Julia to lunch. She had her hair cut. Looked very nice. Someone (she didn't now or couldn't verbalize who) had told her of Naomi's death. "Darn her", she said, "why didn't she wait for me". Would like to go to one of the viewing. Naomi's obituary was in the paper today. Nice picture. From emeritus to Smiths for shopping. Spent my Smith gift card plus. To Wilma's to find her in bed. Later she told me she wasn't asleep! Ate lunch there. Had taken some of Wanda's salad, pina, cottage cheese, a mango and chicken. Glad to get home. Rain mixed with snow most of the day. Rest/nap until 4:45. Auwe. Cooked frozen tilapia filets. Yuk. Wanda made a bowl of fruit. I'm tired. Stopped in to see Alice; on the phone, got her walker. Visited Betty. BLESSING; whoever told Julia re Naomi.

10 APRIL 2011, SUNDAY,

Slept quite well; a habit I'd love to get used to!! Sacramento speakers were the three newly sustained RS presidency; all gave excellent talks. Shari Stagg played a piano solo. Neal Andersen taught Gladys' class: Who Is My Neighbor. Good job. RS went over. To Wilma's and then to Naomi Jergensen's viewing. Many people; noisy happy sounding crowd. Only Eric and Mary Anne were in line to greet guests formally. She had six children, 25 grandchildren and ten great grandchildren. Shari Stagg rode home with me. Toasted cheese sandwich and fruit for dinner. Visited with Gladys; they had a good time in Idaho. I'm exhausted. An E-mail from Kaitlin. First Sunday of may our ward will meet from noon until three. Will be a bit of a challenge for me.

BLESSING: Good to see Wilma eating food she had been given by ward friends.

11 APRIL 2011, MONDAY

I attended Naomi Jergensen's funeral after getting a hair trim and a bit of shopping at Smiths. No solo papaya. Wanda and I split the papaya I bought at Smith market Place last week. Not as good as in Hawaii a reasonable facsimile.

The funeral was one of the nicest I've attended. All six of Naomi's children spoke; the Elijah Choir sang. And Julia Carver was there, in a wheel chair, sitting at the front of the chapel pews. Reed took her bless him. Home around two, quick lunch and a rest/sleep. Awoke stiff and sore. Wanda spent the day in the library. I called Kenny and Carol Cogdell re taking care of "me" when my body is shipped following death. They were very gracious. Glad that is taken care of. Talked to Ruby at some length. Also talked briefly to Vivian and longer with Wilma.

BLESSING: Naomi's funeral honoring a Good woman. Kenny and Carol accepting my burial request.

12 APRIL 2011, TUESDAY

Dorothy Barker's sister Annette called last night needing the gate entry to Garden between 8 and 9. I was up at seven; didn't sleep well. To make a long story short they came about noon.

Temple aborted. Cooked the country ribs, potato casserole I had frozen several weeks ago and baked potatoes. A short rest after some potato casserole. Quite good. To temple about 3:15. Drove thinking I'd go see Wilma after initiatory. Too tired. (Learned after dinner tonight as I was going to take my meds I had taken night meds this morning. Auwe.) A good time to do initiatories. I could have easily done five more. Visited Alice and Betty. Phyllis Johnstone stopped by to say she will bring us ham and split pea soup tomorrow night.

Wrote Shirley Olson. She replied. Had bought the rose for Werners in memory of Ross.

Called president Baker. In Albuquerque until the weekend. I dislike facing the class Thursday with no info re spring/summer and fall class.

BLESSING: Was able to make it to the temple.

13 APRIL 2011, WEDNESDAY

Slept soundly and woke feeling as if I'd been beaten...Did a number of things I've wanted to do for a while. Mended garments. Washed an "odds and ends" batch. Phoned Donna and Dava re VT, Marge W., Janice H. Re Anne r. trying to get in touch with her. Jean O. Re FHE. I'll take the 18th. Visited Julia. Was in bed. Later wheeled her to dinner. Spoke to Jan, Wilma's tablemate when she was there. Visited Wilma. She was wearing a pair of pants Lettie sent her. Fitted. Alice M. gave us chicken soup; Phyllis J. Split pea soup and ham/hard rolls. To Smith Mkt. Place to checkout papaya. Back to their \$2.99per. While getting info for the cake I'd like to have for FHE ate two cookies. Auwe. Took care of my dinner appetite.

BLESSING: mended garments. Long overdue.

14 APRIL 2011, THURSDAY

Slept well. Slept in until eight! To class; snow flurries. Wanda was still here when I returned from class at noon. Her car wouldn't start. Tried my cable jumpers; borrowed from Hansens to learn they are closing at the end of the month. Auwe. Good for them. A rest from three until 4:45. To see Wilma. Wanda called; forgot to take Lettie her "bag". Sonia Aycock called. As did Mavis Coleman, bob. Will meet them for dinner at the pantry at 4/30-4:46 on the 19th for dinner. They leave on the 28th. Read Clive's' thoughtful/nice/sweet letter to Wilma. Washed Wanda's towels.

BLESSING: Clive's' letter to Wilma.

15 APRIL 2011, FRIDAY

Slept quite well. Did a load of whites; mended garments. Cut up a one piece; worn. Took car to Hansens. Later when I picked it up around four (had written check) he aid: "no charge", Said fuel injector (?) They had put in with the tune up was faulty. Such integrity. Warms my heart. With Betty to whole foods , new in Trolley Square, for lunch. Big. Lunch area crowded. Home about 1:30. Bushed. A rest before going to Hansens. From there to see Wilma, than Julia and to \$ store; more cookies. two boxes of cheese crackers for our snack box. Shared the integrity story with Wilma, Julia, Betty and Alice. Not hungry. Typed answers to the questions for immigrants taking citizenship test. Ready for bed; haven't checked my mail. Late today.

BLESSING: Hansen Service integrity. Worth more than just not having to pay.

16 APRIL 2011, SATURDAY

bought a Marie Callendar Pie for FHE. After a rest/lunch took Alice Mitchell's blood pressure. To Arby's where I bought two Kid buffalo sandwiches. Took one to Wilma. She ate it n the spot. Talked to ruby haws; Shirley Olsen is in the hospital. Had a heart attack (?). To 7:00 PM Stake Conference meeting. Bishop McMullen visitor. He introduced the meeting and much of it was spent with mikes and audience participation. I was exhausted. Went with Betty. A few of the topic he shared: whom the Lord calls, He prepares, concern for dissolution of family, concern for trend of not marrying, call to "rescue" inactives. President Fitts shared figures in Salt Lake Stake of those who attend no meeting, concern for youth. Good/well attended meeting.

BLESSING: Stake Center within walking distance.

17 APRIL 2011, SUNDAY Stake Conference

A good conference. Acoustics so much better than I remember there. Whether it was our seat choice Im not sure. Bp McMillan again used selections from the congregation. Sister ??, Stake RS president spoke on the place of music in the home. Good talk. Bp McMillan's wife, SL city Mission President and his wife spoke. Choir sounded good. Temple Square by Assembly Hall was redolent with hyacinths in bloom. A short rest and Sonia Aycock and her friend Rebecca rose came. After a short visit we went to Wilma's. Rebecca's husband is mayor of Wilson, NC. Talked to Delma and Jim coston and daughter Amanda. Her son Andrew comes home from his mission in England in July. Called pres. Baker re Thursday class; not he I talked to but pres. Hussey. Auwe. Called Pres. Hussey; no answer.

NC had a tornado touched down near Raleigh. No damage in Nahunta. Sharon Crandall called; there'll be a luncheon for the Hisatake family on the 23rd. Lunch to be served to forty. /talked to Mary Behra; drowning with family for her granddaughter's BYU graduation next Friday. Will not be available for Thelma's luncheon.

BLESSING: Great conference. Beautiful flowers on Temple Square

18 APRIL 2011, Monday

Eric H.'s birthday. Donna H. called. Cold. Postponed V. T. Until a week from today. Rained most of the day. To see Wilma. FHE. The 25 ???s taken from Immigration Test, via Newsweek went over well. Marge brought me a box of Cummings chocolates. Thank you re waiting for Qwest and picking her up at the airport.

President Hussey called about 8:30 PM. No spring-summer Adult Religion class. Fall probably. So thankful a decision has been made. Called Winnie. She took the 25 question test. Did very well.

BLESSING: a decision made re the Adult Religion class.

19 APRIL 2011, TUESDAY

Blood pressure high. Ache all over. Wanda came back about ten. Loaded. Anne r. called. Indian food at noon or when they get back from the temple. A number of calls re the Hisatake lunch on Saturday. Had lunch at the Himalayan Restaurant. Indian with Anne, Dava and Josh, Anne's grandson. What a nice young man. Good. Certainly did not want any dinner. A two hour rest. So good. Met bob and mavis as scheduled. Their food looked good and I think was hot (pork chops and roast turkey) Nice visit, nice people. Stopped by Deseret book on my way home. Big, nice store. Alstromeria beautiful. Fresh, all over store. Returned home to learn Wilma H. Is to be in the hospital at 6:45 AM. Will pick her up at 6:15. Birthday cards and emery boards arrived. A day after I sent my check in.

Blessing: Good people the Colemans. Beautiful day though cool.

20 APRIL 2011, WEDNESDAY. WILMA'S SURGERY.

Up at 4:20; time for shower, paper and early for Wilma. Lots of waiting. Eventually she went into surgery around nine. Eric came about nine thirty; Dr. Nathan talked to us about 10:45. Felt things went well. I met him when he talked to Wilma before surgery. Went into some detail re why he felt the surgery was/would be successful. She felt no pain until she got up to go to the bathroom. We went home about 12:30. Home and a good nap until Wanda got home a little after four. Back over to Wilma's with food; some of Wanda's ham (good). She was adamant I wasn't to spend the night. Made several phone calls re Saturday's lunch. Thelma's brother is flying flowers in from Hawaii; thus no table decorations from us until we see what he has.

Unfortunately Cher had already made plans. Stopped in to see Alice and Betty. Betty and Judy had been to the Bloch Exhibit. I plan an early night. Neck, shoulder and hip ache.

BLESSING; Wilma's surgery pau.

21 APRIL 2011, THURSDAY

Slept fairly well; class. Lunch, a nap and to see Wilma; took her some of Wanda's bean and ham. From Wil's's to Julia's. wheeled her to the DR. One of the ladies Wilma will remember kept saying "help"; driving Lou and Marjorie nuts. I don't know why I'm so-o tired. Wilma is still in pain but hopefully a day or two will help. Sharon Crandall called; she and Linda B. Will be there Saturday to "observe" the luncheon prep, serving, clean up.

While Wanda and I slept some strong winds which caused a lot of litter on our balcony. Elsewhere in state knocked over trees. Ruby H. Called. Shirley is home from the hospital. Marami pills.

BLESSING: class info/money taken care of.

22 APRIL 2011, FRIDAY

Slept long and quite well. Blessing indeed. Washed all pants except the ones I put on; not really dirty just needed freshening up. Changed bedding. To see Wilma; took her a sandwich, V8

22 APRIL 2011, cont.

juice, some Bell pepper and the rest of the "treat" vosens gave me yesterday. She hadn't heard the door when they brought Meals on wheels today. A little earlier than usual. Wanda made chicken soup. We both had a couple hours sleep/rest. Packed up a few things to take in the morning for the hisatake luncheon. Visited Alice and Betty.

A nice surprise: a long letter from Vivian halverson with copies of ones she wrote a year ago. Is about recovered from her accident but had breast cancer. Was so-o good to hear from her. Keith and Steven (at airport) had damage from yesterday micro bursts.

BLESSING: Slept well.

23 APRIL 2011, SATURDAY

Not a bad night. Picked up ice and Sharon C., Linda B. And the three "set up" assignees came: Ann H, Teresa paddy and beth l. done in about 25 minutes. Thelma's brother came with flowers: one small bouquet form Hawaii. Didn't think he was putting them n the tables so I put my little mementos on. Thelma's sister put on artificial petals and pieces of crystal. A little much. Flowers pretty but too tall. Guests came in three spurts. Started off with twenty at most until the servers and close ward friends of Thelma ate. Quite a bit of food to dispose of. I was really dragging by the time I got home about 2:25. Leftmost of the stuff I brought in the trunk and rested for an hour and a half; called Steven re the concert tonight to learn it's next week. I'm glad.

Wanda went to see Wilma, took her some of her chicken soup. Think all pans etc. are returned except June Berry's.

Nice handwritten letter from Tina smith with a run down on her family. Such a sweet young woman.

BLESSING Luncheon seemed to go well. Tina smith's sweet "rundown" on her family.

24APRIL 2011, SUNDAY

Sunny Easter for the most part. Did find Jane Berry's bow. An energy bar, nap and to see Wilma. She said she does feel that her pain has subsided some. Took her and had a shower. First since surgery.

Lettie called; they will be here Tuesday, Conner driving. I'll look into getting a pizza. Wilma insists it's her treat and gave me money to prove it.

A bag with two plastic eggs nested in grass in an Easter bag with my morning paper. Lavina and Wanda were on the eggs. Wanda's had two Lindors; mine empty! So funny. Neck ache. Look forward to bed.

BLESSING: Wilma's pain lessened.

25 APRIL 2011, MONDAY

Decided to wait and go to temple when I could do a session. To see Gay Mitchell. Bought her some caramels at Mrs. Cavanaugh's and me some all nut bridge mix. Nice but short visit with Gay. She had an appointment to have her hair cut. Sandy who has done hers "at home" for years (since the SL Home closed. Dava gave me some Indian food (oupma) mostly rice peas and seasoning I wasn't familiar with. Not hot at all. We visited Donna. I've enjoyed getting t know her better. Lunch, a rest; to Western Nut for almonds, toasted and slivered. To Smiths for milk and strawberries (for and Wilma), gloves, bananas. Stir fried slaw and leftover country ribs. With the cheese potatoes, strawberry and rest of Bell pepper a colorful, good dinner. Visited Alice M. Feeling "poorly"; took her some Fresco and ice cubes. Exchanged her overripe banana with one I bought. Short visit with Betty. Read e-mail; helped Wanda with wrap and am ready for bed.

25 APRIL 2011, MONDAY, CONT.

BLESSING: Wilma seems to move more easily.

26 APRIL 2011, TUESDAY

one of those nights. Willmores picked me up about ten; snowing lightly. Conner driving. Picked up a pizza and on to Wilma's. She had made a fruit plate. Pain a one. By the time we left it was a four. Just talked to her. She has a bad stomach ache. Started shortly after we left. Too much pizza?

Wanda awoke with what she thought was a urinary tract infection. Kept a low profile and reduced food consumption. Evening news showed more tornadoes in Arkansas, Arkadelphia; called Shirley. They were alright, as are Werners. Wayne graduates in May. Has a job. Will be moving. Anne r. stopped in. Leaves Thursday. Tried again to see Janice.

I still have an aching temple and back neck muscles. Alice gave us a cupcake each and Gladys brought milk and macaroni salad.

BLESSING: Willmores visit; Wilma feeling like having us.

27 APRIL 2011, WEDNESDAY, To the Bloch exhibit.

To Brownstone to deliver Barbara Nolan's birthday card. Gate locked. As I started down the sidewalk a missionary came and unlocked the gate to go in; I asked if I could go in. She was reluctant but let me.

Nice ride to Provo. Building continues from Draper to Lehi and from thanksgiving Point to lehi. Got to the museum and found out we needed tickets. Some kind man gave us tickets. Long lines for the I-Pad and shorter line to go to the exhibit. Gladys went mainly for the I-Pad experience. Never got one. Ran out for one thing. The exhibit was wonderful. My energy flagged. Sat by a man in front of one of the large paintings and in a few seconds he asked: "Are you Lavina harper?" I didn't recognize him. Reed Carver !! In my defense it was dark in there and I didn't see him full face. Asked him re Julia's status; he doesn't know. I mentioned I how helpless I felt and he said, "how do you think I feel?" We did see the Book exhibit Betty was so enthralled by. 80,000 books stacked in a rectangle with only the backs and sides showing. Amazing how they could get them to stand. From there down to the lower floor for the Three Utah town exhibit. I was too weary to look at the pictures. Black and white photos in style of Ansel Adams. I would love to see it. From the museum to a Mexican restaurant on the par of Taco Bells and taco times. Home about two. Straight to couch. When I got up I went to Rite Aid for perscriptions. Then went to Dava's to thank Anne Robertson for a beautiful orchid she left by my door. Nice visit. She leaves tomorrow. I will miss her but nothing like Pauline Harward and Marlinda Thompson and Dava with whom she has been staying.

Talked to Wilma night and morning. Over her tummy ache. Pain: 6. My brow neck still ache.

BLESSING: Tickets given to us. Sitting by Reed Carver.

28 APRIL 2011, to the temple.

Lovely day Slept well until four; at five moved to the couch and slept an hour or so. Sunlight woke me up about 7:15. To the ten endowment session, rather small compared to most ten sessions I've attended. Elevator full of ladies. Picked up my Friday evening tickets on my way home. Snack lunch; rest. To see Wilma. Took her my "old" orchid. Still pretty; moved Anne's to the table, mirror. From Wilma's to see Julia; she was in bed. Asked to guess who I saw yesterday. Reed had been; told her. Rec'd statement from CREF and TIAA. CREF has gone up almost a \$100 a month for the coming years.

BLESSING: To the temple.

29 APRIL 2011, FRIDAY

To get my car washed; not open. To staples to turn in used ink cartridges; bought two more using the coupon which expires today. From there to Smiths for \$60 plus groceries. Wanda did chicken. I have spent some time on the couch. My brow protesting. To the conf. Center theater to hear UVU Institute choir. Emily and David Smith are singing. Both have solo parts. Both Imogene Brown and Frances Hutchins called to see if I'd like tickets. Nice of them. Went to concert. Maria was holding seats for Steven, son McKay, wife and five children. Never did recognize Emily but did David. I could hardly make it home. BLESSING: I made it to and from concert.

30 APRIL 2011, SATURDAY

Noticed I had voice mail this morning. Becky J. Auwe. Too tired last night. They're in town; inviting us to lunch. I have Hale theater. She suggested dinner. Bless her. Got my car washed. Beginning to snow. I'm driving to hale for The Hasty Heart. Head/brow still letting itself be known. No snow as we drove to hale. I enjoyed it immensely. A short rest and Danny and Becky Johnson came. An hour later David and Tammy Smith. Good to see them. Danny treated us to dinner from the Greek Souvlaki. BLESSING: Neva's family. And their kindness to me.

1 MAY 2011, SUNDAY

church starts on the noon to three schedule. Up, dressed, breakfast, a rest and to church. Not as bad as I anticipated. Home and to the couch finished last night's gyro. for dinner. Talked to Wilma. She went to Sacrament meeting with the Hansens. Said her back wasn't too bad. She and Joyce, her companion did one of their may VT! I'm zombish from our new Sunday schedule. Must go see Alice M. Not at church. Osama bin Laden IS DEAD. BLESSING; WILMA WAS able to go to church. I made it on our new schedule.

2 MAY 2011, MONDAY

Moved my car about 7:30 to make way for the crane and elevator installation. To the temple before nine. Not many in initiatory so thought I'd do ten but when I finished the five they had lots of patrons. Beautiful day. To smiths for fruit thinking Wilma would like some and on to her apartment. She brought her mattress up herself. Auwe. We put it on her bed. VERY high. I hope she didn't hurt her back. She only took the strawberries and a couple of oranges. A short rest. Amy Mackley came at four. Stayed until seven when her daughter picked her up. Scraped up dinner for her. Called jean orgill. She is planning for FHE next week. Blessing: WILMA GOT HER MATTRESS. Was able to feed Amy!

3 MAY 2011, TUESDAY

Slept in until eight. And quite well. Talked to Wilma; she slept quite well on her new mattress. Costco called that they were bringing her a mattress! She is determined never to shop "on line" again. I moped around all day. Concerned re FHE. Talked to Gladys and Betty re how they felt re FHE. Should we even have one? A rest. Washed four batches of clothes. Mostly to freshen them up. Also a load of whites: drawer full of clean garments. Jacob, Sara and children came en route to pick up Sara's mother. Sara looks more than ready to deliver. BLESSING: Clean clothes

4 MAY 2011, WEDNESDAY

Slept well. Alice Mitchell called at 7:30; has diarrhea. By the time I checked with Betty for meds and went down Barbara Nolan had brought something over. To Dr. Schlisman appointment. Talked re temple; blood test for ?? To identify or rule out some arterial problem over my eye. Should surgery be required via Ophthalmologist.

To \$ store, some peaches and fruit cocktail for fruit bowl. Picked up meds at Rite Aid; clementine at Sunflower and steel cut oats. To Wilma's; thought she had gone to get the notary signature; learned just a while ago she was in her glider asleep. How I missed her I'll never know. She was annoyed. Goes for signature tomorrow. A long nap and to Alice's; baked her a potato; took her 7-Up and ice.

Made a fruit bowl. Head/neck ache ...

BLESSING: Beautiful day. Alice feeling a bit better.

5 MAY 2011, THURSDAY

Slept well. Wanda left for Orem; car wouldn't start. Problem getting her cable jumpers; finally left after eleven. Washed more sweaters. After a rest I went to the Credit Union, visited Eloise and Julia. While with Julia in the Activity room a Hospice nurse came. And that's all I know; she's on Hospice. Wheeled her to dinner. Saw Wilma's tablemate Jan. What a role model. She asked about Wilma of course. Home to find a message from Dr. Schlisman. Whatever the blood test taken yesterday was for indicated elevation and wants to talk about Dr. Miller doing a biopsy. Will call tomorrow afternoon. My brow hurts; power of suggestion?! Visited with Gladys; she has had bowel problems, knee aching. Throws her off her "schedule".

BLESSING: Julia looks good and seems to be cheerful.

6 MAY 2011, FRIDAY

Slept quite well between the bed and the couch. Did another freshening up of clothes. All sweaters, blouses pau. Went to Finishing Touches; enjoyed the organ number where the organ was center stage. Bombastic at times. Home via the Museum. Went through the first floor. Needs more time but I was dragging.

A rest. Messages from Wanda. Rachel Sparrow Wood is here; 8 lbs. 15 oz. To Costco; had a hot dog with the works. Got Gladys' salsa, cookies, tuna and granola, a box of sliders. On returning home a message from Harvey Wilson re the High Priest dinner at six. Was 5:30; I couldn't have eaten any thing. No word from Dr. Schlisman.

BLESSING: To, enjoyed Finishing Touches. (Used two of my four tickets)

7 MAY 2011, SATURDAY

Between couch and bed slept quite well. Another load of clothes and hose washed. Went through BYU Adult Religion class bag; discarded and kept the bare minimal in case the next chair wants some suggestions.

To Wilma's where Popes were. Arden's son Bryson home from his mission in Hong Kong; speaking tomorrow. They brought lunch: asparagus from the ditch bank, chicken, salad, bread, dried plums. Good visit; good people. Home about one and a long rest.

Visited with Alice M., Phyllis J. And Gladys. Left over hot dog for dinner.

Blessing: VIVIAN AND CLIVE'S GENEROSITY, OPTIMISM.

8 MAY 2011, SUNDAY

The High Priest Presidency spoke at Sacrament meeting; Gospel Doctrine class met together; Michele M. taught the class. Sr. Ashton taught the RS lesson. Let out almost on time. Was dragging but made it A energy bar and two hours on the couch. Phyllis J. Brought a Mother

8 MAY 2011, cont.

Day remembrance. I feel dopey. Cloudy, little cooler.

BLESSING: made it to all three meetings.

9 MAY 2011, MONDAY

Slept well. Eric is taking Wilma to the Dr. Went to the ten endowment session. Wilsons did the couple. Pleasant to see them. Rainy; should've taken umbrella. A sister shared her umbrella to the parking lot. To smiths for milk, chicken. Ate hurriedly and hit the couch. A message from Dr. Schlisman.. Returned her call at 3:30. She feels there is some urgency re a possible inflammation of artery (?). Tried to get Dr. Miller, I guess as she said she was going to and would call me back. A Dr. McCann's office called re an appointment tomorrow at 2:30. Feel a little strange going to an ophthalmologist besides Dr. Miller; she must not've been able to get him. Dr. Nathan thinks Wilma is doing well. Said she could drive and start back on the tread mill; she's lost ten pounds.

BLESSING: Kindness of the sister with her umbrella; Dr. Schlisman's concern for her patients.

10 MAY 2011, TUESDAY

Ay nine received a call from Wilma's aid. She had fallen in night and hurt her shoulder. Took her to Emergency. Four hours later home with a sling; to heal on its own. We were both exhausted and went to bed. Called Eric and Paula. While on the phone with Gladys Wilma came into the TV room, lost her balance and we both almost fell; I did slide down trying to hold her up. Sobering. Many things she can't do. More than with back problem. I'm spending the night. Canceled appointment with Dr. McCann. Office aid made another appointment with a different Dr. At eleven tomorrow.

BLESSING: IT'S HER LEFT SHOULDER RATHER THAN THE RIGHT.

11 MAY 2011, WEDNESDAY-Friday May 13, 2011

Spent Wednesday and Thursday nights at Wilma's. went to appointment re my pending temporal biopsy. The procedure will be done on the 17th at SL Regional.

On Thursday after visits from aid, nurses from Emeritus and her visiting teacher sister and sister Miller. Finally Karna got word that Emeritus would take her as a private patient. Impressively expensive. Her decision and when I stopped in today, Fri day and found her perkier, felt it was a good decision. I spent te night in her apartment; did a couple loads of wash; changed her bedding; slept in her bed and liked her new mattress.

Wanda came back today, Friday. Not feeling well. A cold? Bowel upset. Hard for her to be on a schedule when she is "home" which is not her home at this time.

Talked to Lettie and Vivian re Wilma's move to Emeritus.

Saw julia both Thursday and Friday; in bed today.

BLESSING: She is "at table" with Jan, a woman she met and admired when she was there with her back..

14 MAY 2011, SATURDAY

Not a good night. Did two loads of wash including change of bedding. Hair cut, bought CA. To see Wilma. Told her of my conversation with Shirley Olson and the couple who might be willing to stay with er. He was a missionary companion of Blair's. Wilma said it was "almost too good to be true". Wilma ate a pretty good dinner. Julia was in her room; pale. Didn't say a word. Came home to find Wanda with Eric and Mandy's's two..She has a bad cough. I can't believe how tired I feel. /Gladys bought a stand for her new TV.

BLESSING: Some positive feeling re possible home help for Wilma.

15 MAY 2011, Sunday

slept wonderfully. Didn't hear much of Sacramento meeting. Very strong reminder of my hearing need. Gladys taught the SS lesson, three parables of the "lost". A new sister taught the lesson on tithing in RS. Jan? Very attractive. I was glad to get home. An energy bar for lunch while I rested. Toasted cheese sandwich and fruit for dinner. To see Wilma. She is mentally planning Olson's friends coming. Hope it works out. Julia's nephew Dean was with her when I visited her. Beautiful day though windy. My hair is TOO SHORT. Steven Smith sent pictures of Son David and fiancée, also of daughter, Emily.

BLESSING: possibility of Wilma having home health.

16 MAY 2011, MONDAY, Ruby Haws 87th birthday

Interesting night with some good sleep. Shirley Olsen called; will be contacting the Clawsons re staying with Wilma. To Smiths to buy flowers for Marge Whitehead. A rest. Hospital called; I'm to be at the hospital at six in the morning. To Marge's for FHE. Suzanne Taylor there to tell history of the five acres that Taylor Springs housing development is on. Her husband's father owned the land. The farmhouse is now on the historical register. Linda Stewart was there. Seven for a generous serving of chicken salad, croissant. Good, little big for me. Roberta Robinson was there also. Both she and Marge seem happy in their new "homes". To see Wilma; had an incident; almost, or did, pass out. When she got herself "together" Dr. Baraldi was sitting by her bed. Broke off the other part of her orchid and put it in water; brought the pot and her clothes home to wash. Borrowed an ice pack from Betty. She will take me to the hospital in the morning.

BLESSING; Friends like Betty and Gladys. Dr. Baraldi there for Wilma.

17 MAY 2011, TUESDAY, Temporal biopsy

A short night. Betty and I got to SL Regional about quarter to six. After all my organizing I forgot to take my heart meds. Hospital came up with some. Interesting gown; interesting way of warming the cold patient. Hose blowing hot air underneath your hospital gown. Home about eleven. Slept most of the afternoon. Karna called that Wilma had a heart attack yesterday. She called later to say Dr. Baraldi had called and she had not had a heart attack; is scheduled for a CAT scan and an angiogram tomorrow. Karna is coming up. Dava called. VT a week from tomorrow; she brought me cantaloupe and some Indian food. I'm ice packing.

Talked to Tina Smith, Imogene Brown, Karna.

Wanda and I doctored up the stew.

BLESSING; biopsy pau. Gladys and Betty's kindness in providing transportation.

18-19 MAY 2011, WED.-THURSDAY. William Walter Harper Jr.'s birthday (18th)

Karna took Wilma to see Dr. Howe, suggested three month healing, never complete use. Sent instructions to therapists. Stayed with her for lunch; she's trying hard to eat. Saw Julia; unresponsive. Wendell, grandson, Jadin came to help Wanda with computer virus. When I got back from Emeritis Wanda was sprawled in recliner, exhausted from keeping up with Jadin. Gladys had her tooth pulled; too big a struggle with root to put post in as planned; will have to wait until the gum is healed. A call from Alice to come down; needed her oxygen, something to eat, band aid on her scratch where it was bleeding.

Have a cough similar, though not as bad as Wanda.

BLESSING: Karna and Eric's care of Wilma.

A20 MAY 2011, Friday

Slept quite well. Another rainy day. Shopped at Smiths; took white skirt for alteration (\$20). Seemed a notch above some places. Talked to Shirley Olson. She was at daughter Ann Marie's. Wendell and Wanda still wrestling the computer. To see Wilma, just coming from therapy. Brought her clothes home to wash. Bushed. I have "Wanda's" cough. Slept two hard hours.

Finished President Monson's biography.

BLESSING: Finally finished Pres. Monson's biography. My glasses aren't as dirty as in the past. Less eye watering?

21 MAY 2011, SATURDAY

Up a bit earlier after a bad night. Did a small load of wash including Wilma's change of clothes. Even ironed her top a bit. To Insta Care. A chest exray, blood drawn; ten days of antibiotic. To see Wilma; a sneezing fit.. Saw Julia and when I told her I had a cold and couldn't get nearer to her she said, "I understand". First time she has spoken in the past two visits. A lovely day . Home and to bed on Wanda's bed. Her son Eric and his children came.. Wendell came earlier in the day with his/their granddaughter Marian Clawson called. They are in Phoenix; could be with Wilma by the first of June.

Had the rest of Clive's asparagus for dinner, hash browns from rescued potatoes. Alice Mitchell stopped by. Had hair done; feeling better.

BLESSING: Glad I went to InstaCare. Shirley Olson's concern for Wilma.

22 MAY 2011, SUNDAY

Neither Wanda or I went to church. Long day without going to meetings. InstaCare called. To confirm that though the exrays didn't show pneumonia the "symptoms" justified the antibiotic. Should go back to have oxygen checked. Betty brought programs/handouts from church. Gladys stopped in. Concerned re Maureen; is on hospice. Talked to Wilma.

BLESSING: I'm coughing up "yellow stuff". Wilma answered her phone.

23 MAY 2011, MONDAY

Slept amazingly well considering I'd dozed most of the day. Lounged around all day, dozing at times. Wanda made a big potato salad from the potatoes she cooked yesterday. A graduation announcement from Shayna Smith. Ruby Haws called. Talked to Carl Mellor. Don Caldwell died. Dimple may be having some eye surgery. Talked to Lettie re Conner's dental work (four teeth out). Betty J. Had the first part of her root canal. She and Gladys went to the movie King's Speech. Glad Gladys got someone to go with her. Freda Neucomb went with Dava to do our visit to Donna Holladay. Tried calling Wilma H. Each time transferred to voice mail.

BLESSING: Conner seemed to get through his oral surgery without damage to a nerve the Dr. Was concerned about.

24 MAY 2011, TUESDAY

Slept quite well. Wanda left around eleven; car wouldn't start but before I went out she called to say someone/s from maintenance was helping. I took the other part of the cooler and papers out.

Seemed good to be out. Over a period of time I swept/cleaned the balcony floor. Moped around the rest of the day. Tried calling Wilma several times to no avail. Gladys picked up her clothes for me; washed them. Betty brought a fourth of a croissant and some thin sliced turkey; with rice and hot water was good/satisfying. Also brought ratatouille but I only dared just taste it. A Get Well balloon from Bev Stephan. Good report re Brennen at the meeting Wanda and ruth attended. I'm so glad.

BLESSING: Betty's kindness; ditto Gladys, Brennen's progress.

25 MAY 2011, WEDNESDAY

Up at seven; got gas and on to Dr. Anderson. Stitches in biopsy will dissolve in time. Some encouragement to have eyelid surgery. Might cause headache. The biopsy did not detect arteritis. Went to see Wilma; in therapy. Has made some improvement in movement. To see Julia. In bed, hospital gown; looked really bad. Back a second time and a note on her door to get permission before going inside. Music playing. Someone tuning a harp; asked if she was a relative: "No, from hospice." Would be playing for her. The nurse acknowledged that things were "winding down". Left a note for Julia and Reed.

Wilma knew nothing of a meeting tomorrow. Eric against Clawsons coming. Would like her to move to Orem in the facility by Willmores. She would like Paula to come. Will probably stay another week.

Elizabeth Smart case is over. He got life.

Moped most of the day. Did finally eat rice and Betty's ratatouille. So far, so good.

BLESSING: No arteritis. Wilma making some progress.

26 MAY 2011, THURSDAY

Julia Carver died today. Nephew Reed called me.

27 MAY 2011, FRIDAY

Wilma called to tell me Jan had died. She was her tablemate when she was there with her back and early on in this stay. An event when Wilma uses the phone!

To Wilma's to get her another set of clothes. Spent time choosing color coordinates, short sleeves to end up with one you pull over your head rather than one button down front. Auwe. Took her mail to her and four strawberries from the ones Alice Mitchell gave me yesterday. Took the orchid from her apartment which looks as if it's about ready to bloom. By the time she had gone through her mail the therapist came. Picked up my white skirt (had the waist taken in two inches); looks as if the job was well done. Home to rest. Moped around all afternoon; Betty brought dinner which I have yet to eat.

Called Wendell to tell him I couldn't type on Word Perfect and here I am, tonight, typing.

Reed Carver called to tell me that Julia's funeral is at eleven Wednesday, June first. I will have to cancel my dermatologist appointment.

Talked to Wanda several times. Also talked to the Marrian Clawson and Shirley re Wilma's plans for two more weeks in nursing home.

BLESSING: I can type on Word Perfect. Betty's generosity.

28 MAY 2011, SATURDAY

A good night. Did bedding. Took Gladys her birthday card. Early rest and to see Wilma; took crossword puzzle books, clothes. Felt dizzy. She gave me a list of some things she wants from home. Among them were crossword puzzle books and mechanical pencils. Picked up Nitro and came home for another rest.

BLESSING; : Wilma looking quite good.

29 MAY 2011, SUNDAY

Slept quite well. Little sick at my stomach. Ate an egg a little after ten. Raining. Amy was late but came as I was about to leave. Glad I wore a sweater and coat. Duncans spoke at Sacramento meeting. All five of them; well timed as they didn't go over the time. Lasted through all three meetings. Amy stayed until her daughter picked her up at 4:30. Ate a TV dinner and just got in pjs and on the couch when Wanda came. We're both tired. Talked to Connie Wilma's neighbor to thank her.

BLESSING: Wanda was able to make it in her parking place. Made it through all three meetings.

30 MAY 2011, MONDAY

Made muffin mix Wilma gave me at Christmas. Smelled good. We decided not to go to the cemetery. Paul Johnson came by and took the muffins and Wanda's pickles. I three up or tried to. Moped around much of the day. Had crackers and Fresca.

Made checks for Shayna Smith's graduation and donation to PAF in memory of Julia Carver.

Ruby and Gordian haws came and I went with them to see Wilma. She told them that she would never be able to live alone. Looked quite chipper.

Wanda rescued my journal entries. Her cough is still pretty bad. Don't like to see her go back tomorrow needing sleep so badly.

BLESSING: Ruby and Gordian.

31 MAY 2011, TUESDAY

Sunny most of the day. Wanda took her car to the garage; moved Willmore boxes to my car. Rhubarb and several containers of food plus rhubarb and garments. I'm afraid the latter may be too small. In excellent condition. Patricia came. I love the clean smell and vacuumed carpet. Wanda called about one and her car hadn't been touched. Drove her to the garage and she went back to Orem. Went to see Wilma via her apartment for the list of things she wanted and also her mail. Helped her open her mail; went with her to dinner. She didn't stay long. Visited with Betty and tried some of the chili Lettie sent.

BLESSING Apartment smells good.

1 JUNE 2011, WEDNESDAY Julia's funeral.

Washed and cut the rhubarb; gave some to Betty and later in the day to Bev. Julia's funeral was nice. She had a pretty orchid lei on. Small funeral; only two rows reserved for family and they weren't full. Her nephews spoke; Dean read his dad's talk as he and his wife went on the cruise they had planned. I'm sure Julia approved. Lucille Heyer was there. Weldon is in a Care Center five minutes from her apartment; Friend Diane needs constant care as well as Weldon. From the funeral which lasted just an hour to see Wilma. She was in the dining room at another table with one man who didn't speak but sure ate his lunch, everything in sight. Wilma wants me to contact the clawsons; wants to go home on her birthday. I could/would feel better about contacting them if Eric and karna approved. Felt too tired/weak to go shopping as I planned for frozen strawberries to put with my rhubarb. When I went over to Alice's took the sign left on all doors with info rent is going up \$25 in July.

BLESSING: I felt privileged to hear Reed's summary of Julia's life.

2 JUNE 2011, THURSDAY

Slept fitfully during the night fretting about Wilma coming home. Called Clawsons and they are standing by. To see Wilma. Definitely wants to go home; says she can walk. From there to smiths and frozen strawberries for rhubarb. A hurried lunch and slept on Wanda's bed so-o-o soundly. Feel drugged. Message from Wilma. Arranged to leave Emeritus on the 10th; asked me to call Clawsons. She will call Eric. I feel like a zombie.

It's seven and I'm ready for bed.

BLESSING: Clawsons available.

3 JUNE 2011, FRIDAY

Talked to Marian Clawson this morning. To Wilma's apartment to leave her clothes and on to see her. She shared the fruit, a gorgeous arrangement of luscious looking fresh fruit. Paula had called, Eric had called her, upset re clawsons coming, Paula cried; she cried. Therapist came for her occupational therapy. Called Marian back and asked her to "hold" everything. Lunch and a painful

3 JUNE 2011, CONT.

Painful nap. Went to see Wilma again. Think she will stay at Emeritus, in Asst. Care two weeks; Paula will come out for two or three weeks. Karna and Eric were coming tonight. Gladys called; will be back late tomorrow.

Took her fruit arrangement apart. Had some for dinner.

BLESSING: Marian Clawson so understanding.

4 JUNE 2011, SATURDAY

Slept well; went to the temple about 8:30 for initiatory. Few patrons; sorry I didn't feel up to doing more than five. Grateful to be there and put names on the prayer roll.

Lazed around much of day. Went to see Wilma about four and stayed with her through dinner. She does have trouble eating. Talked to Vivian and Lettie. Beautiful day.

Betty went on a four day trip with her daughter, Susan. Phyllis Johnstone just brought me two cinnamon rolls. That's why the hall was smelling so good.

My printer doesn't work.

BLESSING; Beautiful day. Generous Phyllis.

5 JUNE 2011, SUNDAY

Slept in a bit. Beautiful day. Gave Janice Betty's paper. All of it. Made it through the three meetings fairly well. Shelly, the RS secretary taught a lesson on Trusting in the lord. A new ward member, Bro. Marsh taught SS. Lesson on Second coming. Had lunch. Baked beans and brisket and melon. Wanda came as I was just getting to sleep; someone in her parking place. Got up, groggy and to see Wilma. Took her a couple kind of cookies and some rice crackers. She ate one cookie with ensure. Weighed today. 122 pounds. Visited with Gladys after wrapping Wanda ankle. Ankles terribly large; legs red, red. Checked Betty's plants. May need some water tomorrow.

Pam Werner has been called as RS president of her ward. She'll be a good one.

Appointment with Paul and Desiree Johnston for dinner tomorrow at six at the Village Inn

BLESSING: Beautiful day. Made it through the three meetings and visited Wilma as well.

6 JUNE 2011, MONDAY.

Slept straight through until six. Wanda slept even longer, until nine. We had both been exhausted. I went to the temple. Initiatory again, and only five. We made croutons. Bread old and stale. Wonder if we'll ever eat them. Took Wilma one set of clothes; picked up another. Missing sox. To dinner with Desiree and Paul Johnson. I felt wilted. My meal not satisfying at all; think Wanda and Johnsons enjoyed theirs. Waited too long to water Betty's plants. Couldn't get her mail box open.

Wanda got back in her parking place.

Wilma goes to Dr. Howe tomorrow and "chooses her apartment" in Assisted living for the next two weeks. I can hardly wait to go to bed.

BLESSING; Wanda feeling better.:

7 JUNE 2011, TUESDAY

Appointment with Ms. Ellis dermatologist. Picked up meds en route to dermatology

7 JUNE 2011, CONT.

Appointment. Also bought three blouses at DI by Bishop's Storehouse. Bought dishwasher detergent at Costo. Had a couple of good "samples." Ms. Ellis sprayed three/four spots and I was home by one-thirty. Tired. What's new? Harper wood was here with Wanda. I had my nap in Betty's apartment.

To see Wilma. As I got off the elevator Dr. Baraldi in hall and walked with me to see Wilma. She was asleep. Wanda sent a book to her. Dr. Howe feels the therapists can challenge her shoulder more. Sent instructions. She will move into Asst. Living on Friday rather than her birthday. Checked Betty's plants again. One in her big container seems dead.

BLESSING: Dr. Baraldi's care/interest in Wilma.

8 JUNE 2011, WEDNESDAY

Appointment with Dr. Brann. Still have a heart murmur. Didn't seem too concerned. Had a med student with him. Next appointment in six months. To \$ store; a graduation card for Emily Crapo and a smiling faced balloon for Wilma. By Arbys

for what I thought was a Jr. buffalo wing sandwich. Not sure what it was. I ate most of one sitting in front of emeritus. Wilma was in therapy. Really working on her arm and shoulder; tears. Talked to Winnie from our building. Went with Wilma to lunch. She has her apartment assignment for the 19th. Albert, her table mate still enjoying his meals. Home via her apartment; picked up her mail and her wedge from home. Asst. Care does not have hospital beds. Had a short rest there. Home to find the bathtub drain is clogged. About four when Shyler came and unclogged it. Betty back; they did go to San Diego, weather and trip were very enjoyable. To Alice's. she banged her left hand on something, swollen and red.

"Salved" her back and baked her a potato. Cooled down a bit. When I went from Wilma's to my car steering wheel almost too hot to handle.

BLESSING: My heart seems to be holding its own.

9 June 2011, THURSDAY, Wilma's 85th birthday.

Not a good night. To see Alice. In pain, helped make bed, apply band aids and unscramble oxygen tubing. Ambulance took Shirley Hyde to hospital, short of breathe. Retaining fluid on lungs and heart. Wilma called; needed key to get oxygen concentrator. She was in therapy when I got there. Took her wedge and mail. Went with her to lunch "Albert" had a guest. I didn't stay for the meal; was out to the car before I remembered I didn't give her the key. Learned later there was confusion and Eric would be picking up oxygen parafanali. I brought the strawberry tart Janet had given her and Wanda and ate it at dinner. Wanda spent the day in the library. A little breezy but lovely day. Shirley and Marlene Hyde were only in emergency about three hours; I missed her call to come pick them up. Auwe. Barbara Nolan took Alice to InstCare. Her hand not broken; Dr. Wrapped it. They had lunch at Chuck-o-Rama. Talked to Vivian and Willmores. Alicia Sugrue has been vomiting/sick at stomach for the past ten days; lots of blood test. Problem undiagnosed. Betty gave me a lovely notepad to put by my phone. Colors so pleasing.

BLESSING. Access to sisters.

needs say the problem?

lost 10-13th pencils

10 JUNE 2011, FRIDAY, WILMA TO Asst. Care

Slept well. Made stew. To see Alice and Dier with a bowl of oatmeal. Balloon Wilma
ran now down stairs. Clever. She was all ready to sample. I got there. Finally
checked with bill. Moved her about twelve. She was so excited, wick at her stomach
sarcasm. Winda's suite had two happy sets of flowers one from Jan and one from Eric and
family. Both lovely. Bed of the older they made it lower and finally left with me to see
Wilma. she had a nap. Natalie bought her a cup of good soup and a glass of milk. she
can't get up the shoulder return. Start her for five. she will feel into a better living on
Friday with her son. She had a little bit of party. A little piece of chocolate cake
which was very good. Met Jan Hansen's mother. Very attractive woman. Came home
to find Gladys had a party with interesting wine. Checked on Alice. Tapped on
Shirley Hyde's door. No answer. I am VERY tired. Washing Wilma's clothes from
today. How many more of any I've washed so far. Wonder if they will come out.

11 JUNE 2011, SATURDAY
Slept quite well. Made past buffet. Was using a rip from Betty Crocker. Take most of
one sitting. Gladys from Hansen. Wilma was in the Alpe. Ready working ready to get hair
done. Another started to with hand a little better. To see Wilma. She was sitting in
has a very hair reading sign. Added water. her table mate Gladys came while I
was there. Home to get a partner. To get her back and her wedge on home. Asst.
status to be in the hospital beds. Had a short rest there. Home to find the bathtub
Blessing. Wilma seems to be settling in. came and unclogged it. Betty back; they did
go to San Diego, weather and trip were very enjoyable. To Alice's. she banged her left
hand.

12 JUNE 2011, SUNDAY
Beautiful day. Did not have to see Alice. Mitchell's breakfast. Walked with lower part
Wilma's Wand. a bathed in dress and ready to go but had bowel challenges. Lasted the
Blessing. quite well. lunch and a hard nap about 3:45. Woke with a stiff neck
and feeling like a zombie; to see Wilma. She seems to be settling in quite well. Slept
through church but was brought the Sacramento, had several visitors.
Blessing. A more positive/optimistic. Wilma called; needed key to get oxygen
concentrator. She was in therapy when I got there. Took her wedge and mail. Went

13 JUNE 2011, MONDAY
had a guest. I didn't stay for the meal; was out to the car
to be in the temple session. To see Alice has bursitis in her shoulder. Re-washed
Wilma's clothes. try to get stains out. Successful on top but not completely on pants.
A vest and to see Wilma. that good spirits. On the 4th floor main therapist had been
down. The will be her therapist think she can get back to where she was. Thinks she
is making progress. call to come pick them up. Auwe. Barbara Nolan took Alice to
"Made her day"; still critical of food. Had taken a shower on her own; dressed; won't do
it any more; thank goodness. To Smiths for groceries. Gladys shared a "funny" with us
from Janice re: spots of blood test. Problem undiagnosed. Betty gave me a lovely
Blessing. Wilma feeling more cheerful pleasing.
Blessing: Access to sisters.

14 JUNE 2011, TUESDAY

Fullmers came just as I was leaving for my appointment with Dr. Miller. He removed five inverted eyelashes. My eyes do feel better. Red. Back home by Wilma's where I picked up another shirt and pants. The stain did not come out from her pants from Ensure. Picked up salads from Wendy's and Wanda and Fullmers came home from the library about one. Wilma so excited about what she is finding on the Sasser line. Fun to see her enthusiasm. They seemed to enjoy lunch. She brought us cookies and some spinach from their garden. She took two of the long garment bottoms and I gave her the CF garden gloves. Wanda and I both had a rest after they left. I took Wilma's clothes, mail, quad and footstool to her. Cory, the therapist, praised her for her progress. Worked with her about an hour today. Lettie coming tomorrow.

BLESSING: Wilma encouraged. Wilma and Keith's generosity.

15 JUNE 2011, WEDNESDAY

Not a good night. Walked over to the Credit Union for some money. Alicia Sugrue drove Lettie and Don to SL. Good to see them. Don brought rhubarb. Took them over to see Betty J.'s flowers/herbs. Lettie muffins. A book. Went to see Wilma. Found out she thought her Dr. Appointment tomorrow was at 10:30 (how I wish that were true) rather than 1:30. Don cut stems off the two bouquets and I rearranged after discarding a number. Look quite good. Eric H. came. He will be away much of the next two weeks. Wilma wasn't wearing her sling. Don wheeled her to the DR on our way out. To village inn for lunch. Free pie day. Got home a little before two. Wanda made chicken and egg salad. Visited with Alice. Nothing but complaints. She had eaten. Our warmest day yet. Turned air condition on to 78.

BLESSING: Alicia driving her grandparents.

16 JUNE 2011, THURSDAY

took Wilma to Dr. Schlisman. Went quite smoothly; she walked and I pulled her oxygen.

BLESSING: Dr. Schlisman a very practical and caring Dr.

17 JUNE 2011, FRIDAY

Wrote Mavis and Bob Coleman and Jim Holland.

Laundry for Wilma; lunch with Betty at Balkan restaurant. Cold and music loud but food good, and very generous servings. Brought enough home for Wanda's dinner. Soaked and cooked some of Popes beans. Softened up rather quickly. Nap and to see Wilma. Wanda wrapping each leg several times all week. Hasn't felt well. Visited Alice twice. Helped her get her dinner just before nine P. M.; cut her cantaloup. J'ai fatigue.

BLESSING: Wilma put on her night gown. (Nikki, therapist had shown her how via a big T-shirt.)

18 JUNE 2011, SATURDAY

More laundry. A short rest and off to Hale to see Dirty rotten Scoundrels. Quite enjoyed it especially the ending. Scammers outscamed. Ate and a deep sleep when Wanda cautiously wok me at 6:45. To see Wilma. Stopped in to see Alice on my way back. Wanda hasn't felt well today. Ankles quite swollen. She has wrapped and done each

18 JUNE 2011, cont.
leg twice for the past few days.
BLESSING: Lovely day.

19 JUNE 2011, SUNDAY

Much cooler; rainy. Thanks to Wanda's suggestion to unplug printer it works! Ah-h to know the tricks of computer/printers. Wanda didn't go to church; bowel problems and ear ache. Meetings were excellent. High council day. The first speaker, Brother Miller of Stake SS presidency spoke without a note. Enjoyed SS class on Love One Another. And Fern Hennessy gave the RS lesson on Obedience. Her lettered visuals beautiful and she is a great teacher. A good nap which didn't leave me feeling zombish for a change. To see Wilma. Met her friends, Jan and husband. Charming. Home and visited with Alice and Betty.

BLESSING: Nap without feeling zombish or sore all over. Wanda's ear ache better. Wilma having company.

20 JUNE 2011, MONDAY

Changed bedding; two loads of wash; counted garments: 20 tops and bottoms, including long ones. Four one piece.

Visiting teaching. Donna gave beautiful prayer invoking blessing on Dava as she travels to Virginia tomorrow. Made a bag of small round crackers and cheese whales for Dava to take on her trip; she seemed pleased. Returned home to find a salad from Bev Stephan, left over from her family dinner yesterday. A nap and to see Wilma. Refreshed/cut off stems/discarded dead flowers. Left her at dinner. Alice gave us some chicken soup. Dava brought dosa, minus potatoes; I didn't recognize it, and some spicy meat balls in sauce. Wanda "passed". Got milk and blueberries on my way home from Wilma's; blueberries disappointing. Shared some of my short stories, from my file, with Wanda; will take them to Wilma. Ordered pants from Old Pueblo traders and four items from Starcrest. Jo Madsen gave me a box of her English toffee. Ono. Alice gave us a jar of her chicken soup.

BLESSING: Generous friends and neighbors.

21 JUNE 2011, TUESDAY

Just learned Carol Smith, Roger's widow, died of pancreatic cancer on June 14th. I feel badly that the family had pretty much lost contact with her (other than Barbara).

Went to the temple and did ten initiatory. Good feeling. Walked home via the temple grounds, beautiful hanging boxes on the temple wall. Through Deseret Book and talked to a woman in the Distribution Center re the marks on garments. She offered to do them for me. What a great lady. On to the church Museum, changes and home and ready for the couch. Wanda had some special help at Costco and got the things I asked her to get. To see Wilma; took her some blueberries Wanda got. The Wilsons came visiting and home teaching.

BLESSING: Generous people such as Jody in Distribution Center in Deseret Book.

22 JUNE 2011, WEDNESDAY

Moved my car in anticipation of the crane coming in for the elevator repairmen to realize

22 June 2011 cont.

when I got home from Wilma's that tomorrow is the day. Auwe. I went to Western nut for some almonds, on to DI to drop off some things. To Wilma's apartment to pick up her mail and a couple pairs of socks and got to Emeritus about eleven. Had lunch with her and enjoyed it. Should have left off the dessert. She ate all of hers; Granted it was a half portion. After a rest I went to rite Aid to pick up eye drop Pataday. There had been a mix up of some kind and I need to go back tomorrow after three. Went in the Mexican Mkt. Bought peaches, nectarines, a Mexican papaya and a mango. Less expensive than Smiths. Good? Time will tell.

Wanda spent most of the day at the library. Gladys came to type her friend Anne an E-mail

Eric Hirschmann and son Joel are going to Austria and Germany in August.

BLESSING: Wilma ate ALL her lunch.

23 JUNE 2011, THURSDAY

Made spaghetti sauce. Picked up book from library, took the clothes Lettie gave Wilma to her apartment and got her pull-ups and visited with her about an hour before pushing her in to lunch. Home and a good, hard sleep. To Nidia Pollock's Spanish class and then to the Stake RS program with Elsa Ewer doing an enlarged apron presentation. Cultural Hall very cool, long. Meals out of whack.

BLESSING; A bed and prospects of a good night's sleep.

24 JUNE 2011, FRIDAY, to Orem

Wanda wasn't feeling well but we stopped by Emeritus to give Wilma the paper and the book; on to Orem for gas, her Credit Union and Ron's super Lube. Disappointed that I couldn't complete the yearly inspection as the emission testis different in SL county vs. Utah Co. Did get oil and lube done. Very quickly. I was impressed with their efficiency. Ruth did car windows and vacuuming. On to willmores. Quizzed Conner, He'll come up July 5th for a session in the SL Temple. Brennen a typical teenager saying "I'm tired" when her emerged. Laundry area impressive. Floor boards and shelves still to be done. Home by 1:30. Wanda feeling better. Don gave me rhubarb and two roses.

Lettie a blouse for Wilma and a bra for me. Stopped by the garage Hansens recommended on 9th S. And Main to ask about doing the emissions test and checking belts that ruth said they'd found were very worn. Glad to have made that contact.

Lunch and a good nap. Called Delma and Jim Coston; Delma sounded quite good.

BLESSING: safe travel to and from Orem.

25 JUNE 2011, SATURDAY

Went to see Wilma; took her some rhubarb and raspberries. Got flowers for her neighbor, Connie. Haircut and picked up cleaning. A nap. Shared Don's roses with Betty and visited Alice. The day is gone. Called Conner re temple closure the week of the fourth of July. Will come on the 28th. Sweet letter from mavis Coleman. Been home seven days and have "had toes in the sand four". Overcome by beauty of the temple.

BLESSING: got several things done I've wanted to do.

22 June 2011 cont.

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Eric Hirschmann and son Joel are going to Austria and Germany in August.

BLESSING: Wilma ate ALL her lunch.

25 JUNE 2011, SUNDAY

Difficult night. A rest in the recliner about an hour before church. Good meetings. A rest before macaroni and spaghetti sauce. Disappointed in the sauce. To see Wilma; took her cantaloup. She had enjoyed the rhubarb. Talked to Willmores's Bishop. Said Conner had deposited some money and suggested \$350 for a while. Talked to Vivian; they had a great trip.

BLESSING: made it through all three meetings despite the skimpy night's sleep.

26 JUNE 2011, MONDAY

Slept well; what a blessing. Took car to the garage Hansen recommended. Left it for emissions test and belt replacements, some brake work, replaced cracked window. When Ryan, the mechanic, picked me up around four was able to pay my tax and get my sticker. To see Wilma. Took the socks I washed; picked up Church news; visited about thirty minutes and pushed her down to dinner. Got rid of mops. The one ordered fitted in neither handle. My two day pill container came. Too big to fit in drawer. More chest pressure than I've felt for some time. Read in McCall Smith's book. BLESSING: Yearly inspection sticker on car.

27 JUNE 2011, TUESDAY

Up and off to the temple with Conner at 8:00 A. M. He looks so-o nice in his suit. We were in the prayer circle and he participated in a sealing session. Rest/sleep. To Wilma's apartment; took the futon; had talked to Paula when I got home from the temple. Conner has \$5400 in his missionary account. Will talk to the Bp. Re me completing his two year amount. Cleaned and threw out some things in Wilma's fridge. Took her some rhubarb and raspberries (from my last batch) some blueberries and cantaloupe. She had a bad night and upset stomach. From her place to Smiths to do some shopping for Wanda's teriyaki chicken. Didn't get home until eight. Auwe. Learned the elevator had been down. I am beat.

BLESSING: Temple session with Conner Sugrue.

28 JUNE 2011, WEDNESDAY

Slept quite well. Lunch with Wilma after going to Rite Aid to try to pay the Pharmacy

3 JULY 2011, SUNDAY

Slept well. Made it through church quite well. Good SS and RS meetings. I like Bro. Marsh's style of teaching. Sr. Ewer has a sweet spirit. Sat by Barbara Bateman in RS. Richard Fluhman was released and Bro. Gulio replaced him. I'll miss Richard. Frozen spaghetti and meatballs for lunch. Ate half of it. Quite good.

E-mails from Pam, Shirley Rebecca nee Werner. Wrote all three. Pam responded telling re her RS calling. Blessed with good counselors and an abundance of people for callings. New Bishop. Too long a nap. Talked to Paula and Wilma. Enjoying a quiet time together. Making snitzel when I called for dinner. Gladys stopped by. Need a new ink cartridge. Barely got her letter from Anne Clegg printed.

BLESSING: Inspirational classes.

4 JULY 2011, MONDAY

slept quite well. Changed bedding; did three loads of wash including three winter pants. Cloudy most of the day. Shirley and Blair are leaving today Plan to be at Danny and Becky's for church Sunday.

Went to Wilma's. Children are still at Eric and Karna's. Paula had been cleaning closets. They had bought a bookcase at Walmart's and she had filled it with storage items in the closet opposite the laundry area. They gave me detergent (Paula had been grinding it) and snitzel and spaghetti. Came home to find elevator not working. I'm tired.

BLESSING: I LIVE ON THE SECOND FLOOR.

5 JULY 2011, TUESDAY

Slept quite well. Patricia came; nice to feel my apartment is clean. Emptied primrose flower pot. Bought bread. Slept too long. Had snitzel for breakfast. Gladys stopped by. To credit Union for money. Finished the Neels book.

BLESSING: Clean house.

6 JULY 2011, WEDNESDAY

Felt as if I spent the day shopping. To Rite Aid, the Mexican Bazaar (for papaya), costco, \$ store. Home for lunch, a rest, to Wilma's and to Smiths. Wanda came back; ankles not too bad but legs VERY red. Bought apricots and cherries.

When I got to Wilma's, Rebecca, a therapist was there. Will stay with Paula's children while she takes Wilma to her Dr. Howe appointment and car to be serviced.

BLESSING: Wilma has more motion in her left arm.

7 JULY 2011, THURSDAY

To Wilma's to "sit" Paula's children while they went to Wilma's Dr. Howe appointment and to leave the car for servicing. Good report from Dr. Howe; wants her to have therapy five more weeks. Can't understand Emily when she talks. After about two hours missed her mother. From Wilma's to Trolley Square. Looked a knives at William Sonoma. Expensive. Home to find Sara, Jacob and family had just left.

Spanish class was fun. A game, Loteria, similar to Bingo and a good way to familiarize us with names of things. A song. And watermelon salsa. Had cilantro in it. At its best. Cut my papaya; looks ono. Nice and orange inside. Time will tell.

BLESSING: Nidia's generosity in teaching the Spanish class. Dr. Howe found Wilma doing well.

8 JULY 2011, FRIDAY

What a night. Auwe. Washed cleaning rags. To lunch with Betty J. At a Mediterranean restaurant. Had four of their appetizers and a pistachio cookie. Good pita bread; brought three of my four pieces home. A long rest/nap. Paula called about eight to say she was taking Wilma to InstCare, the biopsy area won't stop bleeding. Her friend JeNae was staying with the children. Visited with Eloise r. and briefly with Jean Christensen.

At 10:30 I called Paula. They wouldn't treat her at InstCare so went to hospital. Taped area and said should slot in two or three hours.

BLESSING: Paula is with Wilma.

9 JULY 2011, SATURDAY

Slept soundly. Talked to Carl Mellor. "A hectic week", he reported. Dimple had breast problems (bleeding) and just this week eye surgery at Moran Eye Center; seemed to be impressed with the latter." Got gas; to DI in SugarHouse; bought two blouses, one for Wilma, one for me. To Deseret book and bought a hymn book for David Smith's wedding. Got instruction booklet for vacuum. To subway for an avocado , turkey and bacon sandwich. No

avocado. Got one anyway and shared with Wilma. She provided milk and fruit. Back was hurting. Paula and children were at Thanksgiving Point with her friend, JeNae. Balanced my check book.

Finished scriptures for Sunday School lesson on the crucifixion.

BLESSING: Wilma seemed to be moving around quite well.

10 JULY 2011, SUNDAY

Slept well. A test before, and after, church. Pam and John Cook spoke at Sacrament meeting. Janet Bennet sustained as a Gospel Doctrine teacher. Barbara Cramer sang O Divine Redeemer. Beautiful song. Liz was at sacrament meeting with Don Ballou. Rained on the way home from church. Stormy ever since. Winnie leaves today for Cody. A week with her family with Naomi.

Talked to Lettie and don. Family came out to support Conner sugrue as he spoke in Sacrament meeting. I'm glad. He called after I talked to Lettie and Don. I can add to his "fund" and have his mission paid for (\$9600). He currently has \$5750 of his total mission cost in a ward fund set aside for him. I think I'll go ahead and add enough to complete his mission cost.

Watched a very convoluted Miss Marple/Agatha Christie tonight. One of the least enjoyable ones I've seen of hers. Not sleepy and it's 10:20. My Sunday afternoon naps do throw havoc to my sleeping schedule.

Paula was to've called me back. Too busy I guess.

BLESSING: Conner/Ruth/Lettie and Don were well supported by the Willmores.

11 JULY 2011, MONDAY

Another night...to Credit Union/Bank and finalizing Conner Sugrue's missionary

11 JULY 2011, MONDAY cont.

finances finalized. To Costco; don't have oxygen meters. Bought cherries, apricots, canned chicken, frozen chicken pot pies and a rotisserie chicken. Wanda made a chicken casserole so we have lots of chicken. A rest on getting home from Costco; another rest and lunch. A rest/sleep. Elevator on the blink. Took papers out. Rode bicycle morning and evening. Wanda lifted the handlebars. Up to fifteen minute rides. Meant to go to Wilma's but decided to wait until tomorrow. The children spent Saturday and Sunday night with Eric and Karna. Wilma was going to the dermatologist today to check out the bleeding.

Paid Betty for another year of Costco membership.

BLESSING; Back on the bicycle.

12 JULY 2011, TUESDAY

Slept well. Wanda took her car in for repair. Keeping it overnight. Made civiche. Visited Alice; helped with her back, washing, putting on cream. She has bad knees, swelling, breathlessness. Tried to get her mail. Couldn't get either of her keys to work. A rest. To \$ store for; no emery boards but did buy \$10 worth of cream soups and fruit. To Rite Aid for emery board and sand paper for Wanda's feet. To Wilma's/ they were on the way to the library. Dinner tonight with Hirschmann's friend John.

Betty brought cookies and onions. Shirley Olson called. Will be here for the weekend. Funny E-mail re dusting from Susan Winslow.

BLESSING: Alexander seems to enjoy rolling Wilma's oxygen.

13 JULY 2011, WEDNESDAY

Slept well until five. Washed winter and spring coats and hose/nightgown and pj's. Had civiche for lunch. Added more catsup. Shrimp a little tough. Wanda liked it; gave some to Betty. Spent a while with Alice, putting cream on her back and on swollen knees. Betty was going to take her to the dermatologist. Learned later she canceled. Talked to Wilma, said they had food coming out of their ears; they made too much for Paula's missionary companions and the guests brought some and Connie next door brought some home from a funeral. Shopped a bit; still didn't find tapioca. Wanda still didn't get her car.

I'm impressed with the response to my e-mail question re methods/times, etc. of scripture reading.

Listened to the DVD Anne Robertson sent via Pauline Harward on Robbie. Excellent. Zillions of pictures plus his eulogy.

BLESSING; to know so many of the Smiths are being diligent with scripture study.

14 JULY 2011, THURSDAY

Too, Wanda to her garage; car not ready; gave her a "loaner" and after transferring walker, oxygen, etc. off to Orem. I went to Wilma's. She was just finishing her crossword puzzle. Visited. No doorbell; had fallen off. Sr. Miller came. Long visit; she will ask her husband re a car pass for church and to check out the doorbell. Evidently Brett didn't put on tape sufficient to hold it. Lunch on pizza from their Tuesday dinner out; a two hour nap checked Alice twice. Visited with Betty and down to see Alice again; looks a little better. Don Ballou was there. Spanish class. Good bread. Read

14 JULY 2011, CONT.

Joseph Smith's First Vision in Spanish. Sampson Osima and Ryan and Amanda Andersen read better than the rest of the class; Neal Anderson the exception. Checked Alice two more times. At nine she had finished her soup and was ready for cream on her back and her night gown. Not to be envied.
BLESSING: Wilma looking quite perky. Millers good resource for her.

15 JULY 2011, FRIDAY

have been consistent in riding bike thus far. To Wilma's. Took the cracker treats for Paula and children, civiche for Wilma. Paula packed and ready to go. Connie, neighbor, came over. She will be on the "alert" A caring neighbor. Left just as Karna and children were coming. Went to main library. Bought two gorgeous roses for a \$ each and checked out four books. To smiths for Bridge mix and Tapioca pudding. Latter was \$4.50. Shocked. A two hour rest after lunch and giving Betty a rose. Visited Alice; she had a blessing. Blessed her "that she will use good judgement". She was a bit disappointed I think. Gave Gladys "my" rose. Washed a load of garments. Eleven. Lots of e-mail. Emily Smith is engaged. Wedding 28th October; David the 19th of August. Gladys invited me to watch Rigoletta on her big screen. Declined.
BLESSING: Paula left Wilma's "house" neat as a pin.

16 JULY 2011, SATURDAY

Did my cleaning stint. Went to Home depot and bought a door bell for Wilma. Home via DI where I bought a blouse and a knife block. Chloroxed it when I got home; lunch a nap and to Wilma's where I stayed to visit with Shirley and Blair and have dinner. Ono. Door bell not loud enough; Olson will take it back next week and get another. Guided Shirley to Elks parking and home; stopped in to see Alice. Creamed her rash; helped her on with her gown. Now 9:25 and I'm ready for bed. Caught up on E-mail.
BLESSING: Shirley and Blair seem to be fitting into Wilma's.

17 July 2011, Sunday

Up sevenish and to InstCare. Yes, a urinary tract infection; antibiotic. Home by 10:30 and a rest. Did make it through all three meetings and particularly enjoyed Lacy Thomas's class in RS on Responsibilities of Family members. Quick civiche lunch; a rest and Wilsons came for home and visiting teaching. To Wilma's and home by 8:40. Made a copy of Gladys' Clegg letter and read E-mail. Need to go see Alice. She was at Sacramento meeting. Meeting Shirley and Blair tomorrow morning for the nine temple session.
BLESSING: Shirley and Blair

18 JULY 2011, MONDAY

Waited for 6:30 only to have Shirley call to say it was seven Clock an hour slow little one is pau). Scrambled to shower, wash hair and have a little breakfast. Was at the temple by 8:17 A. M. Shirley, Blair and I attended the nine session. A number off new endowments. Very short of men at the veil. Walked home via the temple grounds. Many people. Shirley and Blair stopped at the church History Museum and I came home. A quick hunch and to Gladys' for a rest. When I came home they had done my

18 JULY 2011, CONT.

Windows had been washed. The oxygen meter came; not sure how to put the batteries in. Gladys visited for about a half hour; gave her some cherries.

BLESSING; Was awake the whole temple session; slept well last night.

19 JULY 2011, TUESDAY

Went to Bountiful to see Gay Mitchell. Stopped at Carlucci's for a croissant for her. Also bought a loaf of bread. She was on her way to the Doctor. Should have called.

At least she knows I think of her. Stopped at a produce stand on my way home.

Bought a few apricots and a cantaloup. Betty sliced the bread. Very fresh. Ono. With Betty's help put batteries in the oximeter which came yesterday.

Wanda came back. Car not ready though she was hoping for today. No one in her parking place. Finally caught Alice at home. Had been to have a broken tooth fixed. Had a big plate of food ready to eat.

The ceramic knife came. It is sharp but bigger than I thought.

BLESSING: finally got oximeter to work.

20 JULY 2011, WEDNESDAY

Up earlier than usual. Wanda NOT well. Went back to bed until ten and seemed to feel better. Checked Alice Mitchell's door twice. Locked; finally called after eleven to tell her I had a lunch date and to see if I could do anything for her. She had slept in.

Will go in tonight to salve her rash. Wanda and I met Wilma, Shirley and Blair at the Pagoda on E street. Stairs to climb. Not many diners. Food excellent. Japanese. I had tempura and wantons (two appetizers). Think we all enjoyed it. Home after two and hit the couch. Shirley came over with Wanda after she picked up her car. Nice visit. I talked too much. Shirley took the oximeter to Shirley.

Shirley and Blair had work done on their car at the garage hansens recommended. Wanda has more yeast infection.

BLESSING Shirley and Blair; special people.

21 JULY 2011, THURSDAY

Wanda left for Orem. Shirley and Blair brought, cut watermelon and honey dew. Split between Wilma and me. To Walmart. No extra strength Tylenol. Wilma gave me some. Took her the strawberries she requested. I like the volume of her door bell.

She gave me the oximeter. Very firmly. To see Alice. Legs, knees so swollen, red. I was worn out by the time I put salve on rash and listened to her. I do know she is not in an enviable position.

Wilma had heard from Dr. Schlismann. Suggested she contact her Dr. at Huntsman Center. And postpone the surgery on her face.

Rec'd bank statement re Master Charge. Glad to have that bill paid.

Bev Stephan offered me tickets for the Tabernacle Choir concert tomorrow night. Invited Betty, Gladys and Janice (she accepted but for her daughter).

BLESSING: Wilma and I have a good primary Care Dr.

22 JULY 2011, FRIDAY

Slept well. Called Lettie; will go to Orem tomorrow via Mellor;

22 JULY 2011, CONT.

Bev Stephan brought concert tickets for tonight. Janice Harris accepted a ticket for her daughter; called later to decline. Gave the fourth ticket and mine to Dava and her daughter.

Barbara, Abe, Holly and Alan F. Came, with big lunch. I have felt sick (sore abdomen all day). Barbara and Abe brought raisins, cranberries, muffins, soup. Holly had a nap; Abe and Alan went off on their project and Barbara and I went to see Wilma.

Betty took Alice M. to the Dr. And then later to the hospital. I'm glad.

I'm not sure if I can make it to Orem tomorrow or not.

BLESSING: the Smith children.

23 JULY 2011, SATURDAY -25 JULY 2011, MONDAY

Drove to Orem via Lehi Saturday A.M. ; missed the turn off to Lehi. Carl said he has done the same thing. So many new buildings. Got almost to Utah lake. Reached there before Don, Ruth, Alicia and Brennen left for Idaho. Carl looks frail, thin; I thought Dimple looked quite good. Hair beautiful. Carl told me about son Reed being an engineer for the church Humanitarian water projects. When they need an engineer on the spot he goes. Next trip to Mali, Africa. Stopped at a fruit stand going to Lettie's and bought apricots and cherries.

She and I went to Fullmer's where the Smiths were having their reunion. Saw all of Neva and Theron's living children except Steven who is out of state on UVU business. We had dinner with them and got back to her house about 7:30; both of us tired and early to bed.

--Sunday 24th: Went with Lettie to her ward for 9-12 meetings. Met her Bishop, and a number of ward members. Nice to see her so "at home" in her ward. We both had a rest. Barbara and Abe came over for a brief visit. Fireworks out the back door. BLESSING: Opportunity to see so many of Neva and Theron's posterity.

--Monday 25th: Not a good night. Got rhubarb and packed up. Lettie gave me apricots, blueberry coffee cake Rachel made, muffins from Rachel, bread, beans and ham. Picked up Wanda after seeing her downstairs. Nice looking condo from the outside. Lots of work still to do. Stopped at IHOP on our way home. No waffles other than Belgium. Disappointed in my crepes. Home about one. A rest. Talked to Alice M; still in hospital. Gave squash from Rachel Will more to eight people. Talked to Wilma H. Eric and family were there last night. Took dinner to her Dermatologist had called. Will send her a prescription in lieu rather than surgery. She had her therapist today. E-mail from Paula Carter re place of birth of her children.

BLESSING: Nice to be able to share Rachel's squash.

26 JULY 2011, TUESDAY

Not a good night. Cooked rhubarb. To see Alice M. Dropped Wilma's Perry book off at library. Lunch and a nap until almost four. To see Wilma, taking things Lettie sent. Stayed until six. She was baking banana nut bread; smelled heavenly. Ate a slice; felt as if I'd had dinner. Door bell does NOT SOUND WHEN DOOR IS CLOSED.

SOUNDS GREAT WHEN YOU RING WHEN IT'S OPEN. Auwe.

Wanda and Pam stayed until sixish before they got to their respective homes. Called Alice. Didn't sound as chipper or confident she'd be coming home tomorrow.

26 JULY 2011, TUESDAY cont.

as she did this morning. E-mail from Paula Carter; wrote to her.

Wilma looked, sounded good. Said her back hurt after making the banana nut bread; she does move her left arm quite freely, just not all the way up.

We did our Visiting Teaching at eleven.

BLESSING: Pam and Wanda's collaboration/comradery.

27 JULY 2011, WEDNESDAY

Slept well. Changed bedding. DID FIVE INITIATORY NAMES FOR Alice. M. Would have done five more but they were very busy. Walked home through Temple Square. She plans to come home tomorrow and immediately en route to CA. Grandson picking her up. Talked to Shirley O. re Wilma's doorbell. A long nap. To Smiths for milk, etc.

BLESSING: Shirley Olson concern.

28 JULY 2011, THURSDAY

Up and on my bicycle; started load of "whites" and showered and ready for breakfast when pam got here. She and Wanda were off to the library after breakfasting on Wanda's fitata. Ono. Made double batch of Wilma's curried squash. Alice M. Was home after eleven. Helped (her pack. And finally came home around two, exhausted. Betty and I went over to her apartment around four-thirty, they were gone but her bag of meds were by her bed. Almost as soon as I got home she called asking me to look for them. Feel so sorry for her grandson and his family with whom she was to be traveling. Talked to Vivian, Lettie and Wilma. Popes are having their reunion in Pendleton, Oregon, Vi Ann hostessing from Aug 1-3; all of their children will be there.

Paula Carter sent the children's blessing dates.

BLESSING: Alice got off. Finally made the squash curry.

29 JULY 2011, FRIDAY

Another good nights sleep. Wunderbar. Rode bike To Credit union, To have the replaced belts checked on my car. When asked the time element for checking he said, "thirty seconds"? And it wasn't much more. To \$ Store for birthday cards. To Wilma's. Took her some rhubarb. She gave me bean salad and beans. Picked up bread for the Hydes. She gave me a bag of rolls; usually puts in a little treat when I buy bread and whatever; this was super generous. Called Shirley to tell her how lovely the rose they gave me is. Lasting so well; opening slowly. After my lunch and rest to see Eloise Richensen. She looks a little frail. Read Acts 6-9 for Sunday's SS class. Rode my bike again; this time reading Lettie's book, Little Heathens which I'm enjoying immensely. Wanda has un upset stomach.

BLESSING: I've been sleeping well.

30 JULY 2011, SATURDAY

Just before I went to bed last night Alice Mitchell called. Sounded good. Not on oxygen; attributed it to sea level. I was so pleased she called to say they got there all right. Acknowledged she was must've been a pain to David and his wife who took her. Didn't want to get up. Did ride back. Stiff. Took two Tylenol. Hair cut. Bought hamburger for porcupines. Wanda vacuumed. Got subways for lunch. Ate half of my six inch; Wanda ate her twelve inch. Mine disappointing. Slept too long. As usual . Continue reading and getting chuckles from The Little heathens.

BLESSING: Alice Mitchell called reporting safe arrival.

31 JULY 2011, SUNDAY

Slept well; was ready to get up by seven and put "porcupine" casserole in to cook/ Wanda and I both had some for a nine breakfast. Also raspberries from Gladys. Wrote Nidia P. a thank you note and took Penny Vann's's birthday card up to her. A rest; a call from Carolyn Gibson to walk to church with her. She looked very nice; letting her hair gray. Met Sr. Faber en route and she sat with us. Wanda sat in the back for an escape if needed. Brother marsh gave a good lesson on 'acts 6-9 re Stephen, Philip and Paul. Corn and leftover soup for lunch. Ono. An hours rest and visited with Gladys.

BLESSING: Made through the three meetings better than usual.

1 AUGUST 2011, MONDAY

Slept quite well. Bike hard to pedal; the pedaler or needs some oil? To ten Dr. Schlisman appointment. Asked her re heart failure; no. Cardiovascular artery disease. To Mayflower for fruit. Caught in a downpour; to Wilma's. Her friend Jan was visiting. Very vivacious young woman. Taking Wilma to library and for Belgium waffles Wednesday. To Rite Aid for prescription and Cetaphil. Filled with gas. Nap, the two hour kind. Auwe. Bowel problem.

BLESSING: Jan's friendship with Wilma. Dr. Schlisman.

2 AUGUST 2011, TUESDAY

Barbara Nolan called; had talked to Alice M. She has gained seven pounds. Liquid probably. Was having a good time; not sure when she will be home. Wanda went to the library. Patricia came. I went to Sweet Library to return and get books and then to Smiths for milk; returned before she finished. Floor seems so nice. Double vacuuming! A rest. Oximeter delivered just before three. Seems pretty easy to use. Just a challenge when I go to the bathroom. Diarrhea. Too much fruit.

BLESSING; A little cooler.

3 AUGUST 2011, WEDNESDAY

Slept quite well with my oximeter. Went to the ten endowment session; took a name for Alice Mitchell. Giovanna Mortucci. Shirley and Blair came. Went with Wanda to the FH Library. When they came home we went to Sweet Tomatoes in Midvale for dinner. Home about 9:30 P. M. Just before we left Alice m. called. A different "story" than when Barbara Nolan called this morning very concerned about her.

BLESSING; Blair and Shirley's compatibility.

4 AUGUST 2011, THURSDAY

Washed two small batches of clothes including green skirt that yesterday's spilled milk got on. Visited Liz Taylor. Waiting for test results. Talked to Barbara Nolan re last night's visit with Alice. Called all FHE members to get a count for Bev for the 8th picnic. Just got a call from Teri en route to taking Alice to the hospital. She talked; hard to hear/understand. Teri said they think she had a small stroke this morning. Said they had been in contact with her SL Dr. Asked me to call Barbara. Started reading one of the books I got from library. Read two pages and chucked it.

Talked to Wilma. Her Dr. Appointment was with her "shoulder" Dr. Rather than her back Dr. Released her; did say she would probably never be able to raise the broken shoulder as high as the other. Her Huntsman Center Dr. Has retired. Message from Dr. Schlisman; my oxygen was "low" with the night study. Will call Monday.

BLESSING: Alice is with family.

5 AUGUST 2011, FRIDAY

Wanda left around nine. After breakfast I went to Walmart; got ten notebooks for the Humanitarian Day(20 Cent/book) and some fruit. On to Rite Aid to pick up a prescription and to the Mexican Bazaar for a Mexican papaya. Talked to Barbara Nolan a couple of times. Alice's kidneys are shutting down. Made calls re Monday picnic.

Gladys brought two more ears of corn; gave one to Betty.

BLESSING: Alice is with family; hard as it must be for them .

6 AUGUST 2011, SATURDAY

READ SS SCRIPTURES AROUND FOUR a. m. After breakfast went to Chapman library and DI. Checked out two books and bought two blouses and a tiny baby figurine for Let tie. Talked to Alice Mitchell. Admitted dialysis; didn't want people "told". Talked to Barbara Nolan. A timed nap and to the ward picnic. Was nice; marami food. Big hamburgers. Brought half of mine home. Sat by Pearl Simmons. Too tired to go see Wilma as planned. Had a long visit with vivian.

BLESSING: Shirley replaced Wilma's doorbell..

7 AUGUST 2011, SUNDAY

Slept well. Wrote Anne R., on Word perfect. Took about an hour recliner eye closed rest before church. Made it through the three meetings quite well. Thirteen people bore testimony today. Quite enjoyed the SS lesson on Acts 10-15 "God is no respecter of persons". Comparing the change in the priesthood blessing to all worthy males to teaching Gentiles and circumcision by the apostles following the resurrection of the Savior. There will probably be a lunch after the funeral on Saturday. A quick lunch; a rest and to see Wilma; took her an ear of corn and she gave me muffins. She added nuts to the blueberry muffins and it cut the sweetness of them. Her door bell does work. Will take her to the library and grocery store tomorrow. I'm pleased she asked. BLESSING; Made it through the three meetings better than usual.

8 AUGUST 2011, MONDAY

Washed the blouse I bought for Wilma and hose. Blouse too small. Picked Wilma up and we went to the library and Smiths. She bought a cart full of groceries; I bought a

8 AUGUST 2011, cont.

few. She was exhausted/back aching when we got her apartment. I came home, a quick lunch and rest. Man delivered my oxygen evaporator.

Janice called; not going to te picnic. It was nice. Up Millcreek Canyon; Bev Stephan hostessing. Home about nine. Ready to check out TV and try my first night with oxygen.

BLESSING: Generous good people such as Bev Stephan.

9 AUGUST 2011, TUESDAY

First night on oxygen; not bad; don't feel any difference except branded by the plastic tubing. To do initiatory for Alice M. Did ten. Found on arrival home that five of them weren't stamped. Did them in record time as there wasn't a "line-up" when I got to the temple. Went back to get them after lunch and a rest. A lesson in graciousness: when I took the card to initiatory and said I had a problem and hoped they could help.

Explained the problem: five stamped and five not and said "I should have checked to see if they were stamped:. The sister said," we each do the best we can, it was our responsibility to have stamped them." Wanda was in the apartment when I got home. Bank statement came. It is 7:30 and Darla hasn't come. Maybe she won't. Took card to Alice's apartment and locked her keys inside. Auwe. Alice called me. Has been on dialysis twice.

BLESSING: got my exercise, via walking today!

10 AUGUST 2011, WEDNESDAY

Not the best of nights..Picked up prescriptions, eye ointment, and Olay lotion. To Western nut for almonds and on to D. I. To deliver a bagful. Darla had called while I was out. From Vivian and Cive's. She called later in the afternoon, was still there. Finally cooked the tilapia, or part of the filets, I've had in the freezer for a while. Very good; also had beans Gladys shared with us.

Betty "cleaned" her fridge and gave us ham, squash, cuke, grapes and an avocado. Checked with DJ& Rick getting in to Alice's apartment to get her key. Against policy unless she gave permission. Understandable. Barbara Nolan reminded me Don B. Has a key. He let me in. Bless him.

BLESSING: Don had a key to Alice's apartment.

11 AUGUST 2011, THURSDAY

NOT a good night; think I had my oxygen nozzle on wrong. Up three times to the bathroom to boot!! Dis some calling re the funeral luncheon. Only found out that the luncheon will be after the burial so we will plan between three and three thirty. Dd get enough for the tables etc. this morning. It is now 7:30 P. M. And I will work on the servers. Linda Brailsford said she and her husband would be there. That takes care of having a man there. Talked to Vivian; she has laryngitis. Said she sent apricots and rhubarb with Darla. Darla, Brian and the boys got here about noon. I had bought bananas and grapes and still had cherries and they pretty well took care of them and Wilma's peas. I'm glad I had something. She did Wanda's feet, beautiful pedicure and Brian talked to Wanda re her problem. He is a licensed Naturopathist. Only seven

11 AUGUST 2011, cont.

states recognize them. Their boys are handsome little (?) guys, four and six. Noah will be seven in October, Adam four. Darla is expecting a girl in January. Harmony Grace. Darla massaged my feet and gave me a much needed pedicure. I'm pleased but even more pleased re Wanda's. They left here for Temple Square and were then heading for Denver and on to Kansas where Brian's mother lives. Darla left her two over ripe bananas and took the ones I bought; I was glad we had something they could eat. It was nice of them to stop in to see us. Stayed about two hours.

I didn't put my hose back on. Feels good, especially when I ride the bike.

BLESSING: Finally know when the funeral luncheon will be.

12 AUGUST 2011, FRIDAY

Had a voice mail from Pres Mike Hussey saying he hasn't been able to contact Bro. Donaldson. Wondered if I had Bro. Beckstead's phone number. I don't. Did call him. Got his voice mail'.

After one trip to the bathroom last night kept my nose piece in. Wanda went to Eric's. No breakfast. I do feel concerned about her bouts with her stomach/GI tract. Washed whites; changed bedding. Wrote Shirley Olson. Tilapia and baked potato for lunch. Rhubarb and strawberries ono. Got my last server: Beth Longley. She has helped so many times I was embarrassed to ask her. She accepted very graciously. After my nap took Wilma some rhubarb. She gave me more laundry detergent and frozen teriyaki salmon. Called Vivian to thank her for apricots and rhubarb.

BLESSING: Funeral arrangements covered.

13 AUGUST 2011, SATURDAY

A pretty good night. Picked up a bag of ice; got to the ward only to find there were two and a half bags already there. Setting up tables went quite smoothly. Kathy P. helped with centerpieces. I took some philodendron and the greenery from the Hydes rose; helped. Home for a rest and attended the funeral; a little late. Bp. Taylor main speaker. Only lasted an hour and five minutes. Freda and I went directly to kitchen and cut cake and she put the ham in the rolls. Good thing we did as they got back from the cemetery I by two-thirty. Some of the guests helped with the ice and water. Did not serve one hundred, more like sixty-five. Got home about ten after five. Good help from Beth L., Freda N., Erlinda D. and the Brailsfords. Yes, I was/am super tired. Gladys brought three almost ripe tomatoes.

BLESSING: Got through the funeral luncheon.

14 AUGUST 2011, SUNDAY

Had a rest before church but was glad to get home and on the couch. Took a little bag of "snacks" and woke around five. Wanda came back. Enjoyed, and heard both Sacrament speakers. Heather and David Wilkinson. First on gratitude, the second on plain and precious truths which have been restored via BOM, D&C and Pearl of Great Price. I enjoyed Bro. Marsh's discussion of Paul and his journeys/teachings in Acts and Thesalonians. Sr. Guilio taught the RS lesson on eternal marriage. Told of her parents who came to SL to celebrate their 70 years of marriage. He ended up in the hospital,

14 AUGUST 2011, cont.

Died three days later. She testified of their love/respect/concern for each other. A large posterity. She has a very pleasing demeanor.

BLESSING: ability to go to all three meetings.

15 AUGUST 2011, MONDAY

Slept well until three. Went to Bountiful to Lois Maples Outz's funeral. Ruby and Gordon haws, Shirley Olsen and Dorothy S. And her daughter Linda were there. One of the nicest funerals I've been to in a long time. Lois was Uncle Leonard and Aunt Esther Maples daughter. She died a day before her 87th birthday; had twelve children, nine sons, three daughters. She and Milton had been married sixty-seven years. Had a hard time finding the ward house where the funeral was held. Thank goodness for ward houses spires. From the funeral I went to Mrs. Cavanaugh's for all nut bride mix. Home for a rest. Afterwards to Walmart for iron pills, fruit and had hoped to get more twenty cent notebooks. None there. Cooked zucchini and the salmon Wilma gave us for dinner. Took Sharon Crandall cherries, a peach and a nectarine. Her lung has numerous tumors, slow growing. Are malignant, just very slow growing. Was told as long as you are going to have cancer, the best place to have! Actually I was told the same thing re thyroid cancer in the early seventies.

Wilma's back Dr. Had no suggestions for her back. Didn't suggest she make another appointment. Auwe. Karna took her shopping.

BLESSING: Opportunity to see ruby, Shirley, Dorothy and Gordon.

16 AUGUST 2011, TUESDAY

to the temple to do initiatory for Alice Mitchell. Not busy at all. Did her ten remaining names. Leola Wilson was in the first booth I was in. From there via Joseph Smith memorial building, Deseret Book. Saw Linda Brailford in the temple and again in the book store. Via Utah Woolen mills, didn't stop was "dragging". Even so stopped at the history museum. Went to the quilt exhibit and on to LeConte Stewart's. Huge.

Watched the video on him. Was glad to get home. Quick lunch and a rest. Wanda went to the FH Library. Wrote a note to Paula re Wilma's doorbell.

To Vosens and have never seen them so "empty"; had lots of law enforcement people from a convention. Bread for us and Hydes. To big Lots and then rite aid where I found 29 cent notebooks. Too tired to stop at Wilma's. Wanda was so late I was getting concerned. Had a very successful day.

BLESSING: Was able to do ten names for Alice. Was able to find 29 cent notebooks.

17 AUGUST 2011, WEDNESDAY

Up at seven, read Book of Mormon as I did bike time. Tomato sandwich for breakfast. Ono. To main library. Checked out four books I've had on a list for sometime; not

17 AUGUST 2011, cont.

sure where I got/made it. Talked to Lettie and Don, Ruth.. Brennen S. called. He was ordain- ed a Teacher. Brother Wiscomb brought beets, cucumber and zucchini. I had the green for lunch Wanda ate the beets for lunch. Cut my finger on the dumpster when I was emptying papers.

BLESSING; Not dreaming as much.

18 AUGUST 2011, THURSDAY

What a night!! Walked over to third north to take Verla S.'s birthday card. Also took Mormon times for Eloise to find I've lost "Garden's " key. Wanda left about eleven. I walked out with her. To be efficient took my keys and Alice Mitchell's so I could get our mail when I came back. Came back without Alice's keys. Auwe. Betty and I went to lunch at the Pagoda on E street. Had wantons and tempera. Didn't enjoy the tempera as much as the last time I went. A long sleep. Woke feeling super drugged.

Eventually went to Wilma's. She got her TENS for pain; needs help putting it on; to do it once a day for forty-five minutes. Lost her hearing aid. Found it. Has her mylopolo chondritis in her ear again. Red and sore; difficult to wear hearing aid. Looked harassed.

Talked to Alice Mitchell. Still full of fluid; is walking with a walker.

BLESSING: My oxygen is in the 90's during the day each time I've checked it.

19 AUGUST 2011, FRIDAY

Slept quite well. When I got up found my tubing disconnected. How long I'd been going without oxygen I don't know. One of my trips to the bathroom I presume. Vacuumed and washed hose and tablecloth. Together so the stain did NOT come out of the tablecloth. Need HOT water. Picked up milk. Vivian called. She's back in the temple. Asked her how many watermelons they's eaten. She said she had lost count. Talked to Wilma; found out that the TENS should not be used with someone with a pacemaker. Surprising no one mentioned that. Wanda got her insulin via UPS. Packed in cold packs. I called her and sure enough it needed to be refrigerated. She had climbed the stairs for David's sealing. All his brothers were there. Tammy and David went with her and Wilma.

RUTH SENT CONNER'S LAST LETTER AND A GREAT PICTURE OF HIM, NAME TAG, BACKPACK, BIG SMILE. Didn't mean to capitalize. Won't erase.)

BLESSING; Wanda escaped a scary traffic accident going to Orem yesterday.

20 AUGUST 2011, SATURDAY

Up at seven, rode bike and took notebooks to ward for Humanitarian activity, Doing school bags and some washing everything in the kitchen. Had been sprayed for roaches. The bag filling went fast, putting drawstrings not so fast. I left as they were finished at eleven-thirty. A good turn out. There were also several quilts finished. From there to Wilma's. Her ear and back were both hurting. Her TENS was picked. Up. Home and a nap; late lunch of tomato sandwich and a peach. Bro. Wiscomb brought two beautiful tomatoes. Finished Edgerton's Lunch at Piccadilly. About a care

20 AUGUST 2011, cont.

center. Too much profanity.

Talked to Alice M.; she sounded stronger. Told her about the lost keys. Took it quite well. Suggested I have her grandson David make a key for me.

Gladys bought corn, tomatoes and a watermelon to share.

BLESSING; Alice was gracious re my losing her keys.

21 AUGUST 2011, SUNDAY

Enjoyed the meetings today. Could hear most of the two High councilors talks. Jason Anderson was the first. On giving service. The SS now has three teachers per class again. Lacy Thomas does such a good job with her lessons. In RS , on chastity today. Follows the manual with other thoughtful quotes from the brethren. Went to Fireside. The Hughes spoke. They've been out of the ward for five years, first he was a Bishop in a student ward and for the past two years they've served in the 19th ward. Such positive people. Sweet spirit.

Bev Stephan gave me a quarter of a watermelon. Seeded! Shelby Smith wrote re Amanda's fiance'. Said the whole family LOVE him. Nice. Wilma Hirschmann called!! She had several visitors today: Men bringing the Sacrament,(they noticed the doorbell down and put it back up) home and visiting teachers, Steven and Maria Smith. I'm so glad. Also reported the fire alarm went off. Later learned the sprinklers were turned on by someone on the second floor, knocked against the switch (?) and tripped it. Her friend Joyce called and said the floor was drenched, ditto her apartment.

BLESSING: Went to fireside. Bev Stephan's generosity.

22 AUGUST 2011, MONDAY

Started to ride bike when Caroline Hobson rang doorbell. Vented re the Dr. putting her on Hospice. She refused. I knew that. Not sure why she wanted to tell me. Took Sharon Crandall a piece of watermelon and a tomato. Dava and I did visiting teaching. Took Dava a piece of watermelon and Donna a tomato. Also took Janice a piece of watermelon that Bev gave me. Dava gave me some Indian food which I shared with Betty. Lazy day. Had hoped I'd hear from David Mitchell. Did get Alice's mail today. Got out the rest of the knives the Johnsons gave me how many years ago.. Washed the tablecloth a third time after used "Unbelievable" from Janitorial supply. Got a copy of Conner S.'s letter. Two beautiful pictures.

BLESSING Food given to me; in turn food to share.

23 AUGUST 2011, TUESDAY

to the nine endowment session. Efficient and smaller than ones I've been on at ten.

Saw Linda Brailsford. What a pleasing lady she is. Had two open faced tomato sandwiches for lunch. Betty gave me four tomatoes. Called Dr. Miller's office after my nap. I went in at 3:45. Pulled three or four inverted eyelashes. Said my eye was 'banged' up. Sure feels better. Gladys called to ask me to cancel her appointment with the Stake president tonight. I called Bro. Sykes, the Stake executive secretary. He was in Prague, 2:00 A. M. Auwe. Walked over to the Stake Center to cancel it. Pres.

23 AUGUST 2011, cont..

Hussey called. Optimistic re getting Bro. Donaldson to teach the religion class. There would be lots of happy people. Talked to Alice. Thinks she'll be coming home on Saturday. Evidently edema is still a problem.

BLESSING: People such as Betty sharing.

24 AUGUST 2011, WEDNESDAY

Did a load of whites before I picked Wilma up; to the library, DI and lunch at Faustina's. We each had a nicely dressed salad and the dessert which was included was small, beautifully presented and satisfyingly good. Wanda was here when I got home with cukes, tomatoes, cherry and regulars, bell peppers, zucchini and yellow squash. Shared with Betty, Gladys, Johnstones, Bev Stephan. David Mitchell brought a key to Alice's apartment. I watered her violets. Winnie called.

BLESSING; Outing with Wilma; Wanda's ankles not too bad.

25 AUGUST 2011, THURSDAY

Slept quite well. To bountiful. Stopped at shoe store and talked re velcro that no longer works. Got a little brush. To the Wight store and looked at fall clothes, nothing too appealing. Nothing on the summer sales racks that caught my attention. About an hour visit with Gay Mitchell. She is a pleasant person to visit. Talked mostly of news/illnesses in 14th ward. Her nephew Bill is visiting from Nevada. Got gas. First time I've sent that much money on a refill in a long time. \$19.38. Picked up Timolol from rite aid; bought a papaya and other fruit at the Mexican Market. Gladys got back, emotionally drained. Alice Mitchell called. Called Patricia re cleaning her apartment. Not sure Alice will be home Saturday as she wants. Took Jo Madsen some cherry tomatoes. Seemed pleased. Can't read the book Casting Off; too much profanity, just in conversation. Auwe.

BLESSING: things seems to be progressing a little faster on the downstairs in Wanda's condo.

26 AUGUST 2011, FRIDAY, Lettie'S birthday. 79

Wilma and I went shopping at Walmart. Both of us got quite a few groceries. I was beat by the time I lay down at one-thirty. She went right to bed also and her back pain eased off. Talked to Lettie; Don had made her an apple cake. Alice Mitchell called; leaving the hospital about ten-thirty tomorrow. Home by Monday? Son terry plans to have fairly extensive home help for her. Talked to Jim and delma coston. Some rain from hurricane Irene but the brunt is to hit later. Much concern up and down the east coast. NYC is being asked to evacuate.

E-mail from Bro. Iba; offering to teach the rest of the new Testament.

Betty gave me green beans and a new recipe she tried. Went to Sandy Hopkins' ninety birthday open house. Decorated in purple; huge "90" balloons over the serving table.

BLESSING; We "made it" shopping.

27 AUGUST 2011, SATURDAY

Slept well. Tomato sandwich for alate breakfast/early lunch. Cut our two cantaloupe. One good, one not so good. Wanda came back with vegies. A kind lady brought them in from her car, out front, to the apartment. Gave her some tomatoes and cucumbers. No time for a rest before going to hale theater to see Joseph and the Technicolored Dreamcoat. Loud, colorful, fast paced. One of the shortest we've seen. Patricia came to clean Alice Mitchell's apartment. Barbara Nolan called. As concerned about Alice as I. I am super tired. Tried again to get President Hussey. Wrote to Bro. Iba telling him I couldn't get in touch with him. Talked to Lettie and Wilma Fullmers. They are to givers of the wonderful vegetables.

BLESSING: more tomatoes, cukes, rhubarb, squash.

28 AUGUST 2011, SUNDAY

A fairly good night's sleep. Enjoyed meetings today, especially Brother Toone's SS class. We were given copies of the "women's" book in RS. Sharon Crandall was back for the first time since her surgery.

Talked to Carl Mellor; Dimple had fallen. Fortunately no damage to brain.

Glad for a nap when I got home. Shared tomatoes and cucumbers with Bev S., Dava A., and Fern H. Talked with Wilma. Will be taking her to her dermatologist Tuesday. She and Eric were the only ones who went to the Austrian Reunion last night. Had a good visit with him going and coming. I'm glad. Took Alice M.'s sheets out her dryer and folded them. Patricia had washed them and had made her bed. I'm glad; looked beautiful.

BLESSING: Dimple didn't do damage to head/brain that could have occurred with her fall.

29 AUGUST 2011, MONDAY

Went to the nine endowment session. Cooler today. Wanda went to the library. Started to read the book given out at RS yesterday on my bike ride; just doesn't "hold" as well as the Ensign and New Era. Gladys, Betty and Phyllis Johnstone stopped by the latter two to see if Alice M. is back. She isn't. We're concerned.

BLESSING; Made it to the temple.

30 AUGUST 2011, TUESDAY

Picked Wilma up at 8:45. She forgot her hearing aid. I really like her/our dermatologist, Lauri Ellis. She removed some scabs from the malignant areas and gave her a prescription for a new salve to use through the weekend on the infected area. And also to use on her sore ear for two weeks. Stopped at Vosens and got bread for Hydes, one for Alice and one for us. She gave us two "goodies". To see Alice; she looks better but not good. Donna, daughter-in law said she would be leaving tomorrow. A two P. M. Dr. Appointment. Haven't talked to anyone since.

Bev Stephan brought zucchini Parmesan. Quite good. Gladys got corn for us. Dinner, voila.

Blessing: Traveled safely to dermatologist.

31 AUGUST 2011, WEDNESDAY

Wanda cut/diced potatoes and did the squash for Wilma's Curried Squash. Finally made it. Alice had dialysis today. Looked worn out. I felt helpless trying to help her. I couldn't; she's too heavy. Donna, her daughter-in law is more patient and waits as she struggles. They are looking for a nursing home or some facility for her. Needs dialysis two more times this week. They wear her out. Each session about two and a half hours. I've talked to Barbara Nolan several times today. She is trying to find suggestions for care facilities. Talked to Lettie and Don. Packed up the books Lettie has sent the past while. A great collection; most historical. I am terribly stiff even though I'm taking four extra strength Tylenol, two in morning, two at night. Did get my new parking sticker and a gate remote. BLESSING; I was downstairs when Donna brought Alice home. A bit of help to them.

1 SEPTEMBER 2011, THURSDAY

Wanda left for Orem; sent books and Church News to Lettie. Went to DI and Sunflower. Used my gate remote for the first time. Tried to see Alice a couple of times. Around noon when she, Teri and Donna returned. Alice was walking but looked very tired. Teri riding the scooter; having a great time. Barbara called. She had info re several care centers plus Aging booklet. A nap and to see Eloise R. She gave me a key to Gardens. I lost mine. They are doing extensive work in landscaping there. My right hip is paining me and my eyes are tearing and foggy making reading difficult. I'm not riding the bike for a while. BLESSING: Teri and Donna are with Alice.

2 SEPTEMBER 2011, FRIDAY

Not a good night. Visited with Alice. Talk of a Care Center. Shopped at Walmart. To bed early. Too tired to write in my journal. Ruby haws called. Talked at some length. She is having trouble with her eyes and ill fitting lower denture. BLESSING: Good people like Ruby Haws.

3 SEPTEMBER 2011, SATURDAY

Slept well. Did a load of whites. Wanda came with many vegies, from Lettie and Don, Rachel Willmore and Wilma Fullmers. Shared with thirteen people. To see Wilma. Took her the maroon blouse. Was pleased with how pleased Karna was when she suggested lunch. Plans to do it again when she comes next week. My hip is protesting again. Almost forgot Brother Matheney's Open House. Thought he was 90 but is 80. I didn't think he looked like ninety. Went to see Alice late afternoon, sound asleep. Went again and Teri told me of the complication of her diet which is limited in salt, of course, and P, K, and Ca. Needs her on private dietitian to figure out what she can eat. She has misplaced her keys. BLESSING: generosity of Lettie and Don, Fullmers and Rachel Will more.

4 SEPTEMBER 2011, SUNDAY

Phyllis Johnstone brought us banana muffins she made. One. Picked up some prescription and made a
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4 SEPTEMBER 2011, SUNDAY, cont.

Gladys was released as a Gospel Doctrine teacher. Michelle Manwaring taught in the smaller room today. Good job: 1 Corinthians 11-15. Covered husband and wife relationship, talents, three degrees of glory, charity. All in 35 minutes! I could barely make it home; my hip was the worse than it has been. A nap/rest until 5:30. Visited Alice M. She had fallen; still hadn't found her keys. Left a message for Rachel W. and talked to Don to thank him for his five pound cabbage.

Janice shared the following with me. Ryan Andersen has been taking her papers out once a week. She has been paying him \$2. Really doesn't have very many as I always take the advertising out before I recycle the papers to her. Last week he returned a dollar and wrote a note saying he "didn't need that much money". I was impressed. Whether he came to the conclusion he was being overpaid or his parents had discussed it with him I don't know. I had felt all along that she was paying him too much. A sweet story.

Visited Alice; she had fallen, big lump on her head. Teri is staying until Wednesday. Much to get done I'm sure. She has found her keys.

BLESSING: Heart warming stories of 'real life' as Ryan's.

5 SEPTEMBER 2011, MONDAY

Went to Inst. Care and got prescription for urinary tract infection. Hip still making itself known. Betty gave us beans and tomatoes. Ruth Hobson came for squash and brought peaches. We have one more zucchini to do something with. Got chicken from Fresh Values so had a piece for lunch. Napped from two to four. Visited Alice. She had a difficult day. Took both Teri and David to get her up and into car. Good men. Made up FHE schedule. Talked to Winnie and Lettie.

BLESSING: Urinary tract infection addressed.

6 SEPTEMBER 2011, TUESDAY

Our kitchen drain, disposers, backed up; bathtub a mess. Wanda took a shower in my bathroom. Left for Orem. Maintenance came; called the plumber. He came while I was out; Patricia was here. She cleaned the tub twice; bless her. The note from the plumber said "don't put egg shells down the garbage disposer; this is what caused the problem". Umm-m

glad to have it fixed. Alice went to Emeritus today. I got two mailbox keys made her. With permission put one on the key chain I have.

To vosens for bread; back soon enough to give Patricia a loaf. Had a rest in Gladys' apartment. I do like her hard couch for a rest. Feels so good on my back.

Talked to Carl; drowning in insurance paper work; sounded tired. Said Dimple's bowel problem is on even keel just now. Doesn't pick tomatoes for people anymore, just tells them to go pick their own. Rec'd. the past two week Conner letters. Seems to be having some success in teaching.

Made an appointment with Dr. Schlisman.

BLESSING: back pain diminishes with sitting.

7 SEPTEMBER 2011, WEDNESDAY

President hussey called, once for Brother Iba's number, next to say he will be teaching "the" class starting next week. Amy Mackley came about 4:30; showed me/Gladys and Betty the two quilts she had made, one for a granddaughter's baby the other for grandson's wedding. Both beautiful, both machine quilted. Wanda called; slept in her bed last night; has a cold. To Wilma's with the yellow squash and some "good" chocolates. To Smiths for a few groceries. Tired. Will call Alice and call it a day. Have crab and shrimp out for civiche.

BLESSING: my hip is less painful; did the walk to Wilma's without being nearly as painful as Sunday when I came home from church.

8 SEPTEMBER 2011, THURSDAY

Slept until almost eight. Made a big batch of civiche. Not relation to Google's recipes! Betty and I went to see Alice Mitchell. She had her hair dresser coming in immediately. It was HOT ROOM. We only stayed about twenty minutes.

A call from President Hussey. Class will start on the 15th. Tried to call the names I had re the class. Feel badly. And as if I should have volunteered to "chair" for a little while or until he gets someone.

Talked to Lettie at some length. She will be sending vegies with Wanda; Haven't heard from her today. Talked to Wilma; she and karna had lunch together. A note from Maria Wright thanking me for birthday card. She writes so-o beautifully.

BLESSING: Alice seems to be settling in much better than I would have expected.

9 SEPTEMBER 2011, FRIDAY

Not a good night. Wanda called. Changed bedding.. Called President Hussey and offered to help with registration. Seemed relieved/appreciative. Don't want to be doing it all semester.

Called Brann's office for nitro refill. What a hassle. To Credit Union, got gas, to Smiths, library (parking has been converted to automation). Complicated. To rite Aid for nitro; was there; thank goodness. A late lunch of civiche and good toast (day old bread from Smiths). A nap. Talked to Wilma; visited with Gladys and Betty. Phyllis Johnstone gave us some celery. Hemmed a sheet; unraveling hem. Dates back to early days in my house in Hawaii.

BLESSING; LEARNED Karna is going to take Wilma to the Dr. Thursday. Helping with registration makes it impossible for me.

10 SEPTEMBER 2011, SATURDAY

Finished reading Daughters in My Kingdom. The Church news is "full" of it. Vivian called as I was eating a late breakfast. Talked about half hour; always good to talk to her. Called Fullmers; they're going to Disney world and Epcot in a week or so. His sister Joyce's arrangement. Talked to Becky Johnson; daughter-in law Britney is three months pregnant. Visited Alice M. And got the Lindor candy from Rite Aid for Wilma. Wanda came back.

Started to get together registration material for Thursday class; decided to wait until Monday when I can talk to Sharylanne at BYU. Visited Eloise and took some fruit and tomatoes. Took Cher Painter's birthday card to her. She called from the garage area

10 SEPTEMBER 2011, cont.

and said "I caught you!" Looked a little pale.

Wanda brought another spaghetti squash and onions from Rachel, squash and tomatoes from Lettie.

BLESSING: my leg/hip held up well with quite a bit of walking today.

11 SEPTEMBER 2011, SUNDAY

Slept well. Wanda did eggs for breakfast; she does good ones. We both had a rest before church at twelve. Good meetings. A new, emeritus Seventy, for SS class.

Duane Davis introduced him and paid tribute to Gladys' years of teaching. Sister DeGiulio taught the lesson in RS and had her husband works/ Family History Library.

Can't remember his exact title. He retired from Hewlett Packer (?) And is now working full time in Family History. My hearing or lack of it is being felt keenly.

The beginning of the BYU Adult Religion class was in the bulletin and announced from the pulpit today. Bp. Taylor told me President Hussey had called him.

We ate "lunch" Civiche. And both had a nap. Woke around six. Auwe.

Betty said she would help register Thursday. Bless her.

BLESSING: Good teachers in the ward.

12 SEPTEMBER 2011, MONDAY

Wanda made an appointment with her Dentist and left this morning for it in Orem. I went to the temple, drove, and did initiatory. Lots of waiting patrons. Cinda Morgan came in shortly after I. We sat together as we waited. I am impressed with the

ordinance workers. Home via western nut where I bought coconut strips for Shirley Olson and on the Credit union where I deposited \$450. Home and salmon for lunch, not particularly good but had tomatoes and corn with it. Talked to Amy Mackley; she had just returned. Wedding a success despite rain sopping tablecloths while they were in the temple for the sealing. Alice M. called. Wants a few things from her apartment; found one of the three things.

Talked to Sharylanne at BYU; must wait until pres. Hussey submits needed whatever.

I'll try not to fret. Wrote Anne R. a E-mail sending Gay Mitchell's phone number. Good to have Anne's E-mail address.

BLESSING: being able to go back to the temple.

13 SEPTEMBER 2011, TUESDAY

Slept hard/well. Wilma and I went to Costco. Home around 1:30; both exhausted.

Shared a Polish hot dog for lunch. Napped. Communication re Thursday class from Sharylanne. Made "posters" for cost of class (\$18) the flyer says the Chairperson is

Lavina Harper. Auwe. Took Alice M. stamps, envelopes and her mail. Dinner finished up after eight. 'Distributed some flyers here in the building. Visited with Taylors. He

has been asked to do the money again. Had some of Lettie's curried squash tonight. Like corn in it.

BLESSING: Info re the BYU Adult Religion class.

14 SEPTEMBER 2011, WEDNESDAY

Slept well. To Post Office, Rite Aid and Mexican market. Cobbelled up pages for

18 SEPTEMBER 2011, SUNDAY

the Wickmans spoke at Sacrament meeting; he is the other teacher in 10-11; emeritus Seventy. Brother Toone taught the SS lesson on romans and Lacy Thomas taught Post Mortal life in RS. Big RS. Fruit and Mary Ann's zucchini bread for lunch. An hour rest.

The Wilsons came home/visiting teaching. Got a start on Wanda's wrap and to Fireside. The Guilio'. Much re Family History. They spent two and a half years in Italy where he did research plu his job with Hewlett packer. From there to take Alice her stamps. Ready for bed.

BLESSING: Managed the day with only an hour's of rest.

19 SEPTEMBER 2011, MONDAY, Wanda's 60th birthday

Reported gurgling of kitchen drain; put in a new garbage disposer; leaks. Still need plumber for drain. Will put in another when "they" come. Wanda, Wilma and I went to Mi La Cai for lunch. We each enjoyed our orders; I enjoyed my tomato beef. Wilma paid the tab. Snatched the bill I should say. Home to find custodians still here. Mohammed is back. I had a rest on Wanda's bed. With oxygen.

FHE; Only Jean, Betty, Gladys and I. Janice is at daughter Stephanie's birthday dinner, Ruth in Arizona and Edith fell and is very sore. It's a wonder Edith didn't break something.

Family Home evening went quite well. Wrestled a bit with the DVD, second and third part of Robbie Robertson's DVD. I need to use it more often and learn how to use it. Wanda to the rescue.

BLESSING: Edith Garrard didn't break anything when she fell.

20 SEPTEMBER 2011, TUESDAY

Wanda left for Orem. to see Edith Garrard; son there and a grandson came almost immediately after I arrived. Betty and I went to Jordan Landing for lunch at the Ashton's son's Taste of Thai restaurant. Good lunch and afterwards for ice cream at Stone Cold....Smallest serving a child's serving for \$2.15. Home about one forty-five. Ready for a nap. Wanda had arranged for a nose piece on her evaporator. Plumber and maintenance man came. Plumber able to do whatever but not before a little back-up in the tub. New disposer sounds so quiet.

Dava brought a "dish" she and her daughter tried. I picked up the McCullough book on hold and returned my books; one due tomorrow. Longest I can remember keeping a book. Tried to stop at Wilma's. Their guest parking had closed at 4:30 so I came home. Washed my hose.

BLESSING: Wanda's know how re use of oxygen, nose piece, etc. Persistence in making contact with the oxygen company.

21 SEPTEMBER 2011, WEDNESDAY

To the ten endowment session. Took one of Alice's names. A nap on Wanda's bed. Visited Liz Taylor. Their car was stolen Monday night. \$4900 damage done. Evidently didn't find or know how to get out of the parking lot gates; either one of them as the car was found by Bp. Taylor this morning as he went on his walk.

Organized for class tomorrow. Betty and Frances will help register. Bless them

14 SEPTEMBER 2011, cont.

registration sign in sheets. Called president Hussey; not there. Just before I got up from napping he called. No new chairperson; I will be conducting..

Two tomatoes spoiled. Auwe. Weather high seventies. I Like!

Frances Hutchens is back and will help with registration. I am SO grateful. Think I'm all set. Had sixty copies of the flyer run off at Staples. Over \$7. Never mind.

BLESSING: Adequate help for registration.

15 SEPTEMBER 2011, THURSDAY

Woke just before seven to find my clock had stopped at four. Chucked it. I've had trouble before. Had it set to alarm at seven. To ward; drove. Afraid I'd be too tired after class to walk home (and I was). About 44 in class. Had just started eating a tomato sandwich when Mary Behra called. Needed a ride to InstCare. Home about 3:30 and spent an hour on the couch. Did the class money. 26 registered for full course. Two day attendees. A number haven't paid, a few registered on line.

BLESSING: things went quite well at registration/class. Thanks to Eloise, Betty and Frances. Bob H, bp Taylor and Jean Orgill who gave the opening prayer.

16 SEPTEMBER 2011, FRIDAY. ROGER Smith'S birthday.

He would have been 66.

Patricia came to clean Alice's apartment. I got the items she wanted from her apartment. Betty went with me to take them. The awkward one was her clothes basket. She was on her way to dialysis. Complaining.

Wanda came back with tomatoes, cukes, beans and apple sauce. A nap. Talked to Shirley Olson. She suggested I do oxygen during my naps also. Tried to check my oxygen but couldn't. Vivian and Clive came. Exhausted. Brought four bags of potatoes, cucumbers, tomatoes. Shared with Frances Hutchens, Phyllis, Pauline H. and Bev S. Went with Gladys to hear Ardeth Kapp Perry. She was delightful. Couldn't hear many of the "punch lines". Emphasized again the need for hearing aids. Gladys gave us watermelon and cranch. Smell good.

BLESSING: generosity of Popes and Willmores.

17 SEPTEMBER 2011, SATURDAY

Slept well. Hip paining; breakfast and to Smiths for Tylenol and milk. To Homemaking meeting. Ambulance, fire trucks there when I arrived. Mary Ann Parker to hospital. Heart? Too much time on jam making. Nice lunch, handful of recipes. Really enjoyed the Jalapeno jelly on crackers. Home and a rest With oxygen. Wanda and I traded nose pieces so she could use the computer. Gave tomatoes to Wrights and Holladays, Taylors

A nice note from Phyllis Johnstone thanking "sister harper and Wanda and relatives". Read RS lesson on the post mortal world and took a look at romans, SS lesson for tomorrow. Talked to Alice M. Betty reported that she looked good and seemed to feel quite good.

BLESSING: WORK OF THE RS FOR THE MEETING/LUNCHEON TODAY.

Generosity of Willmores, Popes.

21 SEPTEMBER 2011, cont.

Bag of tubes, nose piece ? from oxygen company. Talked to "Edith Garrard; feeling better. Family have certainly rallied 'round.

BLESSING: Betty and Frances helping with registration.

22 SEPTEMBER 2011, THURSDAY

to class. A few more attending/registering. Forgot to get water for brother iba and to pick up contribution envelopes from the bishops's office. Betty loaned me a couple. A struggle with balancing money. Sister Welch registered on check and cash sheets. When I finally called her she told me she decided to pay cash; think her daughter had signed her on the check page. Sharylanne sent a list of those who have registered on line: eight.

After class got gas, \$15 and not sure it is completely full.

Am enjoyed McCullough book. My eyes just keep tearing so makes reading slower and more difficult.

BLESSING: Bp. Taylor, getting the RS in good shape, Bob Holladays for "opening up" the building, closing and Betty and Frances for registering.

23 SEPTEMBER 2011, FRIDAY

To Staples; took seven empty ink cartridges; bought two. We use them quickly; expensive. From there to \$ store, rite Aid and sunflower and Smiths. New Ensign and new Era came; also a Dr. Leonard catalogue; ordered a clock from the latter. Said free shipping but \$4 for "handling" and would have liked to charge another \$2 for Guaranteed shipping. Auwe. Ordered new checks from Zions. Next time I will double the order. Visited Eloise; blinking eyes steadily; sorry she canceled her September eye appointment. Se has to pay \$150 besides what medicare pays per visit. She doesn't feel well. Aches all over. Gardens grounds looks like a war zone.

Betty gave me stuffed pepper and rice; with beans and crinshaw a big dinner. Gladys stopped by after taking Barbara Bates shopping. More than her usual problems shopping. Gladys distraught. Reading Hebrews, our SS lesson this Sunday.

Talked to Lettie and Wanda.

BLESSING: Gladys' friendship. Betty's generosity.

24 SEPTEMBER 2011, SATURDAY

Did laundry, whites. Changed bedding. To DI, to see Alice m. and on to Wilma's A nap; to the Stake RS dinner and home to watch the RS General conference with Gladys on her "big screen". President Uchdorf gave a wonderful talk. Based on his favorite flower the forget me not. Five points. The flower has five petals.

Made a big pot of chili using beans I started soaking last night. Winnie called.

BLESSING: Hearing P. Uchdorf's talk.

25 SEPTEMBER 2011, SUNDAY

Enjoyed the meetings today. Especially Michele's class on Hebrews. Had "chili" for lunch before taking a nap on the couch because when I turned on Wanda's concentrator it started to beep; I though at first it was the smoke alarm. Up at 5:30 feeling dopey but somewhat rested. Shared chili with Betty and Gladys. Betty

25 SEPTEMBER 2011, cont.

shared her tomatoes with me. Talked to Vivian and Clive, Wilma. Called Carl Mellor. "Holding" his own.

Talked to Wanda. She is helping Linda Herbert and her other who has had a stroke.

To Alice's to get an ordinance card for tomorrow and saw the flyers for her party on the 2nd. Tempted to take one. Nice picture of her.

BLESSING: enjoyed the meetings of the day, especially the SS and RS lessons.

Michelle does such a good job.

26 SEPTEMBER 2011, MONDAY

went to the ten endowment session. Large and a little slow. Still it was good to be there. To rite Aid to pick up pat a day eye drop. Hungry when I got home. Had beans, squash and a slider and cooky for lunch. A rest on Wanda's bed. Gladys brought corn and two peaches. Had finally had one of my peaches which was good. Lacy showed me the flyer she had done; she did not do the one on Alice's table. David her grandson? I talked to Alice but didn't mention the flyers. She had a bad day though sounded quite chipper when I talked to her.

Wanda called; Ann Marie Mckinney had called her. She called me; her mother-in law and a friend need a place to stay Thursday, Friday and Saturday night. Wanda will stay in Orem helping out with Linda Herbert's mother so they will sleep in her bed. Ann Marie continues to have contractions and if she hasn't delivered by next Tuesday the Dr. will induce labor.

Wrote a note to Donna Holladay. Tried to call penny to report. Not home.

BLESSING: I don't feel as tired as usual..

27 SEPTEMBER 2011, TUESDAY

Took the two flyers over to the laundry room for Alice's Open house Sunday. . Tucked Wanda's things away in her room and made towel changes in the bathroom. Later on in the day Jackie McKinney called. They will be staying with her traveling companion's relatives in Draper. I was too premature. Did give me a chance to talk to Anne Marie several times. Such a nice young woman.

Talked to Wanda. Sister Herbert continues to have seizures. Linda wants to take her Home. Gary not ready for that. She was having her wraps done when I talked to her.

Visited Alice. A lymipidemia therapist was with her; thought Alice looked quite good.

Her legs/thighs are huge/red. Plans seem to be to wrap.

Betty gave me dinner—carrots, roasted potatoes and beans. She chopped my macadamia nuts up in her food processor. I grated four cups of zucchini in anticipation for bread.

BLESSING: Wanda getting wrapping done.

28 SEPTEMBER 2011, WEDNESDAY

made zucchini bread. It's quite good. Wilma and I went to the Balkan for lunch. I had the lamb stew which was more tiny, tiny okra than lamb. Don't think Wilma will want to go there again. Took her a little loaf of bread.

My eyes do weep; difficult to read the McCullough book. Am on the second hundred

drive!!!
can

28 SEPTEMBER 2011, cont.
of McCullough's book.

Ate too much Zucchini bread.

BLESSING: People to care about; family, friends.

29 SEPTEMBER 2011, THURSDAY

CLASS. Seemed sparse at first. Finished Acts of the Apostles. Still enjoying the zucchini bread. Took Gladys a little loaf; she gave me peach cobbler. Talked to Lettie at some length. Tomorrow Rachel Willmores and Regan are re-rooting her house. Have about half of the McCullough book read if you don't count the references, acknowledgments, etc. Talked to Wilma; karna came today and took her to get fruit. Alice M. Called; coming home Sunday. How she will manage I don't know. E-mail from Pam re RS; finding it hard to get callings filled.

BLESSING: class seemed to go well. Betty Evensen giving the closing prayer.

30 SEPTEMBER 2011, Janice H. birthday

Talked to Wanda and Janice. Janice has a full family day. Wanda is getting her crown done today. Linda's mother is home, on hospice; breath labored.

Stopped by Imogene Brown's; not home. They have refurbished the entry of her apartment complex. Left the zucchini bread and fruit on her door. Saw one of Thursday class members; can't remember her name. To Smiths for bridge mix, eggs and walnuts. Lunch; my chili seemed flavorless. Visited with Gladys; she had a letter from Barbara Bates.

Wrote to Pam; did a bit of advising I'm afraid. Talked to Wilma, Alice M., Gay M.

BLESSING: Did not hit the car in Smiths .

1 OCTOBER 2011, SATURDAY, CONFERENCE

Great conference. Wanda called, Linda's mother died at two this morning.

President Monson announced temples to be built in Star Valley, Congo, Paris, Columbia, Durban and the old Provo Tabernacle to be the site of a temple.

Vivian called. Was pleased with the thank you note from Phyllis Johnstone.

Talked to Wilma F., Wilma H., Becky J, and Alice M. Alice isn't coming "home" until Monday or Tuesday.

Washed my temple clothes and ironed. Ironing is something I haven't done for awhile; they do look better.

BLESSING: conference and the wonderful feelings while listening.

2 OCTOBER 2011, SUNDAY, CONFERENCE

Again I was "perkier" in the A. M. sessions. Truly a wonderful conference. Sister Elaine Dalton's talk was Advice to Fathers in Rearing Girls, Elder Hales, seated, spoke of suffering, president Monson quoted a rabbi re the 1960's with "changing" morals. God has not changed His. Elder Collister a firm testimony of the Book of Mormon. Talked to Rachel W. between sessions. They did finish her roof. Waiting to have insulation put in.

Anne Robertson called. To Alice's birthday open house. 90 years old. Many people. She needed her oxygen. I think she will be pleased at the number of people.

2 OCTOBER 2011, SUNDAY cont.

Terri and David have done a lot of work. Two kinds of cakes, dips, crackers, rolls, chips, ham, cheese.

I am moving along on McCullough's book. Admit I've not read verbatim all of the Prussian seige. Eyes still tearing aggravatingly.

BLESSING: Many people at Alice's Open House. (Not sure how she'll be able to hold up.

3 OCTOBER 2011, MONDAY

Up at four; ate the rest of Gladys' peach cobbler and read about forty or so pages of McCullough's book. Slept in until around eight. Wanda came around ten; stayed two to three hours. Kibrought some wonderful peaches; shared with Betty and Wilma. My phone wasn't working because the switch by the door was off. Auwe! She also put in my baby canulas.

Took Wilma McCullough's book and couple of peaches. She gave me oranges and her curried squash; that's what I had for dinner.

FHE at Jean orgill. Particularly pleasing to hear Betty so animatedly speaking of conference talks. Ruth Hobson had been so busy with Conference guest's food she saw little or nothing of Conference. Jean has her apartment "together". Fixed plates for us to take home; grapes, cheese, little muffin and a piece of chocolate.

Ruby Haws had called so I returned her call. Ruth Willmore called for a favor for Conner. Wanted our prayers to help him in wanting (?) To read and listen to music.

BLESSING: Wanda's help, generosity, FHE ladies.

4 OCTOBER 2011, TUESDAY

Had last night's refreshments for breakfast plus a peach. Ono.

Did ten initiatories. Picked up prescription and bought peaches; bought a Mexican papaya from the Mexican market. Tempted to buy the "3 tacos for \$1". Had rest at Gladys'. Patricia came. Do like a vacuumed floor. Why don't I vacuum more often? Talked to Lettie. E-mail from Becky. Dr. Upped her med. Also talked to Wanda; she seems to be making progress in her house.

Betty shared tomatoes. Alice is home.

Took Eloise a couple of Wanda's peaches, the last two in fact

BLESSING; clean house; temple time/ tomatoes.

5 OCTOBER 2011, WEDNESDAY

washed compression hose. Forgot how hard new hose can be to get on. Wilma and I went to lunch at Bayleaf. Good food just so much. Water served in a quart jar per person. We were fortunate to find a parking place. 159 S. Main St.

Rainy, cooler. Not a restful nap. Got bread for Hydes. Stopped in to see Alice. She needs help; frying potatoes, shaking liberally with salt. Had a successful dialysis day; "back killing me".

BLESSING: Finding a parking place.

6 OCTOBER 2011, THURSDAY

6 OCTOBER 2011, THURSDAY

TO CLASS. Rainy; grateful to bob holladay that I could get in the building and the building was warm. Skimpy class to start with. Thanks to Frances H. For help with registration; Dava's daughter registered. To costco afterwards to get iron and cookies. Napped on couch about 2:45. Late. Took oxygen in and comforter. Wunderbar. Up at 4:45. Auwe. To see Alice. Eating. Aide had been there. Took her lunch/dinner dishes back. Visited with Taylors. Liz has a virus. Betty gave me chili and chicken pot pie. Had the latter for dinner.

Maria Smith called for Wilma's address. Sounded good. Asked if she is drowning; she laughed; talked to Wanda. Will call Wilma. Visited with Gladys. Leaves for Milford in the morning.

BLESSING; Alice's aide. Betty & Frances' generosity.

7 OCTOBER 2011, FRIDAY

Wilma and I went to Smiths for groceries. She had her flu shot. I was too tired to pick up meds. Alice gave me muffins, one of each kind. Ono. Alice was on her way to dalasis when I got home from Wilma's. Too long a nap. On couch. With oxygen. Pressed pants which had store bought crease in them. Washing three times didn't take them out. Low forties. Started reading Fflagg's book, condensed in an old Reader's Digest. Got Alice's dinner for her; seems a little more alert than usual after a dalasis. Ann Marie's baby is Clark Spencer.

BLESSING: Good feeling reading the Ensign featuring the Book of Mormon. Particularly liked Brother Bednar's discussion of the 'iron rod'.

8 OCTOBER 2011, SATURDAY

Did bedding, pj's and a night gown. Love clean sheets. Betty brought me breakfast. Got gas and picked up two perscriptions. Talked at length with Vivian. Picked two to three bushels of green tomatoes in anticipation of a freeze. Wilma told me of faint feelings she is having. Of concern. Finished Fflagg book. Balanced bank account. Talked to Wilma Fullmers. Leave for Arkansas on Thursday.

BLESSING: checking account in healthy condition.

9 OCTOBER 2011, SUNDAY

Sun is shining. Cupcakes on my door step. A short rest before church. Joyce and Jack Angus spoke at Sacrament meeting. She and her family lived there while he was in "Viet Nam. In the late 50's. he spoke on "ties that bind". Brother Wickman taught the SS class; Ch. 21-28 of Acts. Great job. Room filled. Sister DiGuilo gave the RS lesson. Sat with Betty during Sacrament meeting and SS.

Lunch of combined chillies, short rest and to see Wilma; took her the rest of the chili. She doesn't look well. Only two "faint episodes" so far. She and Joyce did two of their visiting teaching sisters. Stopped in to see Alice and went up to see Gladys. Talked to Sharon Crandall re Alice. Cher Painter said she'd like to take me out to dinner. Waffle and apple sauce for a late dinner.

BLESSING: A good RS president

10 OCTOBER 2011, MONDAY

slept well. To the temple; runny nose, eyes. A cold? Auwe. To Credit Union; closed Columbus Day. Finished Betty's chicken pot pie for lunch. Nap. No oxygen. Miller's office called; canceled appointment until November because of my cold (?). Talked to Wilma and Winnie; both feeling "down". Wilma "tired of Drs., couldn't describe her fainting feeling; only give me more medication". Sounded as if she was saying "death, come on". Depressing. Then when I talked to Winnie; problems with new diet; discouraged re her "old" Dr. And what he'd think of the new regime. Again, depressing. Took Nancy her birthday card. Third floor is harder than ever for me to climb. Yes, in Gardens

Wanda called. Just back from Carol Herbert's funeral; helped with lunch; served 200 people.

Letter from Conner; made copies for Popes and Wilma..

BLESSING: Conner having some rewarding missionary experiences.

11 OCTOBER 2011, TUESDAY

Wilma and I went to the library. Got a new Mon book by Perry and Cooper's Last of the Mohicians. The latter beautifully bound. A rest and to Smiths for peaches and oatmeal. Talked to Wanda couple of times. Picked up K's Tuesday special of chicken fried steak, slaw, potato and a biscuit for \$2.99. On to Wilma's where neither of us could finish up the steak. Checked with Alice a couple of times. Learned last night that Jo Madsen had fallen and hurt her ribs Saturday night. Talked to Lettie. Mailed Conner's last letter to popes and made a copy for Wilma. BLESSING; Conner having a good first assignment experience; a good companion evidently and a missionary cooperating ward.

12 OCTOBER 2011, WEDNESDAY

Didn't get up until after eight. Washed "whites". Emptied and cleaned freezer. Packed full. Need to eat before I buy anything other than perishables. Did vegetable crispier also. Washed ALL compression hose except ones I had on. Visited Alice a couple of times, the latter around six. Patricia was there helping her with her dinner.

Took Eloise Mormon Times and a banana. She wasn't feeling well. "Tired" is the complaint among many my age. A nap. Read in I Corinthians. Class for tomorrow.

Got bag ready for class. Cher Painter called. Dinner with her Saturday. Called Donna re VT.

BLESSING; Good feeling after doing that which you know you should.

13 OCTOBER 2011, THURSDAY

Not a good night. To class. Long, good nap. Wanda called. Lettie is coming to spend the night with Wilma. With Wanda; they will return Saturday. I am so pleased.

Decided I'll do what I can for Alice. Wilma called re Lettie's potential visit. Has a hair appointment tomorrow. Should make her feel better. Gave Betty the "shopping" book bought at library. Talked to Vivian; she is a "hunting widow".

The Johnstone's are leaving tomorrow; haven't enjoyed the work part of their mission. I will miss them; they have been friendly, delightful, sharing people

BLESSING; Lettie coming up to spend the night with Wilma..

14 OCTOBER 2011, FRIDAY

Betty and I did Alice's back, shoulders. Looked better. Helped her get her clothes on. Betty got on her knees to put her shoes and socks on; could hardly get up.

Took Wilma to get her hair cut. Dava and I did our visit to Donna h. Dava gave me Indian bread and some Indian food; haven't tasted it yet. When I got back Wanda and Lettie were here. After a little visit Lettie and I went to Wilma's. Home and a short rest, both Wanda and I before going to the ward for the annual appreciation dinner hosted by Zions Securities. Good meal. Roast beef delicious; can't remember when I've had roast beef.

Hemmed a pillow case for Wanda's big pillow. Fabric tough; poor needles. To be early BLESSING; Lettie and Wilma having a visit.

15 OCTOBER 2011, SATURDAY

checked with Alice a couple of times. Aide never came to Wilma's to pick up Lettie. Nice visit. Wilma hasn't had any "faint" episodes for a while. Lettie shared similar incidences. Think both Lettie and Wilma enjoyed Lettie's visit. To Hel to see My Fair lady. Initially a little disappointed but the characters grew on me.

Cher canceled our dinner. Was a good thing. Barely got back by four and was exhausted. About an hour rest after lunch and then to see Alice; return phone calls from Janice and Barbara Nolan. The former has canceled FHE. To reduce stress which Dr. Feels is the cause of her skin problems.

Betty and I "creamed" Alice's back, arms. Looking a bit better. She scratches, the areas bleed. Birthday cards from Mary B. a Gay Mitchell.

BLESSING; Cher postponing our dinner.

16 OCTOBER 2011, SUNDAY

Slept in. Amy Mackley came at eleven. Did Alice's back; helped her dress for the day. Enjoyed meetings but by the end of the day with a fireside was exhausted. Fireside comprised of the Toones speaking; they've spent time in Egypt, he in Iraq and England. Impressive family. TV dinner; too many chocolate covered nuts. Betty and I helped Alice with back and nightgown. Called Wilma; Kama answered the phone. Did crossword puzzle and off to bed.

BLESSING: Made it through the day. With an hours rest.

17 OCTOBER 2011, MONDAY

Slept wonderfully well. Up late and by the time I got down to Alice's betty was just putting on her shoes. To the eleven endowment session. Smaller and of course faster. Home about one. Quick lunch and nap from 2-4. Dinner at Sizzlers with Gladys hosting. I had steak; they had shrimp. Steak tasty but tough.

Birthday cards from Jan M. and Jane and Joseph Bowman.

Wilma says she doesn't think she can live alone any longer. She has told Eric and kama that she is giving up her car. Kama has been looking around for care centers. She also said, "I don't think I'm long for this world". Wrote Smith family re Willmores's beds "for the taking". Will be interesting to see if they get takers.

BLESSING; People's generosity: Gladys, taking Wilma and I both out to dinner.

18 OCTOBER 2011, TUESDAY

Many cards, phone calls, gifts. Heart warming to say the least. Hip and leg so painful. Took extra strength Tylenol at six and again at two. Went as Betty's guest to have Belgium Waffle in a little place across from Pioneer park; very satisfying. To Vosens for bread for Harmons the new missionary couple in Bro Wiscomb's apartment and one for Andersen; split a third with Betty and Janice.

To \$ store for file, wrapping paper and picked up four thin wash cloths, two for a \$. From there to Smiths for red grapes and a bouquet of Manager's Special for Wilma. Once she arranged them looked quite colorful. Shared my grapes. She talked about dying, helplessness, Paula's call, Eric's call. Seemed to be a little more cheerful when I left. Karna is looking into care centers.

Phone calls from Roberta Robinson's birthday singing lady, from Olson and Fullmers and Barbara and Abe, and Bob and Elva Parker

My hip and leg pain are impressive. Reading the Perry book. Painful. Betty and I did" Alice's shoulders. She had a very busy. Day.

BLESSING: Friends, relatives who have remembered me today.

19 OCTOBER 2011, WEDNESDAY

helped Alice get washed up/dressed. Appointment with Dr. Schlisman. Ended up talking about Wilma. Lower back pain shooting to leg? foot. Starting out with Naproxan. If it doesn't help in two days will get Exray route. I do like Dr. S. Quick lunch of Sizzler steak and potato, Gladys' beets. Ono. A rest and to Gay Mitchell's Open House. Listened to part I of the story of the King James Bible; talked to Karna re Wilma. By the time I got to Alice's; Betty had pretty well got her ready for the night.

ReNee Neuharth stopped by with a card, pretty bag with two chocolate bars. Looked great.

BLESSING: Dr. Schlisman.

20 OCTOBER 2011, THURSDAY

Woke up feeling nauseous. Leg eased considerably. Made it through class. Quick tomato sandwich and a rest.

Wilma called. Sounded revived. Liked the nurse practitioner; has a urinary tract infection. Weighs 118. Told her to drink whole milk; eat protein. Tentative appointment to go to Alpine Medical tomorrow.

BLESSING: Wilma's brighter outlook on life.

21 OCTOBER 2011, FRIDAY

Up at eight. No nausea thank goodness. To Alice's; she was so tired; stayed about an hour; Betty came down. I had to leave before Betty got her shoes on.

Wilma and I went to Alpine Medical. Nick helped Wilma; put "socks" on the back legs of her walker and a new basket. I wish she would have bought one with four wheels but she didn't. Stopped at Reams; both bought more than we'd planned. I got home about one and had rice crackers and chocolate cover pecans for lunch on the couch. We were both exhausted.

To dinner, hosted by Cher painter, at Chili's We both got an "explosive Salad"; couldn't eat it all; shared a dessert. When I got home I was chilled to the bone. Cold water?

21 OCTOBER 2011, FRIDAY, cont.

When I got home I had a call from Sharon Crandall; Alice in hospital; became incoherent at dalasis. In IHC in Murray; Grandson, David, with her before they took her to the hospital

Whatever. Called Barbara Nolan; she mentioned her light was on in her bedroom; door open, of course. Went down and turned off light and locked door. Noticed her teeth were on the table. Left a note on Betty's door. She got back about 8:30 and was going down to turn her thermostat down. Conner's letter. Shirley Olson called.

BLESSING: Wilma "improved" her walker. David with Alice.

22 OCTOBER 2011, SATURDAY

Didn't want to get up. Was after eight when I finally made it. Two loads of wash; clean bed, drawer full of clean garments. Hair cut. Shorn. Michele Manwaring called to ask if I'd share in her class: I Can Do all things in Christ: Philippians 4:13. Little trouble wrapping ideas around it.

Got gas and filled eye drop prescriptions and nitro. Betty provided with dinner.

Stomach too queasy to eat. . Enough for several meals. Wanda called. Have parking cards ready for Jacob and family if can't find a parking place; must have found one as they haven't stopped by.

Betty's daughter Susan reported Alice had "gone home" but she isn't here yet. Must have gone to a care center.

Blessing: Hip/leg doesn't hurt.

23 OCTOBER 2011, SUNDAY

eight seems to be my standard getting up time. Read paper, to see Alice; she looks better. Upset because people are complaining that she should me in a Nursing home. I've resolved to stop talking to people about her anymore than I can.

Michelle gave a good lesson. What I said didn't fit in very well. Barbara Bates at church. Really dragging when I came home; quick half peach and a piece of toast, milk and to the couch. Visited Alfie where barbara and Darlene were visiting. Alice had her teeth in. Says she has home help "in place".

Watched the second part of Fire of Faith, the second part of the history of the King James translation of the bible. So much burning at stake.

Ruth Willmore called before church to say Don is in the hospital. Lettie called this afternoon. Infected bowels; massive doses of antibiotics. She said he looked better when she saw him after church.

BLESSING: Don's family have/are rallying around just as expected.

24 OCTOBER 2011, MONDAY

up at twelve, to make ceviche, (insomnia) A big bowl. 'Finally to sleep around four.

Beat most of day. Alice called wanting Betty to put on her shoes. Talked to barbara, reiterated that we should not "do" things for Alice so she will learn she can't do it on her own. About a three hours rest. Wanda called; sent info re Crocs. Has a urinary tract infection. Washed three pairs of hose and blouses in hand wash cycle. Took ceviche

24 OCTOBER 2011, cont.

to Wilma. Ate together. My hip pain back; taking Tylenol; helps. Home from Wilma to find a smoke filled hall and Bev bailing out Alice; slumped in her chair trying to eat. Talked to Ruth Willmores mid morning; Don still in hospital. Seem to have his blood sugar under control; with insulin.

Bev was helping Alice with her dinner.

BLESSING: Tylenol helps with leg pain.

25 OCTOBER 2011, TUESDAY

SLEPT WONDERFULLY. Dressed for the temple. Leg/hip painful. Time with Alice. About eleven acknowledged wouldn't be going to the temple. More time with Alice. Rested. After several various phone tags with Meilisa at Schlisman's office have an appointment for a MRI on Monday at ten.

Alice : what can I say. Insists she can "do it for herself". Can't. Left a message for President Hussey asking him to call me.

Talked to Steven Smith , Wilma and Lettie; Don still in the hospital at that time.

BLESSING: Appointment for MRI after much back and forth.

26 OCTOBER 2011, WEDNESDAY

Leg/hip really pain me. Gave up going to the temple. In and out of Alice's until ten. Talked to Don w. He is home. Hardly recognized his voice. Doesn't feel well. Lettie was at her eye doctor's.

Nap, light lunch. While I was resting/sleeping Eric h. called and invited me to thanksgiving dinner. Would pick me up along with Wilma. Wanda called. Decided to take a Naproxan and think there's some improvement in my pain. Got out my cane. Down to Alice's at six; she was still in her wheel chair. Apartment cold. Got Betty to take off her shoes and we got her undressed/dressed for the night. Betty got her a bowl of sherbet and we heated up half of the soup Patricia had made for. I don't know. Have used cold packs several times on my hip; seems to help a bit.

BLESSING: Don home. Hirschmann's thoughtfulness re Thanksgiving. Wanda

27 OCTOBER 2011, THURSDAY

Made it to class. Hard. Brief talk with Bro. Iba after class about next semester.

Teacher he had in mind fell through. Took Kathy P. Her birthday car. A peach and about three hours on the couch. Stopped in to see Alice. She must've had lunch with David; no new home help as best I could determine. Bp. Taylor fell this morning; didn't break anything but is bruised and sore.

Talked to Lettie, Don, Wilma. Wanda twice; I think I'll throw I in the sponge re Emily's wedding. Not fair to Wanda for one thing. Wilma has an appointment at Huntsman on Monday; at twelve. Needs me to take her. My MRI appointment is at ten. Don sounded a bit better, diarrhea diminishing; no appetite. Lettie at a loss as what to fix him to eat. Made a few suggestions.

BLESSING: made it to class. Rested with little pain after a peach lunch.

28 OCTOBER 2011, FRIDAY

Pain this morning. Took both meds. Feel better buttery zombish. Harvey Wilson and

28 OCTOBER 2011, cont.

Bp Taylor gave me a blessing. Napped on the double bed. Talked to Lettie and don. To see Alice a few times. Baked two of the Marie Calendar's pot pies. Sent one to Alice. Her granddaughter is coming tomorrow. Grandson on Tuesday. She told David she needed more help. And indeed she does. Didn't go to Dialysis.

BLESSING: Good men like bp Taylor and Harvey Wilson.

29 OCTOBER 2011, SATURDAY

Betty came in about nine to say that Alice was on the floor. Don b., Brother Ashton and the new missionary from next door got her up. She insisted she didn't fall but "just rolled off" as the chair tipped. Didn't seem to break anything but was sore. Not sure how long she lay there. Called Wilma to tell her how glad I am that she wears her neck alarm. Alice granddaughter came up today; hopefully will be back tonight.

Took another pain pill, Naparoxin. Guess it was what made me feel overall sick.

Queasy and generally don't feel well; the pain was less. Don't think I'll take one tomorrow. Dressed to go to Conference; just didn't make it.

Talked to Wanda; she didn't go to the wedding; diarrhea, and needed to stay close to the bathroom. Watched most of Doc Martin tonight.

BLESSING: ALICE DIDN'T FALL.

30 OCTOBER 2011, SUNDAY

up, bathed, dressed with "aim" to go to conference. By breakfast time changed my mind. Pain quite acute as I would step on my foot, going down to numbing sensation on my right foot. Moped around all day.

To Alice's and ascertained that her granddaughter was there. Went later to find Barbara Nolan and Darlene Hautz there. Gladys gave me another speaker by speaker report on conference. Gorgeous day. Made salmon salad; a sandwich for lunch; spoiled it with a zucchini relish which was too sweet.

Spent some time on cold packs; does ease pain at the time.

Bp. and family stopped by; Julie brought cookies. He said he'd sent President Hussey another E-mail.

BLESSING: Alice's granddaughter must have a fairly good idea of

31 OCT-1 NOV 2011, MONDAY AND TUESDAY

For my MRI; Gladys took Wilma to Huntsman Center. MRI noisy; thoughtful technician; let me know when it was half over and checked to see if I was okay. Gladys called around four from University emergency; Wilma had fallen and gashed her head; I went up; Eric came sometime later. Blood all around. When I left the hospital to pick up my valet was closed. Young man at information at entry of hospital offered to get it for me, above and beyond the call of duty. Offered to tip him; declined. I've never had that happen at LDS or St. Mark's. Integrity heart warming. The signs say (free). Gladys took me to Wilma's with her walker, oxygen tank. Eric came with Wilma shortly afterwards. Wilma and I got to bed about ten-thirty; hurting, after Bro. Zundell and Eric administered to Wilma.

BLESSING: No brain damage.

Tues: didn't sleep well; pain. We both had breakfast; changed Wilma's bandage. I

1 NOV, 2011, cont.

Called Gladys and Wanda; Wanda offered to come; bless her. Gladys picked me up. Patricia called shortly after I got home to be let in; found Alice asleep. Went with her. David was shopping; she was miserable. Got Betty and we were able to get her bottom garments off. Smelly. Didn't put others on; don't know how we could. I tried to get the pain clinic with no success. Slept well on the couch. Feel guilty no going to spend the night with Wilma. Talked to Lettie and Don. Don said, "what next?" Left a message for Popes. Gladys brought me pie from last night. Pumpkin; I'm offering it to Lacy. Barbara stopped by after "doing" for Alice. Hope the oil, etc. helped. Terry is coming tonight; I know David will be relieved. Betty, bless her, has been spending a lot of time with her. Alice kept saying she didn't want me straining. Thoughtful of her in her extremity

Letter from Conner. Said he'd gained ten pounds. I thought he looked like he had gained; he said he couldn't tell. Continues having success, chafing a bit at limited car use.

Pain Center called about 8:00 P. M. She works late. Appointment at 10:30 A. M. Will have to cancel Miller appointment.

BLESSING: appointment with Pain clinic.

2 NOVEMBER 2011, WEDNESDAY

Slept quite well despite pain; took two Tylenol before going to the Clinic; Gladys took me; bless. By the time I came home the pain had subsided substantially. Back again. Betty will take me for an epidermal tomorrow. Filled out a volume of papers; liked Dr. Dahle, personable young man. Narrowing of spinal cord, nerve? Thus pain. No guarantee the injection will help. Here's hoping. Stopped by Arby's and I got a dollar sandwich; she mozzarella sticks. A rest.

Darlene Houtz will conduct for me tomorrow. Frances will do registration and put handouts out. Brought me some cream soup. Talked to Mary B, Janice Harris, Betty. Alice is in hospital and will go into a nursing home. Inevitable.

Wilma's nurse visiting teacher encouraged her to wash her hair; put on a new bandage. Bless her

BLESSINGS: Peoples's concern help; driving. Sharing, accepting request for help in Thursday Religion class. Wilma's V.T. helping her.

3 NOVEMBER 2011, THURSDAY

Alice Mitchell died about two A. M. I will miss her immensely but what a blessing. Cathy Grandgent called me; Betty came over soon afterwards. Called Barbara Nolan. Learned the Brailsford's oldest son was killed in a car accident.

Betty took me to my epidermal appointment; not as painful as I expected. Felt zombish; quick lunch and a rest/nap. Little or no difference in pain. Thought so at first; Liz said it was probably the linacaine he gave to deaden for the injection.

Alice's door was open so I was fortunate to be able to talk to Terry, Alice's son. Expressed my feelings of missing her but of NOT mourning her. He said he "understood perfectly". Dava left a potato dish; returned France's soup container with a couple bites of pineapple from what Betty gave me. Ono. Karna was up today. Bless her.

3 NOVEMBER 2011, cont.

Betty got Gladys some of her mango peach chutney. My headache is almost gone.
BLESSING: A chance to express my feelings re Alice's death to Terry; my headache pau.

4 NOVEMBER 2011, FRIDAY

Just as I started to step in shower Wanda called saying she and Ron were coming up to pick up Wilma's car. Flabbergasted when she said she hadn't contacted Wilma; was going to and I suggested tact/availability. Sure enough Wilma declined. When I went later she said Eric and Karna were picking it up Sunday.

To rite Aid, Janitor's Supplies, Vosens, Sweet Library, smiths and Wilma's. she is looking quite banged up; bruises "colorin"; had a miserable night's sleep. Resorted to oxycodone and it worked wonders. Was very distraught with a ferrible headache; thought maybe something was "going on " in her head. Think she might make an appointment with Dr. S. Hope so, Lunch with Wilma; home about two; too tired to rest much. Pain still in hip leg but it is better. Shared pie and bread with Wilma; Pie with Betty and kept Gladys' fourth for when one o the three of us are ready to bake. While talking to Carl (he had is gall bladder out; problem in getting one gall stone out; had become attached to intestine wall; afraid to try to remove it he has been on blood thinner. Were able to remove the gall bladder.

While talking to him Anne Robertson and Pauline Harward came. Hard time hanging up but they were patient. Good to see Anne and Pauline.

Betty gave me soup for dinner; not very hungry; too many chocolate covered pecans. Liz called; we are having a luncheon. Plan for forty. Not bad. Funeral at 12:30. Casseroles. Talked to Sharon.

BLESSING: Errands run; lunch with Wilma; leg/hip not well but improved.

5 NOVEMBER 2011, SATURDAY

Beautiful snow storm. Slept in after a mid A.M. insomnia period. Did laundry/bedding/pillow/hose. Fitful afternoon rest. Talked to Becky J, Wilma Fullmer and Wanda. Betty told me re her chocolate party last night. Talked to Wilma H. She sounded a little better. Had slept well until four after a hydrocodon.

Asked Kathy P. To do decorations for the funeral lunch; she has a dental appointment. Cher Painter will do them.

Gladys gave me some meat loaf and a baked potato and sweet potato. She does make a good meat loaf. Bev S. called.

BLESSING; Wilma had a better night's sleep; drawer full of clean garments.

6 NOVEMBER 2011M SUNDAY

A wonderful, long, night's sleep. Really enjoyed Elder Wickford's SS on the two Timothies and Titus. Talked to Wilma; not quite as perky as yesterday.

Barbara Jean sent pictures of her children's Halloween costumes. Professional looking. Talked to Sonia Aycock. Nice person. She was here for Dagmer's funeral; her mother-in law, Max's mother.

BLESSING: Great SS class.

7 NOVEMBER 2011, MONDAY

Slept well. Called Dr. Miller's office; he's in surgery today. Have an appointment with him tomorrow. Will try to visit Winnie before my appointment at 11:30 A. M.

To Smiths, Big Lots, Staples and Arby's. bought four \$ Arby sandwiches; to Wilma's; Millers were there. We each had a sandwich some of Karna's salad from yesterday's dinner (they brought dinner and ate with Wilma) Nice. Sandwich just the right size.

Karna had left some apple dessert for me. How thoughtful.

A rest; restless one. Gladys stopped by; has misplaced her research folder on Sister-in-law Rosalie. Disturbed.

Took a thank you note and an ointment replacement to Bev. Stopped in at Al Fortuna where Betty and I will be having lunch this month; little pricey.

BLESSING: Wilma has attentive home/visiting teachers; eight volunteers for her eight visits to huntsman /month.

8 NOVEMBER 2011, TUESDAY

To See Winnie en route to appointment with Dr. Miller; good to see her. Eyelashes culprit for very uncomfortable right eye. Much, much better. Good solid nap. Marami phone calls re funeral luncheon. To the viewing. Early. Only Terry and his daughter, Rebecca there. Not many "viewers". Called brother Sykes re appointment with pres. Hussey; E- mail re the need. Presidency too busy with temple recommends tonight. I'm tired. Gladys found her "lost" folder.

Talked to Wilma; Eric proposed renting a house for the two of us near Eric and Karna; neither of us enthused.

Touching letter from Conner re his esteem for Don; brought tears to my eyes.

BLESSING: Eye relief. Things seem to be "in place" for luncheon tomorrow.

9 NOVEMBER 2011, WEDNESDAY

To ward to "do" tables; everything on schedule with Ashtons coming at 10:30; Betty and I to funeral. Two speakers Terry and his son David. Bp spoke briefly. Back to ward.

Wanda did come; looked nice. Home at 2:30; exhausted. An hour rest. Answered a message from High councilman Bother Isom re Thursday class; stopped by and picked up info needed for next semester's class. Think they have teacher. Wrote Brother Iba. Still tired; enjoying visiting with Wanda. She fixed my paper shredder and caller ID on the desk phone.

BLESSING: luncheon went well.

10 NOVEMBER 2011, THURSDAY

Slept well until five. Blessed sleep. Wanda did eggs for breakfast. Seemed a longtime since I was in class. Good one; well attended. Wanda left before I came home.

Straightened book case a bit. Piece of toast, milk. Rest. Balanced check book; sent Alice M.'s obituary and funeral program to Amy M. and Evelyn I. Karna brought me Wilma's garage pass. Some checked out dozens of tapes on Betty's lost library card. She will have to pay the overdue of \$156!!

Frances reminded me of the preparedness class tonight. So dark, so cold...I had forgotten it.

BLESSING: Karna felt Wilma seemed better.

11 NOVEMBER 2011, FRIDAY

Realized it is the legal Veterans Day so no trip to the 'Credit Union but did go to Smiths and Rite Aid. Wilma and I went to Bambara for lunch. Impeccable service; too much food, raucous luncheon party; valet parking and help with oxygen and walker wonderful. I felt sick when I took Wilma home and was so glad to get on the couch; didn't get up until 4:45. Feel better. Wilma is considering a four wheeled walker; would be so much easier for her to go out and about. And for those who are responsible for her.

Someone used Betty J.'s library card to check out tapes and she wound she owes \$156.00 in fines. She is devastated. What a low thing for someone to do. They now have put a block on the card so it can't be

Took a note to Terry telling him of giving a contribution to the General Missionary Fund in Alice's memory. Donna opened the door as I was putting the note on the door. Rita, Alice's sister is still here. Was nice to visit with them.

Betty invited me over to see her two week old great granddaughter. So tiny, so perfect. BLESSING: AN APPOINTMENT WITH PRESIDENT HUSSEY!!

12 NOVEMBER 2011, SATURDAY

To the temple. Read James while waiting for my turn in initiatory. Great. What a good book. Did ten names. Hip/leg rebelling. Snowed afternoon; none stuck around us.

Talked at some length to Ruby Haws. Talked to Lettie and don. Rachel and Ruth "did" Willmores's yard. Winterized. Talked to Wilma; a headache. Rebecca nee Werner invited me to go to Amanda's wedding. Ate too many "sweets" today.

BLESSING: back to temple. Ruby haws.

13 NOVEMBER 2011, SUNDAY

Met with Pres. Hussey at nine. Supposedly "things are "under way". Now I know who he is. Home and a nap; almost missed Sacrament meeting. En route learned Shirley Hyde had broken her rib coughing. Good Primary program. 18 or so children; all singing. No teachers had to participate with talks or singing. Fun to see Christana and Olivia sing and speak. A year of growing/maturing. Maria Wright led the music.... Dava and I did our visiting teaching. Jo Madsen was so gracious. Gave bits from Elder Scott and Elder Hales talks.

Rebecca nee Werner has offered to pick up Emily and Amanda's wedding gifts.

Hip/leg letting self be known.

BLESSING: Visiting teaching done. Beautiful Primary Program.

14 NOVEMBER 2011, MONDAY

Rebecca Rowley and children came; took wedding gifts. Enjoyed her and seeing her 2 and 4 year olds. To Credit Union and \$ store. Addressed the rest of November birthday cards. FHE at Betty's. Guests from Apt 204. Harmans, serve in FH Library; she is from Pikeville, N.C.. Daughter married Hubert Aycock's son David. She graduated from East Carolina in 1971.

Wilma had her first "treatment". Is nauseated. I'm afraid it is going to be hard for her.

Rachel Willmores called; she has a meeting in Salt Lake tomorrow. Lettie is coming with her; we'll go over to Wilma's.

BLESSING: Rebecca's thoughtfulness. Wilma's visiting teachers.

15 NOVEMBER 2011, TUESDAY

Rachel Willmores picked me up and she, Lettie and I went to Wilma's. Rachel is contemplating a gastric bypass. Meeting at ST. Marks. We were all weary by the time she returned after eight. Lettie brought apples and applesauce. Good to see her. Rachel is letting her hair "gray"; looks beautiful. Hip leg hurting. BLESSING; Rachel bringing Lettie to visit.

16 NOVEMBER 2011, WEDNESDAY

Betty and I went to the main library. Took a Naprxan; by late morning did ease my pain. Betty "looked" over the three shops; I read the latest Time. We had a sandwich and split a pastry. Were able to negotiate the automated parking lot. A nap and visited Shirley Hyde. A valiant soul. Talked to Wilma. Just took another pain pill. Baked potatoes and a sweet potato for dinner. Warmed left over mixed veggies and a piece of the barbecued pork. Good dinner. Gladys stopped by. Packed Thursday bag. Called Bro. Isom; they've finalized a teacher and winter semester will start the second Thursday in January. Yea!

BLESSING: Finally able to visit Shirley; Naproxan seems to help pain.

17 NOVEMBER 2011, Thursday

to class. Mehtheu took Frances' place. Bless her. Hurt and hurt. Was happy to get home. Steven called after three. Their David and wife are in Savior of the World. He and Maria were coming up for the performance tonight; thought they might visit with me and Wilma. Didn't work out and probably as well; Wilma not up to it. Went over; she was asleep in her rocker. I lay on the couch. Picked up her mail, emptied garbage, too prescription money to Millers. They took her today. She is exhausted. Run out of space for shots in her abdomen. Took her little plant. Came home and ice packed. Tried to call Dr. Dahle.

BLESSING: the shots don't hurt Wilma.

18 NOVEMBER 2011, FRIDAY

Did a couple loads of wash. Talked to Dr. Dahle; another epidermal in a couple of weeks. In the meantime I'll be taking the Naproxon and Two Tylenol every six hours. Took the Tylenol at noon. Made a salmon salad; cleaned out veg crisper, baked a piece of apple pie and a pot pie. Hurting and several ice packs. Finally eased off after I lay down for a while. Karna picked up Wilma's garage remote, key. Vivian called. Thanked me for Connors letters. They will leave Tuesday after their session. Milo Wright died. No luncheon.

BLESSING: Was able to talk to Dr. Dahle.

19 NOVEMBER 2011, SATURDAY

Slept quite well; did the Tylenol every six hours. Not much pain in pain. When I get up another story. Washed compression hose. Wrote Bill Wayman and Maria Wright. Got phone numbers from Barbara for Terry and David Mitchell. Talked to Wilma H. An Wanda; tried to call Becky and Wilma F. Did talk to Keith. Made a Marie Callendar corn bread mix. Awful.

BLESSING: when I sit quietly pain not so bad.

20 NOVEMBER 2011, SUNDAY

Slept well. While in bed I hardly hurt but when I sta, walk another story. The Wilsons came I could understand Harvey better than usual. To church. Eloise r. was there. Sat with Cher Painter. Especially enjoyed Lacy's lesson on the Millennium. Quick lunch and happy to lie down/nap. Gladys drove my car so she would know the parking spot and the garage entrance. She will take Wilma tomorrow. Bless her .Talked to Wilma; she is just super, super tired..

Shirley Olson called; also talked to Wilma Fullmer. Betty brought some soup from her dinner with Heidi and Quinn.

BLESSING: Don't hurt nearly so badly when I sit and especially when I lie down.

21 NOVEMBER 2011, MONDAY

rested though not much sound sleep. Gladys took Wilma to Huntsman; Betty bought milk, etc. for me. Pain, pain. Finally got Dr. Dahle. Calling in a prescription of little heavier med. Appointment on 1 December for another injection. Talked to Wilma F. Want to Call Maria Wright buy don't know what to say. Obituary for Milo in paper; not as old as I would have though.

BLESSING: Wilma and I both find relief from pain when we lie down.

22 NOVEMBER 2011, TUESDAY

Betty picked up new med: Tramadol. Took two halves four to five hours apart. No effect. Will do next dose whole. Betty showed me her flowers for her birthday; lovely colors. Family taking her to dinner tonight. Donna Pope called. Looking for her parents. Beautiful thanksgiving card from Imogene Brown. Talked to Wilma H. And karna. The latter re thanksgiving.

BLESSING: Pain easier lying quietly.

23 NOVEMBER 2011, WEDNESDAY

Milo Wright's funeral. Vivian and Clive came; brought potatoes, fish, asparagus, squash and carrots. I went with them to Wilma's; to show them how to get to her parking place. Vivian stayed; Clive dropped me off and went on to pickup Cole. I met Gladys and we went to the funeral. Long walk home. The ward supported maria quite well. There was family there. A good rest. Vivian called; offered to pick me up for a visit. Declined. Pain subsides not surfacing when I'm lying. When I get up, on it....Finished the

Priesthood session of conference.

Letter from Conner.

BLESSING: Made it to the funeral. With Gladys' arm made it home.

24 NOVEMBER 2011, Thursday. Thanksgiving day

Vivian called at 7:30; Wilma's head was bleeding. Stopped. I showered and packed a bag and was going over. Couldn't make it. Tramadol isn't helping even as much as Tylenol and naproxan. Moped around all day. Made a check for December contributions. Totaled for year. Karna and Eric brought "dinner" about 7:00. Lot of work for her. Had a roll and turkey.

BLESSING: Karna's thoughtfulness

25 NOVEMBER 2011, FRIDAY

Tried to call Dr. Dahle. Recording for new patients. Stripped bed; clean sheets. Moped around most of the day. Gladys got me a loaf of bread. Ate Karna's Thanksgiving dinner for a late breakfast; lots left. Rec'd first Christmas card from Jean and John Kapapa, now living in Puylallup, Washington.

Elaine Hughes called. She is the new Stake BYU Adult Religion Class Chairperson What a lovely person she is.

Talked to Lettie and Wilma. Popes spent last night with Willmores.

BLESSING: a new chairperson has been called.

26 NOVEMBER 2011, SATURDAY. VIVIAN'S BIRTHDAY: 83

Vivian and Clive stopped by. Clive lowered my eucalyptus picture and sharpened knives. On to Wilma's. Orders from Dietary Specialty and WellDyneRX. Ate more Thanksgiving food. Read SS lesson: 1,2,3 Peter and Jude. Winnie called.

BLESSING: Still getting some relief when I sit quietly and/or lie down.

27 NOVEMBER 2011, SUNDAY

Slept well. Breakfast and dozed in my chair. Felt a little better so made it to Sacrament meeting, then to SS. Excellent lesson by Elder Wickman on 1st John. And on to RS. Sister Ashton taught lesson. Her cancer has reoccurred. Lunched on tuna open faced sandwich and karna's cranberry salad. Ono. Woke with a start when the Christmas lights came on. Sonia Aycock called. So did Becky J. The latter has just been getting over laryngitis. David and Britney have moved. They are by themselves for the first time in ?? Visited Betty; a cold. She gave me cranberry salad and Gladys brought macaroni soup.

Blessing: Was able to go to church.

28 NOVEMBER 2011, MONDAY

Did two loads of wash. Another Christmas letter: Pat Ware. Talked to Wilma. Head started to bleed again while she was in the shower. A worry. Bev S. called. Offered to buy anything from grocery store. Her day to take Jo. Combined remaining Thanksgiving food. Quite a bit of turkey left. Have Karna's containers ready to return.

Talked to Wilma; started bleeding when she took her shower. Called again after four P. M. Had just gotten back from Huntsman. Nurse had checked out the "lump; they are concerned about infection. Bandaged it. Poor Janet who took her. A long time.

FHE. Ruth Hobson hosted. A guest from England who has worked in FH Library. Delightful woman. I'm chilled.

BLESSING: Drawer full of clean garments.

29 NOVEMBER 2011, TUESDAY

To storage. Seemed a long way to and from. Visited Shirley Hyde. Pain level higher than most days. Betty bought me some sausage and celery. Cooked sausage.

Read some in Preach My Gospel. Following Nuchanaad's son's recommendation to her.

29 NOVEMBER 2011, cont.

Still blessed that lying down eases the pain. Russ Rowley has a raise to Sgt. Wayne Werner and wife Julie are having the twins sealed to them in December in the Jordan River Temple. Wilma had a member of her Stake Presidency and a member of her Bishopric visit her.

BLESSING: cold pack and lying down help ease pain.

30 NOVEMBER 2011, WEDNESDAY

Interesting night. Got class bag ready. Karna took Wilma to the dermatologist. Painful day. Bev Stephan brought soup; tasted smelled wonderful. Mary B. Called. Caroline H. Came over. She feels the effect of changing weather. Winnie just called and she does too.

Wilma's friend Janet called this morning wondering if I'd talked to her. Tried to get her but of course she wasn't home. Gladys stopped by; someone in her parking place.

BLESSING: Hot, good soup. Caring friends.

1 DECEMBER 2011, THURSDAY

Up a little early; took Tylenol and Naproxan. Whether it helped know not just that it was along painful morning. Gary Beckstead substituted for Bro. Iba. Rec'd a late night call. His wife was having symptoms which took her to the hospital about a month ago. Strong winds in Davis co. Class small. Betty took me to the Pain Center. Many more "needles" than before. Came home in pain which didn't go away but enlarged. Have a prescription for hydrocodon; didn't pick it up. Janice's Daughter Valerie had a tree blow on her garage door. Will go to bed early. As soon as Wanda starts on her second wrap.

BLESSING: Lying down helps with pain.

2 DECEMBER 2011, FRIDAY

thought I might be able to pick up my meds but after being up for a while didn't even feel like getting in the shower; washed hair in kitchen sink. At noon took a half hydrocodon. Pain Center called just as I was getting up from a nap/rest. Really didn't sleep. Thought I felt better. Uh-uh. Suggested that in a day or two might not have to take the pain med. Thanks to Wanda we made a casserole from Anne Robertson. Good. Lots of chopping; celery, onion and water chestnuts. Canned chicken didn't need much chopping. Quite good. Wanda got my meds. Betty picked up a Jennie Hansen and David McCullough book/s for me. Good people. Liz Taylor called to see how I was doing. Wrote Shirley O. And Wilma F. Thanking them for hot pad holders she they made for me and Wilma H. Pretty. Busy hands like their mother I told them. Later talked to Shirley when she called Wanda.

Wanda wrapping her legs. I "salved" her feet. Had been to a podiatrist.

BLESSING: I'm beginning to feel that this whole hydrocodon my be helping

3 DECEMBER 2011, SATURDAY.

Slept in until 8:30!! Felt as if I was on my bed or couch most of the day. Made a big pot of chili. To the ward Christmas dinner/Primary program. Children looked cute in robes (of sort). Tables, decorations colorful decorations Bro and Sr. Angus chairs. Excellent help.

I brought my meat home. Ate too late. Or is it the hydrocodon? Wanda ate well.
BLESSING: times of feeling almost pain free.

4 DECEMBER 2011, SUNDAY

Karna called. Wilma had head bleeding. Ambulance took her to Emergency. I went to church. Latest tonight (after First Presidency's Devotional) that they had gone in and cleaned out the wound; going to Huntsman Center for at least a couple of days. If and when she goes home a nurse will come in and dress her wound twice a day.

Meals mixed up. Cold. Zombish.

BLESSING: wound got cleaned out.

5 DECEMBER 2011, MONDAY

Slept well; didn't take hydrocodon at all today. Don't hurt especially but just don't feel well. Spent the morning on the phone re Wilma. As of sevenish she was on her way home. Will have an aide for two weeks, "around the clock" nurse twice a day to check/dress the open wound; on antibiotics, had three platelet treatments, additions. I feel awful; she has three sisters and not one available to stay with her. Auwe.

Gladys came to write her friend a letter. Took two hours. Betty bought stamps for me.

Blood pressure high; Wanda insisted on taking it. Gladys bought two ink cartridges. Cold. An early nap. Not much energy. Talked to Elaine Hughes. She does have the packet from BYU and will make flyers for Thursday. Wants me to finish the semester. Hope I'm up to it.

BLESSING: Wilma is able to afford an aide.

6 DECEMBER 2011, TUESDAY

Slept well. Moped around most of the day. Talked to the bank re my Master Card.

Validation of new card necessitates going to the ban with my driver's license card.

Talked to Wilma Sounded god. Has more help than she knows what to do with.

Finished reading October conference talks.

BLESSING: Don't hurt as severely as when meds kicked in Monday.

7 DECEMBER 2011, WEDNESDAY.

Slept well again. Blessing. Pain. Wanda left. Took the Propel. Got gas, to vosens; bread for Holladays and Hydes. To bank and Mrs. Backers. Stolen was \$20/pound; bought a colorful Danish instead. To bank to validate my Master Card. Home and an early/long nap. Talked to Wilma. She seems to be adjusting quite well. Bandage change super painful. Eric is bringing her car for the aide to use. She will be taking her to the series of shots next week and to Dr. Schlisman.

Christmas cards from David Miles, Monica Fisher and Imogene Brown. Touched base with FHE group except Ruth H. and Edith G. Cold.

BLESSING: Gladys and Betty's friendship.

8 DECEMBER 2011, Thursday, ^{Delma's} Delia's birthday

slept well again. What a blessing. One of the class members made a plate of cookies. Introduced Elaine. Was able to thank Gary Beckstead for last week. Home from class and to the couch. Pain back. Tylenol has helped. Cooked a package of Don's asparagus. Time in freezer spilled it. Such a shame. Beef, canned and from chiasmas dinner. Hard to "get down" I know I need the protein. Talked to Wilma. And Eric when he picked up the car remote. Tucking a few things away for Patricia's coming tomorrow and putting up what few Christmas decorations I'm doing. Wanda called. Christmas card from Wilma and Keith Fullmer. Lettie called. Coming with Rachel on Monday. Wanda called. Betty bought sausage for me, on sale. Tried calling Delma for her birthday. No answer. Balanced bank account. Re-ordered Gladys' fruitcake.

BLESSING; pain has subsided .

9 DECEMBER 2011, FRIDAY

Got rid of orchids. Talked to Wilma twice. Eric has "taken over"; concerned re having series of shots coming up next week. She can wait two weeks; hopefully head will have begun healing seriously. Patricia came; I had a nap at Gladys'; apartment looks good. Nice to have it vacuumed. Christmas table cloth on. It is pretty. Brought cooler for potatoes from storage and elevated toilet seat. Tried to eat more protein today. Mouth still sore. Tylenol two different times.

BLESSING: WILMA'S Hole is beginning to heal. Second time wound center man came. Didn't hurt when dressing as much as before.

10 DECEMBER 2011, Saturday

To see Wilma. Maili (?) Aide from Laid/BYU-HC. Little slobbish looking. Congenial Polynesian. To smiths. Home. Called local florist. Don't do big poinsettias. Auwe. Nice visit with ruth w. Pain. Tempered by Tylenol. Second dose at four-thirty. About two hours to kick in a bit.

Christmas card from Ocala Harper. Put up nativity Becky's Mary and Joseph, three little trees and Frosty.

Vivian called. So did Bev S.

Blessing: Practically ready for FHE.

11 DECEMBER 2011M SUNDAY

Pain. Tylenol. Didn't know if I'd make it to church much less all three meetings. After breakfast, paper, etc. a nap in recliner with hot pad until about 11:30. Felt spaced out. Did make it to all meetings. Last SS lesson of the year. Pau Revelations. Met a new member; Bonnie Cluff. Lives in City Creek.

Yesterday bought baked chicken from Smiths. Had the second wing for dinner when I came home. Lot of mileage out of wings.

11 DECEMBER 2011, SUNDAY, cont.

Ruth Willmore's 41st birthday. Brennen said his talk went well. Siad was a little nervous. Gladys just called. 7:45 P. M. Little late for her to come home. Great letter from her friend Anne.

Talked to Lettie. They will be coming with Rachel w. late morning. Wilma will call when she gets back from Huntsman.

BLESSING: made it to all three meetings.

12 DECEMBER 2011, MONDAY

Interesting night. Period of non-sleep but still am comfortable in bed. Lettie, don, Rachel came around eleven. Lettie not feeling well. Bright Subway sandwiches. Went to see Betty's Christmas decorations and Gladys'. To Wilma's. she'd just returned from Huntsman. Hard time giving blood. Filipino aide leaving tonight. Left Lettie and Don there and came home for a nap until four-thirty. Almost dark. FhE went quite well. Danish from Backers quite good. All seven of us there. They all went to Betty and Gladys' afterward. Thankful I was able to discharge my responsibility. All responded well. Christmas cards from Norma Compton, Anne Robertson. New SS payment amounts for 2012. Was able to deposit check from Putnam and from my checking account. Bev S. Go laundry detergent for me. Lovely letter from Ann Marie with a run down on her children. Busy lady.

BLESSING: FHE pau.

13 DECEMBER 2011, TUESDAY

Did bedding and marami garments. Made brownies. 'Found out it was Edith who didn't take her snickers from last night. Took them to her and returned the 8th to Janice. She gave it to Wilma. Christmas card from Susan Winslow. Wrote Ann Marie. Finally took a Napxon. Never did write a 'Christmas card. 'Did get cards. Out of cedar chest I have thirty or so. A little snow. Talked to Lettie and 'Don, Wanda, Wilma. Visited Gladys and Betty. Betty still tired from her 'Christmas rush.

Pain subsided but I just feel washed out.

BLESSING: Clean sheets.

14 DECEMBER 2011, WEDNESDAY

this morning about 5:30 this wonderful feeling of well-being. A dream? Didn't last. Put cards on my door. Same as in 2010. Hair trimmed. Feels much better. Shopped a bit at smiths and would have bought a poinsettia but the big ones were all an anemic red. Beat when I got home.

Dava and visited Jo Madsen. Dava isn't feeling too well. Gave me cookie mix.

Wilma and aide went shopping. Gladys stopped by. Wish Leanne and her brothers were more mindful of Gladys....another letter from Ann Marie. Said Jared and his brother's law office (three years) continues to grow. The lawyers of the town very welcoming. Nice.

Someone left me two dish cloths, combined as little "britches:" Fredda Neucomb.

14 DECEMBER 2011,, cont.

Came home from Smiths; had cereal and chocolate covered cashews. Betty bought me some.

BLESSING; A LITTLE MORE ACCOMPLISHED THAN USUAL.

15 DECEMBER 2011, THURSDAY

to class. To rite aid afterwards for meds. Bless Kendall he had sent in the coreg. Went into the Mexican Mkt and bought some guava. Small; yellow centered but smell wonderful. So Hawaiian.

Made macaroni and cheese . Christmas card from Mikila nee Storey. Beautiful family.

Lots of pain today. Brann's office called; appointment with him on the 27th.

Betty bought fruit chips from Mrs. Cavanaugh for me.

BLESSING: class ended well. What a nice man brother Iba is.

16 DECEMBER 2011, FRIDAY

slept until eight. Did "hand'wash" after betty opened my detergent. Took brother Iba's picture over to Eve shirts. It is a beauty. To Dr. Appointment. Wants me to take Naproxon. Tramadol and acetaminophen. Nice young. Thought I might stop at Reams or Cummings. Did neither. Wanda was here when I got here. Did stop by for three little hamburgers. Not particularly good. Nap and Wanda wrapped. Betty gave us soup for dinner. Gladys brought a gorgeous poinsettia from Wilma. Almost made me feel Christmasy.

BLESSING: Made it to the Dr.. Nice young man.

17 DECEMBER 2011, SATURDAY

Wanda left. Went to choir concert. Perhaps a little foolish to have pushed myself that far. It was quite a production. Jane Seymore and Nathan Gunn visiting artists.

BLESSING: generosity of Mary providing me with a ticket.

18 DECEMBER 2011, SUNDAY

Not so good night. Did take Tramadol and Acetaminophen at six. By the end of RS I was so sleepy, almost staggering when I came home from church. Heating pad and a nap before Wilsons came. Did feel much better. Ruby Haws called.

BLESSING: able to make it to church.

19 DECEMBER 2011, MONDAY

Spent most of the day guarding against pain. Christmas letters and or cards from: Ryle Pope, Gail and Geri Wakefield family, Clive. Talked to Wilma; Wanda called; got poinsettia but not at Costco. Someone left red blue, green and red M&M's in a cute jam jar. Carolyn gibson. Bev got grated cheese for me.

BLESSING: Bev Stephan thoughtfulness.

20 DECEMBER 2011, TUESDAY

To Rite Aid. Trying to maximize Dr. Dahl's meds per day. When I left Rite Aid I fell. Cut my right brow. To Emergency via ambulance to SL Regional Medical Center. "Cemented" my cut. Eye black and blue. CAT scan, EKG, urine test. Am to see Dr. Schlisman tomorrow. Gladys had left by the time I called. Betty and her girls came. Picked up my car. Felt badly as they were in the midst of their doughnuts. She brought me one and later soup. Christmas cards from Lillian Heil, Barbara Hiatt, Gordian and Ruby Haws, Mary Holder's nephew. Mary died at 97 in October. From Winnie McLachlan, thank you note from Amanda nee Smith. Vivian Pope called. They leave after their temple assignment tomorrow. When I fell almost immediately two women were there, mopping blood and comforting me. One brought a blanket from her car and left after the medics got there telling to keep the blanket and think of her. No name...I will, of course, always think of hers and the other woman's kindness. Blessing.
BLESSING; Betty available to pick me up.

21 December 2011, Wednesday

Betty brought me breakfast. Ono: pancake made with cornmeal, bacon and pear. Loved it. Called Dr. Schlisman; results of urine culture not in, am to just keep my January appointment. Will hear from her I assume if I do have an infection. Hospital called also to see how I'm doing. Spent the day moping around. 'Sore, sore, sore. Susan sent word that today's the worst day for soreness; should feel some better tomorrow. Frances H. brought soup. Betty took her FHE group gifts, and mine to the ladies, She gave me trail mix, cookies. and soap which is her FHE gift. Smells good. Christmas cards from Glenda Griffiths and Gaye Mitchell.
BLESSING: Frances, Betty.

22 DECEMBER 2011, THURSDAY

Up a little earlier as Ruth Hobson was coming at 8:30 with orange juice. Actually it was nine when she got here. Becky and Danny came after nine. Box of canned fruit, vegies, salsa, Beautiful. They saw Betty's tree; she enjoys showing it. They stayed about two hours. I hurt and wasn't a good hostess. Becky took a couple of sweat shirts, a top. Danny gave me a blessing. Early nap. Shirley Olsen and Marta stopped by; didn't know. Talked to Ruby and Shirley this evening. Her friend, Lois Pickett's husband died. Marta drove her. Called Wilma from four on. Panicking. Where could she be? Getting an infusion at Huntsman. Platelets low. I called Karna. Wilma called about seven; just came back. Made a "bag" of Clementines for the Kims, one bowl for the young elders. Heidi and Ryan Anderson brought me a Merry Christmas plate.
Cards from Tina Smith and David and Tammy.
BLESSING; Shoppers, Danny's blessing.

23 DECEMBER 2011, FRIDAY

Slept well. Got gifts to elders, Pollocks, Anderson. Will have to do DJ and ricks after Christmas. Got willmores gifts ready. Pain, pain. Pam, victor, Christ and Timothy came. Felt a little better and enjoyed their visit. Pam brought granola and a Figi box. After I spilt some chocolate covered cashews in bottom shelf of fridge fell while trying to get them. Was able to raise myself; Betty came in and helped me up. Did FHE schedule through April. Am called Pharmacist re hydrocodon. Can take four hours afer acetaminophen. Talked to Wanda. Timothy and Christy put the pens back which Rebecca's 's children had taken out.

BLESSING: mustered up a little sociality when Werner came.

24 DECEMBER 2011, SATURDAY

Took hydrocodon last night. Slept in until 8:15. Pain. Cold pack helps. Skimpy meals. Christmas cards from Reed Willmore and Naomi Tate. Gladys brought mail and we exchanged gifts. Called Eric and Wilma. Couldn't get Lettie. Called Wanda; she feels better. Washed "whites" . Packed. Caroline stopped in. Now 3:43 p.m. and no call from Eric. Had time to fold garments. Had slept, very soundly, until three.

Eric picked me up about 3:30 P. M. Between the two of us Wilma and I had "luggage Willmores Christmas tree is pretty and fragrant. To bed about nine.

BLESSING: MADE IT TO Orem with relative discomfort.

25 DECEMBER 2011, SUNDAY

RUTH HAD TO WAKE Brennen up to open a gift. Nice to be in Sacramento meeting with a chapel full of families. Opened gifts on return. I was pleased that Brennen liked to flashlight gave him..Hash browns, sausage and scrambled eggs for brunch. Ham dinner. I took a nap under the blanket that ruth made Brennen for Christmas. Regan, Trash and Regan's two girls and JeNae's husband came over and Jessica, accompanied by Jane played O Holy Night on her flute. Attractive girls. Got home about 8:30. Got heating pad on and two hours later got up and went to bed. Conner called.

BLESSING: Made it to and from Orem for Chiasmas.

26 DECEMBER 2011, Monday

Moped around most of day. Short visit with Gladys. Read Christmas cards. Started back on Naproxon, Tramanal, and acetaminophen hoping to get rid of some of my (dazed) feeling. Gladys left for Portland. Bev bought milk for me.

BLESSING: Slept well.

27 DECEMBER 2011, Tuesday

Betty brought soup; Bev brought shrimp scallopine. Sad. Ate it all. Tried Betty's walker; hard to push. Finished FHE schedule.

BLESSING: Generosity of Betty and Bev.

A

28 DECEMBER 2011, WEDNESDAY

Up after eight. Pain. Wrote Dorothy Barker and sent a check for January and February parking. A nap. Winnie and Elaine came about 3:0. Talked to Pam and wanda; Pam is coming tomorrow. Threw away spoiled food in fridge a crime to let Willmores apple sauce spoil. Betty brought more cookies. Ono. Called Dr. Dahle. No response. Lacy brought her walker. Nice. Got Gladys' papers. Also took her mail and FHE schedule.

BLESSING: Nice visit with Elaine and Winnie.

29 DECEMBER 2011, THURSDAY

TOOK OXYGEN OFF. Ear hurting. Pain. Dr. Dahle called. Nice but nothing concrete helpful. Fullmers and Pam came after eleven. Marami food. I lay down after eating more than I should. They cleaned up the kitchen. Pam picked up Gladys' paper, mail and delivered Jean and Ruth's FHE schedules. I slept until after four. Took cards down from door, trees off table and straightened cloth and put Frosty on it.

Gift from Barbara and Abe. E-mail from Shirley. Talked to Wilma. Wanda is coming Saturday.

BLESSING: Fullmer, Pam's kindness

30 DECEMBER 2011, FRIDAY

No more Journal for the rest of the year.

13 Oct 2011

Dear Elva,

You have been "on my mind ". For some reason I remember your birthday; probably because it is in October. And also as I miss David. And if I miss him how much you must miss him.

I checked PAF and know this is your big 80! The years pass don't they?. I will be 87 this month. Never thought I'd live this long.

How are you? And Bob? Does he still drive? Wilma has decided she won't be driving anymore and I'm not sure just how much longer I'll be driving either. Don't like to get out on the freeway anymore and don't if I can help it.

Neva died in 1998. She would have been 76 if she had lived until March. I still miss her.

Her Daughter Wanda, number three daughter, has been with me a good share of this past year. Her oldest son and his family have been living in her home, a condo, and they have been finishing the basement which was just completed. They have just moved down stairs and she is in the process of "reclaiming" her upstairs.

While here she has spent considerable time in the Family History Library. She retired from teaching in the spring of 2010. Taught her last two years on oxygen. I don't know how she did it. Her husband died a few months before Neva.

She takes her walker and a couple tanks of oxygen with her when she goes. Has become very family with New Family Search and sources she can access by computer at home. She, as with most of the "younger" generation is very knowledgeable when it comes to computer technology. What little I know comes from her .

She has extended the Sparrow line and with her sisters Pam, Wilma and Becky they have been very fruitful in their work. Neva and Theron must be smiling broadly.

Wanda's son, Jacob, works for Ancestry.com, one of the commercial companies. Through the library and him she has access to that and other programs which I know absolutely nothing about. I can say that they have

utilized the many binders neva and I accrued in our somewhat productive/research years. And they are kind enough to say that they have been helpful.

Briefly a run-down on my sisters; Wilma is on oxygen 24 hours a day. Was in and out of the hospital twice this year and in a nursing home/care center for about six weeks. Her back, surgery and it is still causing her much pain. Her second hospitalization was from a fall which resulted in a broken shoulder. It seems to be doing quite well.

Vivian and Clive are working two days a week in the Twin Falls temple which is about thirty miles from their home in Gooding. They worked in the Boise Temple one day a week before the Twin Falls Temple opened. It is a hundred miles from their home.

Clive is diabetic; Vivian has arthritis as do we all! Still plant a big garden. Vivian loves her flowers and their yard is beautiful in the summer. Two of their children live in Idaho, one in Washington, one in Missouri, four in Utah.

Lettie and Don worked in the Provo Temple, then in the Mt. Timpanogus Temple for more years than I can remember. Lettie had to finally give up because of knee problems but Don is still working two days a week in the Mt. Timpanogus temple. The family is concerned about him driving because of visual problems. Their youngest daughter and two of her children live with them. Her oldest son just went on a mission to Tampa, Florida. Ruth, daughter, has only lived with them a couple of years. Six of their seven children now live in Utah, one in Arizona. I've lost count of their grandchildren.

I still get to the temple though I don't take the stairs "up" anymore. Drive as I said but avoid the freeway which restricts trips to Orem to see Lettie and Don. Since August I have worn oxygen at night. Am diabetic and have my share of arthritis. I, as you, have the right genes!

I am the chairperson of the stake Adult Religion class which just means I conduct the class and responsible for registration. Meets once a week in our stake, also my ward, which is just across the street. Also do visiting teaching and am responsible for the funeral lunches. Fortunately another person makes food assignments and I see that the tables are set up, lunch

served and cleanup is taken care of.

I am in touch with ruby and her siblings as well as Carl and through him Dimple. Granted this is done mostly by phone anymore.

Enough!! You've probably heard more than you wanted to hear.

Take care of each other.

Love,

Lavinia