

## HIGHLIGHTS OF 2013

1. In March moved into Rm. 115, a 2 Bedroom apartment with Wilma.
2. March 24: fell as I got up from my chair and broke my left foot.
3. Halved Januvia April 12 and on August 12 stopped completely.
4. Stereotactic breast biopsy June 13: Cancer, Opted to take medication rather than have surgery:
5. Started oxygen during the day Oct 10.
6. Drivers license expired; opted to get an ID card and turned in my driver's license.

1 JANUARY 2013 TUESDAY -2 JANUARY 2013 WEDNESDAY

Moped around . Didn't write. Auwe.

3 JANUARY 2013, THURSDAY

Feeling a little better. Felt faint when I did a load of wash. Good to have a drawer/drawers full of clean clothes. A sponge bath and hair washed in kitchen sink. Learned hearing aids don't retain their charging just because they aren't used. Had some of Shirley's granola for breakfast and ate one of Vivian's oranges. Started wearing Oxygen when I'm in bed, day or night. Simvastatin came via SL address. Letter from Conner.

4 JANUARY 2013, FRIDAY

Called Don, Wanda. Don and Lettie came; he gave me a blessing and they took me to insta Care. Two plus hours; an antibiotic. Wracking cough. Another order of Simvastatin came from WellDyne. Ordered a dinner tray. Emily brought it

5 JANUARY 2013-2 FEBRUARY 2013

Had flu at least three weeks. Spinal stenosis has made itself known to the point of taking four acetaminophen /day.

I'll admit I'm not eager to start back to my journal. Rachel took me to Urgent Care

News during this time is that Don W. Has shingles; ruth willmore taken from InstaCare to hospital suspecting of spinal meningitis. No final diagnosis. Brennen has two more basketball games. No wins. A chipped tooth.

Rachel took me to Dr. Rosenthal; she did an office needle biopsy. Much snow. Very cold weather. Personal letter from Conner sugrue. Writing difficult. What he writes is special.

Rachel found Jesse Norman Lee's parent's death date, marriage in Family Search.

Blessing: WANDA and Rachel on call..

3 Feb 2013, SUNDAY

Only took one spinal stenosis pill. Enjoyed Sunday meetings. Vivian called. Gladys and Leanne were to have boarded ship at five P. M. Must be very tired.

Apple sauce spilled on felted jacket.

BLESSING: BACK TO JOURNAL WRITING.

4 February 2013, Monday

Cleared off my SL bulletin board. To FHE sponsored by Branch. Only took two aceta...

BLESSING: Felt I'd accomplished a bit.

5 FEBRUARY 2013, TUESDAY

Lettie took me to her internist office and I picked up a release form of med records from Dr. Schlisman. Glad to see where his office si. Called Roseental's office. No results from Friday's needle biopsy. Audrey called karna to say a two bedroom apartment may

5 FEBRUARY 2013, cont.

be opening. We may see it tomorrow. Audrey said it would probably be open the end of the month.

Polished two pairs of shoes and did a white load of wash; changed bedding.

Rachel called re the biopsy. Nice of her to be concerned.

BLESSING: Request for med records from Dr. Rosenthal.

6 FEBRUARY 2013, WEDNESDAY

Karna had the change of cost of apartments. Each would be less than \$375/month what we each currently pay. We saw the apartment. People still there. Woman unhappy re moving. Cause: Finances; moving to a less expensive place. I felt hesitant looking very closely. Attended the vocalist Brent Whitlock, vocalist, and a friend. Sang movie and Broadway music. Betty J. called. Made an appointment with Dr. Rosenthal in June.

Nothing definite re needle biopsy. Appointment tomorrow for a haircut.

BLESSING: Feeling more like I can make it through the morning without a nap.

7 FEBRUARY 2013, THURSDAY

Usual exercise class. Kama took Wilma to the Dr. Re her back. Puttered around with income tax. Hair cut and home and to bed for nap and easing of stonosis pain. Finally "caught" Wilma at home after four. Many exrays and strong possibility caused by arthritis.

Re'cd a total of contributions from both church units.

Talked to wanda and Lettie re our expected move. E-mail from Steven suggesting we weigh pros and cons and that the moving itself shouldn't determine as there would be "plenty of help".

BLESSING: generosity of Steven, wanda, fullmers and others.

8 FEBRUARY 2013, FRIDAY, mama' 115 years old,

By morning and many bathroom trips knew I and a urinary infection. Called wanda and bless her she took me to InstaCare. Cipro and home two hours later. Wilma is still miserable. Aubrey brought people to see my room and afterwards to see Wilma's. It's eight. To bed.

BLESSING; Infection addressed, thanks to Wanda.

9 FEBRUARY 2013, SATURDAY

Long, many bathroom trip nights. Greater discomfort than any urinary tract infection I have had for some time. To breakfast and felt. Neither hearing aid working. Back to room and de-waxing; both work and both squeal.

Think I have income tax material ready to send to Mark. To see Wilma after exercise; in bed. When she is up/moving back is VERY painful. Typed up and put in word perfect file countries I have visited.

BLESSING: hearing aids do work. Income tax data ready to go.

10 FEBRUARY 2013, SUNDAY

enjoyed meetings. Young deacon spoke on the new MIA theme. Sr. Hansen gave the lesson on Personal Revelation. Wilma left after Sacrament meeting. Miserable. I wish she would ask for a blessing. Stayed in bed until almost five. Auwe.

11 FEBRUARY 2013, MONDAY.

Wanda took me to costco. Have been wearing hearing aids in wrong ear. Also said my ears are packed with wax. Embarrassing re wrong ear. Big Chinese buffet; ate way too much. Wilma went to Huntsman to find platelets low and thus chemo delayed. Went to 6:30 program where Lavon Fife played the harmonica with three ladies who sang oldies, many I hadn't thought of, heard in years. Betty J. called; she and Susan will be here in the morning rather than the afternoon. I'm glad.

BLESSING: think cipro has done/doing the job.

12 FEBRUARY 2013, TUESDAY

Betty and Susan came as planned; betty with a pot of tulips, biscotti and chocolate covered walnuts. Susan looks good and is evidently pleased with her surgery. So good to see betty; I do miss her. Recopied my January expenses and relegated medical expenses to medical folder in a condition which hopefully will be adequate for income tax purposes next year. Wanda sent data re Jesse Lee. Went to the 6:30 program. A elderly couple, charming though voice long past its prime.

BLESSING: Wilma thinks the med may be helping a bit. She knitted today.

13 FEBRUARY 2013, WEDNESDAY

Usual exercise class. Dorothy Van Wagoner is back; looks good. Good to have her; such a pleasant person. Wrote a note to Betty and sent money for chocolate walnuts. Relief society. Teacher followed the Lorenzo snow lesson, # 2 beautifully. Talked to karna about her intervening in some of the costs of our move; also spoke to Audrey; she said they had made some/a (?) mistake. Talked to Lettie; sounded chipper.

BLESSING: a positive exchange with Aubrey.

14 FEBRUARY 2013, THURSDAY

Did exercise class then took the bus to Dr. Marshall appoint. Two others in the bus. Went first to Provo than to my appointment. Marami papers to fill out. Waited about forty-five more minutes for him in main room then about half hour after my vitals were taken. Nice. Went over my history quite thoroughly. Called my attention to a small hernia below my navel which I didn't know I had. Checked ear wax. "Loaded". Suggested some ear wax softener then he'd work on it again when I go for consultation re lab work. Left at 9:30 and got back at 12:15. Enjoyed visiting with Steve, the driver. On a mission in New Zealand and on his honeymoon in Hawaii. Baden Pere was his Mission President. Talked to Winnie in response to her call. Visited with Lettie and Don. Wilma had her MRI.

BLESSING: Another Dr. contacted.

15 FEBRUARY 2013, Friday

Gail nee Pope called; she and family will go to church with us Sunday. Jefferson is 16, twins 14, youngest, Katie, five. Certainly not much to entertain children here. Tentatively invited them to dinner but in talking to Chantelle prefer guests to not be over four; seven of them. Wilma was called re her MRI; didn't understand a word they said". Probably nothing can be done but shots, therapy and pain meds. Becky called; is coming to help move. Talked to Vivian; has been sick with sinus infection; out of work for a day.

16 FEBRUARY 2013, SATURDAY.

Wanda came after exercise class and tutored me on Indexing. Did three batches (one only had one name). Exciting/tiring trying to grasp it all. Just as we decided to stop Ruby, Gordan Haws and their daughter Liz came. Such a nice surprise. Liz's mother-in-law lived here two years before her death. So pleasant to see them; hadn't seen Liz for years. Today was Lettie and don's 58<sup>th</sup> wedding anniversary. Emily, Reed and Claire's daughter has her mission call to eastern Canada in June. Stenosis causing a little more pain than usual. Wedding announcement from Nolan Pope and fiancée for a wedding in Chicago temple in April. Wilma continues to have severe pain.  
BLESSING: Ruby, Gordan, Liz's visit.

17 FEBRUARY 2013, SUNDAY

Such a pleasant visit with Gail and Geri Wakefield and family. Came just in time for church. After SS visited each of our rooms and stayed until 12:30 with us in the game/puzzle area of the library. Such well contained children. Attractive. Don called Wilma and evidently challenged her to be more liberal with her pain pills. She gave Gail's children hats. Katie took five  
BLESSING: Wakefield family visit.

18 FEBRUARY 2013, MONDAY

Changed sheets; did two loads of wash. Emily willmore going to Canada Vancouver Mission. Wanda sent face book notes from reed and one from Alicia sugrue, paying tribute to Lettie and Don on their 58<sup>th</sup> wedding anniversary; expressing gratitude for being reared by them and that she'd like a husband like her grandpa. Read it to Lettie and Don. Lettie seemed to be coming out of her last headache siege. Paula will be coming for a long weekend March 21<sup>st</sup>. Spinal stenosis letting itself be known.  
BLESSING: Alicia's ability to express gratitude to her grandparents.

19 FEBRUARY 2013, TUESDAY

Was the only one on the bus at 8:30; blood drawn and Steve picked me up shortly after. Breakfasted on two little rolls I had taken out of the fridge last night and an orange. Ono. Wanda came and downloaded/filed two of Taggart's E-mails. Did a little indexing. I was thanked for doing ten batches, several had none on ship and a couple only one or two. Little hesitant to try on my own. Went with her and Wilma to the Orem Library; got a library card. Impressive library. "Creamed" Wanda's feet and legs; trimmed toenails. Rough and legs scaly and make me hurt to look at them. She stayed for noon day meal; compliments of Wilma. Two letters from Conner. Couple notes from Clive. Forwarded him the letters and Alicia's tribute to Lettie and don. Wilma F. Called. Going to the temple with them in the morning at nine. Will miss RS but I'm glad to be going to the temple. WENT TO THE COWBOY POETRY/SINGING. Not so good.  
BLESSING: Little more confident re indexing.

20 FEBRUARY 2013, WEDNESDAY

Went to the temple for initiatories with Wilma and Keith. So nice. Wanda took Wilma for her second shot. Had nose bleed at evening meal. Desiree and Paul Johnson are moving to Miami. Gladys called twice; I wasn't here or sleeping. Betty J. Said she was

exhausted from her trip. She went to the ballet tonight so I still haven't talked to her. I went to the couple who sang. Young, a one year old who was running all around, darling, stole the show.

BLESSING: doing initiatory.

#### 21 FEBRUARY 2013, THURSDAY

Good to get back to exercise class. Talked to Gladys. She is having some problems getting back to her routine. Visited with Shirley O. Call from Dr. Marshall's office; wants more lab work done. Rachel will take me tomorrow. Report from last: a little anemic, thyroid replacement insufficient. Wants check on B12 and iron. Talked to Aubrey; can move in any time on the 28<sup>th</sup>. Called all who have volunteered. Reading the perry book.

BLESSING: Many willing to help move.

#### 22 FEBRUARY 2013, FRIDAY

Rachel and Don picked me up for my lab tests; dropped books off for Lettie in the Provo library; brought some boxes up and took the flower pots and Christmas cards for Lettie. Forgot the elevated toilet seat. Wilma didn't get her epidural. Dr. Didn't agree with the Nurse Practitioner's prescription. Sees another Dr. Monday after her last chemo shot. Went through some of letters in "letter" notebook. Reluctantly threw some away. Talked to Vivian. Still not quite over her sinus infection.

BLESSING: Willing help to move.

#### 23 FEBRUARY 2013, SATURDAY

To bed tenish, late getting up. Sent elevated toilet seat to Lettie via Ruth when she took Ruth for her shot. Called Don. He said he felt as "if I have been run through a knot hole"; Lettie another migraine. Paul and Desiree Johnson came just as I was ending exercise class. They are pleased re going to Miami. Brought me a 2013 calendar. I'm happy for them. Took some things to Becky for me. Canceled my paper subscription; had what I have paid transferred to Wilma. Slept four hours this afternoon, soundly, but have felt like a zombie since. Did wrestle with ink in my blouse. Talked to Gladys.

BLESSING: Wilma and Rachel's willingness to take Wilma to her weekend appointments.

#### 24 FEBRUARY 2013, SUNDAY

Enjoyed church, SS as usual. Wrote Rm. number change on my March contribution envelope; President Winterton came over to ask if it was Wilma's also. Another long afternoon nap. Wonder if a change in thyroid med and addressing iron will make me less addictive to such a long afternoon nap (will be seeing Dr. Marshall Tuesday). News and Notes from 14<sup>th</sup> ward today.

BLESSING: Organization of the Jamestown Branch.

#### 25 FEBRUARY 2013, MONDAY

Wilma to last of this series of chemo; didn't see Dr; Wednesday. She is nauseated. I expect from hydrocodone. I realized after a restless night that I needed to take my "pill"; did about three and pain eased. Called bank, credit union to change address. Right.

26 FEBRUARY 2013, TUESDAY.

To appointment with Dr. Marshall via bus from here. Too early to fit the bus schedule; took my "cat" book and once I got to the examining room he came immediately; went over lab results. Only med change was increase in thyroid med and a future lab check re iron. Came away with 13 pages including all lab work and he gives me a recap of the consultation. Got wax out of my ears and recommended taking the acetaphinamin on a regular basis. Rationale: if there is pain each day take it precautionarily; if not only when there is pain. I will follow his advice. Wilma's platelets are down. Aubrey showed me our rooms. Its ready and we could move it. Is small, both bathrooms are like mine. Storage-wise. The maid made my bed today. Will try to get laundry caught up tomorrow so I'm not taking much to wash. Went to a male chorus tonight; I quite enjoyed it; Mendelssohn Chorus. Wilma had seen them before. Evidently have been here several times before. Name would indicate classical. Not so. Betty Johnson called; I called Carl Mellor; sounded better than when I've talked to him the last few times.

BLESSING: Think I'll like Dr. Marshall.

27 FEBRUARY 2013, Wednesday

Exercise class. A little packing; tucking away in drawers. Wilma got two cortisone shots. So far hasn't helped. Dorothy van Wagoner in great pain; didn't come to lunch. RS. Took Wilma's hats to RS president. Well prepared message re extending love as Savior. Did two loads of laundry. Short nap. No leases given as anticipated. Talked to Barbara nee Fullmer to invite her to noon meal tomorrow and wanda who didn't feel well today. Went to see the Irish dancers. Lots of visitors./family/friends. Music generally loud and annoying. Finished the "cat" book. Called Deseret mutual re change of address and Wanda had phone company on conference and the phone change work is done. Thanks to Wanda. Think I'll go to bed super early.

BLESSING: Drawer full of clean garments and towels.

28 FEBRUARY 2013, THURSDAY; MOVING DAY.

Wow what a day. Steven had breakfast with us and loaded Jamestown "mover" by the time Rhett and Ron got here. They moved mostly via stairs and what a whirlwind Ron and Rhett were. Barbara came next and eventually wanda and Eric, Becky and David. They had almost moved me by the time Eric and karna arrived. Don came. Looks frail. They had moved ever thing by eleven. Steven Ron and rhett went home. Barbara and Becky got my bed unloaded and Barbara arranged my closet. Full but all my clothes, including coats are in. My bedroom is FULL: bed, chest of drawers, bedside table, bookcase, computer, desk and file Have Wilma's computer screen and it gives me room on my desk to work if I push the keyboard back. Thank goodness.

Becky, Barbara and Andrew had noon meal with us and left. Think we were all pleased we got in as soon as we did. Lay down about two. Exhausted. Don and Lettie came over after three. Went to the ;program of Phantom of the opera; four singers. Had forgotten how beautiful the music is.

BLESSING; We're in. Help .

1 MARCH 2013, FRIDAY

Puttered around a bit. Wilma and I shifted chairs a bit. Long nap. Didn't sleep well last n

### 1 MARCH 2013, FRIDAY

night. Talked to Gladys. She will need to decide if she will have foot surgery or go the orthotic route and also needs knee surgery. If decides foot surgery will probably need to have it done before knees/s. Serious decisions. Internet doesn't work and after mid day neither does TV.

BLESSING: WANDA always willing to help.

### 2 MARCH 2013, SATURDAY

Bessie ate both noon and evening meals early; I must have offended her. Wanda, Eric and the children came. Eric started the internet on the computer. Checked out TV; needed to be "fixed" in the building; young maintenance man came and did whatever it took to get it working. Bot Wilma and I slept until 5:40; late for evening meal; both of us went to the evening program; a violinist with an excellent pianist did a Beethoven and two Brahms; a cellist and excellent pianist did two numbers. Helped Wilma forget her pain for a few minutes. Sat front row; sparse attendance. Wilma read the E- mail; down to eight or so letters. When I opened I had 42. Betty Johnson came; brought me two bags of her muffins; going to a great granddaughter's baptism. Took my tax material for Gladys to take to Mark Bown. She looked good.

BLESSING: internet working.

### 3 MARCH 2013, SUNDAY

Sat by a lady (Helen) in church who bore her testimony. Grew up in Philadelphia area and joined the church at 35 in Florida. Bore her testimony. Gladys called; will be down Wednesday to bringher tax info to Christy and for a short visit. Bessie was back for lunch and dinner. Wrote Smith Family re our move; also wrote Barbara and Shirley, long overdue notes re the purse (Barbara) and pillow (Shirley) gave me years ago

BLESSING: the Sabbath day and opportunity to partake of the Sacrament .

### 4 MARCH 2013, MONDAY

Little sleep last night; urinary tract infection I'm afraid. Bessie shared her chocolate covered strawberries with us at noon meal. Long afternoon sleep. We have anew fridge. Ours was considered "old". A roll and mandarin oranges and cranberry juice for evening meal. E-mail from Becky J. Spent a good part of the morning trying to call ComCast to pick up box they sent. Never could get them. To Branch FHE; a pianist, 85 years old; played by ear and at one time studied with Spencer Cornwall. To bed shortly after eight.

BLESSING: wanda available to take me to instaCare tomorrow.

### 5 MARCH 2013, TUESDAY

wanda took me to InstaCare, to mail the ComCast box, pick up prescription, get books from Barnes and Nobles. Beautiful day. New antibiotic. Long rest/nap afternoon. To the ballet program at 6:30; sat with Dorothy. Betty called. We got instructions to set up voice mail. Rebecca nee Werner's baby born yesterday. Seth Alexander, ten pounds.

BLESSING: Wanda's help.

### 6 MARCH 2013, WEDNESDAY

Gladys came so I didn't go to RS. Did enjoy hearing about her trip to Antarctic. Slept the



afternoon away. Barbara called from CA. Went to the evening performance. , a senior piano student from BYU played her Senior Recital. Excellent. I was weary as it was an hour long and went straight from supper.

BLESSING: Have Voice Mail set up.

#### 7 MARCH 2013, THURSDAY

Called Willmores; Ruth answered the phone the second time I called: Lettie has shingles. Don took her to the pain clinic; sent her to her primary care Dr. Wilma and I walked around the building, took about twenty-five minutes. Another long nap. We went through our tapes. All kinds, videos, DVDs, cassettes, Mandy had their baby: 6 lbs, 2 ozs.; Sadie Taylor Wood. Talked to ViAnn; they are mourning with Clive's sister, Alice, whose daughter has been sentenced to two years in prison. Hung one picture in the bathroom.

BLESSING: Went through my tapes.

#### 8 MARCH 2013, FRIDAY

I hung my what not behind my bedroom door. Emptied top of chest of drawers. We hung Wilma's edelweiss pictures underneath the clock; they look good. Washed hose and pj's. The six thirty program was a great young man from BYU, piano student. Wilma went also. Talked to wanda, Lettie and don. Gladys. Didn't sleep as long this afternoon as I wanted, and did, go to Lael Call's birthday party. Ready for an early bed.

BLESSING: Hung a few pictures and my whatnot.

#### 9 MARCH 2013, SATURDAY

Spent most the morning on the phone: Carl M, , Wanda, Gay M. Don, Delma (she answered the phone). Voice sounded good and strong but I lost her when I tried to tell her Wilma and I were living together. Carl has a catheter. Psychologically reminds him that was the last thing which was done for Dimple. Karna and Mara came with meds for Wilma. We went to the 6:30 program, two violinist and the same pianos who accompanied one of them last week; BYU senior piano students. Excellent. Stenosis letting itself be known, Wilma Fullmer called from Costco.

BLESSING: Karna's vigilance over Wilma.

#### 10 MARCH 2013, SUNDAY

Nice Sacrament meeting and my favorite SS teacher, Sr. Hansen. Hard P. M. Nap waking up in a puddle of sun. Finished the March Ensign.

Blessing: Provocative Sacrament meeting talk on "grace:

#### 11 MARCH 2013, MONDAY

Talked to InstaCare; another antibiotic. Cipro; Wanda picked it up. Late nap. ComCast called. Hadn't rec'd package. Appointment for oxygen test; Dr. Marshall prescribed testing with and without oxygen. Betty J. Called. Little feedback from my comment re Civil War at hale. Evidently David Smith is in it. Both Steven and Michael reacted strongly against the review in the Deseret news. Conner's last two letters. In Palm Harbor, Florida, a resort town I can't find in my US Road Atlas.

BLESSING; a new antibiotic ( I hope!

#### 12 MARCH 2013, TUESDAY

the temple; Dorothy went too. A new service mission couple were there to help. A short rest; lunch and with Dorothy to her eye Dr. Helped her with her papers; Steve took us in the car. To the program at 6:30; the same couple who sang a month ago. Violin, vocal. Been married 65 years. Checked calendar to realize I have an appointment with Dr Weaver, cardiologist at 8:30 in the morning. Auwe; thought it was Thursday and I was taking the bus. How senile can one get. Wanda, bless her is taking me. Doing the oxygen meter tonight without oxygen. Gladys' knee/both scheduled for April 15th. BLESSING; discovered Weaver appointment or I would be missing it. Wanda for taking me.

#### 13 MARCH 2013, WEDNESDAY

Neva's birthday. 91. Wanda took me to dr. weaver's office; my appointment was the 20<sup>th</sup>. Auwe. With encouragement of the scheduler I canceled next week's appointment with Dr. Weaver and made an appointment with Dr. Bingham, Don and Wanda's cardiologist for next Tuesday. Stopped by Rite Aid to get ranexa refilled. Not open and noticed there were no refills. So home to call Dr. Marshall. long afternoon nap. Eric came to flush Wilma's pectline and told her of the doctor's observation/recommendation from the MRI. Sounds promising; an in and out surgery. Was able to go to RS. BLESSING; Once again: Wanda's help.

#### 14 MARCH 2013, THURSDAY

Did laundry. Kama came and surgery for Wilma's back is scheduled for tomorrow if her platelets are high enough at 12:30. Ruth W. called; she and Lettie will be coming tomorrow, as may Wanda. Found a bottle of Ranexa from WellDyne so canceled the prescription Dr. Marshshall sent in. Felt senile to think I had forgotten them. Steven called and offered to take us to civil war at Hale in a few weeks. E-mail from Pam. BLESSING: Possibility of Wilma's back surgery so soon.

#### 15 MARCH 2013, FRIDAY

Wilma fasted for her surgery but her platelets were too low thus no surgery. Lettie, Don, Ruth and Rachel came over in the morning and rearranged my bedroom and hung pictures in the living room and my bedroom. Fullmers and Becky and Danny came and Keith, Wilma and Becky hung pictures in Wilma's bedroom and another in the living plus my carving of faces from the Philippines and my Canadian goose. Brought oranges and mandarine oranges. Karna also bought oranges and mandarines for us. Well stocked. I ate two of Fullmers mandarines. Sweet. Vivian called. It is 9:41 and I'm beat; Wilma is already in bed. Danny rearranged the hats and other things over kitchen area. BLESSINGS: Johnsons, Fullmers, Willmores.; HELPING HANDS.

#### 16 MARCH 2013, SATURDAY

A quiet day. Hair cut. Should have been out for a walk. Finished the Snow lesson on perfection; accompanying scripture. Doing a little better with my BOM reading. BLESSING: Not as severe stenosis pain as usual

#### 17 MARCH 2013, SUNDAY

17 MARCH 2013, cont.

Seventy but never caught his name. Lost track of the number of extemporaneous speakers called. At least eight young missionaries, most recently called. The stake has 260 odd missionaries including the 40 who have just received their call. Didn't have a very restful night so slept "hard" much of the afternoon.

BLESSING; Stake Conference; good feeling.

18 MARCH 2013, MONDAY

Quiet day. Last of Cipro. Have missed drinking milk immensely. Rosalie King fell and broke her hip. Am called. She and Rebecca and family will come tomorrow. Rebecca had her baby "naturally" with a midwife. No stitches which I would have assumed with ten pound baby. Have enjoyed the Hyer book until now and it has become ridiculous. Steven called. Wilma is getting platelets tomorrow. Her nurse came today. Finished the Heyer book; can't remember when I've laughed so much reading a book.

BLESSING: Stenosis pain is being more manageable.

19 MARCH 2013, TUESDAY

Breakfasted on the raisin bread I brought from the dining room last night and half glass of milk. Ono toast. Rode on the bus with the temple three and Lora Jean and from there Steve took us to our respective doctor appointments. I to Dr. Bingham, cardiologist. Dr. Brann had not sent record of any of the tests he'd given me. Janet, Bingham's asst. did an EKG and I expect I'll be called if Brann responds to his request. He doesn't think I need ranexa and Isosorbide. Time will tell, I guess. A new oxygen company, Lincare in Orem. New machine, smaller, little quieter. Maria Wright called me today; such a nice surprise. Michael Smith wrote three e-mails re my letter to Smiths and Popes; spoke of Dorothy's family who put coins in the plastic eggs they hid for the children and then they meet together afterwards to count eggs, money and help them set aside their tithing. LoAnn cut Wilma's hair.

BLESSING: change of oxygen companies and a smaller machine.

20 MARCH 2013, WEDNESDAY

Enjoyed R. S., another lesson on perfecting ourselves. Questions and quotes re what we can or are perfect in. Geri Wakefield's sister-in law "found" Wilma; the are new service missionaries in the Branch. Pam, Rebecca and the children came. Joselyn is now wearing glasses. Seth is a beautiful child. Discovered my two Chinese balls in the Chinesy box are missing. Auwe. We had a delicious dessert at noon: cannoli. Italian. Bev called today. As did Ruth W. inquiring re Wilma.

BLESSING: Nieces who remember you/visit/phone.

21 MARCH 2013, THURSDAY

Wilma had her "procedure" done today. Dr. Felt it went well. Relief, hopefully, in a day or so. She got back around three, Paula came shortly afterwards. Ruth brought Tylenol for her; hung pictures. Walls pretty well covered in living room; organized Wilma's CD's. Lettie went to Dr. Marshall and he gave her meds for her migraines. I DO hope it/they work. Rachel came while we were eating supper; a CD holder; I thought she looked

21 MARCH 21 CONT.

better. Paula enjoyed dinner with us. Wilma looks ready for bed.

BLESSING: Paula is here.

22 MARCH 2013, FRIDAY

Paula and I ate hearty breakfasts; she went with Wilma to "exercise"; was impressed. Wanda picked me up for Costco; Mandy went with us; bought some beautiful strawberries and Harvati cheese; toilet paper and chocolate covered pomegranate (not too impressed). Deposited refund check and picked up fruit chips at the mall and prescriptions. As we came out of Costco there was a snow blizzard. Paula met us with my shopping cart. She is a sweetheart; wrote down instructions of how to play and turn off the DVD. Ron came over while I was out and brought the cord it whatever was needed to get it to play. Steven, Maria and Paula had noon meal with us. Steven and Maria visited a bit afterwards and after they left Paula wasn't far behind; went over to Eric and Karna's; she will be back tomorrow for the night.

BLESSING: Once again helpful nieces and nephews.

23 MARCH 2013, 2013, SATURDAY

Talked to Carl M., tried to call Sonia, Shirley O. And Willmores. Paula came just as I was getting ready for my nap. Finally got Ortega Oxygen to pick up the compressor. After supper we went to a discussion on Trusts; it was excellent. Wilma couldn't hear but as we discussed it later Paula told her she and Adam have a trust so I think she will be having Eric meet with their lawyer and do a trust. A trust is not taxable.

BLESSING: Wilma is having some relief from her back pain.

24 MARCH 2013, SUNDAY

Enjoyed meetings today; home and visiting teachers came; brought us little note pads from their trip to Asia. Bevans. Ruth came and she and Paula had noon meal with us. Wanda and Pam came and stayed until nine. I fell; probably sprained my left ankle. Auwe. Shirley and Blair will be here the 2<sup>nd</sup> of April; Vivian and Clive will come on Thursday. Pam wrapped my ankle. Put ice pack on it.

BLESSING: Pam's help when I fell.

25 MARCH 2013, MONDAY

Don took me to Insta Care. A break and sprain. Boot; very awkward; does make walking bearable. Paula took Wilma to Huntsman; met Dr.; platelets were very good. Wilma F. and Keith came over. Nice visit. Paula took Neva's car back to Amanda and Fullmers took her back to Eric's. I'm ready for bed; so is Wilma.

BLESSING; Don taking me to InstaCare.

26 MARCH 2013, TUESDAY

"Boot" awkward; pain not too severe. Wilma took bus for chem shot. Did exercise. Alan will take our pictures Friday around four. Gladys may come Friday morning; has my income tax.

BLESSING: Have slept well.

27 MARCH 2013, WEDNESDAY

Took meds to take after breakfast and on to exercise. Wrote Mindy a note ; she's leaving Jamestown; party this afternoon. To RS; a very graphic DVD of the Savior's death and resurrection. Wanda took Wilma to the library; she brought me back two books. Wilma helped me put on my "shoe". Invited Willmores and Ruth's family to Easter brunch. Bessie was offended by Wilma's disagreeing with her. Stormed off without dessert.

BLESSING: Wilma's help with shoe.

28 MARCH 2013, THURSDAY

To exercise. Vivian and Clive came around 3:30 just as I got up. Had been to Lettie and Don's. Clive went to his grandson's soccer game. Vivian helped me get on my shoe and we started on the wrong foot; actually my right is more painful than the broken one. Arden came back with Clive. Good to see him. Talked to Betty J. She will stop by on Monday.

BLESSING; Help with my shoe.

29 MARCH 2013, FRIDAY

Gladys came about ten; stayed a couple hours; looks a bit frazzled. Surgery hanging heavily over her head. Wanda came just after noon meal; solved my ComCast problem. No time for a bed nap. Popes came about shortly after three; Alan ten to four; he and Clive scouted to see where pictures would be taken; choice stairs at entry; he was quite fast. Lettie looked especially nice in a pink top. Don and Clive wore suits. Clive's is new; looked great; little more colorful tie than usual. Dining room being decorated for Easter including pink tablecloths and colorful place mats. Checked at serving area in ER; pastel tablecloths. Winnie called.

BLESSING; PICTURE TAKING WENT WELL. Not too long.

30 MARCH 2013, SATURDAY

ruth picked up the Life of Pi from the library before taking Wilma for chemo. Her facer is looking better. All except Alicia came for the buffet. Think all enjoyed the meal except Brennen; he hardly ate anything; good looking young man. A new blind installed in my bedroom; didn't realize anything was wrong with the other but this is nice (events room kind). I almost got my shoe on by myself after rest. Went to the entertainment tonight. Five men and three women. Sang; played drums; several numbers accompanied by trumpet. Wedding announcement from Rebecca , Winnie's granddaughter. A card. Alan sent a picture of Vivian and Clive via E-mail.

BLESSING: Can get shoe on with a little less stress.

31 MARCH 2013, SUNDAY

Wilma got her last shot of the month; I enjoyed both meetings. Woke from nap in a bed full of sun. Groggy; not the least hungry. Tried reading a bit of The life Of Pi; not sure I want to read it. Will read some more from the beginning.

BLESSING: Beautiful Easter Day.

1 APRIL 2013, MONDAY

busy day. After exercise we pooled our white laundry and then I did a load of towels,

1 APRIL 2013, MONDAY, cont.

And other darks. Vivian and Clive stopped by en route to Gooding; rained; Betty Johnson came with chocolate covered walnuts; a little earlier than planned because of the rain. By the time I folded clothes after lunch it was later than usual when I started my nap. After evening meal for FHE guest( don't remember his name) speaker/ power point of life of Christ. Each frame a map and three pictures of the area and pictures of the Savior, some familiar some new.  
BLESSING; Drawer full of clean garments.

2 APRIL 2013, TUESDAY

After exercise spent the rest of the morning reading The Life of Pi. Writes well; glad I started over. Fast lunch thanks to Quincy who served our table; thanks to Wilma for waking me went to the piano concert at 3:30. Tried the heating pad while I had my nap. To the vocalist; no accompaniment and knew marami songs. I left a little before she finished. My stenosis is kicking in. Forgot to take med this morning.  
BLESSING: Swelling in foot has gone down some.

3 APRIL 2013, WEDNESDAY

Busy day. Talked to Shirley and Blair. RS celebrated its birthday. Excellent power point presentation reviewing women/followers of the Savior when on the earth, women in church history as well as organization of RS. And a tribute to women, in general who live here, citing various services, contribution of residents without mentioning names. Then a pictures of residents I assume taken as we moved in; at least mine was. A gift of small Hershey bar on a little package of tissues were given each sister as we left. Shirley and Blair came almost immediately afterwards; had dinner with us and visited. Wilma's friends, the Millers, from Brigham Apt. in SL came. I lay down about 3:30. Good to have them. Before RS Kathy Packard came up to introduce herself to Wilma; live in the College park Ward in Md. At dinner her daughter and two little children came. Kathy evidently has lived most recently in American Fork. It will be early bed for me.  
BLESSING: Shirley and Blair's goodness.

4 APRIL 2013, THURSDAY

Canceled next week appointment with Dr. Parsons; new one in June. Betty Johnson called. Monica Fisher's mother was struck in Garden Apt. parking and died next day. They had just moved to Provo. Did hose and a few darks. Shirley and Blair came around shortly after six and stayed until a little after eight. I do love them. I'm so glad they are enjoying retirement. Wilma marked my temple dress and slip for hem taking up. Shirley took them with her and Wilma will put new elastic in the sleeves. I wouldn't be surprised if Shirley doesn't hem the slip.  
BLESSING: Good people such as Shirley and Blair.

5 APRIL 2013, FRIDAY

Shirley and Wilma came over with dress and slip. Basted up after having cut off the hem of dress; Wilma had finished the sleeves. Had hemmed the slip. God visit; just before they left Lettie and Don came. Lettie with grapes and oranges. Shirley took a couple of books and a couple pairs of scissors. Glad I had something she liked. So good to see them enjoying each other. Attended the clarinet program. Teacher and two

5 APRIL 2013, FRIDAY cont.

college age students played. Some "sweet" numbers; Artie Shaw numbers ear piercing usually. I admire their wind. Talked at length with Mary Behra. Details re Monica fisher's mother's death. Learned Imogene is in Emeritus Alzheimer section. Glad to locate her.

BLESSING: Temple dress altered.

6 APRIL 2013, SATURDAY

Enjoyed conference so much. New General YW Presidency. Look forward to reading Elder Packer's talk (poem) as I couldn't understand him very well. Struggled to stay awake during one of the mid afternoon speakers. Lay down as soon as the closing hymn started. Eric brought strawberries, raspberries, cashews, and rice crackers that Wanda had bought from Costco. Brownies tonight for dessert tonight. The two ponds have water in them and look very pretty. Wilma found her wallet.

BLESSING: Wilma found her wallet.

7 APRIL 2013, SUNDAY

Loved conference; managed to fight sleep a little better this afternoon. Forgot to mention yesterday that new temples were announced for Rio de Janeiro and Cedar City..

Paula called. Shirley and Wilma are coming over tonight. Bless them; doing my temple dress. I'm going to hunker down and see if I can finish the Life of Pi by tomorrow.

BLESSING; Conference every six months.

8 APRIL 2013, MONDAY

Didn't sleep very well. Wilma went to the orthopedist who did her back procedure. Cloudy, rainy; talked to Popes; called Anne Robertson, later she called me, both of us leaving messages. Talked to Dava A. Her daughter has bought a town house in Draper. Slept soundly this afternoon. Missed Wilma Reynolds birthday party. Dr. feels Wilma's back will take four months before the healing has taken place. Christy nee Werner is coming for a visit. She and Caitlin Smith came; such cute/nice young women. Blessing: Good women as Caitlin and Christy.

9 APRIL 2013, TUESDAY

Shirley and Blair came for breakfast; both ate heartily. Snowed overnight and a little in the AM. Wilma had two Dr. appts. Judy Sherwood's birthday. Missed her party; sleeping. One of Wilma's home teachers from Brigham/18th ward visited; on the church's host committee. Talked to Betty, Bev s., Imogene brown; the latter sounded good, is in Emeritus Alzheimer's unit. Also talked to Anne Robertson.

BLESSING: Foot seems less swollen.

10 APRIL 2010, WEDNESDAY

RS. Mike problems. Did a load of white laundry including my temple bag items; the robe looks so nice. Hung it on a hanger. Reluctant to hang it in the closet as it is so packed. Slept most of the afternoon away. Visited a bit with Karna as she bought Wilma home. Canceled my thurs. bus trip to the lab. Will try again next week hopefully will have had the nerve to take the boot off. A banjo player at 6:30 PM. Too long.

10 APRIL 2013, WEDNESDAY, cont.

Talked to Eloise richesen and Carl Mellor, latter still on a catheter and is discourage; a prostate procedure scheduled in a couple of weeks.

BLESSING: Diane is available to help Carl.

11 APRIL 2013, THURSDAY

Cool, rainy morning. Sleepy after exercise; Wilma and I each hunkered down under a blanket; Karna brought three prescriptions for her. Gave Wilma a bunny full of chocolates, belated Easter gift. Stayed and visited a while. Wore my compression hose on my broken foot for the first time. Hose fits better in the shoe than the socks. Talked to Elva Parker and Ruby Haws. Bob is undergoing another type of cancer treatment; didn't understand what; he's VERY tired. Drove them to the Dr. A male chorus tonight. Good length; loud. Corny jokes.

BLESSING: Compression hose worked well on left leg.

12 APRIL 2013, FRIDAY

Did a load of "coloreds". Walked with Wilma around the building; nice out. Saw a SuesseMusical with fifty plus children. Didn't start until seven; a long wait. Really cute even though you couldn't understand the dialogue. Sat on front row with Dorothy, Kathy, Lael and Bessie. So sleepy most of the day. a hassle getting Acetaphinamin refilled. Dr. Marshall hadn't included it on his summary and I hadn't noticed before.

BLESSING; Greening of trees, daffodils, hyacinths.

13 APRIL 2013 SATURDAY

Eric came over re Wilma's income tax. Talked to Vivian, Gladys, Lettie. Cloudy, coolish day for April. Adam Smith, Byran's son got his mission call to the Cinninatti Ohio Mission. In July. Attended the 6:30 program tonight. Three young people, 11, 13, and 14 played violin and piano. The girls played the violin; boy, 14, played painao. Two excellent accompanists. Outstanding.

BLESSING; Little problem putting compression hose on left leg.

14 APRIL 2013, SUNDAY

Hadn't realized it was Fast Sunday. A few more testimonies. SS teacher followed lesson well. Letter from Becky J. Danny has an appointment on the 30th to see about surgery on his knees. Fell a week ago. A number of 6:30 P. M. Performances this week. Mary and David Miles came. So good to see them. Had started looking at The Story of Emily Smith. Maybe another time.

BLESSING: renewal of Miles' friendship.

15 APRIL 2013, MONDAY

{ut boot/shoe in closet. My regular shoe slipped on quite well. Find myself walking rather tentatively with a cane; using it, not using it. Wanda dropped off my prescriptions today. Alan sent a whole slug of his pictures.

Will finish my Cat book today.

Haven't been able to get Leanne to ask re Gladys' surgery. Dorothy and I went to the Piano performances tonight. Short and early piano students.

BLESSING; Was able to do without my shoe.



16 APRIL 2013, TUESDAY

Took books back to library on 2<sup>nd</sup> floor and brought back three. Talked to Gladys. Voice post operative rasp. Been in therapy and will go again the afternoon. Replaced compression hose. Dr. Told her she really needed them done. I'll call her before I go to bed. Rec'd federal income tax refund. Talked to Betty J. Another 40ish degree day. Wrote to Clive and Alan re sibling pictures. He has been involved in their Vitro procedure. Googled Vitro but still don't really understand.  
BLESSING; GLADYS' SURGERY WENT WELL.

17 APRIL 2013, WEDNESDAY

RS. Didn't sleep well. Didn't go to the library with Wilma and Wanda. Went to the piano program tonight; so did Wilma, Bessie and Dorothy. Wilma left. An evening of "oldies" with a final lovely rendition of Clare de lune. Alan sent a good picture of Vivian. Talked to her after I forwarded it to them. Have tried over and over to get Gladys; first time line busy, next times no answer. Washed red coat, three blouses and hose. Coat and red sweater really dirty.  
BLESSING: refreshing afternoon nap.

18 ARIL 2013, THURSDAY

When I opened the blinds this morning saw a diamond filled tree and ditto of grass. Rain had frozen in little droplets. Incredibly beautiful. Had lab work done. For thyroid. Saw my first forsythia of spring. Steve, driver, so pleasant helpful. Went to the Accords program, three accordionist. Audience as much fun to watch as performers. I had never had such a close-up view of accordion players. They were very professional and smiling, seemed to enjoy performing. Gladys went to a rehab today. Betty met her and helped her settle. Reports are that she is doing well. Wanda got is lovely strawberries, raspberries, avocados and chocolate covered macs.  
BLESSING: the frozen "diamonds". Feast for eyes and soul

19 APRIL 2013. FRIDAY, Eric H.'s 46<sup>th</sup> birthday.

More "diamonds" on trees and grass this morning.. Up four times during night. Afraid a trip to a urologist is pending. Dr. Marshall's office called. He is upping the Levothyroxine again. Attended a women's chorus mid morning. Had breakfast with Kathy P., Wilma and Bea P. As "our" table was taken; felt we'd forsaken Dorothy. Talked to Winnie. Had been to the Dr.; is doing well in all aspects physical. Talked to Carl M. Surgery on prostate on Monday. He sounded stronger than for a while. The couple scheduled to entertain tonight didn't show. A resident, Walter Webb, did some magic tricks.  
BLESSING: Wanda will pick up my new thyroid medication.

20 APRIL 2013, SATURDAY

washed two loads. Shrank my good wool sweater. Almost felted. Auwe. Finally got Gladys on the phone; realized I'd been using her hospital number. Went to a father daughter program tonight; she sang; he accompanied. Still finding ants. Wanda picked up new thyroid medication for me. Alexia delivered it to my door. Cute girl. Really

20 APRIL 2013, SATURDAY, cont.  
growing up.  
BLESSING: Clean sweaters; garments.

21 APRIL 2013, SUNDAY

Speakers for Sacrament meeting were all young people. Couple of musical numbers. SS only had about fifteen minutes. Bessie threw a Bessie at evening meal. Talked to Gladys this morning Dorothy and I went to hear a pianist at six who didn't appear. Returned books to library and got a couple more. I feel sick. The Bervans came for home and visiting teaching.  
BLESSING Good church meetings.

22 APRIL 2013, MONDAY

After exercise I slept most of the morning; abdominal pain. After noon meal I slept again. Wilma called me about three when Rachel w. came. Looks good. She and Lettie and don are coming for noon meal Wednesday. Dorothy, Wilma and I went to hear about ten students in a BYU piano class play. I'm ready for bed again. Packed to go to the temple. Talked to Gladys. Routine established; surprised only an hour of therapy morning and afternoon; some to be done in her room. Could hear her better than yesterday.  
BLESSING: Rachel looks good; sounds good.

23 APRIL 2013, TUESDAY

TO THE TEMPLE; FELT GREAT IN MY DRESS. Felt a little spaced out and made several boo boos. Glad I went. Rachel and Ruth came over with banana nut muffins. Called Carl; follow up procedure tomorrow. Rebecca Crapo's wedding day. Sleepy all the time.  
BLESSING: MADE IT TO THE TEMPLE.

24 April 2013, Wednesday

Amy Richards last day as activities Asst. Willmores came for noon meal; think they enjoyed the food. Good to have them. Took a walk around bldg. After my 2 plus hour nap. Trees are BEAUTIFUL. Could have gotten by without my windbreaker. Dorothy and I went to hear the Musettes a women's choral group. Enjoyed them immensely. Gladys seemed to have a less pain filled day; increase of meds. Talked to Sonia Aycok. And to Winnie re Rebecca's wedding. Going to Florida on their honeymoon rather than Hong Kong. Well attended reception; She was exhausted. Emily received her endowments the day before the sealing so was able to attend.  
BLESSING: Rachel shopping for me.

25 APRIL 2013, THURSDAY, Wilma's pace maker changed.

Wilma left about 7:30; Called karna around eleven. Keeping her over night; things went well. I talked to her mid afternoon; said she felt blah. Did three loads of wash. Glad I could do Wilma's someone had left a dryer full of clothes. Removed them Used both washers and dryers. Nap not too satisfying. Talked to Gladys; hard to understand her on her phone. She has had quite a bit of company. Dorothy and I went to hear the pianist play. Very good. I want to remember her name so I can hear her again if she c

25 APRIL 2013, THURSDAY, cont.

comes again: Astrid Alldred.

BLESSING: Wilma's replacement went well

26 APRIL 2013, FRIDAY Bessie Brooks' birthday

Wilma came home about eleven, hurting, needing sleep. Meals brought in. Slept all afternoon. I went to Bessie's party. Her brother read her bio. His wife and her daughter's daughter were there. My alarm didn't go off but I did get there a couple minutes after three. Took a walk this morning. Kama came over with son Joel. He fixed a brake on each of our walkers. Wrote smith E-mail; dozens of errors as I read it after it was sent. Plan to go to the smith's sibling dinner. I feel sleep deprived; to bed early. Was able to hear Gladys today; has a change of phone. Wilma has lost her hearing aid again. Paula called Wilma but she was sound asleep.

BLESSING: Pace maker implant successful.

27 APRIL 2013, SATURDAY

Wilma slept until ten; breakfasted on fruit, granola. We went to willmores for ruth's dinner. Great food (enchiladas with marami toppings). Rhett and Ann picked us up. Surprised Wilma went. We were catered to. Ron's homemade bread was delicious. Diane M. Called re Carl. After second surgery removed catheter.

Found balls to my Chinese balls in the top drawer of my chest of drawers. Can't imagine how/why they were there. Just pleased to find them.

Nice to see the 'outside' world. Many of the flowering pear around Provo/Orem.

BLESSING: Wilma feeling better.

28 APRIL 2013, SUNDAY

Sacrament meeting was comprised of three more youth speakers from the Edgemont 1<sup>st</sup> ward and two musical numbers. Quite impressive. Lanny Wakefield led the music and Alice Wakefield was sustained as a SS teacher. The SS teacher was quite adept at turning answers to fit the question. (Marilyn). Talked to Gladys at some length. Wilma read e-mail so was able to delete a number of letters. Dorothy V. Had a fall last night and did not get the help she needed for some time. And even when the aids came couldn't understand her nor she them. The "in house" nurse didn't show up at all. I'm concerned about her.

Blessing: Wilma seems to be feeling a bit better.

29 APRIL 2013, MONDAY

Slept the day away. Toilet got repaired; really yucky. Had a walk around the building with Wilma after supper. Rachel stopped by; brought a basket for Wilma. Her first day back to work. Looked nice in her uniform. A nice long letter from Conner today. I've been feeling sick at my stomach; took a nitro for the first time in some time. Long visit with Mary Behra; went into some detail re Mary Ann Parker's move to Arizona. Also told me Dorothy Barker is in a retirement facility in Provo. Giving up her Garden apartment after paying for it for four years.

BLESSING; Walk; glorious day.

30 April 2013, TUESDAY

To the temple; five of us. Remembered what I needed to. Talked to Carl M. (Off his catheter), Gladys, Winnie, Elaine C., Willmores and Wanda Nurse came to see Wilma today. She is very thorough. RS president and Sister ? came at the same time. We visited in my bedroom. Wilma and I walked after the evening meal. I could have used a jacket. Flowering pear is shedding its blossoms. Letter from Danny J. Both knees sound as if they need drastic surgery. The actual doing seems to be dependent on his insurance.

BLESSING: Remembered what I needed to at the temple.

1 MAY 2013, WEDNESDAY

Got all navy pants out to wash (8); will also wash vests. Not enough continued time today. Hair cut.

Danny reported knee surgery if/when done will take 3-6 months for healing.

Severe stenosis pain on occasion. Auwe.

BLESSING: hair cut.

2 MAY 2013, THURSDAY

Very slow service for breakfast. Washed fifteen pairs of pants, Olympic vest and navy vest, few towels. Tired. Good knowing all pants except one are clean. Wilma and I walked around the building. Stenosis pain alive and well.

BLESSING: Clean clothes; walk; beautiful world.

3 MAY 2013, FRIDAY

Talked, or tried to talk, to Eloise Richesen. Nausea; bed rest morning and afternoon. Wanda brought strawberries, raspberries, blueberries and oranges. Mandy and Jackson delivered them. I gave Jackson a package of crackers and two ducks were not shy in eating them. Reading a Perry book written in 2002. Don't remember reading it. A Monk .Have an awful cough. A cold?

BLESSING: several fruit tanks to Wanda's willingness to shop for us.

4 & 5 MAY 2013, SATURDAY & SUNDAY

Moped around both days. Wear oxygen also during day as it seems to be low. Think my meter needs a new battery. Lettie brought fruit and a Maron book over on Saturday. Wilma thinks she has what ever I have. Betty called Saturday reporting their stake Appreciation dinner.

BLESSING: Lettie's visit.

6 MAY 2013, MONDAY

Karna took Wilma to Huntsman started chem.; wanda took me to Insta Care; had chest exrays. Lungs looked pretty good; no fever. Antibiotic. Ordered breakfast; didn't go to any meals today. Spent . Huntsman didn't give Wilma an antibiotic. Spent most of the rest of the day in bed. She went right to bed. Wiped out. Talked to Gladys; pleased with visitors. Ordered both of us soup for evening meal. After six; no delivery.

BLESSING: Wanda replaced battery on oxygen meter. Moved Taggart lesson help to file.

7 MAY 2013, TUESDAY

Had all three meals 'in". Fell around three; Wilma sound asleep on her bed; knew she couldn't hear if called. Finally got self up on recliner. Called, green shirt then nurse came. No broken bones but a sore goose egg on forehead and sore left of hip on left side. Don and Ron came and gave us both blessings.

Danny has surgery scheduled for 20<sup>th</sup> of May.

BLESSING: Priesthood power.

8 MAY 2013, WEDNESDAY

Wanda took Wilma for chemo and to library. I tried and finally got Dr. Bingham's office. Keith and Wilma came "to make sure we had lunch". He checked out my meds and suggested that I half Micardis. Don't usually just go it on my own prescription wise but have halved it for the next seven days. Ordered evening meal to be brought to our room. Neither of us hungry. Wrote Shirley an E-mail. I'm sure it was she who instigated Fullmers's visit. Wearing one of my "sale" DaRue bouses.

BLESSING: Caring, thoughtful nieces.

9 MAY 2013, THURSDAY

Spent most of day in bed. Ordered noon meal up. Lettie brought lilacs and "bars". Fullmers brought batteries and checked my blood pressure: 115 over 51. Wilma took the four pairs of pants Bev gave me. Wish I could have worn them. Wilma H. went on bus for chem shot. Dr. Bingham's asst. called. Doctors disagree.

BLESSING: Janet from Dr. B's office called "sanctiong" the Macardis reduction.

10 MAY 2013, FRIDAY

Wilma thinks a nerve must have been hit with her shot today. Ordered noon meal and had soup for evening meal. Salad left over for breakfast. Talked to Lettie and don, Keith and Wilma (can't make my blood pressure cuff work) and Gladys. Lilacs opened a bit more and smell so good. Called re the instaCare bill. An error on billing. Nice of the receptionist at insta Care calling that to my attention. Letter from Conner. Wilma's hearing aid seems even less effective.

BLESSING: Keith's willingness to share his medical knowledge.

11 MAY 2013, SATURDAY

Rachel picked Wilma up for her shot. I have hacked and moped most of the day. Think this is my last day to order meals; either forget to say "half" serving or message not relayed. Our warmest day yet. Talked to Gladys; she has been a bit sorry for herself today. Read the first three conference talks. Ensign came a couple days ago. Talked to Keith re my blood pressure monitor. Felt wasn't working because not tight enough; Wilma really tried but still couldn't get correct reading. Problem also with oxygen meter. Wanda wonders if it old batteries.

BLESSING: Having the conference issue of the Ensign.

12 MAY 2013, SUNDAY

Wilma to last shot of week; abbreviated church meetings to accommodate Mother's Day buffet. We ate at 11:30 and I was napping by 1:30. Branch gave us each a dish with soap, a nice quote. Ruth and Don Willmore came over with cheese cake and health and

12 MAY 2013, SUNDAY cont.

and health and Rees bars. I went to evening meal; nice to see Dorothy. Wilma stayed and ate part of cheese cake. Wrote Becky Johnson a long E-mail in answer to hers and lost it. Will call her. Talked to Gladys; Suzanne Taylor's mother's obituary was in the paper. Tried to call Popes and Betty J.

BLESSING: Was able to go to meals today/church.

13 MAY 2013, MONDAY

Wilma's nurse set up an appointment with her internist; 4:30 P. M. , antibiotic, exrays, didn't like sound of her lungs. She came back with a mask. Heidi Andersen had her baby, a girl, 7 #s and 13 ounces. I'm out of Ranexa and confusing internist and cardiologist for renewal I'm afraid. Mary took my blood pressure (110 over 51). Oxygen 91.

BLESSING: Wilma to Dr.; Mary, her nurse

14 MAY 2013, TUESDAY

To the temple. Wilma stayed in all day. Cough according to Wanda sounded like mine when she took me to Insta Care a week ago yesterday. Wanda was here when I got back, with oranges. Checked out monitor; worked on her and Wilma but not me.

I slept most of the PM. Tried to call Carl and Diane Mellor. Neither call successful.

BLESSING: to the temple. Wilma has taken three of her antibiotics.

15 MAY 2013, WEDNESDAY

Wilma slept in until around one. Plenty of food. Both went to RS. Lesson on temples; on regular ward schedule. Forgot to half Macardis when I refilled A.M. pill box. No word from Dr. re Ranexa. Have felt a bit light headed/faint most of the day. Bowel problems. Feel as if I should "diaper". Went for a bit of a walk before RS and while I "dewrinkled" my T shirts. Lettie and Don came just as we got home from RS-with four kinds of fresh fruit. Bessie fell last night and sprained her foot. Went to the Bell tones concert; quite fun to see residents concentrate so intently. Talked to Carl Mellor; retained fluid in his lungs.

BLESSING: Had blood pressure checked at Personal Care.

16 MAY 2013, THURSDAY

Steven came for about an hour. Maria has had rash, blood clot problems. Winding down on her chemo. Slept until five when Wilma woke me up. Auwe. To the evening piano recital. Wilma still coughing, coughing. Dorothy left for Midway. GLADYS BACK HOME.

BLESSING: Dining room more than willing for me to bring food to Wilma.

17 MAY 2013, FRIDAY

Attended two activities today; Payson Jr. High Chorus and a couple who among other things composed "Consider the Lilies of the Field". Bessie wasn't at any DR meals. Wilma went to all three and exercise. Just maybe she might be feeling some better. I hope. Gladys has had a rather challenging day. Therapist didn't show up. Janet from Dr. Bingham's office called. Ordered Ranexa but said Dr. Bingham wasn't sure I needed it. Offered samples to tide me over. I'll just do without.

25 MAY 2013, SATURDAY

Much of the day in bed;; threw up; Don came over and flushed Wilma's PIC line. Clive sent the pictures Alan took; they are beautiful. So many 80 year old bones tossed together to make something look better than they rely do.  
BLESSING: DON TO THE RESCUE.

26 MAY 2013, SUNDAY

WENT TO BREAKFAST. Enjoyed Sacrament meeting; Alice ----- taught SS.. Neither Bessie nor Dorothy were at any meal. Flushed Wilma's PIC line. Talked to Jean Christensen, Imogene Brown. Called Gay Mitchell, not home, and Imogene Brown. Called Caroline Hobson and she is looking into moving for more care. Vivian called and I talked to her and Lettie. Called Gladys and she asked to call me back.  
BLESSING: Feeling considerably better.

27 MAY 2013, MONDAY, MEMORIAL Day

Talked to Paula; she wants four of the pictures. I'm appreciative of the "urge". Wilma and I went to Dorothy Van Wagoner's twice; wasn't home either time. Had a long nap in the afternoon; ate noon meal at 11:30. A barbecue. Finished antibiotic today. Talked to Betty J. And sent her money for Gladys' birthday flowers, talked to Gay Mitchell and Gladys. Went to the Sullivan Family musical instrument program. Violin, bass, viola, piano and ?. The daughter also sang. Glad I went. Blood pressure high on my new monitor.  
BLESSING: Paula receptive to offer of pictures. Encourages further action on promptings.

28 MAY 2013, TUESDAY

Just three of us to the temple; small session. Dorothy's door was I locked; learned from Ella, the nurse, that she is in the hospital. Reason ? In relation to her last fall I presume. Wilma gave Eric and Karna a picture from Alan's and they chose a couple more. Slept the afternoon away. Auwe. Made an appointment for a mamogram. Will make a new one with Dr. Rosenthal. No Ranexa from WellDyne. Carla nee coston called; Bob Parker died yesterday.  
BLESSING; Carla'S call re Bob Parker.

29 MAY 2013, WEDNESDAY, Gladys<sup>185TH BIRTHday</sup>

RS and Priesthood meeting combined. The Bevans, home/visiting teacher came. Subject: choosing the Better part. Speaker at combined meeting. Good talk not a particularly good speaker. Good nap. Talked to Carla; funeral for Bob Parker, Saturday 1<sup>st</sup> June, Wrote Elva a note and sent a stamped envelope for a funeral program. Lettie and Don stopped over en route to library. Brought pictures of papa and our family when Billy was a baby. Cleaned off E-mail. Wrote Brienna to see if she might play a concert, program for Jamestown. Talked to Gladys; she had been to a lunch reunion with her Bonneville school teachers. Had cards; LeAnne, Mark and friend bringing dinner tonight.  
BLESSING; Good home/visiting teachers.

30MAY 2013, THURSDAY

Exercise and lab work, only one on Steve's bus; appointment with Dr. Bingham; canceled ranexa and isosorbide. Says heart is good. Appointment in six months. Practice with "sisters" in library. Umbrellas in shambles. Darling girls. Wanda took Wilma to Costco; checked hearing; got whole bunch of fruit. Nice note from Suzanne Taylor expresses thanks for my sympathy card when her mother died. Beautifully written. Talked to Lettie. E-mail from Brienna about doing a program here at Jamestown. BLESSING: Deletion of some heart meds.

31 MAY 31 2013, FRIDAY

70ish degree day; we did go for a walk. I washed hose beige pants and pj's. Dr. Marshall's office called. Upping thyroid meds again. Ranexa came. Called. Well dyne does not accept returned meds. Auwe. Farewell party for Sandy (bookkeeping) and Laure (Activities Director). So many leaving Jamestown. Flushed Wilma's pic line the last couple days. packaged pictures for Paula. BLESSING: My handwriting seemed to be a bit better when I wrote Paula and Laure.

1 JUNE 2013, SATURDAY

Eric took Wilma to emergency at ten P. M.; back at two; packed. To return Tuesday for unpacking. Lettie stopped by before noon meal; brought two packages of KitKats. Took pictures to mail to Paula. Nice of her. Eric and Andrew stopped in; Andrew worked a bit on one of the hats. First Eric had heard of hearing aids. Wanda took Wilma to Costco; got her hearing aids. NOISEY for her. June Ensign and new Era came. BLESSING: Wilma to Emergency.

2 JUNE 2013, SUNDAY

Fasted breakfast. Enjoyed being at church, partaking of the Sacrament. Learned the sweet lady we often sit by is Ellen Garrett; convert of the church from Florida. SS lesson on the Degrees of Glory. Slept all afternoon. Auwe. Karna and Amanda and Andrew came. Wilma lost one of her hearing aids. BLESSING: Hearing aid found.

3 JUNE 2013, MONDAY

Karna took Wilma to Huntsman; didn't start chem but treated her nose; gave her platelets and meds to start next week. Nose looked better. Long exhausting took a sort walk, beautiful day. day for both of them. Rachel stopped in as we were having evening meal. Went to FHE; Max's of the Branch and a neighbor did the program; short articles, stories, neighbor played piano, beautiful touch. Max's are parents of nine adopted children. BLESSING; Wilma's nose seem to be under better control.

4 JUNE 2013, TUESDAY

To the temple; six of us. The roses were overwhelmingly beautiful. Wilma had a Dr. Appointment. Karna invited her for dinner Sunday on her birthday. Andrew and Mara are having noon meal with her on Thursday. Retyped my medical history and current meds. Also rec'd a list from Central Utah Clinic Department of Cardiology; quite thorough with future Dr. appts. My stenosis pain intense often.



5 JUNE 2013, WEDNESDAY

Quincy, McCall and the Wilma sets of sisters did their mime; was amazingly well attended. Eric came. Talked to Gladys; her oxygen test didn't work. Lettie and Don brought three gorgeous roses.

BLESSING: beauties of roses.

6 JUNE 2013, THURSDAY

To Provo Hospital for mamagram. Also did a sonogram and problem in deciding re a biopsy. Called Dr. Rosenthal's office; not in; she was "chased down" and suggested they not do biopsy but wait for me to keep my appointment with her. I was surprised. Rachel came with a bouquet of flowers from her garden, a beautiful rose, yellow honeysuckle and other flowers. So fragrant. Mia, her granddaughter came with her. Karna, Joel, Mara and Andrew came for noon meal. A year since Wilma came to James won; Amy head of Personal Care came to talk to her. Announcement from Wilma Fullmer's granddaughter Kira's. Re H. S. graduation and an invitation to Mary Kay and Leland Harper's 50<sup>th</sup> wedding anniversary open house on the 22<sup>nd</sup>. Going to the piano program tonight. Wilma F. Wrote re Keith's Florida study reducing his antibiotics to see if his body will provide more of its own; asked for fasting for him. DR. Marshall called re having heard re my mamagram. Seemed to concur with me seeing Dr. Rosenthal. I was impressed with him addressing the situation. Voice mail from Gladys; concerned about a fall Betty Johnson had. Talked to her. Fell on Temple Square with daughter Susan; blacked her eye and broke her little finger.

BLESSING: Dr. Marshall's care of his patient/s.

7 JUNE 2013, FRIDAY

Wanda and Alxa came about ten. To the Provo Temple; the roses were as beautiful as I remembered them Tuesday. From there to Rite Aid where I bought some shampoo and some Lindl for Wilma's birthday. Didn't buy any greeting cards. Spoiled at the \$ store.

Did two loads of wash. Slept the afternoon away. Watched evening news with Wilma. Column about the same as I like. Clarity not particularly good.

BLESSING: Beauty of roses.

8 JUNE 2013, SATURDAY

Sonia Aycock came. I enjoy visiting with her. Think Wilma heard most of what she said. Came mid P. M. Nap. Took a walk afterwards; not a cloud in the sky. Becky wrote that Nick will go back to work next week. Attended a children's choir program. Some great young voices. Lettie brought two of Margaret Maron books.

BLESSING: Fragrance of Rachel's flowers.

9 JUNE 2013, WILMA'S 87<sup>TH</sup> BIRTHDAY

15 JUNE 2013, SATURDAY cont.

A new resident, Mary, was at our table for evening meal; from Baker, CA. Left before she had eaten anything; nauseated. Didn't come back. Washed stockings and pjs, a couple of blouses. Wilma and I took a walk around the building and sat a bit in the sun. Admired some wild flowers along the way. Talked to Betty Johnson. And Gladys. Talked to Winnie; was thinking it was her birthday; not until tomorrow.

BLESSING; More comfortable with indexing.

16 JUNE 2013, SUNDAY

Couldn't get the Choir broadcast in the Events room. Enjoyed Sacrament meeting and SS. Alice Wakefield taught the lesson on the Word of wisdom in SS. Ate dinner at 11:30; Father's Day buffet; enjoyed corn on cob. Slept most of the afternoon; auwe. Talked to Keith F. Sounded quite good; sleeps a lot. Decided not to give him a transfusion. Talked to Vivian and Clive. She has evidently been very sick; still on penicillin.

BLESSING; Vivian on the mend.

17 JUNE 2013, MONDAY

Worked on Indexing. Finished a 20 passenger ship list. Problem in quality checking. Wilma started her week of chemo shots. Lettie came after noon meal, with a big container of strawberries from Ruth. Slept all afternoon. Attended FHE a woman's vocal students. Twenty and plus presenters. My stenosis pain is very intense. Talked to Elva, Carl.

BLESSING: Some moments of success with Indexing.

18 JUNE 2013, TUESDAY

To the temple. Seven of us. Worked on Indexing. Wanda has great patience. Wilma and I went to AR to help assemble the hygiene kits. Chaos. Dorothy Van Wagoner at supper. Looks a little peaked eyed. Hospitalized by a severe urinary tract infection. Talked to Ruby Haws. Shirley nee Maples 91<sup>st</sup> birthday on the 24th.

BLESSING: Wee bit more comfortable with Indexing; Wanda's patience.

19 JUNE 2013, WEDNESDAY

Did a little Indexing. To RS. Slept most of the afternoon.

Wilma had her chemo shot; Karna not happy re her hiring someone for Friday. She and Andrew stopped in. Wilma a bit nauseous even having taking her anti nausea med this morning.

BLESSING: A wee bit further along on Indexing

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20 JUNE 2013, THURSDAY

Napped before noon meal in anticipation of ophthalmologist appointment. Went by car with Steve and Lora Jean from Exercise class in car. Beautifully clean. She had an appointment with the same Dr. As I. He pulled two just emerging eyelash and found glaucoma pressure good. No macro.

BLESSING: Visit to Dr. Parson.

21 JUNE 2013, FRIDAY

Did an Index file. Wanda bought detergent, pads and chocolate pomegranate for us. Also go my acetaphinamin. Attended Lynn Beus vocal program tonight with Dorothy. Had heard him before and if he comes again will look forward to hearing him again. Dinner was a 50's recall; music, waitresses dressing in circular skirts, saddle shoes, bobby socks. Music jarring. They try hard to have change of pace/entertainment. Order came from National; sweater, Wanda's dress and panties. Gladys went to SL Regional therapy today; to her first evening out last night at hale; confessed to being a bit tired. Enjoyed E-mail of Bob Hope and James Cagney dancing. Also of Wilma's quilts to her grandchildren.

BLESSING: GOT MEDS FOR SPINAL STENOSIS.

22 June 2013, SATURDAY

Did a file on Indexing. Lettie took us to Leland and Mary Kay Harper's 50<sup>th</sup> Wedding Open House. She saw a number of people she knew in the temple. Hall beautifully decorated with blue and white balloons; lots of children running round. Beautiful refreshment spread of fruits, vegies, cake, nuts, mints. Becky and Danny, Wilma and Keith came; Wilma brought a quilt she made and Becky brought cherries from their cherry tree. Pictures from Clive. Talked to them after Fullmers and Johnsons left. Vivian has pleurisy. Stenosis is alive and well.

BLESSING; Goodness of Neva's "girls".

23 JUNE 2013, SUNDAY

Wilma to her last chemo shot of the week. I enjoyed Sacrament meeting; talk based on elder Holland's April conference talk: Lord help my unbelief and Martha Hansen's SS lesson on Continual learning. Corn on cob for dinner. Ono. Barbara and Abe called. Report on Adam and Emily's talks. Both go into MTC Wednesday. Vivian was in the hospital last night. Brought oxygen for her today. Clive called.

BLESSING: Vivian getting help for her pleurisy. Phone calls from Barbara, Abe and Clive.

24 JUNE 2012, MONDAY

Wilma was up with stomach pain, diarrhea; changed clothes from skin out four different times. The fourth she was hemorrhaging, Karna was taking her to the Dr. For a 4:45 appointment; returned to change clothes again and on to ER; Eric was meeting her there. Mary the nurse came today. Did an index File. Talked to Vivian. On oxygen. Dr. Appointment for both of them tomorrow.

BLESSING: Mary's day to come; Karna already to take her to Dr/ER.

25 JUNE 2013, TUESDAY

Wilma spent the night in hospital; I went to the temple. Seven of us. Wilma home about 1:30. No eating; drinking in preparation for colonoscopy tomorrow at one. I did two loads of wash; mostly Wilma's. I'm exhausted. Also did an Index File. Satisfying.

BLESSING: Wilma being cared for.

### 26 JUNE 2013, WEDNESDAY

Wanda called; sick; Wilma F. Taking me to my appointment with Dr. Rosenthal. Interstates beautiful; no construction. Made good time. Her asst. will set up an outpatient biopsy for me and I will see her afterwards. Wilma has had bleeding from lower part of her large intestines. Infusion of platelets. Is to go to ER if she has ANY bleeding. Diapers a part of her "dress", is now eight PM and we are both in/on way to bed. I'm exhausted and she is very weak. Went to a dance/vocal program from a dance school; loud. Glad when it ended. Tried to call Wanda; someone there. BLESSING: Wilma's problem has been addressed. Will have biopsy at Utah Valley Hospital.

### 27 JUNE 2013, THURSDAY

Lettie stopped by. Call from hospital re biopsy on the 8<sup>th</sup> of July. Talked to Betty J. Making civiche. Talked to Gladys. She is coming for the wedding reception of Adele's daughter, Christina. Talked to Caroline Hobson; will be moving to St. Joseph in SL. Wilma feeling better. E-mail doesn't work. Went to a program with Dorothy at 6:30; loud many costume changes; more boys than usual. Went to Resident meeting conducted by new executive director: Mary Prophal. BLESSING: biopsy schedule made on 8 July.

### 28 JUNE 2013, FRIDAY

Betty J.'s daughter Susan brought civiche and a book from her mom. Looks good. Gladys stopped in late afternoon. Looks peaked. Here for Adele's Christina's wedding reception. Wanda stopped by with meds, fruit, cookies problem with Z00.buh non existent. BLESSING; Wanda's constant help/ diligence.

### 29 JUNE 2013, SATURDAY

Opened Indexing. Didn't do much of anything. Wilma has diarrhea. No bleeding. Didn't go to breakfast. Reading the # 1 Detective Agency book. Talked to Gladys. Supposed to've been a 105 degree day. All I want to do is sleep. BLESSING: NO bleeding with Wilma's diarrhea.

### 30 JUNE 2013, SUNDAY

Laney and Alice Wakefield spoke at Sacrament meeting. Didn't go to evening meal but had some of Betty's civiche. Little too much celery or chewing things; hot. Generous of her. Slept/mopped around too much today. Rachel w. came with pina, grapes, apricots from Lettie, watermelon from Lettie also. Brownies. I', having a bout of picking/ripping my nails. Auwe. Wrote to Desiree and Paul. BLESSING: RACHEL'S thoughtfulness.

### 1 JULY 2013, MONDAY

Some frustrating time on Indexing. Talked to Vivian. Sounded good. Said she had given up on Indexing. Can't believe if hundreds of others are managing that I can't. Manda patience personified. Went to FHE. A member of Jamestown branch's son/family did it. Eight children. Flag handled well. About twenty minutes. Learned that "Charles/Chuck" has moved, near a daughter. Mailed a note to Paul and Desiree.

2 JULY 2013, TUESDAY

wanda came and helped with Indexing. Betty called re 'Costco membership. Went to music/dancing program with Dorothy. Lots of kids, costume changes, energy.  
BLESSING: Wanda's patience.

3 JULY 2013, WEDNESDAY

RS. Wilma to and from her cardiologist in time for RS. On patriotism; gave us each a little flag. Opened index file and just talked to Wanda. Will start again in the morning. Talked to Gladys; has pain; not sure how much she needs to tolerate. Didn't go to evening meal but ate civiche. VERY hot. Not sure I will be able to eat it even with adding V8 juice. Milk, apricot and brownies. Ono. Rec'd statement form Deseret Credit Union; no record of the check I mailed mid June. Auwe. Sarah and Jacob wood had their fourth child. By C section; a girl. Charlotte. Aubrey IS leaving. Today her last day; to be marketing Specialist at Sunberg Mortuary. A different exercise class. By video. In chair. Will be doing this each Wednesday; quite a workout.  
BLESSING; Great ladies who serve in RS.

4 JULY 2013, THURSDAY

Eric and his two youngest stopped in; had been cleaning the Freedom Parade for four hours as a ward project. A barbeque dinner.  
BLESSING: WANDA'S PATIENCE RE INDEXING

5 July 2013, Friday

Did two five name Index files without Wanda's help. Don w. brought rhubarb. He is so thin. Doesn't enjoy eating anymore. Did a load of wash; compression hose and whatever seemed to fit. Talked to Gladys. Shirley Olson called ; wasn't here; tried to call her; voice mail. Tried to call Popes; voice mail.  
BLESSING; some expertise in Indexing.

6 JULY 2013 SATURDAY

Dropped hearing aid battery down bathroom sink, Rachel rescued it. Wanda brought us peaches and some apricot color size plums. One fruit is too small to eat. [Download](#)  
Downloading; have done several small indexes. One without calling wanda on...  
Rachel brought the stamps. eye wash, denture cleanser she had bought for me. Also a vase of beautiful flowers from her yard. She asked for help in buying Luke's tombstone; [Wanda](#)...  
Wanda brought her check for \$200; refused to half with me.  
BLESSING: BATTERY RESCUED: FURTHER ALONG ON Indexing

7 JULY 2013. SUNDAY

Decided not to try to fast. Thanks to Ellen by whom I sat ~~by~~ in sacrament meeting for hearing her testimony I could take the mike from her. Alice, Gayle nee Pope's sister-in-law gave SS lesson. Talked to Betty J. and Shirley Olson. She and Blair will be in Utah Wednesday. Did a ten name index File. Continue to learn.  
BLESSING: COMFORTING TO KNOW Shirley has had the same biopsy I'm having tomorrow.

8 JULY 2013, MONDAY

WANDA SUGGESTED I TAKE MY WALKER; I DID AND SHE USED IT WHILE I had the biopsy. Most uncomfortable experience I have had in some time; Not painful as discomfort of position and lying still for 60 minutes. No way would I have been a safe driver home. Appreciate Wanda. Preferred the bed to the bread/banana sandwich I'd planned for noon meal. Betty J. Came with chocolate covered walnuts. Talked to Gladys and Carl M. The latter is planning a trip back to NC. With Lisa. I'm glad for him. Dr. Feels he should have a sleep apnea test. Resisting cost wise. Insurance? I don't hurt but feel spaced out. The bed will have me earlier than usual. THOUGHT I WOULD HAVE DONE AN Index file.

blessing: Biopsy pau.

9 JULY 2013, TUESDAY

many cold pack changes during the night. A shower; top bandage off. Small strips neatly intact. Slept morning; to noon meal and slept all afternoon. Feel like a zombie. Conner comes home tomorrow evening. Brennen is at camp. Alicia, Don and Ruth are picking him up. Alicia moving in with Ruth. Conner to her/his room. Bank statement came. Deposit of the \$2000 Credit Union.

BLESSING: Biopsy seems to be healing well.

10 JULY 2013, WEDNESDAY

to RS and spent most of the rest of the day in bed. To evening meal only to come home with chills..Chair exercise with Becky, in person.

Blessing; Bed relief

11 JULY 2013, THURSDAY

Ruth and Conner came over. Ruth brought a nice new crisp cucumber. Wilma and I combined our white laundry; washed during evening meal. I'm down to long bottoms on garments. Have about ten more tops than bottoms. Shirley and Wilma came over. Such delightful women. Opened Index options; didn't do much.

BLESSING: Wilma and Shirley's visit.

12 JULY 2013, FRIDAY

Steven and maria came for noon meal; Wilma to oncologist. Maria has one more chemo treatment. She looks as if she has been through a lot; brought us a little vase of flowers. Dr. Marshall's office called re lab report. I did a couple of Index files. Wanda's patience seems to know no end. Talked to Lincare re water in nodule. Told me how to help get rid of water, which coincidentally with the increased relative humidity. Wilma's therapist came. Self assured young man.

BLESSING. Wanda's patience

13 JULY 2013, SATURDAY

Lettie took us to Orem library. Quilts no longer on exhibit. I left my purse/card on/in my walker. Lettie checked out two books for me. Hair cut. Wilma fell just as we started for a walk. It is now 8:23 P. M. and she and karna are at ER. Bad gash on her left forehead. She is supposed to start chemo on Monday. Wonder if this bleeding will prevent it.

14 JULY 2013 SUNDAY cont.

Wilma didn't attend church or noon meal. Karna, Eric and Amanda came. So did Lettie. After evening meal Shirley and Blair. I'm tired.

BLESSING: Shirley will type up Brienna's program.

15 JULY 2013 MONDAY

Wilma went to Huntsman; didn't start her chem. Back in two weeks and must start. She has been on treatments 18 months; study is for 24. The Dr. Is going to Europe in a few months. Did a load of darks, mine and Wilma's. tired. Blood attacked by cleaner; looked good until it has tried; blood shows through. Went to FHE Barber Shop Quartet with Lanny Wakefield. Events room wasn't vacated so we met in Activities room. Too small. Anne Robertson et al will be coming tomorrow; so will Kathleen Ammon. Have tried to called Winnie several times.

BLESSING: Anne R. Coming tomorrow.

16 JULY 2013, TUESDAY

What a busy day: Shirley and Blair for breakfast, Steven and maria, Anne Robertson, Pauline and Dava, Kathleen Ammon. Jo madsen, Aune ?, Bev S, and Darlene H. Wilma's therapist came. Got a short nap.

Adam smith goes into the MTC on the 17<sup>th</sup> and will leave for Ohio on the 22<sup>nd</sup>. Not quite a week. Wilma's nurse came. Left a picture of the administration at Jamestown.

Going to bed early.

BLESSING: friends

17 JULY 2013, WEDNESDAY

Wednesday and sit and dance exercise via video; quite a work out. I spent the rest of the day in bed.

BLESSING: Wilma and Rachel's willingness to take me to Dr. R's appt.

18 JULY 2013, THURSDAY

Rachel took me to Dr. Rosenthal. Mastectomy if twenty years younger. Need to have cardiologist do heart test t see if I could mange a general anthesis. Estrogen medication possible option. She recommended Wilma's Dr. Rich. Cancer over 3-4 cm. Slow growing for most part. I was so exhausted physically and mentally that I went to bed right after evening meal.

BLESSING: Rachel's generosity

19 JULY 2013, FRIDAY

Made an appointment with Dr. Rich. 1<sup>st</sup> August. Wilma's knee is paining her. Looks bad; some seepage. Karna called Mary who came and rewrapped both brow and knee. Wanda took me to the lab and had blood drawn for Dr. Marshall. Talked to Wanda and learned Blair had fallen at the temple this morning.

Ruth is going to pick me up for Wilmore's Sacrament meeting. Wendell was at Wanda's. going camping with his grandchildren.

Pam was to've come for noon meal but never showed. Gladys called; had been to Logan for the opera festival.

BLESSING: Mary'S concern for Wilma; wrapping.

14 JULY 2013 SUNDAY cont.

Wilma didn't attend church or noon meal. Karna, Eric and Amanda came. So did Lettie. After evening meal Shirley and Blair. I'm tired.

BLESSING: Shirley will type up Brienna's program

20 JULY 2013, SATURDAY

Eric took Wilma to ER to have stitches removed. Shirley brought cheese and Brienna's program. I did one ten name index file. All of Neva's children except Wendell here for Brienna's program. It was excellent. Becky's family all here except Paul. All overweight. Auwe. Brienna's program excellent; she is so personable.

BLESSING: Shirley helped Wilma change her knee dressing.

21 JULY 2013, SUNDAY

Lettie picked me up at 8:30; good Sacrament meeting. Brennen looked handsome. Two speakers; first a little older than Conner. A little problem hearing both. Conner's topic was re spiritual growth on his mission. Reed, Clive, son Eric, Ron, son Brent, Rhett, Ann, Regan, trish, daughter. Stopped by house where Ruth and a friend were putting food on mid counter. Don came and said Conner's mission president's wife was there. I got back just in time for SS. Wilma not there. She had fallen asleep and missed church completely. Wrote to Brienna and Smith family. Talked to Betty, Don, and Gladys

BLESSING: Willmore family rallying around Conner

22 JULY 2013, MONDAY

Shirley O., Wilma f., Pam w. and Barbara came after evening meal. Pam ate with us. So good to see them all. Hearing difficult with six in a group. They sang some of their mother's songs. Christy nee Werner is pregnant. Rebecca nee Werner is getting a divorce. Tried to call Dr. Bingham; in Heber City.

Blessing; Neva's girls.

23 JULY 2013, TUESDAY

To the Timpanogos temple with Shirley and Blair. I was impressed at the ease of taking a large session of sisters through the veil. They stayed for noon meal. Slept the afternoon away. Talked to Gladys, Winnie, Lettie and Don and Wanda. Mary came today; redressed Wilma's knee; she had a shower today. Dr. Bingham's asst called and said he felt I could manage general anesthesia; was faxing the info to Dr. Rosenthal.

BLESSING: A temple session. Good people Shirley and Blair/

24 JULY 2013, WEDNESDAY

Exercise with Becky, live. Quite fun. Slept all afternoon. Auwe. Did a mixed load of wash. Too mixed. Dried darks and lighter separate so it worked out well. Blessing of two dryers available

Good pictures from Alan of the Smith family; all ten of the Neva Theron children, six sisters, four brothers and the whole family group at Fullmers on Sunday.

BLESSING: clean clothes.



25 JULY 2013, THURSDAY

Worked a bit on Indexing. Went to a musical program after supper with Dorothy. A friend of Paula's was visiting Wilma when I got back from the musical program. Betty Johnson called; still having problem with her cough.

BLESSING: Am learning each time I index.

26 JULY 2013, FRIDAY

Wanda took me to Dr. Chipman appt. Wait. I liked him. Decided on estrogen blocker. See him again in a month to see how the med is going. Some relief in having made a decision. Mary, Wilma's nurse, called me from my nap to say Wilma's forehead was bleeding. She had changed both knee and forehead dressing. Called Rachel. She took her to ER around 5:30 PM. Will be along wait, I'm afraid. I'll call Karna.

Wanda wrote up a good report from the Chipman visit.

BLESSING: Rachel and Wanda to our rescue. Mary, Wilma's nurse.

27 JULY 2013, SATURDAY

Wilma didn't take a shower so left bandage on from ER; by evening bandage underneath stuck with a gob of blood; we were fearful of bleeding if we removed it. Tried to Index this morning; couldn't get on program. Tried again before evening meal and went right on. After we ate I was able to finish up the file. Quality check went well. Talked to Elva Parker, Gaye M. and Anne r. Karna and Eric stopped by about 8:00.

BLESSING; Was able to finish an index file. And am learning a few things on the way.

28 JULY 2013, SUNDAY

Up at seven to see if Wilma wanted to shower and ease her bandage/blood off. She was mopping blood. Called Eric and 911. Blood all over. Five men came. Karna met them as they went out the front door. A bit annoyed with me calling them. They got back about 9:30. Removed a blood clot; felt stitches taken out too soon. I just had time to wash blood out of sheets, nightgown, towel and wash cloths. Had almost changed bedding when they came back. Ordered noon meal for her and she slept much of the rest of the day. Home and visiting teachers came. Wilma woke just as they left. I slept all afternoon and am ready to go back to bed.

BLESSING: Hopefully forehead treated well.

29 JULY 2013, MONDAY

Huntsman canceled Wilma's appointment; I did two loads of our wash. Amazed at how exhausted I was. Did n Index file. Marine entries. Wore one of my size 10 pants.

Good to have a fitted pair. Talked to Gladys. One more session at SL Regional therapy.

BLESSING: Did an index file

30 JULY 2013, TUESDAY

I did a 19 name Marine Index. Lettie and Don while Mary was here. I got up a little earlier than usual and we watched her take off the dressing on her forehead; did put a small one on. She also put a dressing on her knee. Talked to Bev Stephan.

BLESSING: willmore visit.

31 JULY 2013. WEDNESDAY

RS. Wilma's therapist came. Paula came and showed us many pictures; had noon meal with us. I slept all afternoon. Neither of us hungry for evening meal. Dorothy told of falling yesterday. Did a forty name index. Sent elva a picture of the Harper siblings and a birthday card to Jo Madsen.

BLESSING: Wanda on tap for index questions. Paula's great personality

1 AUGUST 2013. THURSDAY

WILMA Fullmer and daughter Barbara came over, then Paula and children. Nice visit. Paula and children stayed for noon meal. Asked Ruth W. to call me around four so I'd be awake when Betty J. came. Actually I was awake. She did call. Betty brought muffins and I gave her, and Gladys, some of the snack mix Paula gave us.

Wanda sent a Facebook from Alicia saying she is moving. To her dad's? Also sent a picture of Ruth and her children. I finished up yesterday's Index file and another one. Went quite fast.

BLESSING: Mother and daughter compatibility: Barbara and Wilma and Wilma and Paula.

2 AUGUST 2013. FRIDAY

To two interesting activities today: International Dancers from Netherlands and Utah County Fiddlers. Several of the latter looked as if they would fit in well here at Jamestown. Karna, Paula and children came. Had noon meal in private dining room; nine of us. Had a walk after evening meal. Bessie is back. No hearing aids; grateful to be back to the food here. Talked to Gladys, Betty, Lettie and Don. Hearing aid squealing. Auwe. Wanda bought peaches and a small watermelon. Wilma doesn't think the peaches are ripe. Look beautiful. Learned Alicia is probably going to CA. To live.

BLESSING: Paula and children's visit

3 AUGUST 2013 SATURDAY

Did a short Index. Walked around building while they were putting tents up around the pool and by our windows. Also walked through the Carnival area at 5:00 just as Paula, Karna and children were leaving. Wilma spent about two hours with them, sitting in the shade. Think they had fun. Karna looked tired. Talked to Jim Coston; Carl had come and gone to nahunta. Not successful talking to Delma; she couldn't hear. Talked to Carla and Carl. Carl feels Delma not nearly as bad as Dimple before she died. Carla feels Delma would be aware of a picture if I sent her one of my siblings and me.

BLESSING: Carnival to entertain Wilma's grandchildren.

4 AUGUST 2013, SUNDAY

More spontaneous Testimony bearing than usual. Paula picked us up about 4:30 and we had a shish kabob dinner at Eric and Karna's. Their yard looks lovely. Hadn't seen their house since they painted their family room. We were ready for bed when we got home about eight. I was too tired to write in my journal.

BLESSING: Visit with Wilma's family

5 AUGUST 2013, MONDAY

Paula came for breakfast. DeVon played his harmonica with a woman on the guitar and

5 AUGUST 2013, MONDAY cont.

her 94 year old mother and sister. Enjoyed seeing the mother sing and DeVon obviously enjoying playing his harmonica. Paula visited this morning and brought the children over to say goodbye. I gave them each a little notebook. Took cancer med for first time. Evening.

BLESSING: Paula's visit

6 AUGUST 2013, TUESDAY

Bessie came to breakfast, late. Does not suffer in silence.

Lettie took us to the library. Checked out ne book, the one I had asked to be put on reserve. Slept before noon meal and afterwards. Had a short walk after evening meal. Did an Index file. Not numbered. A challenge. Wanda brought us nectarines, cashews, and chocolate covered pomegranate. Talked to Keith Jenkins; his 88<sup>th</sup> birthday

BLESSING: Finished an Index File.

7 AUGUST 2013, WEDNESDAY

RS. Wilma had stitches in her forehead out. I slept the afternoon away. Her therapist and Linda came. Wanda sent Aaron's letters but I couldn't get them. Went to a Hobble Creek ward program. Dorothy and I left early. Learned my often seat mate is Helen Garret rather than Ellen. Also learned that Leila, Marie Wannacott's sister is moving to a condo. Addressed birthday card to Brennen.

BLESSING: Wilma's stitches out.

8 AUGUST 2013, THURSDAY

wanda took me to costco to check hearing aids. Said ears full of wax. Thanks to Wanda to a Dr. And she "vacuumed" my ears. Could still hear better without them than with them. Went to supper without. Blonde Emily and Dominic came for a visit. Bringing strawberry freezer jam and a round loaf of bread. Stayed an hour. Lovely yung women. I couldn't hear them. Auwe. Did a ten name death index. Couldn't get it to submit. After supper we went for a walk. Both of us were tired.

BLESSING; Top notch young women.

9 AUGUST 2013, FRIDAY

Did two loads of laundry; surprising how tired I get/got. Electricity went off this afternoon. I slept through it and then some. Started reading McCall Smith's book re big tent wedding while I was washing.

BLESSING: drawer full of clean garments.

10 AUGUST 2013, SATURDAY

Submitted one index; entered another but couldn't get it sufficiently quality checked for it to accept admittance. Vivian and Clive stopped in. Will be back for church tomorrow and noon meal. Reading the McCall Smith book. Gladys sent me a 2014 purse calendar.

Talked to Caroline; plans to move on the 26<sup>th</sup>

BLESSING: Vivian and Clive's visit.

11 AUGUST 2013, SUNDAY

Vivian and Clive went to church with us; had dinner with us. Good to see them. I have a

11 AUGUST 2013, cont.

painful left leg/hip. Difficult to walk without walker. Saw a duck on the stream outside EV room during Sacramento meeting. None on the ponds. Finished McCall Smith's book.

BLESSING: Vivian and Clive's visit

12 AUGUST 2013, MONDAY

Hip pain. An appointment with Dr. Marshall tomorrow. Sad I won't be going to the temple. Much of the day in bed. Did another index but couldn't get it submitted. Attended Leila Horne's family musical evening. Don brought tomatoes and cucumbers from Rachel. Winnie's granddaughters, Emily, goes into the MTC the 15th.

BLESSING; a DR. appointment.

13 AUGUST 2013, TUESDAY

Didn't go to exercise. Early lunch. Dr. Marshall on time. Two exrays. Increased acetaminophen and a prescription for a steroid. Dr.'s asst called as went to evening meal to say there is no fracture (a possibility for the cause of sciatica pain)

My keys were turned in to front desk. Hi, hip hooray. Called Alicia to invite her to a meal before she leaves. Will call. Washed cherry tomatoes and will give some to Bessie and Dorothy. Wilma wore pants for the first time since her fall today. I am weary.

BLESSING: No waiting for Dr. Marshall.

14 AUGUST 2013, WEDNESDAY

Slept on ice pack throughout much of the night. Strange instructions for taking steroid. Dorothy didn't come for breakfast; went to her room after Becky's exercise. (Was able to do most of hers. Very well attended.) After saw Ella; said Dorothy wasn't feeling well; decided to stay in. She did come to evening meal; had fallen. A miracle she hasn't broken something. Did an Index. After much duress was accepted for submission. Home health Nurse came with info that two therapists will be calling; working with me. From Dr. Marshall. Wilma Fullmer brought six copies of pictures of the one Alan took of me, wrinkles and all. Our RS president had hip surgery today. Long phone visit with Sonia Aycock.

BLESSING: AN Index file was finally accepted for submission.

15 AUGUST 2013, THURSDAY

Went to exercise. Did an index file with less trouble than ever. Granted not a complicated one. Talked to Lettie, Gladys and Elva. Left a message for Alicia on Ruth's cell phone re seeing Alicia. Now 7:00 and haven't heard from her.

BLESSING: Can do most of the morning exercise.

16 August 2013, FRIDAY

BUSY DAY; Home nurse, Sarah, Phy. Therapist Ian, Occupational therapist, Abe came. Darla, nee Olson, and Brian and three children came. Hawaiian Fiesta with some good pork and teriyaki chicken. Leis, marami decorations. Lots of work. Only time for a short nap. No Index file I could read but did learn how to access a file. to Blair O. And Vivian and Clive. Alicia and Connor stopped by en route to CA. Sent Cali Van Buren pictures of me and Vivian at her request.

17 AUGUST 2013, SATURDAY

Did one batch of indexing. Couldn't read the second one I tried. Started using heating pad. Too hot even on low. Talked to Betty J., Don and Lettie, Ruth (Alicia and Conner got to CA about ten last night.), Vivian and Wilma and Keith.

Many fires in Idaho and Utah, lighting started.

BLESSING: Almost finished with steroid; sciatica seems a bit better.

18 AUGUST 2013, SUNDAY

Pleasant Sunday meetings. Dee Bevans took Donna's get well card. Sat by Annie K, non member at Sac. Meeting and SS. Slept all afternoon. Did flexing exercise. Some heat. Talked to Gladys, Betty, Carl M., Lettie, Vivian, reading the Maron book.

BLESSING: Good church meetings.

19 AUGUST 2013, MONDAY

Ian came later than I expected consequently did two loads of "darks" for me and Wilma after noon meal. Wilma went to Huntsman for her last time. Sonia Aycock stopped by to share documents she has been copying from Max's material from Ollie Jones. Went to FHE with Dorothy. Bob ?? Pianist; talented man but I was glad when it was over.

Very tired.

BLESSING: Did one index file.

20 AUGUST 2013, TUESDAY

O.T. never came. Did two Index files and spent most of the day in bed. Wilma Fullmer brought us a baking dish of rolls.

Wilma gets to keep Mary; she was here today. She'll be taking her instructions from Dr. Rich. Wilma and I have been invited to eat noon meal with the new Executive Director tomorrow.

BLESSING: Two indexes accepted.

21 AUGUST 2013, WEDNESDAY

Our table and June Allen had noon meal with Mary, Exec. Dir. Impeccable served by Chantelle. Lettie and Don came while we were eating with her and left three tomatoes, lemon cukes and handmade greeting cards, yarn and a loom for Wilma. Ian came and squeezed in a walk and pressure on the nerve area before RS. Brought two slices of bread home and will make a tomato sandwich. Did three Index files; one had one entry, second two, third 11 and had trouble quality checking; exited out and Wanda is having a look at it. Betty J. called. Lilac hibiscus blooming outside my window.

BLESSING: Willmore generosity.

22 AUGUST 2013, THURSDAY

Talked to Winnie. And Vivian; she's on oxygen; heart problems. Rechecked the index file. A problem. Program would check it. Spent most of the afternoon in bed. Lettie came. Brought some nutrition bars and a binder from Alicia's leavings. In a talking mood. Wilma and I took a walk after evening meal. Nice out. Nurse came; checked me out (I think)

BLESSING: Rachel is taking me to the oncologist tomorrow.

23 AUGUST 2013, FRIDAY

Rachel picked me up to go to Dr. Chipman; he's like an eager school boy. Checked my heart. When nurse checked my blood pressure and pulse low. Ditto when Ian, therapist, came. Nurse took blood/ had problems. Rachel brought tomatoes. AND A LOAF OF BREAD FROM LETTIE. I "sacked" up tomatoes for Dorothy, Bessie and Wanda. Dr. Chipman was prompt. He had talked to Dr. Who did my lumpectomy; was one of his teachers in Med Sch. Went to Rosalie's birthday party. She is 86. Talked to Vivian. She had seen her Gooding Dr. And is on 2 liters of Oxygen and only at night unless she wants to just sit down and use it during the day when tired or head aches. BLESSING: THINK I'll like Dr. Chipman.

24 AUGUST 2013, SATURDAY

Couldn't get into Indexing. Hair cut. VERY short. Wanda brought mangoes, peaches, and nectarines and mayo. A feast for \$25. Went to Margaret Williams birthday party. Invited Lettie and Don for noon meal Monday for her birthday. BLESSING; HAIR CUT.

25 AUGUST 2013, SUNDAY

Such goof meetings, Sacrament meeting and SS. Lesson on the martyrdom of the Prophet, D & C 135. The Bevans came to visit. Gladys called about nine after I was in bed. Good trip to St. George and Milford. Saw Keith Jenkins, frail. Brent, son, good to him. I'm so glad. BLESSING; Warm spirit in meetings.

26 AUGUST 2013, MONDAY

Wilma had the first of her chem shots. Will only be doing five a week. Lettie and don came for noon meal. Lettie's birthday. Wilma came just as we were finishing. They seemed to enjoy their food. Gave them a mango. They are sure good. From a voice mail learned David and Tammy smith called to see if they could come last night. Called while we were at supper. Auwe. Went to Erse Black's birthday party. Few there. None of her family. I sat with Lorraine. Did an index on my own. BLESSING: Willmores for dinner.

27 AUGUST 2013, TUESDAY

Wilma went for her shot. A struggle with an index file this morning and a successful one this afternoon. BLESSING: Good feeling when file goes well Have learned quite a bit.

28 AUGUST 2013, WEDNESDAY

Ian, therapist, came. To RS; Viikie Winterton taught the lesson. Ruby and Gordon Haws came: nice visiting. Son Nathan's marriage off. Wilma's therapist came while they were here. We went to Kathy Packer's birthday party. Noisy; two daughters and her sister and niece. Slept heavily until evening meal. Fished another Index file. Good feeling. Wanda called re her Stake President osays she's to await setting apart by her Bp. for the Family History Mission, She is excited. I'm glad for her.

29 AUGUST 2013, THURSDAY

Went to the Director's meeting. She talked mentioning a number of new things in the mill. I won a "throw" at the raffle. Picked up a hard copy of the meeting on my way out. Did one four name index. Hard to get going on it. Minimal info given. Did a load of wash; hose, five pairs of pants to freshen up, a few items of Wilma's which fit. Super tired. Sarah the nurse came.

BLESSING: Clean clothes.

30 AUGUST 2013, FRIDAY

Did one small file. Later as I got to an blank image yes or no, didn't know what to say. Wanda was busy with family/mission call set up. Will have to learn she can no longer be at my beck and call. Tried calling Gladys, Winnie; no answer. Did talk to Lettie and Don. Left a message for David and Tammy to eat with us Sunday evening. Wilma forgot to take nausea med and so is sick.

BLESSING: Some satisfaction re what I can do on Indexing.

31 AUGUST 2013, SATURDAY

We took a walk around building after exercise. Did one short Index. Wanda is being trained by people from Texas (?). Talked to David Smith; He and Tammy will eat evening meal with us tomorrow. Talked to Wanda. Did another four name file. Problem getting another. Talked to Betty J., Gladys Slept the afternoon. Auwe.

BLESSING: David and tammy will visit tomorrow.

1 SEPTEMBER 2013, SUNDAY

Short SS as long testimonies. Napped all afternoon. David and Tammy smith came for evening meal and a little visit. David's 52 tomorrow. Bryan will be 50 on the 3<sup>rd</sup> (?). Talked to Wanda.

BLESSING; David and Tammy's visit.

2 SEPTEMBER 2013, MONDAY. Labor Day

Did four Index files. Wilma's nurse came; so did her therapist. I went to part of the harmonica, guitar program. Rachel brought tomatoes. Steven and Maria came. She is finished with her chem. Looks wan. They are going to Bear Lake for a couple of days.

BLESSING: Hope to go to the temple in the morning.

3 SEPTEMBER 2013, TUESDAY

went to the temple. Poor Steve made two trips; confusion re departure time. Eight of us went. Found new video VERY interesting. Wilma had a Dr. Appointment. Bought peaches. Rachel brought me a pint of Best Foods mayo. A kindred spirit. Did 12 Index files; eleven had only one name while the other had fifteen. Rec'd pictures, beautiful ones, from Desiree Johnson.

BLESSING: Did all indexes without having to call Wanda.

4 SEPTEMBER 2013, WEDNESDAY

Did four index files; two fifteen and two with one each. Sonia stopped in. Ian came; did the balancing pad and "digging" of my sciatic. Went with Dorothy to a scheduled program; she still wasn't there a t6:45 so I came home. Amanda stopped by to see

4 SEPTEMBER 2013, cont.-

Wilma. Talked to Lettie and Don, Vivian and Wanda Popes will be coming on Friday before their trip to Vella's in Ky.

BLESSING: Indexes completed.

5 SEPTEMBER 2013, THURSDAY

An hour wait for Dr. Marshall; a warm person. Scanned four Time magazines while waiting. Reception and waiting rooms cold. Only person on bus going to Dr. Corinne picked me up in a car. While waiting to be picked up Dorothy Barker was waiting too. She is in a Care center on State St. In Provo. Her mother died. 99. Next appointment with Dr. Marshall after blood tests early October. Lettie brought a loaf of bread and Mandy a box of mangoes while I was at the doctor's. wrote to Desiree J. To thank her for the pictures.

BLESSING: Bread and mangoes.

6 SEPTEMBER 2013, FRIDAY

Ian came for the last time. I learned good exercise from him if I'll do them. Willmores and Popes came for about an hour. Popes with corn and peaches. I did 26 Index files, one name per file. Good feeling.

BLESSING: Popes and Willmores

7 SEPTEMBER 2013 SATURDAY

Did 16 Index files, all one person each. Talked to Wanda, Lettie and Don Gladys, Betty, tried to call Caroline Hobson (phone not in service), and Bev Stephan. Wilma and I had evening meal "at home" on corn, (little too mature) tomatoes. Went to Muriel ? Birthday party. Gordon is her second husband; She his third wife. Woke to darkness and roaring wind and rain from my afternoon nap.

BLESSING; Dined at home. Wilma has a nice little tablecloth which looked pretty on the drop leaf table.

8 SEPTEMBER 2013, SUNDAY

Gail and Geri Wakefield and three of their children were at church with us. Had been up for the BYU game last night; spent night with Geri's dad. Cloudy much of the day. Went to sleep in the afternoon under cloudy sky, open blinds and a heavier cover; woke in a puddle of sunshine and perspiration. E-mail had a number of flooding pictures. Wilma and Keith had some flooding in their home.

BLESSING: WELL ORGANIZED CHURCH MEETINGS. THE Wakefields.

9 SEPTEMBER 2013, MONDAY

Two hours indexing. 106 names. Rewarding. Long nap. David Smith brought beautiful tomatoes, nectarines and peaches. Went to FHE. Man impersonating Joseph Smith paid tribute to Emma. Nice and loud; Wilma went and cold hear.

Wanda was set apart as missionary last night. Mission: Area Support Patron and Partner Services. As she said "a mouth full".

I hope my alarm will go off and I can make it to the temple.

BLESSING: two hours indexing



10 SEPTEMBER 2013, Tuesday

To the temple; ten of us. Did indexing and slept all afternoon. To a musical program after we had tomato sandwiches, peach and milk "at home". A couple; he playing a saw and various horns, shaking things. she the piano. Bessie and Dorothy were there. Talked to Winnie. Balanced my bank statement.

BLESSING: THE TEMPLE. Some indexing.

11 SEPTEMBER 2013, WEDNESDAY

Becky was here for exercise. Provo Firemen were conspicuous as breakfast guests. RS. Donna Dole out was back, with walker. Did a number of Index in the morning and after evening meal. Slept all afternoon. Shirley and Blair are leaving for Arkansas today.

BLESSING: was able to do indexing twice.

12 SEPTEMBER 2013 THURSDAY

Wilma "almost fell" in the shower. Left arm swollen. She checked with Amy the nurse; she wrapped. Karna took her to her primary care Dr. And later at his recommendation to ER; missed evening meal and got home about 7:30. Dr. there says it is not broken; just a bad sprain. Long conversation with Shirley Olson. They had a wonderful time in Hawaii. All activities, programs on campus, PCC. Jr. AhYou has a restaurant in Kahuka. Kahuka Farms a development of a 100 acres or so. Mango, lilikoi, guava, papaya trees. Saw lots of people they knew.

Wanda sounded tired when I talked to her. Did a bit more indexing. Ready for bed.

BLESSING: Wilma's arm not broken.

13 SEPTEMBER 2013, FRIDAY

Some new exercise routines. We rewrapped Wilma's arm. Was pinching underneath; she padded it with two tissues. Did fifty or so Indexes. Three letters from Wanda from Linda's son Aaron in Russia. Gay Mitchell called. She has been having double vision. Did a couple of Ian's exercise on the bed. Slept all afternoon.

BLESSING: indexes done.

14 SEPTEMBER 2013, SATURDAY

Indexed 35 names. Rachel brought tissues, Dawn, Vaseline, brownies, tomatoes, big and little. Wanda dropped off cookies; froze all except one for tonight. Stake Conference telecast Adult meeting. Some excellent talks; missionary work, home and abroad, showing love and sharing gospel in homes, comfort to parents of wayward children. Almost two hours; I'm exhausted.

BLESSING: Stake conference.

15 SEPTEMBER 2013, SUNDAY

I enjoyed stake Conference. Missionary efforts, home and abroad and a thoughtful talk by the Stake president on Wayward children. Slept the afternoon away. Wanda is to come over. (Never made Toilet still not fixed.

BLESSING: Conference .

16 SEPTEMBER 2013, MONDAY

THANKS TO Alan for unblocking Shirley's e-mail to me I received her recap of their Hawaii trip. Was thrilled to read it. Chock full of people, activities, places. Sent a copy to all her siblings except Becky; realized I don't seem to have her address. Different routine of exercise this morning led by Erica (?). I liked it. Was able to tell Liz so. Wilma had an appointment with her Primary care, Dr. Kimball. Bought a bunch of fruit. Learned Reis is no longer with Jamestown. Our toilets are fixed. Went to FHE presented by the family of Joan and ?? Who meet us at the temple. Six children; all playing instruments, Suzuki style.

BLESSING: Was able to do 20 Index names.

17 SEPTEMBER 2013, TUESDAY

To the temple; alarm didn't go off but I woke at 6:15. A blessing. Nine of us. Wilma has a bit of a nose bleed. Tried to index; program not available this morning. Tried again tonight, either can't read or upside down. Wanda is super busy with her training and homework. Wilma took samples of mangoes to Dorothy and Bessie. Both liked it. I introduced myself to Lawaii, the woman Wilma fullmer knows from Orem senior Citizens. Eric stopped by on his way home from campus. Tried to explain what "platelets" are. Wilma's are low: 26.

BLESSING: WOKE AT 6:15 AM.

18 SEPTEMBER 2013, WEDNESDAY

Enjoy exercise with Becky, video or in person. RS. Good lesson; filled with stories of Christlike Leadership. Problems in Indexing; kept getting upside down file. Finally did do fifty names. Rachel stopped in as we were going to evening meal. Invited her parents and herself to have dinner with us Friday on her birthday. She looked good. I'm so pleased that she would invite them. Of course Lettie feels a little uncomfortable with us paying. Talked to Caroline Hobson. She thought she'd have to share a room but is alone only having to share a bathroom. Under jurisdiction of a branch. Called Gladys. She has take her car in for repair and finalized her payment on the investment deal. Sounded much better. Wilma has a sore tooth.

BLESSING; Rachel feeling that she could invite them to dinner for her birthday.

19 SEPTEMBER 2013, THURSDAY

Don took Wilma to three dentists. Gone four hours. I tried Indexing twice. One needed doing is upside down. Never could get one. E-mail from Shirley. Blair in hospital for back/leg surgery. Lettie sent pictures, a book, pants, bread, cereal bars, watermelon. Some pains in leg ,hip, worse than usual despite four acetaphinamin a day. To a program with Dorothy at 6:30.

BLESSING: Don available to take Wilma to dentist.

20 September 2013, FRIDAY

Problem getting into index file. Wanda tried to help but couldn't get program to respond. Coming over tomorrow after her Costco trip. Willmores came for noon meal; seemed to enjoy it. Bessie ate with us; Rachel charmed her. Karna upset that Wilma didn't tell her re dental visit. She had been to a dentist here before; forgotten. Eric came over; upset because was upset. Later karna came. Apologized. Wilma keeps wondering why she is still alive. Did two loads of laundry/ Freshened up winter pants.

#### 21 SEPTEMBER 2013, SATURDAY

After problems two fifteen file indexes. Talked to Wanda; urinary tract infection. Betty Johnson, son and family stopped in around five. I still "abed". Went to the guitar concert which never showed by 6:45. Came home and did indexing as reported above. BLESSING : Did do some indexing.

#### 22 SEPTEMBER 2013, SUNDAY

Sister Bevans came VT today. Martha Hansen gave the SS lesson on Rescuing. Somehow I skipped that lesson in my reading. Last night read for next weeks'. Shirley called. Blair has been in hospital longer than expected. She's been staying with Pam. Nice letter from Becky. Gladys called; Sister Rosella Ashton died. BLESSING: Wilma's tooth doesn't hurt.

#### 23 SEPTEMBER 2013, MONDAY

Did three index files, 60 names. Lettie came with Rachel; loads of vegetables and a dozen muffins. I went to the old Disney movie for The Saving of the Spanish Riding Horses. Hearing aids don't do movies very well. WILMA DAY WITH SPENCE, HER THERAPIST. BLESSING; 60 NAMES SUBMITTED. Generous Rachel.

#### 24 SEPTEMBER 2013, TUESDAY

Eleven of us went to the temple. Wilma went for platelet infusion and at 11:40 for three of her teeth extracted. Don took her and Karna met them at the Dentists for instructions; she brought meds, soft food, liquid and detailed instructions. I felt superfluous. Grateful for her concern. Went to hear a men's choral group with Bessie and Dorothy. Older gentlemen. I felt quite delightful. No indexing. Wilma Fullmer came; brought me three endowment cards. Also baptism and ordinance cards for Eric. Rachel picked up my Coreg and Acetaminophen meds. Latter was a \$130. BLESSING: Wilma's extraction seems to have gone well.

#### 25 SEPTEMBER 2013, WEDNESDAY

Wilma was sleeping soundly each time I looked at her during the night; swelling not nearly as much as I would have thought. Is eating from the food Karna brought. Karna came noonish. Did a 30 name census index. RS. Dee Bevans gave the lesson and writing "our story". She is a very competent teacher. Son-in law with transplant has a blood clot. Talked to Carl M. Most unsatisfactory. Can't seem to hear/understand what I'm saying. Saw five ducks on the pond today. Exciting. Saw six birds in the cage. Not eight but I am so sleepy. Talked to Lettie and Don and when I finish my journal will be headed for bed. BLESSING: a GOOD RS LESSON. Wilma's healing.

#### 26 SEPTEMBER 2013, THURSDAY

Did two Census indexes. Person filming snipped off part of the given name. Wilma went to the dining room for all three meals. Rachel brought my check back; also brought Swiss. Not as satisfying as I thought it would be. Ducks still in and around pond. Exciting to see them. Sarah, the nurse, came today. My pulse and blood pressure is low: 108/56. Oxygen okay. Wrote Bryan re contribution to Adam's mission.

27 SEPTEMBER 2013, SATURDAY

Did two indexes. Lettie brought a book and watermelon. Listened to General RS meeting. President Monson spoke. Prayer, love of Savior. Talked to Gladys, Eloise R., Betty J. Christy nee Werner is expecting her baby, a girl, in November. Not telling name options. I've felt a little nauseated, sick today.

BLESSING; remembered to flush Wilma's PIC line. Lettie's thoughtfulness.

29 SEPTEMBER 2013, SUNDAY

Missed the Tabernacle broadcast because Comcast wasn't working. Enjoyed meetings. Slept afternoon away. Wanda dropped off distilled water; she had been to Springville for the blessing of Jacob and Sarah's baby, Charlotte. Three months old. Twelve or so ducks. Didn't go to the dining room for evening meal. Birthday party for Howard Sherwood in the ACR. (He has recently started wearing a catheter.) Dorothy and I went. Crowded. No program.

BLESSING; Church meetings.

30 SEPTEMBER 2013, MONDAY

Wilma started her chemo shots. Liz nee Haws stopped by. Good to see her. News from Logan. Wilma didn't recognize her at all and I almost didn't. Sent Lettie the menu for the week. Had a walk around the building; Nice. Tomatoes ripe by memory care area. A few ducks. Don't know why it pleases me so to see them. Fifty index names. Talked to Chantelle about having Lettie and Don once a week for dinner. Okay. Have almost read the October Ensign. Like the feeling I have when I read.

BLESSING; FOUND OUT WHAT WAS WRONG WITH MY CONCENTRATOR.

1 OCTOBER 2013, TUESDAY

Went to the temple; ten of us. All new video. Broke cordon window blind. Talked to Popes. Willmores coming to dinner tomorrow. Wilma had Hepron (?) shot which means don't have to flush. A nap but not a rest. No appetite.

BLESSING: Did Lavina's endowment; card from Wilma Fullmer.

2 OCTOBER 2013, WEDNESDAY

A good workout with Becky via video. RS. Lesson on Baptism; second counselor. Lettie and don came for dinner. We shared a table with Bessie and Dorothy. Went to the Resident's meeting. Learned Steve is leaving. Auwe. And that David, new Maintenance man is from Nevada. Rec'd contribution envelope from Bryan Smith. He put a stamp on it. Did one Index. So-o-o sleepy.

BLESSING; Lettie seemed to enjoy dinner.

3 OCTOBER 2013, THURSDAY

Wilma, Beth and I took the bus for our appointment. I to lab for blood tests. We all finished about the same time. I had fasted and picked up cupcake from the snack buffet; with tangerine almost filled me up. Made an appointment for haircut at 7:30 Saturday. So-oo tired. Nurse came. Blood pressure while standing 88 and pulse low

90's. Did two indexes of Wash. Could not have clean garments, nose, towels, bedspread.

Did two Indexes. To bed 7:30ish.

BLESSING: Clean clothes; lab work done; an attentive nurse.

4 OCTOBER 2013, FRIDAY

Did a couple of indexes. Lost one. Slept all afternoon.

BLESSING: Comfort of sleep.

5 OCTOBER 2013, SATURDAY

Enjoyed all three sessions of conference. Little trouble hearing at times. Hair cut at 8:30 and was able to do exercise. Rachel called to see if we wanted more tomatoes. Pres. Uchtdorf gave a particularly good talk (church membership) as did Elder Bednar (tithing) and Elder Holland on mental stresses,

BLESSING: conference.

6 OCTOBER 2013, SUNDAY

Enjoyed conference sessions despite fighting sleep. Wilma Fullmer brought a pan of her luscious rolls. Wilma ate a couple of them soaked in milk. Talked to Lettie and Don; they will come for dinner on Friday. Talked to Gladys. Only 7:30 but I'm going to bed. Did go to what was advertised as a quartet but didn't show.

BLESSING: CONFERENCE

7 OCTOBER 2013, MONDAY

Did only six index names. Feet hurt. Left causing me to limp. Slept all afternoon. Talked to Ruby Haws. To FHE evening re the building of the Provo Center Temple being built from the old SL Tabernacle. Gave one of Wilma's rolls to Bessie and Dorothy.

BLESSING: FHE

8 OCTOBER 2013, TUESDAY

Nervous about being late for Dr. Marshall appointment. Oxygen low. All other lab/vitals acceptable. Appointment Thursday for further chest check. Oxygen 24/7 looks inevitable. Will see the Dr. On the 17<sup>th</sup>.

Dreamed the dining room moved me and Wilma to a table for two since (when) we both have to be attached to oxygen. Can't remember having dreamed in the afternoon before. Heavy on my mind.

Rec'd Rosella Ashton's funeral program and the President's exhibit at the Church. History Library from Gladys today. Did 16 Index names.

BLESSING: Steve the driver; may he stay with us.

9 OCTOBER 2013, WEDNESDAY

Lincare came with small oxygen tanks. Sent from Dr. Marshall. Found water on the floor of my bathroom when I went to the bathroom at three this morning. David checked twice. Problem?? RS. Wilma's key was waiting for her on the front desk. Talked to Gladys, Wanda. Wanda taught me how to move info from E-mail. Did nine index. Winnie called. Concerned that hadn't called for a while.

BLESSING: Wanda enjoying her mission.

10 OCTOBER 2013, THURSDAY

Corrine took me to the lab. Drew blood; weren't supposed to. Pulmonary test entailed three "puffs" in tube exhaling as long and slowly as I could.

10 OCTOBER 2013, THURSDAY, cont.

Dorothy had lunch with daughters. Wilma only went to breakfast. Slept all afternoon. Woke to find oxygen not connected. Need to be more mindful. Lettie stopped by with invitation to open House for Don on Sunday for his 85th birthday and applesauce. Also book by Maron. Wilma has a dental appointment Monday morning. Did 16 names.

BLESSING: Lettie in good spirits.

11 OCTOBER 2013, FRIDAY

No success with Indexing. Lettie and Don came for dinner. Brought two bags of tomatoes from Rachel. Wilma F. Called from Costco. She will be getting Ca pills and wanda said she did an orchid which I will give to Don. Learned today Don's father died at 27; his mother early fifties. He is so thin. Washed some cherry tomatoes to give to Bessie and Dorothy.

BLESSING: Rachel's generosity; Wilma's thoughtfulness.

12 OCTOBER 2013, SATURDAY

As I got up during the night I'd have two or three cherry tomatoes. Ono. Problem with computer, printer. Finally just turned them off. Talked to Vivian. Clive had been on one hunting trip. Felt sick at my stomach and bowel disturbance. Wore my oxygen some this morning. Profitable indexing. All afternoon in bed; deady tired. Wrote birthday cards to Gay M. and Elva P. Bessie ate a;; pf the sandwich bag of tomatoes this afternoon while doing her laundry. Dorothy skipped evening meal and had her tomato sandwich.

BLESSING: RACHEL'S GENEROSITY WITH HER TOMATOES.

13 OCTOBER 2013, SUNDAY, DON'S 85<sup>TH</sup> BIRTHDAY

Fast and Testimony meeting. Bro. Millet gave lesson: used two participants assigned ahead to relate stories. Judy ?? Was one. So sure of self. Pleasure to hear her relate story of pres. Kimball helping a pregnant woman at the air port. Wanda took us to willmores for don's 85<sup>th</sup> birthday Open House. Met Willmores long time home teacher. Many guests. We were last to leave as Wanda helped Brennen with a paper. She was pleased with his imputed for paper. I'm so glad she is his champion.

BLESSING: Tribute to Don.

14 OCTOBER 2013, MONDAY

DID TWO LOADS OF LAUNDRY; WILMA DID ONE. Don took her to the Dentist. Made impressions. Ron Willmore brought us a half loaf of Dutch oven bread. I'm using oxygen while in the apartment.

BLESSING: Clean garments.

15 OCTOBER 2013, TUESDAY

Wilma and Keith came over with a gorgeous orchid from Wilma, Keith and her sisters, husbands except Shirley who sent via Fullmers a huge fall floral arrangement. Keith was out of breath carrying it. Wilma gave me some macadamia nut turtles. Nurse came. After walking oxygen low. Linnicare man came again. Don called. They will come on Friday for dinner. Went to hear a young pianist. Most time spent in sing-a

15 OCTOBER 2013, TUESDAY CONT.

Song. I left before she stopped.

BLESSING: Nieces; beautiful birthday flowers.

16 OCTOBER 2013, WEDNESDAY

Tried indexing. No files available. Called all of the Smith sisters who gave me the orchid. Becky has had all her upper teeth pulled. Denture in; problem talking. Long talk with Shirley also. Keith and Wilma sent them pictures of the flowers. Checked oxygen after dinner. Monitor did work. 77. Auwe. Doesn't work much of the time.

BLESSING; NIECES.

17 OCTOBER 2013, THURSDAY

Reading the Maron book. Oxygen to breakfast/exercise. Lasted the hour plus. Late for Dr. Marshall.. Should have had chest exray. The lab test breathing okay. Ruth and Alicia came over. Alicia is a big, solid girl. Seems to be enjoying CA. Acne pretty bad. I slept through art show. Tired. Way of life? Wanda got cookies, peaches and Fe pills from Costco. Lettie sent a Wingate and maron book via Ruth

BLESSING: Was able to carry oxygen during meals and exercise.

18 OCTOBER 2013, FRIDAY, HAPPY BIRTHDAY TO ME. 89!!

Lettie and Don came for noon meal; brought a card with lovely sentiments from them and ruth and family; also brought a piece of dn's birthday cake, two peaches, two pears, two apples, bananas. Happy Birthday sung in exercise and at table with balloons and candles dessert. Dee bevan came with six cup cakes. Gladys called; so did Mary Behr. Cards from Betty J., Amy M., Mary Ann ? , eight in all. Talked to Winnie; she didn't remember as I don't remember hers. Did a fifteen name index and had it quality checked; couldn't submit it. Turned screen off until morning when Wanda could come and bail me Out. Her patience is amazing.

BLESSING: Family, friends who remember my birthday.

19 OCTOBER 2013, <sup>Sunday</sup> SATURDAY

Oxygen ran out about 11:15. Have problems getting full ones ready. Wilma to the rescue. Excellent Sacrament meeting and SS. Violin and piano of How Great Thou Art. Either was beautiful in and on itself. Good SS lesson by Martha Hansen. Good teachers. Two of the residents helped with Sacrament. Talked to Carl Mellor and Gladys. Finished the maron book.

BLESSING: Sacrament meeting; SS class.

20 OCTOBER 2013, ~~MONDAY~~ <sup>Tuesday</sup>

WANDA CAME AND DID INDEED GET THE INDEX SUBMITTED. GAVE HER THE CUPCAKES AND SOME TOMATOES. Trying to finish the Maron book. Slept all afternoon. Betty J. called. Feel sick and have slight diarrhea.

'21 OCTOBER 2013, Monday

Talked to Lettie and Don and Popes. The latter are coming Friday as Gail has a football game ticket for Clive. Got oxygen and small nasal pieces. Do feel more comfortable. Did one Index. Couldn't find others I could read. Went to FHE. Five young BYU music students; two violins, viola, flute and piano.

BLESSING: Juvenile nose piece for oxygen.

22 October 2013, Tuesday

Got up three times thinking it was 6:15. Seemed to manage the session fine. Ten of us and a familiar woman went with us on the bus. Itch dark when I go to get on the bus. I did the last of the names Wilma F. gave me. Did a few Filipino names on Indexing. Satisfying.

Slept the afternoon away. Don is taking Wilma to the dentist tomorrow and they will come to dinner on Thursday. Did hepron for Wilma today. Same procedure as flushing.

BLESSING: Was able to manage one can of oxygen.

23 OCTOBER 2013 WEDNESDAY

Did a load of whites. Did some more Filipino Indexes. Satisfying. Wilma went to the dentist; still working on her bridge. Don brought three pieces of bread and some garbage bags, at my request. Slept much of afternoon. Went to hear the Bell ringers concert. Little long but fun to watch the participants. Problems getting oxygen going. Renewed Ensign and New Era subscription plus a New Era for Brennen.

BLESSING: accommodating Don.

~~24 OCTOBER 2013 THURSDAY~~



#### 24 OCTOBER 2013, THURSDAY

To have chest xray, via car with Beth and the woman driver. Back in time for the Director's meeting. Wilma washed all day. Willmores came with apples and banana bread. It is 6:46 and I still haven't read the paper. Started to empty and rearrange Shirley's bouquet. Sarah the nurse came and Wilma and don finished. Flowers/greenery still is stuffed in vase.

BLESSING: WILMORES FOR DINNER.

#### 25 OCTOBER 2013, FRIDAY

Indexed. Steven came; karna also while he was here. Wilma has a headache. We went on a little walk. Got up at four; Wilma was on her bed. Second day she has had a headache. Vivian and Clive came after four. He left a little after five. She stayed for a very unpalatable meal. Ruth w. picked her up about 7:30. Enjoyed watching the birds (saw seven rather than my former maximum of six. So cute. Also looked at the pumpkin in the Events room and the fish. I walked her to the front when Ruth picked her up and went by the Activities room where the BYU and Boise game was on; no one watching. BYU leading in second quarter.

BLESSING: Family.

#### 26 OCTOBER 2013, SATURDAY

Did a load of wash. Did a few indexes; 1, 2 and 3/index. Called re oxygen; closed on Saturdays. Without to meals. Won't be getting more Monday. Have two cans; will use one for church or as long as it lasts. Other for evening meal and breakfast. Talked to Lettie (found other temple sock) Winnie and Gladys. Will call Becky. Wilma had another headache.

BLESSING: Index satisfaction.

#### 27 OCTOBER 2013, SUNDAY

Vivian and Clive went to church with us. Sent two bananas and two of Rachel's muffins home with them. They not only saw Gail's boys perform but saw Bryson play his last soccer game. Wilma now has an upset stomach as well as her headache. One more can of oxygen. Only used for church today. I imagine (?) I feel more tired.

BLESSING: Vivian and Clive's visit.

#### 28 OCTOBER 2013, MONDAY

Wilma went to Dr. Didn't get shots; concerned re her headaches and not being able to see/read. Talked to Shirley Olson. Dr. gave her good no cancer diagnosis. Eric stopped by. LinnCare came. Left 16 cans of oxygen. Took books to library n second floor; brought a few home.

BLESSING: Wilma's Dr. approved the acetaminophen for her headache.

#### 29 OCTOBER 2013, TUESDAY

29 OCTOBER 2013, Tuesday

Went to the temple. Only seven this time. Very dark at 7:15 and rain going and coming. Took another look at the pumpkins made by the staff. Voted on one I liked best. Spent about fifteen minutes tying the quilt set up the AR. Only one there. Ready to be turned. Bessie is annoyed by Wilma's coughing and by me. Wilma, bless is trying VERY hard to cover her mouth. Hard as she coughs very often. Tried to get an index file with not success. Will try again tomorrow. Sonia Aycock called.

BLESSING; Wilma has succumbed to taking acetaphinamin for her headache. Does help.

30 OCTOBER 2013, WEDNESDAY

Wilma got her bridge. Could eat apple slices immediately. What I thought was surely a urinary tract infection has disappeared. She is scheduled for a CT tomorrow. Only did 3 index names. Problem in finding others.

BLESSING: WILMA HAS HER BRIDGE.

31 OCTOBER 2013, THURSDAY

Rachel took me to the Traffic office to get an ID card and to Walgreen for an oxygen card, mayo, tissues. Lettie and Don came for noon meal. Colorful then especially good. Wilma had a Cat Scan; back just in time to eat with us. Spent afternoon in bed with back and nausea. And her children came over to show Wilma their costumes. Chantelle sent milk, apple sauce, cookies and bread pudding for Wilma. Wanda dropped off mandarin oranges, toilet paper, choc. Covered pomegranate. Rachel and Lettie and Don brought tomatoes. Lettie bread. Can't get into my E-mail.

BLESSING: Willmores.

1 NOVEMBER 2013, FRIDAY

Did two sets of Indexing; typed so a pleasure to do. Talked to Anne Robertson. Had her second cataract surgery with problems. Three of her sons are bishops. Her rent has gone up so her son-in law is buying a condo. Tried to call Winnie..big fat envelope of pictures from Desiree Johnson, mostly of their last days in Florida.

Blessing: Indexing.

2 NOVEMBER 2013. SATURDAY

Did around a 100 index name. A pleasure as they were all typed. Wrote to Desiree and Paul to thank them for the pictures.

Some problem getting into E-mail: Wanda bailed me out. Dorothy's sister spent the night with her and much of the day. Lives in Blanding. A nurse. Very different from Dorothy. Lawail's daughters were with her today. Very attractive women.

Changed water in Olson's flowers again. Most of the "blooms" are gone but the greenery still makes a nice bouquet. Wilma had another headache. We went for a walk after noon meal. Gorgeous day. Not a cloud in the sky.

BLESSING: INDEXING WAS MOST SATISFYING

### 3 NOVEMBER 2013, SUNDAY

More spontaneous testimony meeting than usual. Impressed by Dan, recent resident, whose wife died a month ago. Went to microphone. Has been going to the recreation class. Was darkening when I got up about 5:15 PM. Wilma didn't go to evening meal. I only had soup and didn't want that. Talked to Lettie. Did a forty name index file. No one answered at Winnie's.

BLESSING: Meetings of the day.

### 4 NOVEMBER 2013, MONDAY

three Index files I did were all typed. Went to FHE presented by the Bevans. Re writing re your life in bits and pieces. Good approach. Wilma got her chemo shot. Also CAT scan did not show bleeding which the Dr. Seemed to be a bit concerned about. Cough and head aches probably caused by sciences (?). Tried to call Winnie again and will try again after I finish here.

BLESSING: Wilma started her shots.

### 5 NOVEMBER 2013, TUESDAY

To the temple. Ten of us. Wilma got her second chemo shot. Tired. Did a load of whites consequently a drawer full of clean garments.

BLESSING; THE TEMPLE

### 6 NOVEMBER 2013, WEDNESDAY

Did a load of wash; hose, towels, coloreds. To RS. RS gave lesson on Gratitude. Called Alan re my e-mail. Bless him I couldn't understand him. Finally called wanda and she solved the problem while I was at noon meal. Wilma had another shot; forgot to take her nausea med. Did another 40 index file. Will see if I can do another before bedtime. Gladys called. Needs more dental work done. Five page recording from a sister recording at Neva's in July 1985. Dorothy's daughter Joyce gave us and Bessie a lovely fall bouquet. Dorothy had lunch with her, Joyce's daughter and her two sons: four generation.

BLESSING: Wanda's akamai re my computer programs.

### 7 NOVEMBER 2013, THURSDAY

Did several index files. Lettie and Don came for noon meal. So good to see them. She wasn't particularly interested in reading the tape transcription. Wilma and I went to the Fire Safety meeting. LuAnn cut Wilma's hair. I made an appointment to have mine cut on Saturday. I went to the Ombudsman meeting. NO NAP TODAY. Dorothy and I went to hear the vocalist. Country singer. Nothing spectacular but she knows many songs.

BLESSING: Was able to make it through the afternoon without a nap.

### 8 NOVEMBER 2013, FRIDAY

Did several index files. One handwritten and very challenging. To the violin program tonight; she and accompanist excellent. Wilma went. Lettie told us about Brennen coming home and going into the bedroom where Don was on the bed, not feeling well; Brennen lay down beside him. Probably put his arm around him. What a fine sensitive young man he is. Got bank statement; my Zions Secure 600 plus had not been deposited; need to call.

BLESSING: To hear heartwarming incidents as with Brennen. Beautiful violin and piano music.

#### 9 NOVEMBER 2013, SATURDAY

Had several Indexes which gave me a feeling of satisfaction. I'm so glad to know what I know re indexing and so grateful to Wanda for her patience in teaching me. She got cookies and ink cartridges from Costco for me. Had my hair cut. Rules Regulations called my attention to the fact that my heating pad is illegal here. Doesn't have an automatic turn off. I've offered it to Don W. Read several more Conference talks: Pres. Uchtdorf's, elders Packer and Christofferson's. Inspiring. Wrote Paula's birthday card and enclosed one of the I LOVE YOU cards.

BLESSING: Wanda's generosity; indexing satisfaction.

#### 10 NOVEMBER 2013, SUNDAY

Enjoyed all meetings. SS has some very good teachers. Sr. Hansen taught today's on Every Member a Missionary. Slept the afternoon away. Reviewed contract and if my rather cursory check is right if I should ever move back to a studio it will be \$%00 more than I pay with Wilma. Maybe more as cost may rise. Rachel brought my stamps, tomatoes, muffins, a big cookie and a pan of brownies. Also disturbing news. Brennen is under house arrest. Has been stealing money from the Averys for some time. I feel devastated. So many people feel the same. Rachel is his "house" Tonight seven BYU students stopped in to sing for us. I must load up on "favorite" hymns for them to sing if/when they come again. Talked to Wanda. She feels she is getting quite proficient with Family Search. Evidently the missionary program with which she is a part has resulted in an acceleration of temple work. Exciting.

BLESSING: Rachel's generosity. Her know how re court cases/arrests etc. which will be a blessing to Brennen and family.

#### 11 NOVEMBER 2013, MONDAY

A good "RUN" indexing. Wilma and I went for a walk after noon meal. In low 60's. Pleasant, ducks bobbing around in very shallow ponds. E-mail from Rebecca nee Werner. Engaged to a man in the state with three children. Asking for a place for Nicole to live as when she marries there won't be room for her in her house. E-mail from Pam W. asking for certificates for mama and papa, though I have them noted in my card catalog they are not in my file. No idea to whom I gave them.

BLESSING: Ample oxygen despite the fact today was/is a holiday.

#### 12 NOVEMBER 2013, TUESDAY

To appointment with Dr. Chipman. All seems to be well, or at least nothing to be concerned about. I see him in February. Willmores will come tomorrow. Checked with Zion's re deposit from Zion's Direct. Deposited the day after the bank statement published. Balanced check book and made out check for Adam Smith's missionary contribution. Went with Dorothy to the 6:30 program by twenty two BYU students, flute solo, cello solo, several piano solos, a ukulele and a magician. Little long.

BLESSING: Dr. Chipman found nothing of concern.

#### 13 NOVEMBER 2013, WEDNESDAY

Did four indexes. So rewarding. NO. Willmores came for noon meal. Not the best. Bought bread from Kneaders. Too starchy for tomato sandwich? Time will tell, made one.

13 NOVEMBER 2013, CONT.

Super tired. Not sure why. Linda nee Smith sent a picture of her Aunt Norma and sister Delores. Norma is 90. A sweet picture of an old woman.

BLESSING: Four indexes done.

14 NOVEMBER 2013, THURSDAY

Did several Index files. Went to a piano recital; mostly of duets. Dorothy's daughter Luann had lunch with her and they made 18 dozen cookies for Dorothy's daughter, Joyce's Christmas dinner favors. Probably a question of whether it is legitimate here. They use "irons" for baking. Like waffle iron. I need to change my ink cartridge.

BLESSING: Good feeling I have when completing an Index File.

15 November 2013, Friday

Did six Indexes. David, of maintenance, fixed our heating. Pulled the couch out and warned re the afghan hanging over heating unit. Pleasant man. Talked to Gay Mitchell and Carl Mellor. Talked to Tina Smith. Lettie and Rachel stopped by with my Levothyroxine and eye ointment. Amy, the nurse, had her six month interview with me. My cancer was news to her.

BLESSING: Indexing. Touching base with Gay M. And Carl M.

16 NOVEMBER 2013, SATURDAY

Indexed 8 London Electoral files. One even had 41 names. Keith continues to send pictures of foods they are eating in Disney World. I saw the baby bird in the cage today. Talked to Winnie son Jimmy is in Utah for the weekend. Mailed Paula's birthday card. 45.

BLESSING: INDEXING STILL SATISFYING.

17 NOVEMBER 2013, SUNDAY

Church. Brother Millet taught the SS class; had made four assignments re latter day revelation. One of the Primary's provided the musical number for Sacrament meeting. Ran overtime though I don't know how they could have gotten in and out any faster than they did. Keith is sending pictures of some of the food they are eating. Mary Miles called tonight. Made out a check for Emily Willmore's mission. And for my December contributions. He called from Lettie's. She will bring the envelope over tomorrow, barring snow.

BLESSING: Meetings of the day.

18 NOVEMBER 2013, MONDAY

Did five Indexes. To see movie Ephraim's Choice. Lettie came with envelope for Emily's mission. Reed sent all her E-mails since her mission started in July. Didn't note ward nam

18 NOVEMBER 2013, cont.

name. Tired.

BLESSING: Lettie seemed in good spirits.

19 NOVEMBER 2013, TUESDAY

To the temple. Saw David and Mary Miles as we got on the bus to return. Late getting home as Steve was super scheduled. Lord blessed me that I awoke at six and could make the session. Liz Sunburg called to tell me her dad was in the hospital; seriously ill with pneumonia, kidney failure. Talked to Ruby. Late nap. Half peanut butter and jam sandwich and milk for evening meal. Read RS lesson.

BLESSING: Temple session. Visit with ruby.

20 NOVEMBER 2013, WEDNESDAY

Enjoyed Vicki W's lesson by Lorenzo Snow on serving others; the pure love of Christ. Looked charity up in the BD; don't think I'd ever read it before. More than alms and "things" Did several Indexes. Talked to Dorothy S. Hearing aid problems; hard to understand much of what she said. Called specifically about Gordan. Probably go to rehab before he goes home. Went to hear a mother and two sons' concert; pianist, guitarist and mother and son and played the piano together.

BLESSING: the good feeling reading the definitions and references on Charity from the Lorenzo Snow manual.

21 NOVEMBER 2013, Thursday

Did five index files. Fire alarm went off during my nap; a green shirt ushered us to the Events Room. VERY loud. Lasted fifteen minutes or so. a TEST. Went to Mary P's meeting where each of the heads of her staff briefly told of their responsibilities. Wilma and I each got a gift from the raffle. She's a cute dear. She noticed as we waited for the meeting to start and she asked: "What would you do with that if you got it?" So funny. Lettie and Don came for dinner. Service faster than usual. They do seem to enjoy it. She said, "the highlight of our week." And we look forward to it. Shirley Olson called re the transcribing of the sister tape we made in ??

BLESSING: Lettie and Don's visit

22 NOVEMBER 2013, FRIDAY

Did four index files. Rachel brought chili. Ruby H. called. Gordan's intestine blockage seems solved. Home in two or three days. Wrote Mary Ann Parker. Talked to Elva Parker. Sarah, my nurse came. O2 concentrator had a squealing. After several phone calls and turning it off and it it stopped.

BLESSING: O2 concentrator seemed to "right" itself.

23 NOVEMBER 2013, SATURDAY

Did five index. Read nine conference talks. Last one, Elder Oakes on the Ten Commandments. Great talk. Totaled contributions for income Tax purposes. Will be paying December's contributions tomorrow. Wrestling with balancing totals \$10 off.

23 NOVEMBER 2013, cont.

Went with Dorothy to a piano recital. About thirty students. Moved remarkably fast despite Award giving. Most numbers very short as most recitalist were quite young

24 NOVEMBER 2013, SUNDAY

Excellent meetings. Alice Wakefield gave the SS lesson. So nice knowing them; almost like family thanks to Gail and Geri. Ten young BYU students stopped in again and sang hymns for us. Heartwarming. Amanda H. stopped in. Bevans came home and visiting teaching. President Waterson came for tithing settlement. Talked to Liz Sunberg, Wanda, and Gladys.

BLESSING: Sunday meetings.

25 NOVEMBER 2013, Monday

Did two loads of wash. Indexed. Brienna Smith is engaged. Getting married in Bountiful temple in February. Letter from Clive Pope. So many nice things about me embarrassing. Thanksgiving greeting from Glenda Griffith. LINNCARE. Mike came. Removed water from concentrator; longer cord. Nodule should be changed every 4-6 weeks.

BLESSING: Clive's letter

26 NOVEMBER 2013, TUESDAY. VIVIAN'S 85<sup>th</sup> BIRTHDAY

Ordered amaryllis for Vivian, Lettie, Elva, Wanda, Fullmers, Hirschmanns. Indexed. Scott put a new ink cartridge in for me. Betty J called; she'll be spending Thanksgiving with daughter Judy and visit me Friday morning; look forward to it. Talked to Vivian and Clive.

BLESSING: Vivian and Clive.

27 NOVEMBER 2013, WEDNESDAY

Ordered fruit cake for Gladys and Betty; shipping to me. Lettie, Don, Eric and their four children came for the buffet. Sarah, my nurse, came after I was in bed for my nap. Mince meat pie was disappointing. Don and Lettie brought oranges, a bag of mandarin oranges and bananas. Went to hear the Sheldon Family musical evening; three boys and a girl. All very talented. Weary. Ordered amaryllis for Becky and Paula. Talked to Liz Sunberg.

Gordan does have some bowel blockage; surgery would be a challenge; may go home as a Hospice patient. Three weeks or so or who knows. As she said, "We're trying to get our minds wrapped around the idea".

BLESSING: Lovely buffet.

28 NOVEMBER 2013, THURSDAY

Gordan Haws is home with Hospice. Talked to Gladys, Wanda and Carl M. To Eric and Karna' for a lovely dinner; took a tank of Oxygen. Lovely dinner. Hear the youngest three play their piano solos. Eric played with Andrew and Mara. Place cards/favors made by Mara and Andrew. Brought pie home. I'm in leg foot hip pain and very weary. To bed

BLESSING: TO SEE Eric, Karna and their lovely home, family.

29 NOVEMBER 2013, FRIDAY

Problems doing Indexing; did some Jamaica death records. Wanda finally helped me. Computer just seemed slow. Betty Johnson came. Looks good; brought me a lovely box of truffles from Costco. Thought Conner S. Was coming over; must've misunderstood him. Talked to Vivian and Clive. Donna is still there; taken boys to a movie. Told them about Gordan. Wilma borrowed some batteries from Dorothy for her hearing aid.

BLESSING; Wanda's help with computer/Indexing.

30 NOVEMBER 2013, SATURDAY

Did a 50 name index of Death certificates in Newfoundland (?)

Skipped evening meal, extended rest/nap and ate a tomato sandwich around 8:00 PM. Very satisfying along with a couple inches of banana and about a half glass of milk. Don came over with money from cashed check. Good man. Nice visit with wanda over phone. She had brunch with her boys/families and then they went to in-laws for Thanksgiving dinner. Ann Marie's twins born on the 27<sup>th</sup> of November. Rec'd my first Christmas card. From Nidia and Shawn

BLESSING: Computer faster than yesterday.

1 DECEMBER 2013, SUNDAY .

Nice testimony meeting. Two men and Helen Gaskin bore testimony; easily understood. Good lesson by Sr. Martha Hansen. On Being Good Citizens. Wilma went to Joel's ordination to a Priest. E-mail from Shirley O. Anne Marie's twins were borne Wednesday: Molly Larae, 5 # 12 oz; Maggie Marie, C section 5# and 1 oz. Home now. Shirley and Blair with them. Diane Mellor called for Carl asking how Gordan is.

BLESSING: Ann Marie's twins arrived safely.

2 DECEMBER 2013, MONDAY

Wilma got her chemo shots. Wanda had Keith come over to check computer. Problem only with Zoobuh as Alan is working on it. Mike brought oxygen and replaced 50 Ft. Cord with a 25. Wilma F. Moved my oxygen tank behind my recliner in the LR. Less cord trailing. She and Keith came over as wanda thought my monitor was kaput; my explanation was not sufficient for her to understand. I can still do indexing and did one. Rec'd Shirley's transcription of the sister tape at Neva's in 1986. Don did some shopping for me. Went to Branch FHE with Dorothy. DR no longer provides "covers". Christy nee Werner had her baby.

BLESSING; Can still Index.

3 DECEMBER 2013, TUESDAY

Snow, and continuing; shoveled sidewalks twice. Wilma had her second shot. Problems with Indexing; still can't get into E-mail. Finished reading transcription of the 1985 sister tape. Well done. Rec'd the Figi fruitcake for Gladys and Betty. Went to the mother, sons program. Late because problem with of the snow. Tired. Wilma didn't take her meds and was sick tonight.

BLESSING; Dining room willing to package food for us to take to our room. Bread tonight.

4 DECEMBER 2013, WEDNESDAY

RS. Dee Bevans gave lesson on Pres. Monson's conference talk. Problems with Indexing.



4 DECEMBER 2013, WEDNESDAY, cont.

Wanda to the aid though never really got Death Index from Jamaica sent. Talked to Ruby. Couldn't hear too well. Need to have my hearing aids checked. Went to the Music program. Forty some odd ladies, well past their prime. Even so delightful program. Sat by a little resident who led all the songs.

BLESSING: Wanda'S patience/perseverance.

5 DECEMBER 2013, THURSDAY

Saw thirteen ducks today on sidewalk. Chester's birthday; wrote him a note re Garlic shrimp. Today's salmon Oscar was equally as good/attractive. Sarah, nurse, was here. She is a little concerned re pulse reading in 50's; took a reading after my nap and it was 61. LuAnne, Dorothy's daughter was with her for noon meal; said it was 12 below in Midway today. Finally got the Jamaica index file to "submit". Put journal entries from one sheet to back to back. To the "Quarter notes", brightly costumed dancers (90). Cute. Many costume changes. I'm exhausted.

BLESSING: Sarah, my nurse.

6 DECEMBER 2013, FRIDAY

Two more Christmas cards. Lettie and don came for noon meal. After nap I couldn't find my lower dentures. Got on my knees and looked under the bed, dresser, chest of drawers. Finally just decided not to go down for evening meal and constant prayer the whole searching time found them in the fold of the light blanket I keep in my desk chair and used to elevate my nap pillow. Grateful. Grateful to heavenly Father for answering my prayer. The oxygen man did not come though he said he would. Too late to call when I got up; Lincare closed weekends. Auwe. Went to supper without. When I got back after a hurried meal oxygen was 80. Tried several Indexes; returned all. Wanda and Willmores rec'd their amaryllis.

BLESSING: found my denture.

7 DECEMBER 2013, SATURDAY

DID A LOAD OF WHITES. Papers weren't delivered today. Wanda helped me get my E-mail. No longer will I go through ??? but Google. I didn't get my password right so haven't been able to read the 112 messages. She and Wilma picked up my meds and Wilma brought three binders of long sheet pedigree and FGS's. Amy Mackley called. Hard to understand her. Made checks for Employee Holiday Gift fund and to Ann Marie McGivney's twins. Christmas cards from the John Kapapas's, Gay Mitchell. Today Dorothy Van Wagner's 84<sup>th</sup> b'day. Meting out the oxygen.

BLESSING; Wanda's endearing patience wit computer challenges.

8 DECEMBER 2013, SUNDAY

Rationed oxygen. When I went to two meals without oxygen measured in 60's. didn't go to evening meal. Ate at in my chair: swiss cheese, bread/butter, orange and bnana pieces, hot milk and M&s and pecan halves from Wilma's stash. Still haven't gotten into E-mail.

BLESSING; Sacrament meeting and SS.

### 9 DECEMBER 2013, MONDAY

The Lincare man came. Spent quite a bit of time getting E-mail read. Alan has really added/changed. Called Wanda several times. Christmas cards from Mikila and Connor duke, Desiree and Paul Johnson, Pat Ware. Nice time of year. Gave up on finding an index. Delicious chocolate petit four on Hospitality buffet. Lettie and Don will come on Wednesday. I feel so weary.

BLESSING: Christmas remembrances.

### 10 DECEMBER 2013, TUESDAY

to Dr. Bingham by car. He was punctual. Kindly man. Didn't seem to be concerned about my concern for so much sleep. Appointment with him 1 Dec '14 Wilma woke me about 4:30 to locate a beeping sound; my oxygen tank. Constant; driving us crazy. Called Linnicare after plug in it in another outlet twice. Finally a driver brought another concentrator, blessed relief from beeping.

Talked to Wanda.

BLESSING; WANDA'S CONSTANT AVAILABILITY. Beeping quieted

### 11 DECEMBER 2013, WEDNESDAY

RS. Reo Lindsey called Wilma; have never heard her talk to ANYONE so long, laughed. Music to my ears.

Ettie and Don came for noon meal. Always good to have them. Lettie asked to teach Bro. Erying's October Conference talk in RS 4<sup>th</sup> Sunday. Wanda is taking me to costco to have my hearing aids checked. Haleluliah

BLESSING: Hearing Wilma talking on the phone to someone she could really talk to.

### 12 DECEMBER 2013, THURSDAY

thanks to wanda got hearing aids serviced and have new rechargeable batteries. "Jeff" dug out was. I can hear much better. Bought pecans for Lettie for Christmas, cookies, tomatoes, jar of "world chocolates" and harvarti cheese to complete Gladys' Christmas gift. Christmas card from Barbara Hiatt. Went to Friends and Neighbors Christmas program. Ten ladies, excellent pianist and flutist. Forty-five minutes of well planned numbers. Slept the whole nap without oxygen; auwe.

BLESSING: Chantelle'S thoughtfulness .

### 13 DECEMBER 2013, 2013, FRIDAY

Talked to Rachel; Paige and friend, Megan, have an apartment, registered for school. Jordan has a job with SL Police. She's coming over tomorrow; asked her to buy some small poinsettias. Went with Dorothy to Mendelson Chorus. Nice men; older, red jacketed. Fun to listen and watch. Betty J. Called to give me Caroline Hobson's phone #. Put up nativity scene, angle and Last year's creche from Jamestown Branch.

BLESSING: RACHEL'S WILLINGNESS TO HELP.

### 14 DECEMBER 2013, SATURDAY

Connor started to work today. Looks nice. Visited a bit. Don totaled his truck. We went to Dorothy's Christmas story; quite well attended. Talked to Ruby. Wrote a Christmas card to pat Ware.

BLESSING: Connor'S visit/job.

**15 DECEMBER 2013, SUNDAY**

Two good Sacrament meeting speakers. Alice Wakefield taught the last of the gospel doctrine classes for the year. Zion the Pure in Heart. Wrote three more Christmas cards. Talked to Carl M. and Gladys. She will be here Saturday if it doesn't snow. BLESSING. Carl sounded stronger. Went to all three hours of church today.

**20 DECEMBER 2013, FRIDAY**

Problem with my eyes; red, tearing, hard to see; hot packed. Christmas card from Glenda Griffith. Rachel brought my meds from Rite Aid, also a notebook, eye drops. Connor working tonight. Finished exams. Lowest grade of those known 94%. Dorothy's daughters gave us bread, jam, a tape. Gladys called; will call tomorrow whether she will be coming,

Jamestown Christmas buffet, Santa, Carolers, gifts candy cane, lovely throw.

BLESSING: LOVELY Christmas season.

**21 DECEMBER 2013, SATURDAY**

Eyes giving me a fit: blurred vision, painful. Hot packed. Wanda bought walnuts from Costco for Rachel. Dorothy came to see our nativity scenes. Took two of Wilma's hats for grandchildren. The Bevans came with a gift from the Branch (beautiful picture of the SL temple; also beautifully framed. Their gift cinnamon spiced apple juice powder. He told the story from the December ensign of a fourth grader and being embarrassed at the gift she was given. I had read it and was impressed.

BLESSING; Wilma called to offer to take me to Insta Care.

**22 DECEMBER 2013, SUNDAY**

Hot packed several times. Gail and Geri Wakefield came to church. Gave us two pretty potted plants. Came to apartment while I was at the choir broadcast. Musical Sacrament meeting and SS class. Sr. Hansen re Hymn Oh Come All Ye Faithful. Bessie seemed in a better mood at dinner. Ice sculpture still outside ER. Had a chance to thank pres. Winterton for the framed picture of the SL temple and to tell him that a big plus for living at Jamestown is the Branch.

BLESSING: Opportunity to express gratitude to president Winterton for the temple picture as well as the bonus of the Jamestown Branch.

**23 DECEMBER 2013, MONDAY**

Eye problems. Gladys came. Amaryllis, Siegfried bread, stamps and her fruit cake. Stayed for lunch. So good to see her. CHRISTMAS CARD FROM NORMA Compton and Freda Neucomb. Fudge and granola from Shirley Olson, copies of the tape transcript from each of us. A sweet note attached. Paula sent a bunch of nuts, candy.

BLESSING; Friendship with Gladys.

**24 DECEMBER 2013, TUESDAY**

Dorothy gave us each some of her special cookies. Ron Willmore brought us a half loaf

24 DECEMBER 2013, TUESDAY CONT.

Of his home made bread. Sonia Aycock called. Talked to Ruby and Gordan Haws. Wilma didn't go to breakfast; diarrhea.

BLESSING: Ruby and Gordon's acceptance of his Hospice status.

25 DECEMBER 2013, WEDNESDAY

Eric picked Wilma and me up little after ten. Took three cans of oxygen. Conner worked from ten til two at Jamestown; dinner two thirty; ham, fruit salad, home made rolls, mincemeat pie. Rhett and Anne willmore had given Lettie and Don big pedigree charts from Family Tree; impressive. Lettie gave us her short bread; don I suspect gave us the cheese ball, crackers, Hickory Farms cheese box. And Connor gave me a nice shower mat. Got home about five exhausted. Wilma came shortly afterwards with plates of cookies for each of us. She was loaded with lots of other things; mostly edible. We were both in bed by seven.

BLESSING: Good/generous family.

26 DECEMBER 2013, THURSDAY

Ate all my cookies from Hirschmanns on trips to/from bathroom last night. Ono. Talked to Elva Parker, Betty Johnson stopped by. Another card/letter from Jean Kapapa; son Reed on second year of MBA at Purdue; also teaching accounting classes. Just had their third child.

BLESSING: Betty's friendship. Elva said son Matt had stopped by Christmas Day.

27 DECEMBER 2013, FRIDAY

Hot packed eyes twice. Don't know why I'm so slow in going to ER. Fullmers came. They brought two dozen rolls and lots of "sweets"; also a picture of their amaryllis, doing beautifully. Talked to Vivian and Clive. Their 69<sup>th</sup> wedding anniversary. Postman left amaryllis at their front door; froze as they seldom go out their front door. She didn't know whether Ryle got his or not. Or if did if he would know what to do with it. Linda nee Smith wrote that Theron's sister Norma died Christmas eve. Christmas cards from maria wright and Carla Brown.

BLESSING; Fullmer's goodness.

28 DECEMBER 2013, SATURDAY

Wilma Fullmer took me to instaCare. Prescription for eye drop. Lettie and don came for dinner. She seemed in good spirits; he rather quiet. Almost fell by their garbage can; icy. Dr. Marshall wants Lettie to use oxygen at night. Caught up on E-mail. Talked to Wanda; she'll be over tomorrow.

BLESSING: family; Wilma.

29 DECEMBER 2013, SUNDAY

The Hansens were released from the Branch; he as Second Counselor, a new one sustained, and I will miss her as one of the SS teachers. Sacrament meeting had five speakers and two harp numbers. The Stake President Bunting gave an excellent talk on Gratitude quoting from president Monson. Steven smith came with a bag of goodies; almond Rocco, macadamia nut cluster, almonds, cashews. Maria was to've come but

29 DECEMBER 2013, SUNDAY, cont.

wasn't feeling well.

BLESSING: Generosity of people/family.

30 DECEMBER 2013, MONDAY

Talked to Mary Behra. Becky and Danny came. Brought cranberry bread, banana nut bread and mandarin oranges. Lettie came; brought tissues, shampoo and toilet paper I asked Rachel to get for me. Bless her she sends receipts and what is left of the money I give her. I ordered a vest and a pair of pajamas and would have ordered a skirt for Lettie except they were out. Was a sales catalogue. Sarah came; blood pressure 140, highest I've had for some time. Did read in the Book of Mormon; my eyes still make reading difficult. Reed W. sent Emily's last E-mail. Gay Mitchell called.

BLESSING; Becky and Danny's visit/generosity.

31 DECEMBER 2013, TUESDAY

Talked to Gay Mitchell, Anne Robertson, Deva A., Barbara Nolan, Bev /s, and hi Jo Madsen, Slept through the New Year's Eve Party at 3:30.

BLESSING: Bessie in good humor at meals today.